

BE THE CHANGE



JUST DILIJAN IT!
UWC SUMMER PROGRAMS 2021

OVERVIEW OF THE PROGRAM

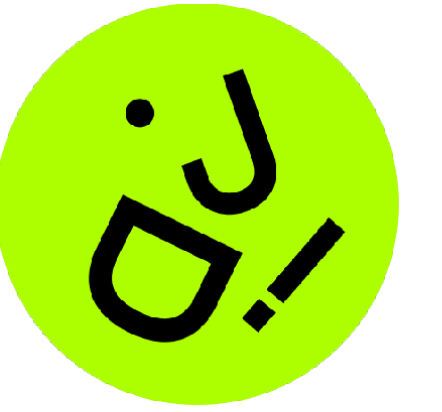
THE PROGRAM IS DESIGNED TO PROVIDE PARTICIPANTS WITH IMMERSIVE, TRANSFORMATIVE LEARNING.

THROUGH LIVING AND LEARNING TOGETHER YOUNG PEOPLE CO-CREATE SHARED MEANING. LEARNING IN THE SHORT COURSE IS TRANSCENDENT: IT IS NOT ASSIGNED TO SPECIFIC PARTS OF THE PROGRAM, BUT IS CURATED TO BE PRESENT IN ALL EXPERIENCES. EVERYTHING THAT PARTICIPANTS GO THROUGH IN THE COURSE IS TIED TOGETHER.

THROUGHOUT THE COURSE PARTICIPANTS WILL EXPERIENCE A WIDE RANGE OF GROUP ACTIVITIES AND WILL HAVE DEDICATED TIME FOR INDIVIDUAL LEARNING AND REFLECTION.



THEMATIC CONTENT OF THE COURSE IS STRUCTURED AROUND THREE STAGES OF THE PROGRAM:



EXPLORE

participants build awareness about their own views and acknowledge various perspectives of others. In a safe space participants learn to engage in dialogue on challenging topics



EXPAND

participants abstract conceptual understanding to issues beyond personal experience. This is exploration of “wicked problems” of today: specific, real-life situations that demand understanding of complexities of their causes and consequences for various stakeholders.

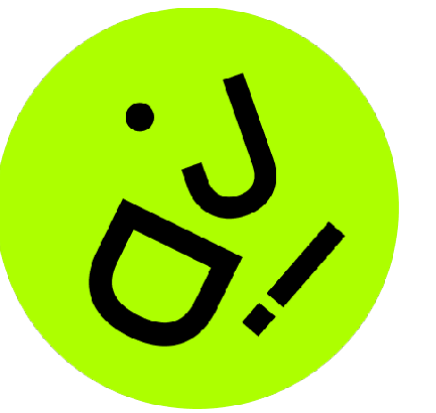


CREATE

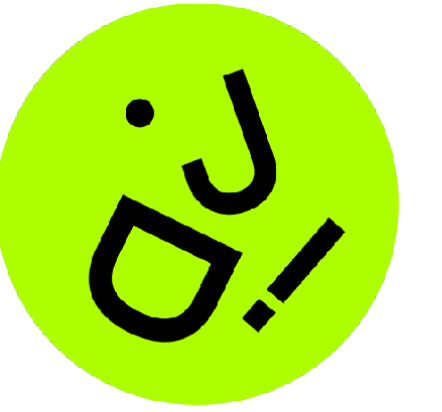
participants apply their skills in solving the “wicked problems”. Principles of social entrepreneurship and social activism guide participants’ group solutions to the problems.

A LIST OF SOME OF THE ACTIVITIES YOUNG PEOPLE WILL BE PARTICIPATING IN:

- FACILITATED GROUP DISCUSSIONS
- SIMULATION EXERCISES AND GAMES
- VIDEO MAKING AND REPORTING
- CREATIVE WRITING
- WORKSHOPS (INCLUDING WORKSHOPS DESIGNED AND LED BY THE PARTICIPANTS)
- ARTISTIC EXPRESSION: THEATER, MUSIC, VISUAL ART
- CURATED MOVIE NIGHTS
- COMMUNITY SERVICE ACTIVITIES: GENUINE COLLABORATION WITH LOCAL/COLLEGE COMMUNITY
- SPORT AND GAMES (SPACE FOR INDIVIDUAL EXERCISES (RUNNING, SWIMMING) AS WELL AS TEAM GAMES (FOOTBALL))
- TALENT SHOWS: CURATED, THEMATIC COMMUNITY EVENING
- EXPLORATION OF ARMENIAN HERITAGE (DAY TRIPS TO VARIOUS PLACES/CULTURE DEMONSTRATIONS)
- COOKING TOGETHER
- MEDITATION
- DANCE
- STORYTELLING
- YOGA
- HIKING



