



Fall Tree

ART

What You Need:

- Large-Sized Construction Paper
- Colored Construction Paper
- Scissors
- Drawing or Painting Materials
- Leaves
- Glue

Directions:

- Use brown construction paper to trace hand and forearm. Either use dominant hand to trace non-dominant hand, or have someone else trace it.
- Cut out tracing and glue onto large construction paper; this will be the trunk and branches of a tree.
- There are many options for decoration – you can use drawing media for details such as grass, clouds, or sky. You can use paint for creating environment or use paint and your fingertips to make different colored fall leaves.
- You also can use collected fall leaves from outside for details by crumbling them and then gluing them at the bottom of tree.

This project can be adapted for a wide range of ages. There is room for adjusting and variation based on age, ability and desire to use messier art supplies.

All activities should be supervised by an adult.





Magic Painting

ART

What You Need:

- White Paper
- White Crayons
- Watercolor Paints
- Paintbrush

Directions:

- Draw on white paper with the white crayons. It will be difficult to “see” what is being drawn. Pressing hard or going over the white crayon makes it pop out more once painting.
- Use watercolor paint to bring out the white crayon drawing; the watercolor paint will not stick to the crayon; thus revealing the “magic painting”.

This simple activity can be fun for a wide range of ages. Young children who are only scribbling can still get enjoyment out of seeing their scribbling appear after painting over it. An option is to have someone older draw something as a “surprise” and then have the children paint over it to reveal what it is.

All activities should be supervised by an adult.





Thankful Turkey

ART

What You Need:

- Multiple Colors of Construction Paper
- Scissors
- Markers
- Glue
- Glitter, Glue, Sequins, Feathers, etc (optional)

Directions:

- Note: To create a turkey body can be simple or elaborate, depending on the ages of who is making it and how many people are participating. A larger body is recommended for a larger group/family.
- To make the body of the turkey, cut a circle and place it on a larger piece of construction paper or other paper.
- Cut out “feathers” from a variety of colors of construction paper – on each one write or draw something you are thankful for. You can make multiple feathers and build the turkey as big as desired. Glue the feathers around the turkey body.
- Add secondary decorations such as glitter glue, sequins or feathers, as desired.

This project is good for a family activity; a class or group/team activity. It encourages discussion of what we have to be thankful for, so it is helpful with feelings and emotions. Creating the turkey also can be done individually (as preferred) and each person can present or share their individual turkey. To make this a longer-lasting project, make it a work-in-progress; add more feathers each day or each week.

All activities should be supervised by an adult.





What You Need:

- Egg Carton (clean/empty)
- Scissors
- Paint
- Tape/Glue
- Markers
- Pipe Cleaners (optional)
- Cardstock

Directions:

- Cut-out egg cartons into little pieces. Snip them all the way around to make the flowers.
- Dip the egg cartons into the paint and smear them around.
- Press onto your paper to make egg carton flower prints.
- Let the prints (and egg carton pieces) dry before gluing them to the paper.
- Tape or glue egg cartons onto the prints.
- Add stems using markers or adding pipe cleaners as the stems.

This fun activity promotes self-expression, following directions and freedom of choice.

All activities should be supervised by an adult.



Yarn- Wrapped Bee

ART

What You Need:

- Cardboard (cut into an oval)
- Black and Yellow Yarn
- Old Book (one that you don't mind cutting into pieces)
- Googly Eyes
- White Glue
- Popsicle Stick
- Toothpick (optional for the stinger)

Directions:

- Precut little slits or grooves all the way around the outside of the cardboard oval.
- Starting with yellow yarn, and moving onto the black, simply tie the two colored ends together; no tape is needed. Once satisfied with the amount of yarn, tie another knot.
- Add googly eyes and little stinger.
- Cut wings from the book pages and glue to the bee. Wax paper can be used as an alternative material.
- Turn the little bees into puppets with the addition of a popsicle stick.

This fun activity promotes fine motor skills, following directions and freedom of choice.

All activities should be supervised by an adult.





Contact Paper Kites

ART

What You Need:

- Contact Paper (cut into the shape of a kite)
- Multi-Colored Tissue Paper (cut in 1" - 2" squares)
- Strips of Black Construction Paper
- Ribbon

Directions:

- Give the child a piece of the cut contact paper.
- Tape the contact paper sticky side up onto a stable surface (table, desk, lap board, etc.).
- Add the black construction paper cross bars before the tissue paper is applied.
- Add tissue paper squares to decorate.
- When finished, add another piece of contact paper to seal the kite.
- Add ribbon for a tail.

This fun activity promotes self-expression, fine motor skills and freedom of choice.

All activities should be supervised by an adult.





Aluminum Foil Butterfly

ART

What You Need:

- Cereal Box
- Glue Stick
- Sharpies
- Pipe Cleaners
- Beads
- Scissors

Directions:

- Take the cereal box, unfold it and lay it flat.
- Glue the aluminum foil onto the flat surface of the cereal box.
- When the glue dries, draw butterfly wings so that you'll have an outline to cut out. If the cereal box is thin enough, the child can cut it out (with your supervision).
- Use the Sharpies to create fun patterns.
- Be more creative and add some jewels and glitter.
- Let the sharpies dry for a few minutes.
- Add the pipe cleaner to form the body by wrapping it around the foil/cardboard.
- Add beads to the antenna for the finishing touch.

This fun activity promotes self-expression, fine motor skills and freedom of choice.

