

MEMBERS

Anne Light, MD

County of Orange Social Services Agency

Bertha Manzanares

Dept. of Social Services Community Care Licensing

Bryan Prieto

Orange County Probation Department

Cathy Rodriguez

Exchange Club of Irvine

Daphne Wong, MD

Children's Hospital of Orange County

Eldon Baber

The Raise Foundation

Jamie McDonald

American Academy of Pediatrics OC Chapter

Jana Hoffmann

Orange County District Attorney's Office

John Machiaverna

Boys & Girls Club of Greater Anaheim-Cypress

Katherine Ahlswede-Hamel

Junior League of Orange County

Detective Nasario Solis

Tustin Police Department

Pamela Kahn, RN, MPH, NCSN

Orange County Department of Education

Tiffany Williams

Orange County Sheriff's Department

Seth Bank

Orange County Office of the Public Defender

Orange County Child Abuse Prevention Coordinating Council

Meeting Agenda

Friday March 5th, 2021

Zoom Teleconference

8:30 a.m. – 10:00 a.m.

1) Call to Order

- a) Introductions/Announcements
- b) Icebreaker

2) Action Items

- a) Old Action Items
 - (1) Review and Approve December 2020 Meeting Minutes
 - (2) Approve Public Awareness Outreach Materials for Distribution
 - (3) Mandated Reporter Strategic Planning Committee
 - i. Meeting Date(s) and Time
 - (4) Blue Ribbon Committee
 - i. 2021 Blue Ribbon Month Campaign
 - ii. Community Forum and CAPC Activities
 - iii. Next Meeting-March 18th, 2021
- b) New Action Items
 - (1) Annual Report Committee
 - i. Distribution of Reports
 - ii. Recommendations
 - iii. Next Meeting-May 2021
 - (2) OCAP-Best Practice Guidelines for California's Child Abuse Prevention Council

3) Community Issues Discussion

4) Public Forum/Comments

At this time members of the public may address the Council regarding any item within the subject matter of this Council's authority, provided that no action be taken on off agenda items unless authorized by law.

***QUORUM: 8**

Zoom Information

Topic: CAPC March Quarterly Meeting

Time: Mar 5, 2020 08:30 AM Pacific Time (US and Canada)

<https://us02web.zoom.us/j/9980668900>

Meeting ID: 998 066 8900

Dial: +1 669 900 6833

The public may comment on any item on the agenda. If you wish to present your point of view, please inform Chair Eldon Baber.

Orange County Child Abuse Prevention Coordinating Council

Meeting Minutes 12/04/20

Zoom Teleconference

1. Call to Order

Council Members Present:

- ☒ Eldon Baber (The Raise Foundation)
- ☒ Jana Hoffmann (OC District Attorney's Office)
- ☒ Katherine Ahlswede-Hamel (Junior League OC)
- ☒ Dr. Anne Light (County of Orange SSA)
- ☒ Cathy Rodriguez (Exchange Club of Irvine)
- ☒ Jamie McDonald (American Academy of Pediatrics - OC Chapter)
- ☒ Pamela Kahn (OC Department of Education)
- ☒ Laura Jose (for Seth Bank, OC Office of the Public Defender)
- ☒ Bertha Manzanares (Department of Social Services Community Care Licensing)
- ☒ Detective Nasario Solis (Tustin Police Department)

Quorum: 8

Also present:

Gary Taylor (Raise Foundation), Katarina Scalise (Raise Foundation), Olivia Harrigan (Raise Foundation), Leed Hog (Bikers Against Child Abuse)

2. Action Items

- a. Old Action Items
 - i. Review and Approve September 2020 Meeting Minutes
 - 1. Present members reviewed the previous meeting minutes.
 - a. Katherine Hamel motioned to approve the previous meeting minutes, Bertha Manzanares seconded.
 - ii. Approve Public Awareness Outreach Materials for Distribution
 - 1. Present members reviewed materials to be approved for distribution.
 - a. CHOC Children's Tips for Kids and/or Teens: Anxiety in Children and Adolescents
 - i. Katherine Hamel asked if the flyers are available in different languages.
 - b. CHOC Children's: Anxiety in Children and Adolescents

