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Operation Looking Glass 2022

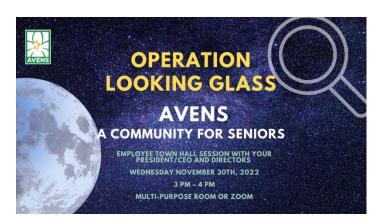
A promise that I made some years ago, was that as President and CEO, I would host an annual information town hall format session with the entire staff. This would provide the opportunity for some one-on-one time with myself and our Directors to review our past success's and take the opportunity to "navel gaze" what would be instore for the upcoming year. We called this session "Operation Looking Glass".

"When Life Gets Blurry Adjust Your Focus"

Anonymous

This year, Operation Looking Glass took place in our MPR Room on Wednesday, November 30th, 2022. Approximately 12 staff were in attendance, along with a number of our Management and Board Member Ron Allen.

I would like to share with you in this newsletter, some of the slides used in the presentation, however you will have two other opportunities to see the entire presentation: one opportunity will be on our CTV screens throughout out facilities, the other opportunity will be to watch the full presentation recording on a ZOOM link.



When one takes a retrospective look at all the wonderful things we do at AVENS for our residents and our employees, it is sometimes hard to capture all this in a couple of slides. Yet, I believe our Management Team and my office did our best to provide you with the proper overview for 2022 and introduce to you some of the upcoming action items we have in store for 2023.

In the end, it was a great meeting with our staff, and we enjoyed the time spent together, as we are all connected to this safe and caring community for our seniors, we like to call AVENS.



Meeting Our New Fire Chief And Crew

On Monday November 28th, 2022, AVENS hosted a visit for our new City of Yellowknife Fire Chief, Nelson Johnson, and his Team.

The new City of Yellowknife Fire Chief, Nelson Johnson, started his new position on April 19th, 2022.

Mr. Johnson is of Nehiyawewin (Cree) ancestry orginally from Russel, Manitoba with over 30 years of fire servcie experience. With a strong background in safety and training, Mr. Johnson has acted as an instructor to thousands of firefighters and has instituted training plans and programs in other regions of Canada. Mr. Johnson does come to Yellowknife most recently from Ontario where he was Fire Chief in Minden. Prior to that, he spent four years in leadership positions in the Iqaluit Fire Department, as Deputy Fire Chief and subsequently Interim Fire Chief.

I only started to put together, after shaking Fire Chief Nelson Johnson's hand, did I realize that we have met before. In fact, it was duiring my BOSS Consulting years in Occupational Health and Safety, that our paths did cross in Iqaluit. I can only remember fond memories of Mr. Johsnon's work ethic in safety, which does reassure me, he is the right man for this position.

We hope that our new Fire Chief and his Team who visited us on this day, did enjoy their tour with our Director of Operations.

We hope that together, we can continue to build these relationships, as we improve our quality of Seniors Care models and undertake expansion programs on our campus.



(L to R) AVENS Director of Operations, Steven Nicholas, third from the top left, Fire Chief, Nelson Johnson, at the far right, AVENS Pres/CEO, Daryl Dolynny. (Sorry, I wasn't able to get all the names of the others)

More Christmas 2022 Fun

This time of year always brings out the best at AVENS.



Dress-up as your favorite Christmas Movie Character Day! You can see that many Management and Care staff get pretty creative for this one



Movie Trivia Contest with the Avens Manor residents and AVENS staff. Who knows their movie trivia the best?



NEW for this year in Administration...Elf on the shelf every day in December. Today, our naughty Elf decided to take on the CEO's polar bear rug!



Our President/CEO's annual Diabetic Coma Corner. These three staff room chocolate displays are spruced up every Friday in December, until Christmas. It is our CEO's way of saying "thank you" to everyone at AVENS. A HUGE shout out to Cindy Dolynny, Pharmacist/Owner at Shoppers Drug Mart for the chocolate donation

Masquerade Mania!

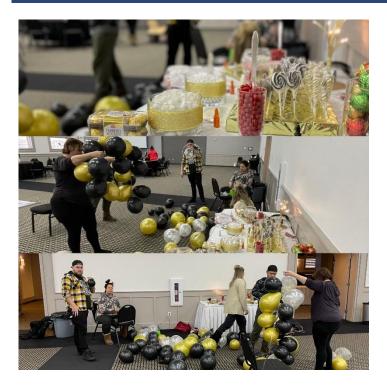
Over 90 AVENS staff, management, board member Debbie DeLancey, family and friends celebrated on Saturday, December 3rd, 2022 our end of season "Masquerade Ball" at the Chateau Nova.

It was a great time to get together where masking and PPE protocols were almost non-existent ©

So what does AVENS do in celebration of this special occassion? Well, we do a "Mask-querade" event of course. Well, at least this is a mask I can get behind!



With two general city wide power outages during this event, this did not stop this group from having fun, playing games and being creative!



HUGE Shout out to the Social Committee for coordinating this wonderful event



When the lights were <u>on</u>, we did play a number of fun games. When the lights were <u>off</u>, we did play a number of "I can't see who won" games



Thank you to Aaron "Godson" Hernandez for keeping the vibe



Just a few of our "masked" friends, family, management and board member Debbie DeLancey who joined in on the fun