PROGRAM SCHEDULE*

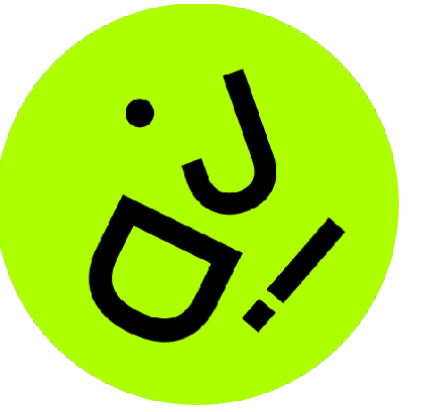


DAY 1

Throughout the day:
Participants arrive in Dilijan.
Getting to know the campus and each other.
Evening: Gentle welcome party.

* - The programme can be changed based on the circumstances

PROGRAM SCHEDULE



DAY 2

8:30 - 9:30 Breakfast

9:30 - 10:00 Official opening of the Short Course.
Setting the theme: **Who are we?**

10:00 - 12:30 Facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 14:30 Free time

14:30 - 16:30 Code of conduct discussion

15:30 Afternoon snack

16:30 - 18:00 Scavenger hunt on campus: getting to know UWC

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

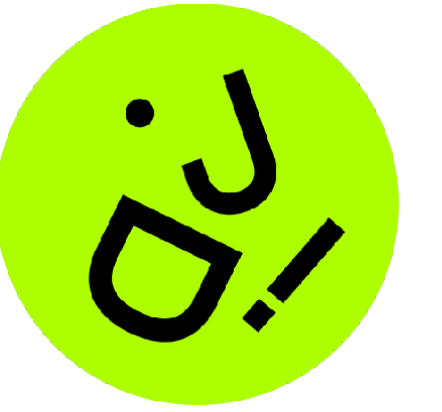
19:30 - 21:00 Evening event: That's who we are!

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 3

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: **Re-learning to play.**

10:00 - 12:30 Facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 14:30 Free time

15:30 Afternoon snack

14:30 - 16:30 Facilitated session

16:30 - 18:00 Scavenger hunt on campus: getting to know UWC

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

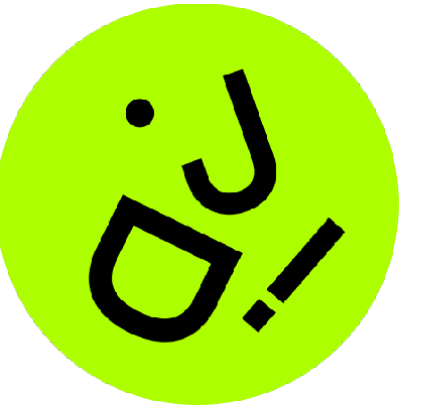
19:30 - 21:00 Evening event: Games night

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 4

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: This is me!

10:00 - 12:30 Facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 14:30 Free time

14:30 - 16:00 Facilitated session: BARNGA game

15:30 Afternoon snack

16:00 - 17:30 Activities of choice

17:30 - 18:00 Free time

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

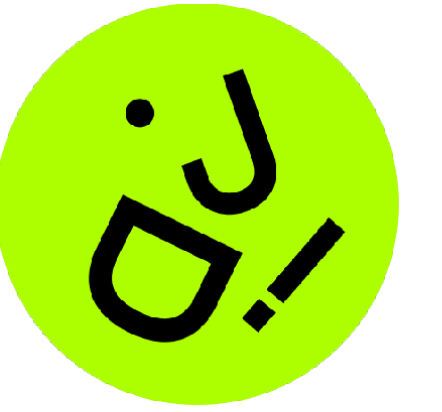
19:30 - 21:00 Evening event: Talent show with a twist

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 5

DAY TRIP: GARNI - GEGHARDAVANK - SEVANAVANK

Theme: My Armenia

08:30 - 9:00 Breakfast

9:00 Leaving UWCD campus

Picnic with packed lunches.