All activities should be supervised by an adult.





Melted Crayon Sun Catchers

ART

What You Need:

- Wax Paper
- Bright-Colored Wax Crayons
- Pencil or Crayon Sharpener
- Iron
- Hot Glue Gun
- Wooden Craft Sticks
- Scissors
- Old Towel
- String/Fishing Line
- Suction Cups

Directions:

- Tape or glue craft sticks into square or triangular frames.
- Sharpen crayons into shavings onto a plate or sheet of paper, so there is a nice assortment of colors.
- Lay towel on a flat surface and cover with a sheet of wax paper.
- Arrange the craft stick frames on the wax paper and drop bits of crayon inside the frames.
- Remove the frames, but keep track of the order you had them arranged.
- Cover with another sheet of wax paper.
- Carefully run an iron (set to low) across the paper, watching the crayon shavings melt as you go.
- When everything has cooled, glue the craft stick frames onto the wax paper.
- Trim around the edges of the frames to reveal your sun catchers.
- Glue string or fishing line onto the backs of the sun catchers and hang from windows or sliding glass doors using suction cup hooks or tape.

These Melted Crayon Sun Catchers are a perfect activity for kids of all ages! This fun activity promotes self-expression, fine motor skills, and following directions.

All activities should be supervised by an adult.





ART

Winter Birch Trees

What You Need:

- Watercolor Paper
- Painter's Masking Tape (1" width)
- Scissors
- Watercolor Paint (winter colors)
- Table Salt
- Fine-Tip Black Marker
- Small Paint Brush
- Acrylic Paint

Directions:

- Tape a border around the edge of a square of watercolor paper with 1" painter's masking tape. Cut thick and thin strips for trees that touch the top and the bottom of the border. These strips should be hand-cut for a natural look. Branches may be added, along with a moon. Smooth down all tape edges.
- Water-down dark blue watercolor paint and spread over the entire picture. To add texture, sprinkle salt on the paint while still wet. Let dry for several hours. Rub the salt off the picture and carefully peel off the tape. To add little snowflakes, paint white dots with a small brush and acrylic paint. If any of the paint leaked into the trees, you can also use this paint to cover up those spots.
- With a fine-tip black marker, create edges on the left and right of the trees and branches and add a shadow stripe on the same side of all the trees and branches.

This Winter Birch Trees project uses tape to block off the tree shapes, and watercolor paint and salt to make the textured midnight sky. This activity encourages self-expression, as well as following directions.

All activities should be supervised by an adult.





Paint Stick Snowmen

ART

What You Need:

- Wooden Paint Stir Stick (painted white)
- 3"x3" Square of Felt for Hat
- 8"x1" Strip of Fabric or Felt
- 3 Buttons or Pony Beads
- 1/2 of a Toothpick (painted orange)
- 6 Pieces of Yarn
- Scissors
- Black marker
- Hot Glue Gun
- White Craft Glue

This simple, winter-themed craft project is made from easy-to-find materials. The activity encourages following directions, as well as increasing fine motor skills.

All activities should be supervised by an adult.

Directions:

- Wrap 3"x3" fabric around the top of the stick and hot glue together in the back.
- Tie yarn around the top of the hat and trim ends. Fringe the top of the hat with scissors, if you like.
- Wrap 8"x1" strip of material around the neck and tie in a knot. Fringe the ends with scissors.
- Use white craft glue to attach 3 buttons or beads below the scarf and glue the orange toothpick on for the nose. Use black marker, or a toothpick dipped in black paint, to create the mouth and eyes.
- Let everything dry.





ART

Footprint Penguins

What You Need:

- Plain Artist's Canvas (large enough for all penguins to fit)
- Acrylic/Craft Paint
- Black Felt/Construction Paper
- Scraps of Fleece/Felt/Construction Paper
- Hot Glue Gun

Directions:

- Paint a snowy/wintery background on the canvas and let dry (Top half of the canvas can be painted blue and the bottom half can be painted white).
- Trace and cut out each person's foot on black felt. Glue each footprint on the canvas using the hot glue gun when the background is dry (adults need to help with this step!). The heel is the penguin head.
- Use white paint or felt to make the penguins' tummies.
- Add hats, scarves, eyes, and beaks using the scraps of materials and/or paints.
- Idea: Cut out paper snowflakes to add to the snowy background before placing the penguins on the canvas. Star stickers would be a fun addition, too!

Create an adorable piece of wall art using the whole family's feet! This activity will promote bonding with family and loved ones, while creating a piece of artwork together.

All activities should be supervised by an adult.





ART

Puffy Snowflake Paintings

What You Need:

- 1/2 Cup Flour (Self-rising works best)
- 1/2 Cup Salt
- Food Coloring (Optional)
- Water
- Squeeze Bottle (dishwashing soap bottle, ketchup bottle, etc.)
- Card-stock/Heavy Construction Paper

Directions:

- In a bowl, mix flour and salt. Add a few drops of food coloring if you want colored snowflakes. Add enough water to make the mixture the consistency of pancake batter. Pour into empty squeeze bottle.
- Make snowflake designs and wintry scenes on the construction paper.
- Place the painting in the microwave for 30 seconds on high (microwave times will vary!). The paint will be dry and super puffy!

These Puffy Snowflake Paintings are a fun, simple and quick project to create with only 30 seconds drying time! This activity will promote fine motor and dexterity skills.

All activities should be supervised by an adult.

