

October 2022



Yarnell Regional Community Center

Serving the Weaver Mountains' Communities

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A Fresh Coat of Paint

I love the Fall Season. If I had to pick one season to live in for the rest of time it would be a close call between Spring and Fall, but I think Fall wins out. Both seasons bring about some level of reflection for me. Both seasons are about change. Spring brings new blooms and fall new colors. Looking at the same tree, but with a new, fresh coat of paint is eye-opening. It can be spectacular. I will always remember the vivid reds and oranges when we lived in North Carolina. The colors seemed fake. Almost too good to be true. But just beautiful!

Things change. As fall approaches and I do some pre-season reflection, a thought comes to mind. We are products of our past, but we don't have to be prisoners of it. All that happens for us and to us helps to shape us. We live in the now, or at least try to, so why does our past matter? We shouldn't dwell on it, right? I mean that's where all the bad things are, right? The heartbreaks, mistakes, could-have-been's. The things you can't change. We want to move forward. It's the whole "the sun will come out tomorrow" mentality that Annie taught us. But sometimes we need our pasts to be able to move forward, into a better future. We are stuck in this push and pull effect. The tension between our past pulling us back and our future pulling us forward, away from our past. We're stuck in the present, affected by our past, and working towards the future. Let's face it, all our past assists us in developing the person we are striving to become. We often talk about lessons-learned and those reside in our past.

I recently read a line that went something like this, "This time of reflection is about...focusing on the quality of our relationships and experiences and pursuing our passions." My hope is that we all spend a little time focusing on the positive, and moving forward, and working toward whatever we want our future to be. Something better. Putting that fresh coat of paint on the fall tree. Us. And our Community. And as I like to say, "We're better together!"

Jimmy

Club Yarnell events for October are listed on the menu and here's a sneak peak...

YRCC Birthday Music – with Buddy Cloy

Concert Series – John Boyd & Friends, Friday October 7