18:00 Return to campus

18:30 - 19:30 Dinner

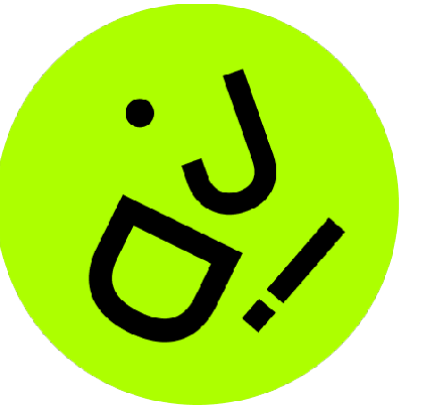
19:30 - 21:00 Evening event: Armenia night

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 6

7:00 - 8:30 Morning exercise (by choice)

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: Culture talks

10:00 - 12:30 Facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 15:00 Free time

15:00 - 17:00 Facilitated session: RAFA BAFA game

15:30 Afternoon snack

17:00 - 18:00 Activities of choice

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

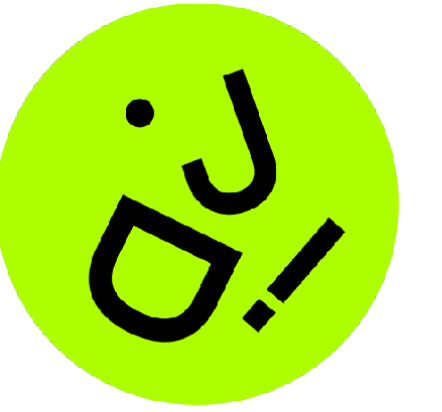
19:30 - 21:00 Evening event: Culture fun trivia night

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 7

HIKING: LASTIVER

Theme: Thinking like nature

8:30 - 9:30 Breakfast

9:30 Leaving UWCD camp

Picnic with packed lunches.

17:30 Return to campus

17:30 - 18:30 Free time

18:30 - 19:30 Dinner

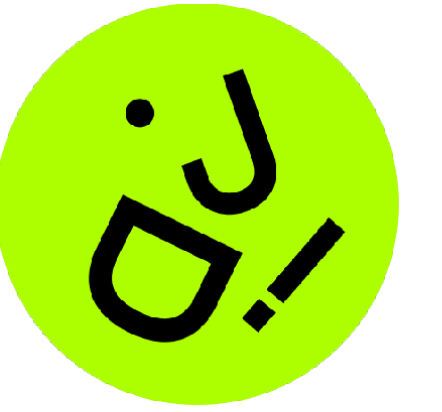
19:30 - 21:00 Evening event: Bonfire night

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 8

7:30 - 8:30 Morning exercise (optional)

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: Facing the world.

10:00 - 12:30 Facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 14:30 Free time

15:30 Afternoon snack

14:30 - 16:30 Facilitated session

16:30 - 18:00 Activities of choice

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

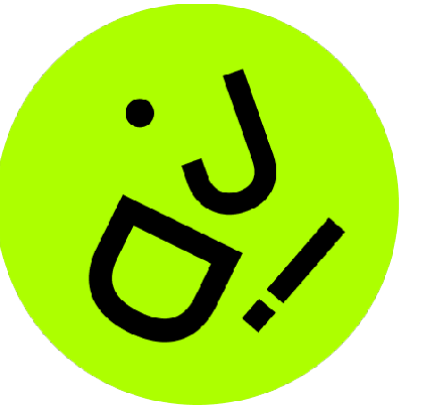
19:30 - 21:00 Evening event: Short documentaries and discussion

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 9

7:30 - 8:30 Morning exercise (optional)

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: Take it personally!