Orange County Child Abuse Prevention Coordinating Council

Meeting Minutes 12/04/20

Zoom Teleconference

- c. The Right Seat (American Academy of Pediatrics)
- d. CHOC Children's Mental Health Resources: Orange County
- e. CHOC Children's: Free Online Resources to Access During COVID-19
- f. The 26th Annual Report on the Conditions of Children in Orange County
- g. Consumer Financial Protection Bureau: Financial Literacy Curriculum/Toolkit
 - i. Katherine Hamel motioned to approve all distribution materials, Dr. Light seconded.
 - ii. Dr. Light asked about the source of the Consumer Financial Protection Bureau website.
 - 1. Gary Taylor confirmed that the Consumer Financial Protection Bureau website is sponsored by the United States Federal Government.
 - 2. Katherine Hamel asked if the Consumer Financial Protection Bureau resources will be broken up and distributed in pieces throughout Blue Ribbon Month for increased comprehension.
 - 3. Gary Taylor explained that the website offers "tip sheets" and various other resources in multiple languages that will be useful for distribution. The website also offers "community-based mini presentations" that may be used for Zoom trainings and community presentations.

b. New Action Items

- i. Review and Approve 2021 Blue Ribbon Month Campaign Suggestions and Logistics
 - 1. Gary Taylor gave an update about the Blue Ribbon Committee.
 - a. Gary Taylor shared that there has been an increased number of CAPC members present at the committee

Orange County Child Abuse Prevention Coordinating Council

Meeting Minutes 12/04/20

Zoom Teleconference

meetings as well as increased participation, with an average of 18 members at each meeting.

2. Gary Taylor reviewed the goals and objectives for Blue Ribbon Month 2021.
 - a. Katherine Hamel confirmed that the goals and objectives align with the intended Blue Ribbon month trajectory.
3. Gary Taylor reviewed the focuses and approaches for Blue Ribbon Month 2021.
 - a. Mandated reporting will be highlighted through public awareness distribution and marketing. This topic will also be discussed by keynote speakers at the Blue Ribbon kick-off event, aiming to call the community to action.
 - b. Virtual livestream events will be utilized (depending on the status of COVID-19 in April 2021) for kick-off event.
 - i. Katherine Hamel and Jamie McDonald confirmed the probable use of online platforms for Blue Ribbon month events based on the current trajectory of COVID-19 and in order to make participants comfortable.
 - ii. Dr. Light reminded everyone of the risk of COVID-19 transmission and that masks will most likely still be required in April 2021. Planning for virtual meetings is the preferred option.
 - c. Eldon Baber brought up the possibility of using a livestream to conduct the Blue Ribbon kick-off event in April 2021.
 - i. Gary Taylor explained that the livestream could occur at Bowers Museum with keynote speakers and a film crew being present in-person, while participants watch online. Keeping the in-person crowd under 10 people would be ideal and the event could be conducted outside.
 - ii. Jana Hoffmann supported this idea.
4. The CAPC Committee voted on the Blue Ribbon Month campaign and Youth Art Contest themes.

Orange County Child Abuse Prevention Coordinating Council

Meeting Minutes 12/04/20

Zoom Teleconference

- a. Committee members selected unanimously “Speak Up...Save a Child!” as the overall campaign theme and “Keep Me Safe, Healthy, and Happy!” as the Youth Art Contest theme.
5. The CAPC Committee discussed the Blue Ribbon Month Events and Outreach.
 - a. Gary Taylor stated that the Award Nominations email has gone out, applications are now being accepted.
 - b. Gary Taylor explained the difference between the Blue Ribbon Award (goes to a child-serving professional) and the Shining Light Award (goes to someone in the community that helps children in any way).
 - c. Submission for the awards are due by January 15.
 - d. Gary Taylor stated that the Youth Art Contest will be announced by the end of December. The contest will be conducted virtually due to COVID-19.
6. Gary Taylor briefly explained the Blue Ribbon Month Family Fun Day (Date TBD), Community Awareness Kits, and Community-Based Presentations.
 - a. Community Awareness Kits distribution will work closely with city Public Information Officers.
7. Gary Taylor explained that the school kick-off will most likely occur in the first week of March instead of April in order to avoid the spring break period at the end of March.
 - a. Pamela Kahn confirmed this schedule change.
8. Gary Taylor proposed that CAPC host a mini “Community Issues Forum” to educate the community and bring awareness to child abuse and neglect prevention.
 - a. Jana Hoffmann supported this idea and proposed bringing awareness to child trafficking.
 - b. Nasario Solis also supported this idea and has many presentation resources.
 - c. Eldon Baber suggested a presentation on internet safety due to the new challenges and lack of internet regulation brought on by online schooling.

