

## How long do drugs stay in the system?

How long a drug will be detectable in a person's system after drug use ceases is a complex issue. It depends on the individual, their lifestyle choices and the drug, or drugs, in question.

Factors related to the individual include metabolism, age, sex, exercise, fluid intake, diet and other drugs or medication taken.

Factors related to the drug itself include purity, dose, and frequency of use and route of administration.

Numerous websites provide data tables similar to the one below but there is quite a variation in the windows of detection from one site to the next. The time frames depicted below are based on local statistics.

Although every care has been taken preparing the table, it should be used as a guide only.

DRUG TYPE	Urine Test	Oral Fluid Test
Amphetamines	4 - 6 days	Up to 36 hours
Methamphetamines	4 - 6 days	Up to 36 hours
Benzodiazepines	4 - 14 days	0-3 days
Cannabis (THC)*	1-6 weeks	8-10 hours
Cocaine	2 - 3 days	Less than 24 hours
Opiates	2 - 5 days	Less than 24 hours
Synthetic Cannabis	Up to 72 hours	Not available

<sup>\*</sup>Cannabis is a drug that can build up in the body and stay detectable for longer. This extended time frame only applies to regular or heavy users of cannabis.