10:00 - 12:30 Community workshops round 1

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 14:30 Free time

15:30 Afternoon snack

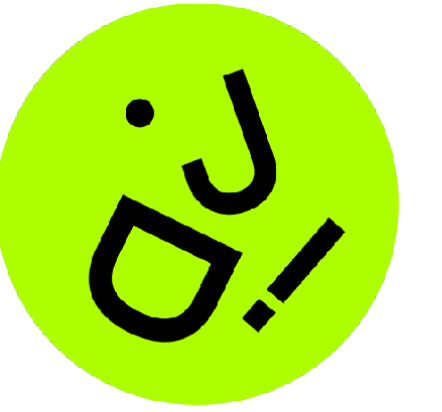
14:30 - 16:30 Community workshops round 2

16:30 - 18:00 Activities of choice

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

PROGRAM SCHEDULE



DAY 10

DAY TRIP: HAGHARTSIN - GOSHAVANK - AGHAVNAVANK

Theme: Questions, not answers!

08:30 - 9:30 Breakfast

9:30 Leaving UWCD campus

Picnic with packed lunches.

14:30 Return to campus

14:30 - 16:00 Resting after the trip

15:30 Snack

16:00 - 18:00 Activities of choice

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

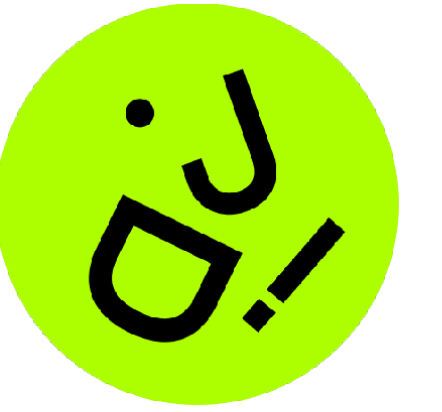
19:30 - 21:00 Evening event: The night of big questions

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 11

7:30 - 8:30 Morning exercise (optional)

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: To the future through the past.

10:00 - 12:30 Facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 14:30 Free time

15:30 Afternoon snack

14:30 - 16:30 Community dialogue: conflict and peace

16:30 - 18:00 Activities of choice

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

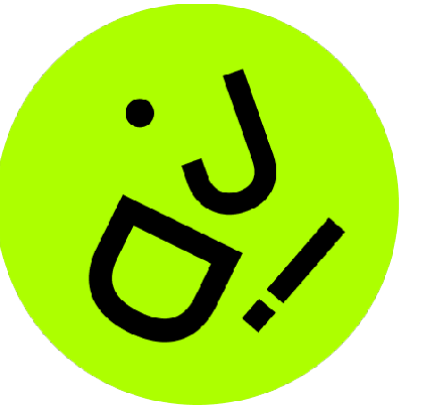
19:30 - 21:00 Evening event: Curated movie night

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 12

7:30 - 8:30 Morning exercise (optional)

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: Circles, not lines.

10:00 - 12:30 Facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 14:30 Free time

15:30 Afternoon snack

14:30 - 16:00 Activities of choice

16:00 - 18:00 Facilitated session: systems game

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

19:30 - 21:00 Evening event: Interconnectedness

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 13-14

HIKING: OVERNIGHT

08:30 - 9:30 Breakfast

10:00 Leaving UWCD.

Camping overnight.

11:00 Return to campus (Next day)

11:00 - 13:00 Resting after the hike.

13:00 - 14:00 Lunch

14:00 - 14:30 Free time

15:30 - Afternoon snack

14:30 - 16:00 Facilitated session.

16:00 - 17:30 Activities of choice

17:30 - 18:00 Free time

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

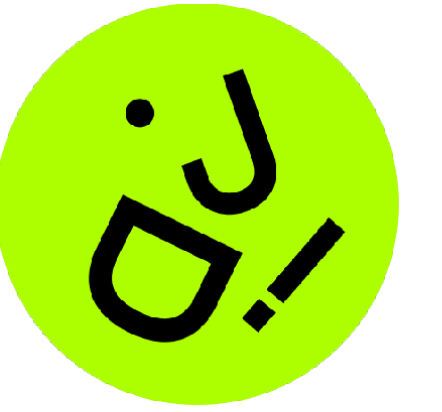
19:30 - 21:00 Evening event: Cooking competition

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 15

7:30 - 8:30 Morning exercise (optional)

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: Engaging imagination.

10:00 - 12:30 Facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 14:30 Free time

15:30 Afternoon snack

15:30 Afternoon snack

14:30 - 16:00 Facilitated session.

