

Teacher's Notes & Answer Key

Level	Intermediate +
Lesson Aims	Learners will develop reading for gist and detail in the context of advice for making up after a fight with friends. Learners will also develop their speaking fluency (and listening / note taking skills) by designing and presenting how they would celebrate 'Kiss and Make Up' Day.
Approximate Timing	60 mins
Notes to the teacher	A lesser known holiday but quite a fun one. The lesson gets Ss up on their feet and using their reading skills, as well as personalizing the lesson with their ideas for how to celebrate. Who knows, it may even lead to some forgiving and forgetting!
Text Link	http://www.wikihow.com/Make-Up-with-Someone-Whether-You're-Sorry-or-Not

1) Lead in

- (Pre lesson- pin up advice around the room for discussion)
- Tell Ss about a small fight you had with your friends and what you did to make up with them
- Tell Ss you'll be talking about how to make up with people after a fight. Ask Ss to stand up, look at the advice and discuss if they think it's useful or not. (See "Lead-in prompts" on the next page)

2) Pre-reading 1

- In pairs/threes, Ss look at the steps for resolving a fight. Ss try to guess what the order might be.
*Adaptation note- You could cut up the headings and ask students to physically order them. This stage is a prediction so there's no need to do feedback since the steps are in the same order in the article.

3) Reading 1a: Reading for Gist

- Ss now read the text 'How to make up with someone whether you're sorry or not' and label the paragraphs with the correct headings.

Answers:

1. Decide what you want.
2. Forgive as best as you can.
3. Make meaningful contact.
4. Find out what went wrong.
5. Understand the differences.
6. Take responsibility.
7. Rebuild trust and respect.

4) Reading 1b: Reading for Detailed Comprehension

- Ss fold down to the next set of questions. They must decide if the sentences are true or false.
 1. Don't focus on peoples' negative qualities just because you don't want to be friends anymore. *T*
 2. People always know when they have upset you. *F- 'They may not have realized they hurt you'*
 3. You should wait for the person you're fighting with to contact you. *F- 'You need to write a note, call or visit'*
 4. It's a good idea to correctly understand what happened. *T- 'Find a way to accurately understand the situation'*
 5. The differences are the most important thing to focus on. *F- 'It's how we deal with the differences'*

Kiss and Make Up Day

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6. Say sorry, even if you don't mean it. *F- 'Offer a sincere apology'*

7. Too much focus on negative qualities makes the fight last longer. *T- 'Focus on the negative only causes the conflict to be prolonged'*

5) Pre-Reading 2

- Introduce Ss to 'Kiss and Make Up Day'. In pairs/3s, Ss discuss what they think this day is about.

6) Reading for Gist 2

- Ask Ss to fold down one more time to read the summary of the day. Were they correct?

7) Productive Follow up: Speaking and Presenting

- Put the Ss into pairs/threes. These committees will now work together and decide how 'Kiss and Make Up' Day should be celebrated. Their celebration should include at least:
 - What is the theme?
 - Who is involved?
 - Where do people celebrate?
 - How much does it cost?
 - What do people do?
 - What are the special features?
- Give Ss time to prepare their own celebration and fill in column 1 (My group)
- Ss then regroup and present their ideas to each other, making notes and deciding which celebration they would most like to attend.

Teacher's Materials

Lead in prompts: Cut these up and post around the room. Do Ss agree these are good ideas for solving arguments?

>-----

Make sure they know you're right.

>-----

Buy a gift, like flowers or chocolate.

>-----

Don't say sorry. It makes you look weak.

>-----

Give your friend space and time to feel better.

>-----

Talk to other people about what happened.

>-----

Send an email or a letter if you can't speak in a calm way.

>-----

Don't explain what's really upsetting you. This will make it worse.

>-----

Stop all contact immediately.

>-----

August 25th is National 'Kiss and Make up' day!

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Student Worksheet

1. These are some of the steps recommended for making up after a fight. What do you think the order is?

- | | |
|------------------------------|----------------------------|
| ❖ Understand the differences | ❖ Find out what went wrong |
| ❖ Forgive as best as you can | ❖ Decide what you want |
| ❖ Make meaningful contact | ❖ Take responsibility |
| ❖ Rebuild trust and respect | |

2. According to the text, are these sentences true or false? Correct the false sentences.

Hint! The number is also the paragraph where you'll find the answer.

