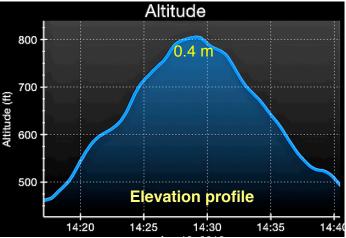


Jessie's Hearty Loop: 0.7 miles 660 vertical feet 0.8 hours





Mileage summary:
Ascend the B/Y, turning left at the B/R junction > at 0.3 turn right at the junction with the B/Y & B > at 0.4 turn right to stay on the B/Y > return to your car at 0.7

The Falls on the Falls Cut Off Trail

Jessie will get your heart pumping with this short & steep hike. Climbing 660 vertical feet in 0.7 miles is equivalent to almost 1,000' per mile. The is no other loop hike like it nearby. Do it twice for double the reward. Parking for this hike is located on the left side of East River Road, 2.4 miles north of route 181 & 318. (41° 56' 32.92" N 73° 0' 26.00" W). A large trail sign marks the trailhead opposite the parking lot.

Ascend the Jessie Gerard Trail marked by a blue blaze with a yellow dot (B/Y) for 200' and turn left at the junction onto the steep Falls Cut Off Trail, marked by a blue blaze with a red dot (B/R). As you approach the falls, the trail becomes a series of 299 stone steps created by the CCC in the 1930's. You have to admire the quality of their work. At 0.3 you reach the junction with B/Y & B trail (Robert Ross, marked with a blue blaze). Turn right, crossing a bridge, following the double blazed trail to the junction at 0.4. Turn right on B/Y as B turns left. Follow a bunch of switchbacks on the B/Y, also built by the CCC, back to your car at 0.7.