

**THE BELOW PREP APPLIES TO THE FOLLOWING FLUOROSCOPY STUDIES:**

Barium Enema  
Defecography

**PREPARATION**

- See attached pages for special instructions

**ARRIVE**

Please arrive no later than 30 minutes prior to your appointment

**MINORS:**

Minors under the age of 8 **MUST** be accompanied by a parent or legal guardian.

**BRING WITH YOU**

- Insurance Card
- Photo ID
- Co-pay, Co-insurance and/or deductible

**JEWELRY:**

Please remember to leave jewelry at home as it may interfere with the exam process and quality of the imaging.

**CURRENT  
PRESCRIPTIONS:**

- Please see attached pages for special instructions

**NEED TO RESCHEDULE OR  
HAVE QUESTIONS:**

- Please give 24 hours notice
- Call 702.732.6000
- Online Scheduling Available at:  
[sdmi-lv.com/onlinescheduling](http://sdmi-lv.com/onlinescheduling)



**Supplies Required:** Please purchase the following from your local drug store at least 2 days prior to your exam.

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- ☐ (1) One 8.3oz bottle Polyethylene Glycol 3350 (*commonly sold as Miralax*)
  - ☐ (4) Four 5mg Tablets Bisacodyl (*commonly sold as Carters little Pills or Dulcolax*)
  - ☐ (1) One 10mg Bisacodyl Suppository (*commonly sold as Dulcolax, Fleet Bisacodyl or Magic Bullet*)  
\*Note: This can melt if kept in a warm place (ie: your pocket)
  - ☐ (1) 64oz bottle of Gatorade (*or (2) 32oz bottles*)

Day Before Your Exam \_\_\_\_\_ at \_\_\_\_\_

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- ☐ Mix the Miralax bottle into the 64oz bottle of Gatorade (if purchased (2) 32oz bottles mix 1/2 of the miralax into each). Keep cool in the refrigerator. Do NOT add ice.
  - ☐ Breakfast..... You may have any of the following: Clear soup (any broth); strained fruit juices without pulp; flavored gelatin that is NOT red (do not add extra ingredients); soft drinks, black coffee or plain tea. DO NOT use Milk, Cream or Non-Dairy Creamer
  - ☐ Noon..... You may have any of the following: Clear soup (any broth); strained fruit juices without pulp; flavored gelatin that is NOT red (do not add extra ingredients); soft drinks, black coffee or plain tea. DO NOT use Milk, Cream or Non-Dairy Creamer
  - ☐ 1:00pm ..... Drink (1) full 8 oz glass of water
  - ☐ 2:00pm ..... Drink (1) full 8 oz glass of water
  - ☐ 3:00pm ..... Drink (1) full 8 oz glass of water
  - ☐ 4:00pm ..... Drink (1) full 8 oz glass of water
  - ☐ 5:00pm..... You may have any of the following: Clear soup (any broth); strained fruit juices without pulp; flavored gelatin that is NOT red (do not add extra ingredients); soft drinks, black coffee or plain tea. DO NOT use Milk, Cream or Non-Dairy Creamer
  - ☐ 5:30pm..... Drink 8 ounces of the Miralax/Gatorade solution every 15 minutes for a total of 4 times or until the entire 32oz has been consumed.
  - ☐ 6:30pm ..... Drink (1) full 8 oz glass of water
  - ☐ 6:45pm ..... Drink (1) full 8 oz glass of water
  - ☐ 7:00pm ..... Drink (1) full 8 oz glass of water
  - ☐ 7:30pm..... Take all (4) four 5mg oral Bisacodyl tablets with (1) 8 ounce glass of water.  
\*Do not chew the tablets. Bisacodyl tablets generally take 6-12 hours to produce bowel movements
  - ☐ 8:00pm ..... Drink (1) full 8 oz glass of water
  - ☐ 9:00pm ..... Drink (1) full 8 oz glass of water
  - ☐ 12:00midnight..... NO FOOD OR LIQUID

Day Of Your Exam \_\_\_\_\_ at \_\_\_\_\_

☐

**No FOOD, LIQUID or MEDICATIONS, except the below**

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**5 hours prior to your exam ..... Drink 8 ounces of the Miralax/Gatorade solution every 15 minutes for a total of 4 times or until the entire 32oz has been consumed.**

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**4 hours prior to your exam ..... Drink (1) full 8 oz glass of water, repeat in 15 minutes**  
\*You should consume 2 full glasses total

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**At Least 2 hrs prior to your exam ..... Use the 10mg Bisacodyl Suppository**  
\*Unwrap and discard the foil/wrapper. While lying on your side with your leg raised, insert the suppository into the rectum and gently push in as far as possible. See packaging for complete instructions. Retain the suppository for at least 15 minutes, if possible, before evacuating, even if the urge is strong. Bowel evacuation usually occurs within 15-60mins. Patients requiring assistance should have a bed pan, commode or help readily available.