16:00 - 17:30 Activities of choice

17:30 - 18:00 Free time

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

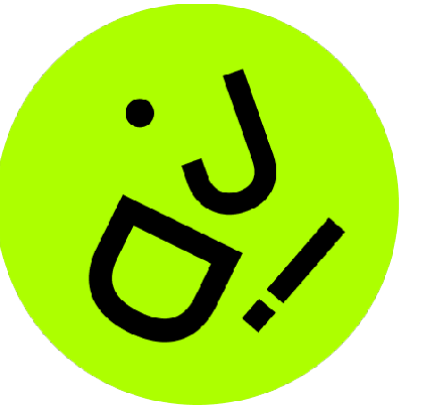
19:30 - 21:00 Evening event: mindful fashion show

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 16

7:30 - 8:30 Morning exercise (optional)

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: Compassionate visions.

10:00 - 12:30 Guest speaker workshop/Facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 16:00 Guest speaker workshop/Facilitated session

15:30 Afternoon snack

16:00 - 17:30 Activities of choice

17:30 - 18:00 Free time

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

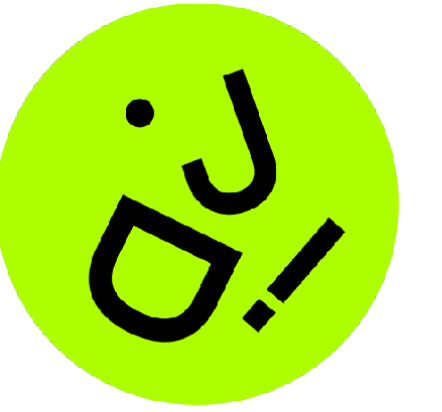
19:30 - 21:00 Evening event: "Imagine the World" game

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 17

DAY TRIP: GYUMRI

Theme: Hope and Agency

08:30 - 9:00 Breakfast

9:00 Leaving UWCD campus

Picnic with packed lunches.

18:00 Return to campus

18:30 - 19:30 Dinner

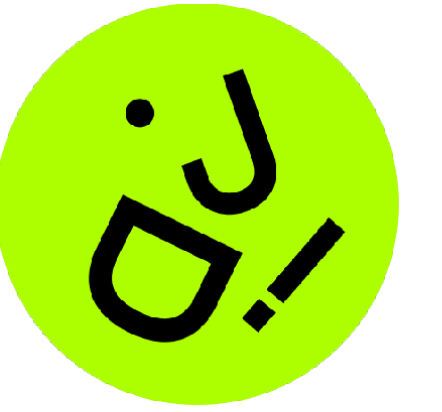
19:30 - 21:00 Evening event: Open mike night

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 18

7:30 - 8:30 Morning exercise (optional)

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: Time to celebrate!

10:00 - 12:30 Preparation for the exhibition

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 17:00 Final project exhibition

15:30 Afternoon snack

17:00 - 18:00 Free time

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

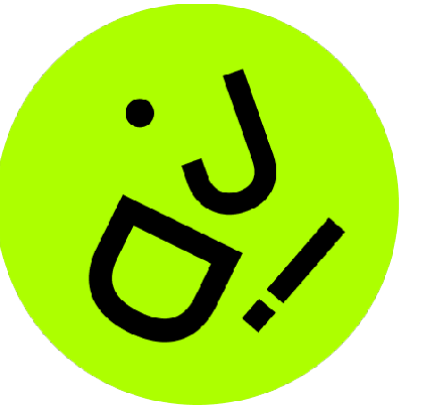
19:30 - 21:00 Evening event: Big Celebration

21:00 - 22:00 Free time

22:00 Check-in

23:00 Bedtime

PROGRAM SCHEDULE



DAY 19

7:30 - 8:30 Morning exercise (optional)

8:30 - 9:30 Breakfast

9:30 - 10:00 Morning assembly.

Setting the theme: Be the change!

10:00 - 12:30 Final facilitated session

11:00 Snack

12:30 - 13:00 Free time

13:00 - 14:00 Lunch

14:00 - 17:00 Packing/Exchanging letters

15:30 Afternoon snack

17:30 - 18:00 Free time

18:00 - 18:30 Gratitude circle in family groups

18:30 - 19:30 Dinner

20:00 Participants leave UWCD