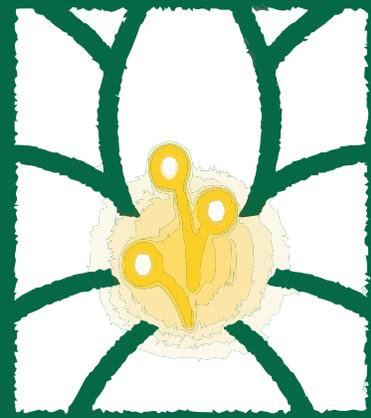


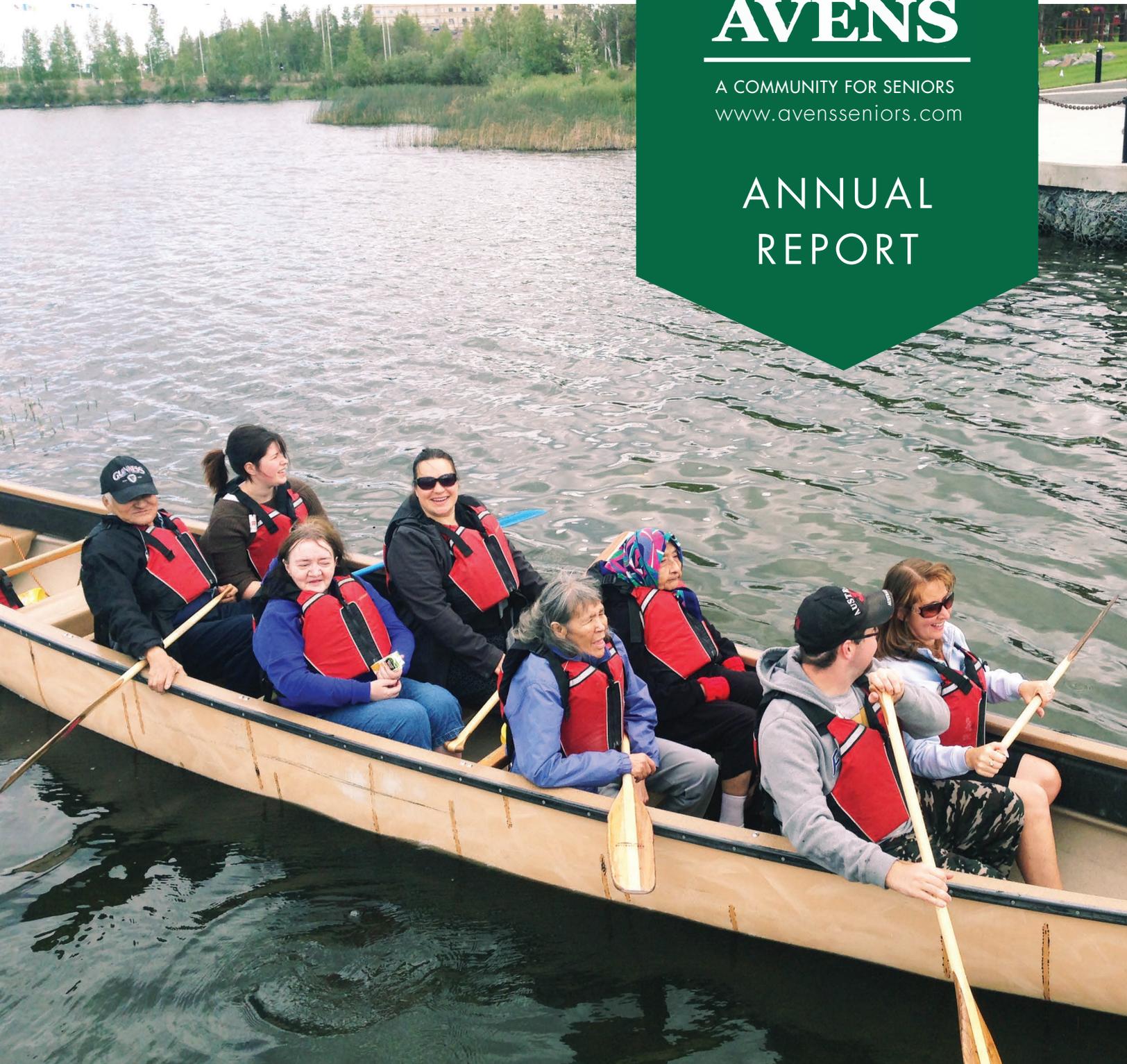
2015-2016



**AVENS**

A COMMUNITY FOR SENIORS  
[www.avensseniors.com](http://www.avensseniors.com)

ANNUAL  
REPORT



# AVENS President & CEO's Message



*Gordon Van Tighem  
President*



*Stephen Jackson, CHE  
Chief Executive Officer*

We would like to thank our residents and their families with entrusting us with their care. We are proud of the very high quality care that we provide and we continue to earn one of the highest levels of accreditation in Canada.

The community has always been very supportive to AVENS and this year we say a special thank you to all those who provided us with donations. With the support of our generous donors, we purchased new medical equipment and created dedicated spaces for foot care and for snoezelen therapy (sensory stimulation). We also upgraded the multi-purpose room to help our residents with hearing and vision loss to better participate in the recreational activities.

Thank you to our dedicated and passionate staff, every day you serve our residents with compassion, respect and dignity. We look forward to formally recognizing and celebrating your hard work with our employee recognition weeks.

We would also like to thank the residents and family members who volunteer on the Resident and Family Council, who over the last year, have helped to re-design and improve our menu. We are proud to be serving our residents more nutritious, local foods including white fish, trout, and caribou.

AVENS is thankful for the strong partnership with the Yellowknife Seniors' Society who provide a variety of quality seniors' programs in our Baker Community Centre and who, together with the NWT Seniors' Society, are wonderful advocates for seniors. We look forward to our continued collaboration.

Volunteers are vital to AVENS and we thank them for helping us in so many areas. Their help with bingo, art, crafts, and games enriches the lives of our residents. The AVENS Board of Directors are also volunteers and we thank them for their hard work, dedication and passion. Special thanks to Board member Wendy Carter for her more than 10 years of service and to Board member Darryl Bohnet for his 3 years of service. In August, we mourned the passing of Board member Kathryn Youngblut.

We thank the Department of Health and Social Services, Yellowknife Health and Social Services, the NWT Housing Corporation and their Ministers for their on-going support as we work together to meet the increasing need for long-term care and seniors' housing. We look forward to reporting on our progress as we work to ensure that even more seniors have a safe and caring community for life.

Thank you all,

Gordon Van Tighem  
President

Stephen Jackson, CHE  
Chief Executive Officer

# AVENS Vision & Mission

## AVENS' Vision

Seniors have a safe and caring community for life.

## AVENS' Mission

Providing quality community living choices for seniors by delivering quality services in a safe and respectful manner.

## AVENS' Values

Our values are expressed in the following statements which describe the most strongly held beliefs within the organizational culture of AVENS and its operations:

- **RESPECT** We acknowledge the talents and contributions of our staff and seniors at AVENS.
- **DIGNITY** We treat our seniors in a manner that honours their place in our community; caring for their health, safety, independence and peace of mind.
- **COLLABORATION** We work constructively with our staff, residents and community partners, building capacity and continuously improving our capability, to provide an enduring, safe, caring community for life, for our seniors.
- **ACCOUNTABILITY** We take ownership of our decisions and actions.
- **INTEGRITY** We fulfil our values and our commitments to our people, our residents, our supporters and our community.

