

June 2021



## Yarnell Regional Community Center

Serving the Weaver Mountains' Communities

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[www.yarnellrcc.org](http://www.yarnellrcc.org)

### New Day

Summer is on the horizon. Sunshine and longer days. A different rhythm. We live in a world of rhythms and they move us along throughout the year. For many, our rhythms were a little askew over these last months. There is security, predictability, and a certain peace in rhythm. We at the YRCC are getting back into a once old but now new rhythm. I encourage you to lean into our rhythm and allow it to be part of yours. These rhythms might help give you a sense of peace and place in your story. So, I encourage you to embrace the rhythms of the season, and we just might find peace in the way it moves us.

I would like to share with you a poem that I think is very pertinent as we embrace this season and our recaptured rhythms. It is written by David Devaney, a YRCC Board Member, a valued friend and co-worker, and extraordinary wordsmith.

A special thanks to those that have responded by giving of time, money, or treasures to support our Meals on Wheels and Thrift Store mission.

Together, we can make a difference!

*Jimmy*

#### Upcoming Events:

**Game Night** will return soon –  
Mondays 3-5pm in the YRCC Dining Room

**Blood Pressure Checks**  
Every Tuesday 9-11am in YRCC Dining Room

**FREE Health Care Clinic** - Prescott Valley, Fri., June 18 (visit YRCC for flyer)

**Join us for Lunch** –  
YRCC Dining Room, Mon. - Fri. 11-12:30

**Thrift Store Open** - Mon. - Sat. 9am-2pm

#### A Brand-New Day

It's a "Brand New Day" in "Old Yarnell",  
The community's arising.  
There's a new found "Joyful" Energy",  
No need for it, disguising.

The townsfolk are conversing too,  
A change is in the air.  
The morning sun seems brighter still  
As they, this news all share.

It's a day of new beginnings too,  
For all those on the hill.  
With the "Center" fully open now.,  
Folks, happiness instill.

So come and visit, "Share a Meal",  
Be "Thrifty" with your friends.  
There's exciting news on Eighty-Nine,  
That never ever ends.

"A Fresh New Start for Everyone"