
When You Are Enrolled In College

1. I have met with the disability services staff to discuss my courses and whether or not I need accommodations.
2. I understand how my disability impacts my learning and can describe that impact to disability staff.
3. I understand which accommodations I find beneficial and am willing to use.
4. I am taking the advice of the disability services staff, and I am following through with their recommendations.
5. Where recommended, I have asked the disability services office to write letters to my instructors requesting specific academic accommodations for equal access.
6. I have talked to my instructors about the accommodations I need for their courses.
7. I have developed a strong support network with whom I can share my successes and frustrations.
8. I am using a daily/weekly/monthly planner to keep we organized.
9. I have a place to study that is suitable to my learning style, and I am using this location on a consistent basis.
10. I have learned how to use the college library.
11. I have located free tutoring and other services on campus.
12. I am using the special equipment or devices necessary for my success.
13. I am studying, on average, for two to four hours daily. I am watching my progress closely. If I become overwhelmed by my course load, I am prepared to take fewer courses.

I am aware that accommodations may be provided in college for otherwise qualified individuals. There is sometimes confusion as to what constitutes an “otherwise qualified” individual. *A qualified individual with respect to educational opportunities is one who, with or without appropriate accommodations, meets the academic and technical standards required for admission to or participation in an education program or activity.*