March 2023

| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast available 7 <br> Items include cerea Other grain items ava Muffins, breakfast b Cost | 7:15-7:50am <br> al, fruit \& milk. vailable are, buns/breads etc. \$2.10 | $1 / 2$ cup raw baby carrots available everyday as vegetable substitute. |  |  | 1 <br> Pretzels W/Cheese Veggie Sticks Fruit Variety Milk | 2 <br> Student Lunch \$3.10 |
| 3 Alternate Lunch available everyday: PBJ, Ham or Turkey Sandwich w/Veggie, Fruit \& Milk of the dav. | 4 <br> French Toast Sausage Hash Browns Pears Milk | 5 National Cheese Doodle Day! Grilled Cheese Cheese Doodles Carrots Peaches/Milk | 6 National Oreo Day Goulash Toss Salad Dinner Roll Mix Fruit Milk | 7 <br> Shepard's Pie Baked Beans Dinner Roll Applesauce Milk | 8 <br> Mac-n-Cheese Green Beans Dinner Roll Fruit Variety Milk | 9 <br> Spring Forward! Daylight Savings Begins |
| 10 As lent proceeds We will be offering Tuna \& Egg Salad sandwiches also. There will be no Ham, Turkey or Chicken available on Fridays! | 11 Eat Your Noodles Day! Chicken Patty on a Roll Buttered Noodles Carrots/Pears/Milk | 12 <br> Teriyaki Chicken Over Rice <br> Broccoli/Dinner Roll Peaches/Milk | 13 Noodle Soup Day! Chicken Noodle Soup Grilled Cheese Green Beans Mix Fruit Milk | 14 <br> Hamburger <br> French Fries <br> Baked Beans <br> Applesauce/Milk | 15 <br> Cheese Pizza Veggie Sticks Fruit Variety Milk | 16 <br> Milk included with all lunches. <br> Choice of FF Chocolate, 1\% White or FF White. |
| 17 | 18 Sloppy Joe Day! Sloppy Joe On a Roll Mac-n-Cheese Baked Beans Pears/Milk | 19 <br> Chicken Alfredo Over Rotini Broccoli Dinner Roll Peaches/Milk | 20Spaghetti <br> W/Meat /Sauce <br> Toss Salad <br> Garlic Bread <br> Mix Fruit/Milk | 21 Crunchy Taco Day! Tacos Corn <br> Applesauce Milk |  | 23 |
| $24$ | 25 <br> Hot Dogs French Fries Baked Beans Pears/Milk | 26 <br> Nachos W/Meat \& Cheese Broccoli Peaches/Milk | 27 <br> Chicken Nuggets Buttered Noodles Carrots Mix Fruit/Milk | 28 <br> Staff <br> Development <br> No Students! | 29 <br> Good Friday! <br> No School! | 30 <br> This institution is an Equal Opportunity Provider and Employer. |
| \|31 |  |  |  |  | Any questions may be directed to sbushey@ setonknights.org | *Menu subject to change without notice! |

