# CRECHE POLICY & CONDITIONS



### Admissions:

Bookings are essential. In order to provide the appropriate child/carer ratio, bookings are required 48 hours in advance. Pop-ins may be allowed with the discretion of the carers on the day.

Admission into the Crèche is up to the daily discretion of the Camperdown Fitness Crèche carers.

We offer Crèche services for children between the ages of 15 weeks to 6 years, Monday to Friday (minimum age can be tailored if parent and staff see applicable). On weekends and during school holidays care can be provided to children up to the age of 12.

Upon the first visit, parents are required to fill out an initial registration and provide proof of immunisation. Parents will need to show that vaccinations are kept up to date according to the National Immunisation Program Schedule. On all subsequent visits, parents must sign their child in and out of the Crèche.

Parents of children in the Crèche must stay on Camperdown Fitness gym premises at all times.

Duration of the stay must not exceed 1.5 hours. Pickups must be on time for OH&S requirements and the safety of other children. Repeat offenders may have their booking privilege suspended.

Cancellations are to be made 24 hours prior, if not adhered to a cancellation fee of \$7 will be charged.

#### Food & Drinks:

Due to allergies, no food is permitted within the Crèche. It is advisable for children to be fed before admission into the Crèche. Parents should be advised the gym rule of "*No food permitted on gym floor*" is applicable in this instance as well.

If parents wish to provide their child with a drink, we advise that water is best and should be in a bottle with the child's name clearly marked.

#### Staffing:

All Camperdown Fitness carers will provide relevant ID and have a "Working with Children" clearance.

At all times there will be a carer with a First Aid certification.

## Sickness & Medication:

We ask parents to refrain from bringing their child to the Crèche if the child is sick or showing symptoms of being sick. We like the Crèche to be clean and hygienic at all times for all children and carers. It is for this reason that no toys from home will be allowed in the Crèche.

It is Camperdown Fitness Crèche policy NOT to administer any medication. This is the responsibility of the child's parent.

On the spot First Aid will be administered if required.

We observe the "Staying Healthy in Childcare" guideline.

Hand, Foot & Mouth- Exclude until blisters have dried/disappeared

*Head Lice-* Exclude until appropriate treatment commenced and no live lice or eggs evident

Hepatitis- Exclude until medical certificate certifies recovery

Measles- Exclude at least 4 days after onset of rash

Meningitis- Exclude until well

*Mumps*- Exclude for 9 days or until swelling has gone down

Rubella- Exclude until full recovery, at least 4 days

Scabies- Exclude until cleared

School sores- Exclude until cleared

Vomiting- Exclude until cleared

*Whopping cough-* Exclude until 5 days from starting antibiotic treatment

## Nappy changes / Toilet breaks:

Crèche carers will not provide nappy changes. If necessary, parents will be notified and asked to attend to their child. For this reason, parents should let carers know if they intend to join a class or which training area they can be found in (e.g. main gym or x-training facility).

We advise parents to take their child to the toilet before placing them in the Crèche, as the parent will be called upon to assist their child to the toilet.

Note: There is a changing table available for all nappy changes.

Camperdown Fitness Créche reserves the right to change these policies and conditions at any point in time.