## 2015 - 2016

### AVENS Board of Directors

President		Gordon Van Tighem
1 <sup>st</sup> VP		Sandra Turner
2 <sup>nd</sup> VP		Wendy Carter

### DIRECTORS

Ron Allen  
Darryl Bohnet  
Shane Clark  
Kathy Gray  
Kathryn Youngblut

# AVENS Information

**AVENS is a seniors' care campus that provides long-term care, dementia care, respite care, and seniors housing.**

We look after NWT seniors who are unable to live on their own due to physical, medical, and cognitive disabilities.

**AVENS is a territorial facility that serves seniors from across the NWT.**

- About 35% of our seniors come from outside of Yellowknife.

**AVENS is full.**

Our 29 long-term care beds, 28 dementia beds, and 32 seniors' apartments are all full.

**AVENS has long waitlists.**

- There are 20 seniors waiting for a long-term care bed, while another 47 are waiting for seniors housing.

**The number of seniors is growing fast.**

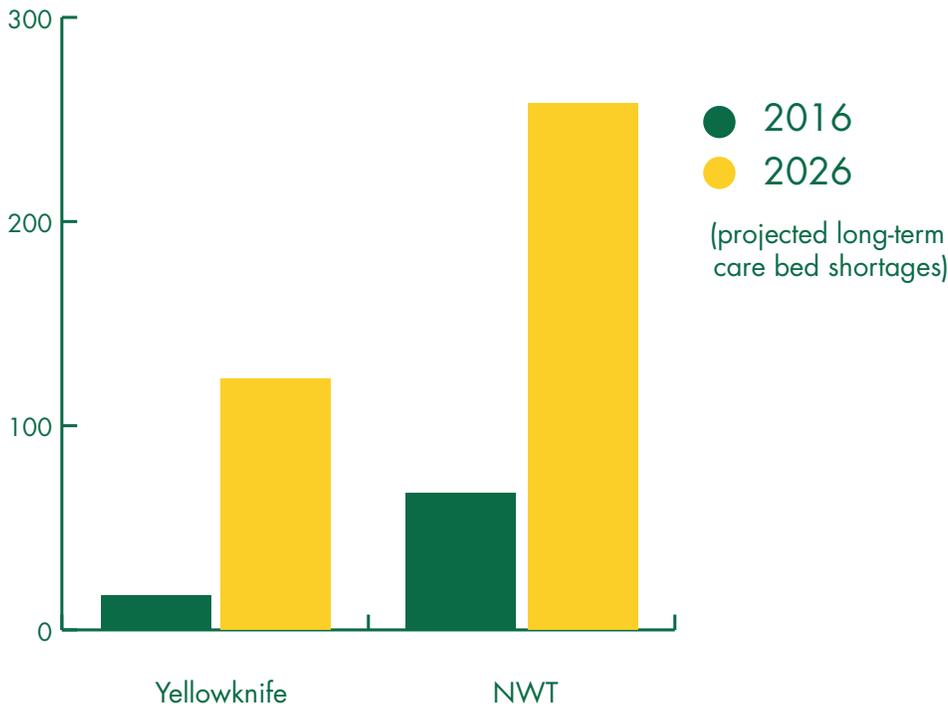
In the NWT, the number of seniors will almost double and almost triple in Yellowknife, over the next 16 years. (Source: Stats NWT).

**The NWT needs more long-term care beds.**

In 2016, the NWT is short 67 long-term care beds. That shortage will increase to a projected 258 beds by 2026. In 2016, Yellowknife is short 17 long-term care beds and is projected to require 123 beds by 2026.

(Source: GNWT Northwest Territories Long-Term Care Program Review, December 2015.)

**We need more long-term care beds**



## AVENS residents are from all over the NWT:





Left to Right: AVENS resident Matti Vuorela, Stephen Jackson, Premier Bob McLeod, Minister Glen Abernethy.



