



Medical Health History:

Please fill in the following information as accurately as possible. Let us know if you require any assistance.

What are the goals you plan to achieve from visiting us:

Have you received any of the following therapies?

☐ Physiotherapy ☐ Chiropractic ☐ Massage Therapy ☐ Other

Please list the previous type of treatment, body part, and year of treatment.

Pain scale (within the past 24 hours)

0 1 2 3 4 5 6 7 8 9 10
(No Pain) (Extreme Pain)

Head/Neck:

☐ Headaches ☐ Migraines ☐ Vision Loss/Change ☐ Double Vision ☐ Dizziness ☐ Eye Pain
☐ History of Fainting ☐ Hearing Loss/Ear Condition ☐ Nausea ☐ Other

Do you have and family history of the above?

☐ Yes ☐ No

Pelvic Health

☐ Urinary/Bowel Incontinence

*Women only ☐ Gynecological Conditions ☐ Currently Pregnant

History of Pregnancies:

Other pelvic health concerns:

Cardiovascular:

☐ High Blood Pressure ☐ Low Blood Pressure ☐ Arteriosclerosis ☐ Chronic Congestive Heart Failure
☐ Heart Attack ☐ Stroke/CVA ☐ Heart Disease ☐ Phlebitis/Varicose Veins ☐ Blood Clots
☐ Pacemaker (or similar) ☐ Easy Bruising ☐ Other

Respiratory
<input type="checkbox"/> Chronic Cough <input type="checkbox"/> Shortness of Breath <input type="checkbox"/> Bronchitis <input type="checkbox"/> Asthma <input type="checkbox"/> Emphysema <input type="checkbox"/> Chest Pain <input type="checkbox"/> Other
Do you have and family history of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No
Neurological
<input type="checkbox"/> Multiple Sclerosis <input type="checkbox"/> Muscular Dystrophy <input type="checkbox"/> Parkinson's <input type="checkbox"/> Numbness/Loss of Sensation <input type="checkbox"/> Tremors <input type="checkbox"/> Epilepsy/Seizures <input type="checkbox"/> Other
Do you have and family history of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No
Communicable
<input type="checkbox"/> Hepatitis <input type="checkbox"/> Skin Conditions <input type="checkbox"/> TB <input type="checkbox"/> HIV/AIDS <input type="checkbox"/> Haemophilia <input type="checkbox"/> Herpes <input type="checkbox"/> Other
Do you have and family history of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No
Bone Health
<input type="checkbox"/> Osteoporosis/Osteopenia <input type="checkbox"/> Arthritis
History of Fracture (please specify):
Do you have and family history of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No
Other Conditions
<input type="checkbox"/> Mental Health Concerns <input type="checkbox"/> Diabetes <input type="checkbox"/> Digestive Conditions <input type="checkbox"/> Thyroid Disease <input type="checkbox"/> Organ Dysfunction (e.g. kidney, liver, etc.)
Do you have and family history of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No
Allergies/Hypersensitivity (please specify):
Cancer (please specify): <ul style="list-style-type: none"> ▪ Date of last check up with oncologist:
Additional Questions
Have you had and significant weight loss/gain? <input type="checkbox"/> Yes <input type="checkbox"/> No
Have you had any previous surgeries? <input type="checkbox"/> Yes <input type="checkbox"/> No

Type of surgery:

Do you have any internal pins, wires, artificial joints or special equipment?

☐ Yes ☐ No

If yes, please specify:

Have you had any previous injuries?

☐ Yes ☐ No

If yes, please specify:

Have you ever been hospitalized?

☐ Yes ☐ No

Please list any current medications, vitamins/supplements not mentioned above:

Do you smoke?

☐ Yes ☐ No

If yes, how long?

If yes, how many packs per day?

Do you consume alcohol?

☐ Yes ☐ No

If yes, how many drinks per week?

Are you currently receiving treatment from another health care provider?

☐ Yes ☐ No

If yes, please specify: