

DEAR MARCAP TEAM,

WITH ALL OF YOU TO BUILD UPON THIS





I am writing to extend my warmest wishes for a belated happy and prosperous new year. As we kick off another year, I would like to take this opportunity to reflect on our achievements and celebrate our progress.

I am thrilled to announce that Marcap and Emdad have made a significant joint investment in two new vessels, Marcap Emdad 3 and Marcap Emdad 5. This marks a significant milestone in our journey, and I would like to take this opportunity to extend my heartfelt congratulations to Marcap/Emdad team and to Samer Qiblawi for their tireless efforts in making this possible.

I believe that this investment will provide us with numerous opportunities to increase our joint cooperation and commitment. I look forward to working with all of you to build upon this foundation and achieve even greater success in the years to come.

Once again, I would like to extend my warmest wishes for a happy and prosperous new year. May we continue to work together to achieve our shared goals and aspirations.



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With gratitude, Mohamed Al Bawardi, Chairman

65_m

6.000 BHP TOTAL









MARCAP EMDAD 5 — A SYMBOLIC TROPHY

WE WELCOME TO OUR FLEET AHTS DP2 VESSEL PROUDLY SAILING UNDER THE NAME "MARCAP EMDAD 5"

This addition to our collection is not only a powerful giant but a symbolic trophy emphasizing long-lasting and strong relationships with our Partner EMDAD.

- The vessel is a young Anchor Handling Tug Supply Boat, 65 meters long with a total HP of 6,000 BHP driven by 2 x 10 tons Bow Thrusters and a 1 x 8 tons Stern Thruster with a Bollard Pull of approximately 85 tons. The vessel is equipped with a class 1 firefighting system FiFi1 and a dynamic positioning system DP2.
- ► She made a long journey from Singapore to join Marcap vessels working in the Kingdom of Saudi Arabia. MARCAP EMDAD 5 has a mission to support rigs in the area for one of our major clients there. The drive towards growth and development is something we have been observing and it is gives us confidence for further progress in the future.





MARCAP EMDAD 5

PARTICULARS

Туре	 → Anchor Handling Tug Supply Vessel
Class	• → Bureau Veritas
Notation • -	ightarrow BV-I $ imes$ Hull, MACH, Supply vessel $-$ LNHS Tug,
:	${\sf Special Service - Anchor Handling, Fire-fighting 1,}$
	Oil recovery ship, DYNAPOS AM/AT R
Year Built	• → 2015
IMO No.	• → 9724427
Official No.	· → 40861522
Flag	• → Tuvalu
Port of Registry	• → Funafuti

MEASUREMENT

Length Overall	• → 65.00 m
Length BP	• → 58.50 m
Beam Moulded	• → 16.00 m
Depth Moulded	• → 6.20 m
Draft (Design)	• → 5.00 m
Draft (Scantling)	• → 5.20 m
Deadweight	• → Approx.1650 T

TONNAGE

\rightarrow	2297T
	\rightarrow

MANEUVERING & PROPULSION SYSTEM

Main Engine	• -	\rightarrow	02 x 2,200 kW, Niigata 6MG28AHX
Total HP			• → 6,000 BHP
Propeller			• → 02xCPP
Bow Thruster			• → 2x10T, Kawasaki KT-88B3
Stern Thruster			• → 1x8T. Kawasaki KT-72B3
Bollard Pull			• → Approx.85T
Stern Roller	• →	S	WL: 250T, 4.4m length x 1.7m diameter

ELECTRIC POWER GENERATION

Main Generator	• → 03 x Caterpillar C18
	rated 450kW/415V/50Hz
Emergency Generator	• → Cummins CCFJ99-E
	rated 99kW/1500rpm

PERFORMANCE

Speed (Max)	• →	Approx. 13.0 knots
Speed (Economic)	• →	Approx. 12.0 knots

CARGO DECK

Clear Deck Area	• →	435 m ²
Deck Loading	• →	7T/m ²
Jilligi a.		

DYNAMIC POSITIONING

DP(2) System	• →	Kongsberg
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STORAGE CAPACITY

Fuel Oil	• →	590.0 m ³
Fresh Water	• →	420.0 m ³
Drill Water / WB	• →	580.0 m ³
Mud / Brine / RO	• →	400.0 m ³
Dry Bulk	• →	150.0 m ³
Foam	• -	14.0 m ³
Dispersant	• →	22.0 m ³

ACCOMMODATION

Berth / Cabin	• →	8x1men • →	5x2men • →	8x4men
Total			• -	50 men

NAVIGATION AND COMMUNICATION EQUIPMENT

GMDSS (Area 3)

EPIRB		• → 1x McMurdo E
SART		• → 2x McMurdo S4
GPS		• → 1x Furuno GP-150
Navtex Receiver		• → 1x NX-700E
Radar	• → 1x	Furuno FAR-2117, Furuno FR-8062
Gyrocompass		• → 3 x Anschut
Magnetic Compass		• → 1x Lilley & Gilie MK 2000
Auto Pilot		• → 1x Navitron NT 8880
Echo Sounder		• → 1x Furuno FE-700
AIS		• → 1x Furuno FA-150
BNWAS		• → 1x Navitron NT99
Speed Log		• → 1xDS-80
ECDIS		• → 1x FMD-3200

FIRE FIGHTING

Fire Fighting System		• →	Class 1
Emergency Fire Pump	• →	1x45m3/hr@60	m head

SAFETY EQUIPMENT

Rescue Boat

• → As per SOLAS

MISCELLANEOUS

Sewage Treatment Plant \rightarrow 1x 50 men Fresh Water Maker \rightarrow 1x10 T/day Oily Water Separator \rightarrow 1x1m3/hr, 15 ppm

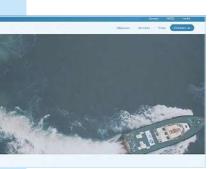




MARCAP .A E VIRTUAL SPACE TOUR



This article is aiming to introduce our website and encourage you to visit our main virtual space.





While designing it, usability was targeted as the highest priority. Each section has the option to contact us. Both branches, UAE Head Office and Saudi Marcap are introduced separately. Marcap fleet is categorized and displayed with basic specifications. You may also request a different vessel in the event of having a specific inquiry.

For those who are looking for a job, you can easily apply online for onshore and offshore positions by filling the forms and attaching the required documents and certificates. Our crewing or HR department will review your application and come back based on company demand.











We invite you to know more about us; discover Marcap's vision, mission, and values; meet our CEO; learn about company services and get acquainted with our achievements; subscribe to our Newsletter and check out the Gallery.

There are icons in the footer that lead you to Marcap's LinkedIn Page and our YouTube Channel. Feel free to subscribe and become a part of our Network. We wish you a joyful journey across our digital products.











ABS REGIONAL COMMITTEE MEETING

27th OCT, 2022

The conference contained topics of current interest. The intersection of decarbonization, digitalization and safety were analysed. Hot subjects such as sustainability including renewable power, alternative fuels, decarbonization solutions, carbon capture technologies, and green shipping corridors were discussed. Market outlooks and trends along with digitalization and ABS's new solutions were presented by experts in the field.



MARITIME STANDARD AWARDS

15 NOV, 2022

This year Marcap participated in the ceremony not in the capacity of the finalist, but as a supporting team of its partner — Columbia Ship Management Saudi Arabia who were among the nominees for the Technology & Innovation Award. It is always a pleasure to network and meet friends and partners among the visitors.



RIVIERA CONFERENCE

6-7 DEC, 2022

Two days offshore support journal energy conference was sailing under the saying from Edwin Lampert, a conference chairman: "Maritime decarbonization, reactivating stacked vessels, attracting and retaining qualified crew are just three of the clear and present challenges given prominence in our programme". The gathering of top maritime representatives under one roof granted everyone an opportunity to learn from speakers, brainstorm with colleagues and enjoy networking and discovering new names in the industry.







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3RD ADNOC HSE LEADERSHIP WORKSHOP

Top Management involvement in developing HSE culture is a commitment. Every year Marcap gladly accepts a kind invitation to participate in the ADNOC HSE Leadership workshop that became a healthy habit for the whole industry and the very right place to share practices and experiences.

This year Marcap was honoured to immerse into the important issue of Crew Mental Health. This topic was assigned by the ADNOC L&S HSE team who truly believes in Marcap's input in this area. Special thanks go to Captain Abdulla Chehab, Director — Operations of Marcap who presented the subject with knowledge and passion as he always does. Quoting from his presentation: "Seafarers are our frontlines, soldiers of the sea and a backbone. Their physical and mental health are equally important, both have a direct impact on HSE and influence productivity".

Moreover, we congratulate ADNOC L&S with the Guinness World Record — 18.5 million hours without Lost Time Incidents (LTI). As a long – commuted contractor, we are happy to receive a special HSE recognition from the respectful client and ready to contribute more to safe practices. Looking forward to sharing more exciting practices and HSE innovations in 2023.



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CONTRACTOR, WE ARE HAPPY
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CREW MENTAL HEALTH

For a long time, mental health has been considered a taboo, but now it is proven to be as important and notable as physical health. A "Macho environment" onboard creates a specific atmosphere where it is a shame to show any weakness or disability. By default, a seafarer is an iron man who can work hard and stay alerted 24/7, so we should pay special attention to this topic to secure healthy conditions for our crew.











factors affecting crew mental health

WHO defines Mental Health as follows: "Mental health is a state of mental well-being that enables people to cope with the stresses of life, realize their abilities, learn well and work well, and contribute to their community."

Sounds simple, but this structure might be shaken by numerous circumstances. For seafarers the main factors affecting their mental health are:



- **1 ► Workload** due to rotation overdue or deficiency of crew members onboard.
- **2** Lack of Control. Staying away from their families and having less influence on their lives, worries about their career and next employment; changing weather conditions.
- **3** ► **Self-Isolation** that some of the crew put themselves in, concentrating more on social media and negative news rather than fitting themselves into the working circle.
- **4** ► Environment. Working in captivity with colleagues you did not choose in a harsh man's atmosphere, facing bullying, having no place to hide.
- **Past life experiences** like trauma or abuse that still keep influence.



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Early Warning Signs

- ▶ Daily Habits ► (eating or sleeping too much or too little)
- ▶ Lack of Control ► (feeling hopeless or helpless)
- ▶ Mood Swings ► (dramatic changes observed in your mood switches)
- ► Aches ► (having unexpected and unidentified pains)
- ▶ Self-Isolation ► (reducing social activities in comparison to your normal range)
- **Smoking** more than usual or gaining other bad habits
- ▶ Overthinking ► (having persistent negative scenarios you can't get out of your head)
- ► Energy level ► (having low or no energy)

Maintenance

- **Stay optimistic.** Be positive and drive away intrusive negative thoughts
- **Socialize.** Connect with others and let yourself be a part of the community
- Food & Water. Take proper and healthy food, stay hydrated
- Professional advice. Get mental professional help if required.
- **Help others.** Be empathic and support others.
- Sleeping habit. Get enough sleep and maintain the routine.
- **Exercise.** Choose sports activities you enjoy and stick to a comfortable schedule.
- Value yourself. Treat yourself with kindness and respect and find time for your hobbies.

To make this article practical, we suggest you screen yourself for the early warning signs of mental health disturbance and to equip yourself with working methods of maintaining the balance.