AVENS CEO Stephen Jackson cooks breakfast for resident care team



A grant from the Arctic Energy Alliance enabled AVENS to replace LED lighting fixtures in our residents' rooms.  
 LEFT: Louie Azzolini, AEA Executive Director  
 RIGHT: Stephen Jackson, CEO

# President and Family Council

- Memedi
- Mersereau
- Milligan
- Lyla Reid
- Theresa Reid
- Ruth Reimann
- Gloria Reyes
- Stella Rice
- Peter & Frances Riggs
- Dave Ritche
- Justina Rivera
- Greg Robertson
- Sheila Robertson
- Zahra Sadki
- Norm & Peggy S
- Alan & Vi
- Shopy
- Steve S
- Judith
- Vic
- In Mem
- K
- ert S



In July AVENS received a \$100+ donation from a group of children who took it upon themselves to raise money for AVENS via their lemonade stand!

Northland Utilities staff present a funding raising cheque to AVENS board of directors.



# AVENS' Donors

April 1<sup>st</sup> 2015 - March 31<sup>st</sup> 2016

Anonymous  
Wilma DeGrow  
Northland Utilities  
YK Community Foundation  
Esther Braden  
Glen Abernethy  
David Ramsey  
Estate of B.M. Bromley  
Ronald Ogilvie  
RCL Vincent Massey Branch 164

William Graham  
Mercedes Paz  
Maxine Avery  
Barbara & Gordon Weatherby  
Rita McLean  
Vivian Hansen  
Michel & Helena Haener  
Wendy Hebert  
Jae Doyle  
Phyllis Sartor

Ula Service Limited  
YK Chamber of Commerce  
S & A Sutendra  
Kasteel Konstruction Inc.  
Curtis Lermo  
Lynda & Robert Smith  
United Way of YK  
Walter Maduke

# AVENS' Amazing Volunteers

AVENS is fortunate to have a large number of dedicated volunteers who give their time, energy, and passion to help us provide a safe and caring community for our seniors. On a daily basis, our volunteers work with our staff and practice the AVENS' values of Respect, Integrity, Dignity, Accountability, and Collaboration.

In February, we lost our longest serving volunteer, Esther Braden, who had volunteered at AVENS for 27 years. Winston Churchill once said that we make a living by what we get but we make a life by what we give and we are so grateful for Esther's incredible spirit of giving. At AVENS' volunteer recognition brunch in May, we paid special tribute to Esther and were delighted that so many members of her family were able to attend.

At this year's City of Yellowknife's volunteer recognition event, we recognized a group of volunteers from the Church of Jesus Christ of Latter-Day Saints. Every week, they help our residents by assisting with many activities that enrich their lives including balloon badminton, birthday parties, bingo, music & memory and sing-alongs.

There are many more individuals and groups that we thank, from the bottom of our hearts, for taking the time to share special moments and memories with our residents.