Orange County Child Abuse Prevention Coordinating Council

Meeting Minutes 12/04/20

Zoom Teleconference

- d. Katherine Hamel suggested a presentation regarding financial literacy.
- 9. Gary Taylor explained that charter/private school engagement will occur through Palm Lane Elementary School, Blue Ribbon clubs are being piloted in two South County high schools, various Family Resource Centers are involved in Blue Ribbon Month through Precious Partner Plans, there will be a virtual art exhibit and most likely a virtual pinwheel garden, and there may be a vigil (depending on COVID-19 in-person restrictions).
- 10. Gary Taylor went over the contents of the Community Awareness Kits.
 - a. Katherine Hamel motioned to approve all Blue Ribbon Month events/outreach. Jamie McDonald seconded.
- ii. Discuss OC ACEs (Adverse Childhood Experiences) Aware Assessment
 - 1. Eldon Baber reviewed the Raise Foundation's use of ACES Awareness trainings. Feedback and suggestions were asked for regarding the use of ACEs training in 2021.
 - a. Dr. Light proposed a focus on stress, as COVID-19 has created new obstacles in daily life. She stated that new stressors and lack of resources to combat them can lead to larger issues such as mental illnesses and potential future ACEs for their children, family, and community.
 - b. Cathy Rodriguez proposed a focus on cyber bullying due to the increased reliance on social media and devices for communication and schoolwork. She included that cyber bullying is a more public humiliation in comparison to in-person bullying and can therefore have a more devastating effect on the individual.
 - c. Gary Taylor agreed with the focus on cyber bullying, as kids are on their devices from morning to night and are relying more on social media for social time with friends and peers. He also mentioned that cyber bullying is incessant due to the constant access that peers have to each other through phones, laptops, and other devices.

Orange County Child Abuse Prevention Coordinating Council

Meeting Minutes 12/04/20

Zoom Teleconference

iii. Community Issues Discussion: Human Trafficking

1. NCMEC Virtual Training

- a. Gary Taylor discussed the National Center for Missing and Exploited Children's virtual introduction to child trafficking training. This training can be tailored for Orange County professionals and could be used as a curriculum for training. The catalog for this training will be digitized for 2021.
- b. Nasario Solis supported the use of this resource and has had a good experience with NCMEC in the past.
- c. Jana Hoffmann confirmed that the District Attorney's Office has experienced trainers that may be used for this purpose.

2. Implicit Bias Follow Up Training

- a. Dr. Pringle-Hornsby and Phaedra Allen gave a training on implicit bias in December 2019. The training was well-received, and a follow-up training has been proposed.
 - i. Jamie McDonald and Bertha Manzanares confirmed an interest in a follow-up training.

3. Mandated Reporter Training Committee

- a. Gary Taylor proposed meetings be the second Tuesday of every month at 10 am (concrete details still pending).

There being no further business, Eldon adjourned the meeting at 9:55 a.m.

Next Meeting:

Friday, March 5, 2020

8:30 a.m. - 10 a.m.

Zoom Teleconference

LOS PELIGROS DE VAPING PERC @ UCI



NICOTINA Y VAPES: LOS PELIGROS PARA EL CUERPO



El uso de vaping eleva la tos, flema y jadear



El uso de vaping trae consecuencias a largo plazo al funcionamiento de cerebro y desarrollo de trastornos del estado de ánimo



El uso de vaping conduce altos riesgos de derrame cerebral, infarto y males de corazón

ALERTA!

LAS COMPAÑÍAS ATRAÍAN A LOS JOVENES CON SUS ENVOLTURAS DE COLORES ATRACTIVOS PERO...

- **DESDE 4/2/2020:**
 - **64 MUERTOS A CAUSA DEL USO DE VAPING EN 28 ESTADOS**
 - **EL 52% DE LAS PERSONAS HOSPITALIZADAS A CAUSA DE VAPING ERAN MENORES DE 24 AÑOS**

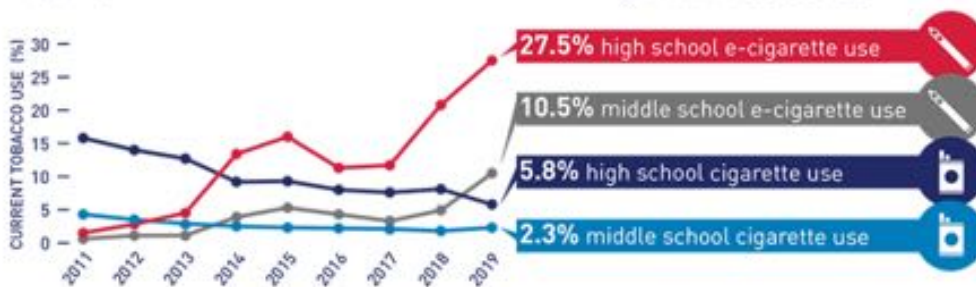
Piénsalo dos veces antes del uso de vaping

THE NEW LOOK OF

NICOTINE ADDICTION

DID YOU KNOW?

Current e-cigarette use has **INCREASED DRAMATICALLY**, while current cigarette use has dropped, **UNDERMINING PROGRESS** toward reducing overall tobacco use



NEARLY **1 Million**
used the product daily



ABOUT
1.6 MILLION
youth used the
product frequently
(on 20 or more
days per month)

2019 National Youth Tobacco Survey

Vapes and e-cigarettes contain nicotine and other harmful chemicals.



Vaping industry makes their products:
SWEET

E-cigarettes or vape pens come in thousands of different flavors, which are the leading reason that youth are using e-cigarettes.

CHEAP

Products are cheaply priced to encourage buys from young people.

EASY TO GET

Products are available at gas stations, corner stores, and many other types of stores.

Talk with your kids!

Talk with your teens about the dangerous side effects of vaping. Nicotine can damage a teenager's developing brain and lead to addiction. The earlier they start, the harder it is to quit.



LAS BEBIDAS DE DIETA SON MALAS PARA SU SALUD

El diabetes tip II es consistentemente más salto entre la comunidad hispana



- Gente que toma más de cuatro refrescos de dieta de 12 onzas por semana tienen el 2.5 probabilidad más alto de tener diabetes tipo II.
- Las bebidas dietéticas contienen químicos que engañaan su cuerpo, resultando en un aumento de hambre

Nuestras Sugerencias es de:

- Tomar agua
- Tomar bebidas regulares



PERC
UC Irvine

RECIBIDO:

RODRIGUEZ CA, ALLISON M, DAVILA WJ, ET AL. STATUS OF CARDIOVASCULAR DISEASE AND STROKE IN HISPANIC/LATINOS IN THE UNITED STATES. CIRCULATION. 2014;129(11):1476-1485. DOI:10.1161/CIRCULATION.123.1234567890.

DIET SODA LINKED TO RISK FOR DIABETIC BLINDNESS. MEDICAL NEWS. <https://www.medicalnews.com/diabetes/news/diet-soda-linked-to-risk-for-diabetic-blindness/>. PUBLISHED JANUARY 1, 2018.

DIY Low Sugar Drinks

Let's face it... kids love their juices and other sugary drinks. Here are a few easy alternatives to make yourself at home--for a fraction of the sugar!

1 Tropical Punch

1/4 cup fresh pineapple chunks / 1 cup coconut water / 1 slice of lime

Combine together and muddle to infuse flavor. Strain out solids. Other fruits can be added to your liking.



11 grams

VS



29 grams

2 Pink Lemonade

1/2 cup raspberries / 1 cup water / 1/2 cup lemon juice

Combine together and muddle to infuse flavor. Strain out solids. Raspberries can be substituted with strawberries. Add ice to create frozen lemonade.



5 grams

VS



37 grams

3 Strawberry Milk

1/4 cup sliced strawberries / 1 cup water / 1 cup milk

Cook strawberries and water in saucepan for 5 minutes on medium heat. Once soft, pass through strainer. Mix with milk.



