



PPCC Toolkits: Resources for Caregivers and Families

Creative Expressions Toolkit

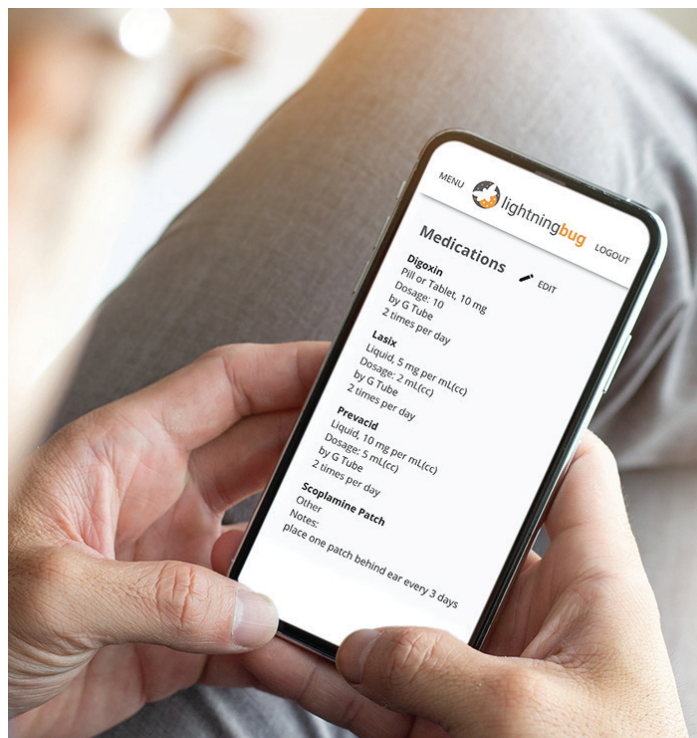
Includes activities for Art, Music and Play that are fun and promote movement, self-expression and fine motor skills.

Caring Conversations Toolkit

Includes guiding questions that caregivers and families can answer to determine whether it is time to begin a conversation about hospice or palliative care for their child.

Sibling Support Toolkit

Includes activities, literature and other resources to help the siblings of children with medical complexities navigate the ups and downs of daily life in a healthy way.



PPCC App: Organizational Tools for Caregivers

PPCC is making medical data management easier for caregivers by offering these helpful tools:

The Lightning Bug App

PPCC's Lightning Bug App is a digital tool that helps families and caregivers easily record, organize and retrieve their child's medical data, all in one centralized location. Created with direct input from medical professionals and families of children with life-limiting illnesses, the app is free to use and available for download from Google Play and the App Store.

The Care Plan Book

Available in both print and digital formats, the Care Plan Book is a comprehensive reference guide allowing families, caregivers and medical professionals to record and retrieve important information related to a child's medical needs and ongoing care. You can download individual chapters or the entire resource at www.ppcc-pa.org under Toolkits.