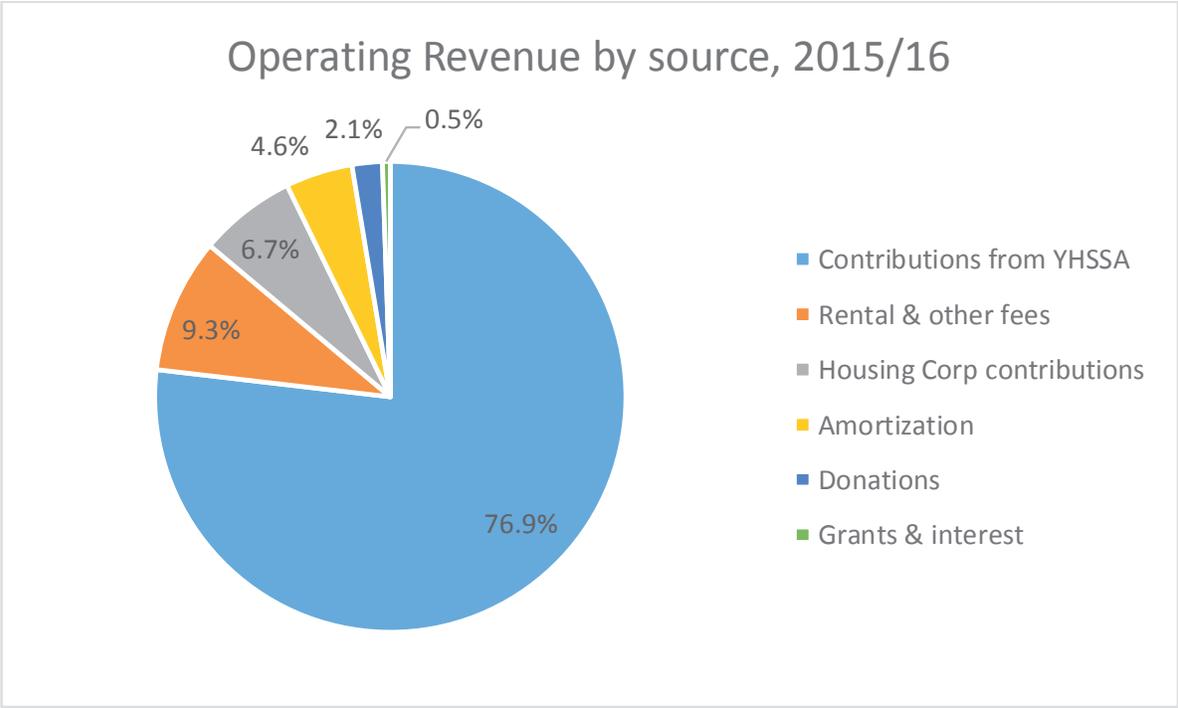
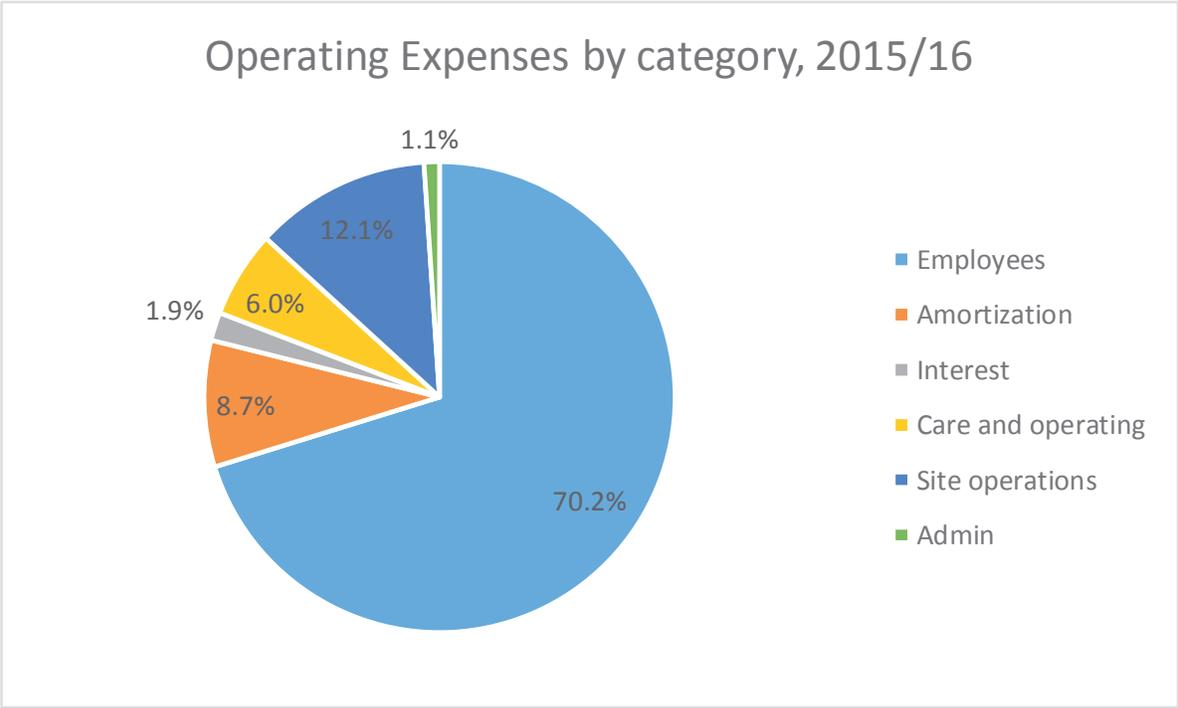
Albert Castro	Gerri Hunter	Mark Ansdell
Alecia Callahan	Heidi Weibe	Marlene Bonnell
Alisha Breton	Helen Hoeve	Mary Tapsell
Anna Hernandez and the Dancers	Hosai Ayoubi	Marylou Morgan
Aurora Fiddlers	Ivan & Ann Russell	Melissa Castro
Barbara McDonald	Jasmine Powder	Morris Callahan
Brad Heath	Jennifer Bishop & Jax	Muriel Tolley
Carole Hebert	Jeannie Martin	Pastor Derek Kaemingk
Ceilidh Friends	Jill Alain	Pastor Kirk Tastad
Chrissy	Jim & Steven	Pastors Ian and Ruth Gillingham
Chuck Tolley	Jim Taylor	Pat Moore
Cindy Taylor	Jodie Murray	Paul Andrew
Conlan (St. Pats)	Joe Handley	Peter & Gary
Crystal Tonka	John Ansdell	Rev. Joey Royal
Dale Crouch	June Nelson	Rev. Peter Chynoweth
Dan Rhino & Weatherby Warriors Hockey	Karen Sunderland	Robert Hunt
Team	Kelton Broome	Rollie Castro
Dave Taylor	Kim Weir	Rona William
Dave White	Kevin Ansdell	Sheila Humphrey
Dawn Brigham	Leslie Fisher	Stephen Jackson
Dawn Collins	Lily Norwegian	Tara Travis
Dawn Lacey	Lin Maus	Theresa Handley
Dee Ann Hunt	Linda Henry	Tony White
Diane Koyczan	Lynn Encisco	Walter Jacque
Elly Lecorre	Lynn White	Wayne Butler
Emma Tutton	Maggie Lafferty	Wendy Alexander
Frances Sinclair	Marc Lecorre	Wendy & Jean-Pierre Hebert
Frances Stroeder	Margaret Beckwith	Wendy Stephenson
G&G Thunder Hockey Team	Margaret Begg	Xiaoya Yan
George Tucaroo	Marilou Faith Cruz	

Esther Braden  
Photo: Dave Brosha



# AVENS' Financial Information

AVENS receives and spends over \$9 million yearly pursuing its mission of providing quality community living choices for seniors by delivering quality services in a safe and respectful manner.



For additional information, please see AVENS' audited financial statements.

# Always In Our Thoughts, Forever In Our Hearts

AVENS' residents who passed away between April 2015 and March 2016.



Renee Elias  
1952 – 2016



Donald Helfrick  
1949 – 2015



Jean Baptiste Rabesca  
1922 – 2015



Helena To  
1932 – 2015

# EVERY DONATION MAKES A DIFFERENCE



People of the North are famous for their sense of community. We thrive in harsh winters and remote settlements because we care for and support all our community members. Now you can give back to the community in a way that will leave a profound and positive impact for years to come.

Over the next 16 years, the number of seniors in the NWT will almost double and almost triple in Yellowknife. Currently, the NWT is short 67 long-term care beds, according to a government report. In 10 years, that shortage is projected to increase to 258 beds.

## You can help.

We are seeking corporate and private donors who want to help us meet the needs of northerners for years to come.

For sponsorship opportunities,  
contact Stephen Jackson: 867.920.2443



To learn more about AVENS plan  
to help Seniors, visit us online at:  
[www.avensseniors.com](http://www.avensseniors.com)