

**BE PART OF A TEAM  
THAT GIVES YOU MORE**



**IAN POPE - PLATINUM  
AND OLYMPIC COACH**

Ian is one of Australia's most successful coaches having coached over 70 medallists at major international events including Olympics, World Championships, and Commonwealth Games.

Ian's primary focus will be on developing swimmers mentally and physically as a person whilst maximising their talent and potential with a focus on building a strong team culture, mental edge and training with the right technique.



**SWIM WITH US**

[enquiries@melbournesc.com.au](mailto:enquiries@melbournesc.com.au)

[melbournesc.com.au](http://melbournesc.com.au)

# MSC



**MELBOURNESC.COM.AU**

# WE DEVELOP AND EDUCATE OUR SWIMMERS TO UNDERSTAND HOW TO TRAIN AND RACE AT THEIR BEST

## Swimmers Support

Financial Support for travel & accommodation to selected national events (performance based).

## Training Edge

Highest calibre of coaches. Led by Olympic Coach Ian Pope, one of the most successful coaches in the country.

## Technical Edge

The difference between good and great swimmers is technique. Learn the finer technical skills to swimming faster which will be a key focus from our coaches.

## Mental Edge

Our coaches focus on developing you as a person, not just a swimmer to become a better YOU.

## BACKGROUND

Melbourne Swimming Club (MSC) is a new competitive swimming club based in Melbourne, Victoria. Our mission is to provide an inclusive and engaging environment that offers the highest calibre of coaching and support networks to inspire swimmers to achieve their potential as both athletes and people.

## PATHWAY TO SUCCESS

Our squads consist of Development squads through to National level squads based at St Catherine's school 25 metre indoor pool in Toorak and at Richmond Recreation Centre 50 metre indoor pool.

## NEXT STEP

### Get Assessed

Go to [www.melbournesc.com.au](http://www.melbournesc.com.au) and fill out the enquiry form at the bottom of the page.

