

Let me take you on a journey...



Pura Vida

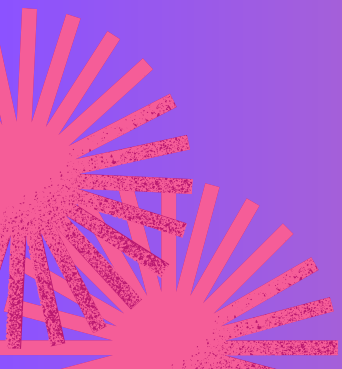
Festival Retreat

TICKET GIFT



20 - 23 June 2024

Location: Wir bauen Zukunft
www.puravida-festival.com



Dear _____, welcome to Pura Vida Festival Retreat!

You are about to embark on a journey that will bring you closer to yourself, others and the world as a whole. Even though you might not expect it now - this experience could be life-transforming.

This is a gift from



© Ana Torres

Our festival journey

Mental & Emotional Well-being, Meditation,
Breathwork, Philosophy, Neuroscience,
Personal Health, Creative Flourishing

Self

Non-Violent Communication, Relational
Intelligence and Intimacy, Men's & Women's
Circles, Tantra, Co-creative Teamwork,
Community Building

Relationships

Nature Connection & Deep Ecology, Responsive
Organizations, Regenerative Businesses, Activism, Warm
Data Lab, Permaculture

World

Daily Yoga, Meditation, Qigong & Dance, Live Music & Art
Performances, Celebration with Cacao Ceremony &
DJ, Healing Area, Crafts Market, Sauna, Lake,
Substance free & Vegan.



Our interactive stages

Embracing narratives and tools from ancient wisdom traditions and latest scientific insights our stages are designed to inspire contemplation, self-inquiry, togetherness, exchange and transformation.



Mind

On this stage we dive into the mystery of consciousness, and explore philosophies of selfhood, identity and mental health.



Body

Grounding our experiences in movement and body awareness, we embrace a philosophy of embodied learning.

Heart

Dapping into the healing power of community and expressing our heart's desire, who are we when we are truly seen and heard?

Play

Attuning our rhythms through play, and cultivating our imagination to envision the world of tomorrow lies at the core of our mission.

Will you join us?

World

Introducing our (own) vision and values into the world and building a new tomorrow. When the vision meets action, do you participate?





SEE YOU IN SUMMER!

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