We are raising a Red Flag
to the subject in the industry
as the influence on Safety is
tremendous. Human Factor
remains decisive when we talk
about HSE onboard. In the next
issue, we are going to continue
this topic showcasing the bond
between Mental Health and Safety.

Stay Happy, Healthy & Safe



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HSE AWARDS









Phillip Dave M. Zamora

Muhammad Didi Setiawan

Febin Kurian

Mohamed Shahir Nisar

In line with the company's directive to inculcate HSE culture as a way of living, the crew onboard Marcap Vessels are strongly encouraged to participate in reporting a potential Safety Observation and HSEQ improvement suggestions on monthly basis. For the fourth quarter of the Year 2022 from **October-December**, we are elated to announce that

the award winners and contributors are primarily from ratings. This serves as an encouragement that HSE is actively incorporated into the daily activities of everyone on board, where everyone makes a difference, regardless of rank or seniority. We are pleased to announce the following outstanding Marcap crew for their HSE contribution:

BEST HSE OBSERVATION:

- Gunatheepan Francis, Cook/Marcap1
- | Arief Budhi Prasetya,

Oiler/Marcap Nisreen

Febin Kurian, AB/AD Astra

SAFE WORKER:

- F Junry Laurenciana Payosan,
 Bosun/Marcap 2
- l Arif Nugraha, AB/Marcap Aida
- Fintang Mandala Sakti, Bosun/Marcap 203

BEST HSE OBSERVATION:

| Sajith Satheesan,

AB/Marcap Supporter

| Phillip Dave M. Zamora,

AB/Marcap Siba

NOVEMBER 2022:

I Mohamed Shahir Nisar, Oiler/Tam1

SAFE WORKER:

- Muhammad Didi Setiawan, AB/Tam 2
- Fikant Kumar, AB/Marcap Danny
- l Anugrah Dwi Putra Safri,

Oiler/Marcap 202

BEST HSE OBSERVATION:

⊦ Hani Rabih A. Ezz Eldeen,

AB/Marcap 203

DECEMBER

l Abdul Rahman, AB/Marcap Aida

| June Frane Manalo.

Chief Officer/AD Astra

SAFE WORKER:

- | Igbal Kazimov, AB/Marcap 2
- l Clyde Balanza Mandariaga,

Bosun/Per Aspera

Huhammad Adnan, Oiler/Marcap Nisreen



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"Happiness
Program"
is an indirect
message
from the
management
saying
that
"Everybody
is important
and valuable"

In this issue Marcap celebrates the third-year anniversary of the launching of the "Happiness Program" that was introduced by the CEO Office. So, what is the idea behind this concept and what has been done during these years to increase the level of happiness in the company both offshore and onshore?

"Happiness Program" is a morale booster and extra motivation for Marcap people. It is an indirect message from the management saying that "Everybody is important and valuable". Healthy relations at work are based on the exchange of expertise for money, but we want to go beyond that including a humane part in this give-and-take process.

Marcap practices various ways to bond with its employees: Coffee with the CEO, Smile of the Month, Birthday Celebrations, Bowling Sessions, Physical Training with a dedicated Coach, Exhibition Visits, Parties and Outing, and WhatsApp Work Chat where people can share good and bad, jokes and motivational formulas.

Whenever it is possible, Marcap makes the life of the crew brighter by arranging festive dinners on board, recognizing their HSE achievements, organising training sessions for body and mind, taking care of recreation facilities and being always available for seafarers and their families.

Marcap "Happiness Box" gives the opportunity to employees to share their ideas on mutual events they would like to participate in. We are aiming to develop and enhance this process, finding new ways to create an atmosphere of cosiness and fun.





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EMPLOYEE RETENTION IN NUMBERS



At Marcap, Human Capital is something more than a backbone which is the case in many companies. Marcap intends to always have a high percentage of Employee Retention for both onshore staff and the crew which is not a simple task. It is a science of keeping the Human Capital satisfied and engaged and loyal by providing them with learning & development opportunities, continuous mentoring & guidance, and fair compensation & rewards.

With the successful implementation of our Marcap strategies i.e., effective recruitment plan, regular communication with the staff, employee happiness programs, providing mental & health activities, equal opportunity, continuous professional development plans, providing challenging tasks, competitive pay plans, empathic management, ensuring respect & gratitude, valuing the Human Capital, valuing their competencies & unique attributes, Marcap is proud to declare its retention rate as one of the highest in the market as shown in this chart:



FROM THE HEARIT LION'S MOUTH

Written by Elena Skorokhod

There is no surprise that work eats a significant part of our life and consumes the most productive hours during the day. Sounds annoying for those who do not like their working space, and colleagues and feel unhappy performing their duties.

A well-known life coach, Irina Khakamada. described happiness as a lifestyle that contains the following ingredients: to do what you love, to get paid for that and to be surrounded by like-minded people. I allow myself to add the fourth element - to see the results of your work.

Everybody has a profession of his/her dreams. Although, a very tiny percentage of us really perform a dream job, and there are a lot of reasons for that. It is an art to respect the place where you are now and to be grateful that you can do what you do. At the end of the day, it helps you to fall in love with your duties and find beauty in your job. As a company, we are responsible to recognize



IT IS AN ART TO RESPECT THE PLACE WHERE YOU ARE NOW AND TO BE GRATEFUL THAT YOU CAN DO WHAT YOU DO

I BELIEVE THAT THE **RESPONSIBILITY FOR** HAPPINESS IS MOSTLY ON OUR OWN SHOULDERS. ALTHOUGH, ANY COMPANY MIGHT ADD SIGNIFICANT VALUE TO

THEIR PERSONNEL

STIMULATE AND ENCOURAGE

people's talent and assign the best place for everybody to bloom.

To meet an employee fully satisfied with the wage is the same as finding a needle in a haystack. Although happiness is not evaluated by money only, most of us work to get a reward in the form of a salary. This salary is usually a reflection of the market and personal ability to



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prove what you are worth. That is why, wisely weigh your input before feeling disappointed or raising a demand. Respectful companies value their employees and are never stingy when they can afford it.

It is not easy to find people who resemble, but there is a law of attraction stating: "like attracts like". Today or tomorrow, you will fit in or create a group you are comfortable meeting every day and work toward the objective. If it has not happened yet, then you should change either place or attitude as a lot of things are a matter of perception. Remember that communication might be a key component that you are missing to be fully integrated in your team. Accepting the fact that we are different. The skill to listen and hear, ability to synchronise and play as a team creates a pleasant atmosphere to do the job.

The last point (to see the result of your work) is the cherry on top of the cake that demonstrates and proves our self-importance. In a way, we are talking about motivation. Our actions always have intentions and when they lead to the goal we have in mind, it is a victory we must celebrate. Work reports, client feedback or the company's acknowledgement of our achievements are counted as evidence of good performance.



Concluding the above, I believe that the responsibility for happiness is mostly on our own shoulders. Although, any company might add significant value to stimulate and encourage their personnel. Here, in Marcap we do our best to accommodate the emotional needs of our people and highlight their importance. Do not take my word but hear it from the Lion's Mouth.

WHY DO I LIKE TO WORK WITH MARCAP?



KEEMPER SALENGA,

OFFICER-ACCOUNTS (PAYABLE)

4 YEARS

WITH US

FAMILY SPIRIT! IT IS NOT EASY TO LIVE AWAY FROM MY FAMILY, BUT
BEING A PART OF MARCAP FAMILY IT FEELS LIKE "HOME". PEOPLE ARE
APPROACHABLE & EASY TO DEAL WITH. HAVING A MANAGER WHO IS
WILLING TO SHARE HIS KNOWLEDGE & A HEALTHY RELATIONSHIP WITH
EACH MEMBER OF OUR DEPARTMENT HAS BIG HELP IN MY EVERYDAY
WORK. WE ALSO HAVE A FRIENDLY & KIND-HEARTED CEO & DIRECTORS
WITH WHOM YOU CAN EASILY SHARE CHIT-CHAT. WORK-LIFE BALANCE—
I AM FOND OF TRAVELLING & WORKING IN MARCAP IS NOT A HINDRANCE
TO FULFILLING MY PASSION FOR DISCOVERING NEW PLACES.