1. Don't focus on peoples' negative qualities just because you don't want to be friends anymore.
2. People always know when they have upset you.
3. You should wait for the person you're fighting with to contact you.
4. It's a good idea to correctly understand what happened.
5. The differences are the most important thing to focus on.
6. Say sorry, even if you don't mean it.
7. To much focus on negative qualities makes the fight last longer.

-----fold-----

3. What is 'Kiss and Make Up' Day about?

August 25 is Kiss and Make Up Day.

This holiday is similar to Reconciliation Day, celebrated on April 2.

If you have been in a little quarrel recently, today is your chance to apologize and make things right! You can't escape a small spat with a friend, lover or family member, it's natural. Whether there was something you forgot to do, a disagreement, lie or misunderstanding- don't wait, admit your mistake. It's important to keep in mind to never let things escalate too far to the point where you might do or say something you will regret later. Today it's time to kiss and make up.

Remember to appreciate the lovely people around you and don't take them for granted.

Text adapted from: <http://www.examiner.com/article/kiss-and-make-up-day>

First accessed: July 2014

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How to Make Up with Someone Whether You're Sorry or Not

Edited by Draagonfliir, Maniac, Flickety, Teresa and 9 others

Ever been in a fight with someone and then was sorry afterwards? Or maybe you really weren't sorry, but you couldn't afford or didn't want to lose any advantages you had before? If you have a lost a good friend or relationship partner, even if things may have ended badly, you may be able to make a meaningful reconnection. Here are a few techniques to get back in their good graces.

1. _____ Any relationship can be repaired in time, however if you are not fully ready then now may not be the time. Don't fall into the trap of focusing on the negative qualities of the person they have had fallen out of favour with to justify your moving on; if you're going to let go of the relationship, devaluing the other person is just a cheap trick and not responsible.

2. _____ When someone slights you, offends you, or hurts you deeply it is easy to want to respond in kind, retaliate, withdraw, become overtly defensive, sink into a depression, self-sabotage, or just feel plain mucky. Set your pride aside and bear in mind that the other person's perspective may be completely different - they may not even have realized that they hurt you. You may arrive at a point where you have forgiven as much as you can without communicating.

3. _____ Once you have decided that it might be a wise idea to re-establish contact, you need to write a note, call, or visit the person to convey one primary message: "Our friendship is valuable to me, and I miss seeing you. Is there any way we can resolve what stands between us?" The point is simple - to convey your affection, express your willingness for reconciliation and invite them to an open, honest discussion. There is no need right now to air your grievances or even make apologies.

4. _____ You two must find a way to accurately understand the situation, with a logical, truthful, and rational perspective. Admit yourself that people are neither inherently evil nor inherently good (instead the harsh reality is that we lie somewhere in between.) We're not always aware of the consequences or significance of our actions, either.

5. _____ Throughout history there have been plenty of examples showing both sides of the story; showing that differences can be accepted and understood. It isn't the differences themselves that are the problem, but how we deal with these differences. People even have different ways of handling conflict, and this once again needs to be understood before reconciliation can come about.

6. _____ You need to own up to your side of the story, since it always takes two to fight. Begin to offer a sincere apology for not being the kind of friend you wanted yourself to be and/or the type of friend you could have been. Identify specific things you did that contributed to the downfall and confess them to the other person. Even if your apology is not accepted you can always come back to it later, and try again once you think things through a little more.

7. _____ If the friendship is to be restored or to survive it depends a great deal on how you value yourself as well as the other person (i.e. it depends a lot on the idea of respect.) It is more ethical and more responsible to focus on a person's positive qualities, as focusing on the negative only causes the conflict to be prolonged.

Text adapted from <http://www.wikihow.com/Make-Up-with-Someone-Whether-You're-Sorry-or-Not> First accessed July 2014

Kiss and Make Up Day: How can we celebrate it?

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	My group	Group 1	Group 2	Group 3
What is the theme?				
Who is involved?				
Where do people celebrate?				
What do people do?				
How much does it cost?				
What are the special features?				

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