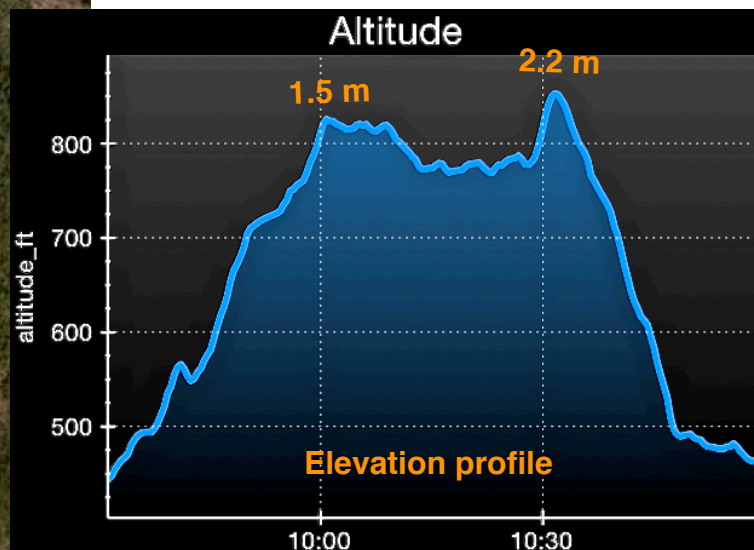


Agnes Bowen Loop

3.5 miles

1,100 vertical feet

2.1 hours



Mileage summary

Ascend Nature Trail to the B/O trailhead 0.2
at 0.3 turn right at junction to ascend B/O
cross B/Y at 1.2 to continue on B/O
cross B at 2.3 to continue on B/O
at 2.8 turn left on East River Rd
return to your car at 3.5

The Agnes Bowen Trail was named after a local artist and writer of Barkhamsted that guided state representatives on a tour of the forest in 1923. This tour resulted in the decision to establish Peoples State Forest in 1924. Parking for the Agnes Bowen Loop is in the large Matthies Grove lot, located on the left 1.1 miles north on East River Road from the junction with rt. 181. (41° 55' 32.13" N 72° 59' 57.73" W). The trailhead is next to the kiosk titled "Matthies Grove-Peoples Forest".

Hike east, crossing East River Road, & follow a blue blazed nature trail to the Nature Museum. Behind the Museum at 0.2 miles is the trail sign for the start of the Agnes Bowen Trail marked by a blue blaze with an orange dot (B/O). The Robert Ross Trail also starts there marked by a blue blaze (B). Ascend this double blazed trail to the junction at 0.3 and turn right for the B/O trail which shortly crosses Greenwoods Road. Continue on the B/O trail past an outhouse at 0.6, reaching the junction with the Charles Pack Trail, marked by a blue blaze with yellow dot (B/Y) at 1.2. Proceed straight across this junction. Turn right onto Greenwoods Road at 1.5, followed by another right turn back into the forest at 1.6. The trail junction for the orange blazed trail to the Beaver Brook Boardwalk is at 1.7 miles. The B/O trail turns right at 1.8 onto Beaver Brook Road, then turns left back into the forest at 1.9. At 2.2 turn right on Greenwoods Road, then a quick left back into the forest on the B/O trail. At 2.3 cross the Robert Ross Trail (B) and continue downhill on the B/O to East river road at 2.8. You have completed 100% of the Agnes bowen Trail. Turn left to follow this paved road back to your car at Matthies Grove lot at 3.5.