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ALAA ELDIN SALEM,

PORT ENGINEER/TECHNICAL MANAGER

2 YEARS WITH US

AT MARCAP, FOR THE FIRST TIME IN MY LONG CARRIER AS A MARINE
 ENGINEER WITH MANY LOCAL AND INTERNATIONAL ORGANIZATIONS,
 I FEEL RELATED AND WORKING IN A TRUE FAMILY LIKE ATMOSPHERE.



SALAM SAEED,

MANAGER - PURCHASING & INVENTORY

22 YEARS WITH US

CHALLENGING WORK, FAMILY ENVIRONMENT, SUPPORT FROM THE
 MANAGEMENT, A PLACE TO LEARN NEW THINGS EVERY DAY, A PLACE TO IMPROVE THE CAREER, STABILITY.



MUHAMMAD HABIB UR REHMAN,

MANAGER - HSEQ

5 YEARS WITH US

99 MANAGEMENT COMMITMENT TOWARDS WORK LIFE BALANCE



HAJA MOHAIDEEN,

OFFICE ASSISTANT

10 YEARS WITH US

MARCAP IS A MULTICULTURAL COMPANY THAT OBSERVES EQUALITY

FOR ALL ITS EMPLOYEES. LIKE THAT, I FEEL THERE IS AN OPPORTUNITY

TO CAREER GROWTH AND ADVANCEMENT.

3 YEARS WITH US



CAPTAIN WAEL AHMED SALEH,

HSE OFFICER, SAUDI MARCAP

>> SAFE AND PEACE



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FESTIVE SMILE OF THE MONTH

Christmas and New Year time associates with miracles, surprises, and red colour. Festive draw is becoming a warm tradition in Marcap Office. Everyone picks a lucky number from Santa's Head and gets a red box from the caring CEO's hands. This year's theme is a gift to body & mind peace and relaxation.





MESSAGE BOARD





We congratulate on promotion and wish the best performance in a new role to:



Ms Jenny Lyn Garcia Gatchalian
Assistant – Commercial & Business
Development

NEW JOINERS →

We would like to extend our warm welcome to



Ms. Atheer Mohamed Rashed Binshuoom Alshehhi who joined us in the capacity of Officer – Administration



Ms. Anfal Mohamed Rashed Bin Shuoom Alshehhi who joined us in the capacity of Officer – Administration



Mr. Bryant Anthony
Mangurali Palafox who
joined us in the capacity
of Officer - Operations
Administration



Ms. Nerah Besinga
Samputon who joined us in the capacity of Receptionist



Mr. Shahzad Tanveer who joined Saudi Marcap in the capacity of Electrician



Ms. Asma Farhan
M Alshammari who
joined Saudi Marcap in
the capacity of Ofiice
Administrator





COMPANY CERTIFICATES



Kudos to our colleagues for continuing their professional development. You made us proud!





Mr. Iulian
Constantinescu, Marcap
Corporate Physical Trainer
who gained a Certificate of
Completion of "Advanced
Clinical Assessment and
Osteopathic Manipulation
Techniques"



Mr. Muhammad Habib Ur Rehman, Manager HSEQ, for attending a webinar on ISO 50001 – Energy Management System (EnMS) & Gulf Sustainability & Quality Assessment System.





Marcap gained a valuable certificate of recognition from a respectful client for "demonstrating ADNOC's values and commitment to 100% HSE".