14 grams

VS



32 grams

4 Orange Soda

1 1/2 cups soda water / 1/2 cup fresh squeezed orange juice

Combine soda water and juice together. Soda water can also be combined with any fresh ingredients to give soda-like carbonation.



10 grams

VS



42 grams



Orange County's Child Abuse Prevention Council 2021 BLUE RIBBON MONTH UPDATE

Submitted by the Blue Ribbon Committee

"SPEAK UP...Save a Child!"

as of 2/18/21

AWARDS: Twelve nominations were received and reviewed for the Blue Ribbon & Shining Light On Children Awards. One recipient for each award will be honored at the Blue Ribbon Month Kickoff Ceremony.

Recommendation for Blue Ribbon Award Honoree: *Specifically works in the field of child abuse prevention*
Dr. Van Nguyen Greco, Child Abuse Pediatrician – University of California, Irvine (Nominated by Dr. Sandra Murray)

Shining Light Award Honoree: *Advocates for children*

The Blue Ribbon Committee will review nominees March 4th and a recommendation will be presented at CAPC meeting.

Related Recommendation: The remaining 10 nominees would be spotlighted, one a month, to help raise awareness about child abuse prevention all year long. Stories would be pitched to city public information officers, local newspapers and featured on social media.

27th ANNUAL BLUE RIBBON MONTH KICKOFF CEREMONY 2021

- Date/Time:** Tuesday, March 30th, 9 a.m. – 10:30 a.m. (Livestreamed)
Following the event, times to watch the replay will be publicized. The replay will be viewable at 6 p.m. that evening, 12 noon the next day and ongoing on www.theraisefoundation.org/blue-ribbon. The ceremony will also be viewable on YouTube and Facebook.
- Virtual:** Videographer and Production Company have been retained to help pivot event to a virtual format. Emcee, Chaplain, and CAPC Representative will be on live March 30th. All other elements are pre-recorded.
- Program:** (in no specific order)
OC CAPC Welcome – Katherine Hamel
Emcee – Vikki Vargas, NBC4 News Reporter/OC Bureau
Pledge of Allegiance – OC Sheriff's Department
Invocation – Rabbi Joseph Mendelsohn, CHOC Chaplain
County of Orange Social Services Agency Remarks
Presentation of Board of Supervisors' Resolution
Tribute in Memory and Support of Children, Awards Presented, Youth Artwork Unveiled, Youth Dancers
Impact Speaker – Carlin Isles, Olympian and Child Advocate
Impact Speaker – Resource Parent (County of Orange Social Services Agency)
Mini Workshop – Adverse Childhood Experiences (ACEs) by Dr. Eric Ball, Pediatrician
Dedication of a Pinwheels for Prevention® Garden, Pass the Pinwheel, Call for Action
- Publicity:** Ongoing social media posts, CAPC Newsletter Special Edition, Eblasts, Media Release
OC Talk Radio – Impact OC Show (interview with Katherine Hamel) aired January 19th, replays ongoing
Save-the Date Card - March 1st; Invitation – Week of March 8th
OC CAPC Cover of OC Business Journal (artwork by Blue Ribbon youth Art Contest winner) – April 5th
1,000 Blue Ribbon Community Kits for FRCs in collaboration with Women's Transitional Center
Digital Blue Ribbon Kit for use by city public information officers

MASTER CALENDAR (all CAPC events will be virtual)

- March 30th 27th Annual Blue Ribbon Month Kickoff Ceremony
April 3rd Family Fun Day (several FRCs will also hold a Family Fun Day during month using CAPC's event template)
April 15th Blue Ribbon Community Forum (CAPC members will present on CAPC's key priorities)
April 19th Blue Ribbon Week at Capo Valley High School (Pilot planned by a student club)
March – April Multiple educational presentations scheduled
March – April Blue Ribbon Vigil and numerous other collaborative events (dates TBD)
Ongoing Roaming Blue Ribbon Youth Art Exhibit (in libraries throughout Orange County and online)

2021 Blue Ribbon Month Planning Committee CAPC Representatives – John Machiaverna, Jana Hoffmann, Bertha Manzanares, and Cathy Rodriguez. Community Representatives – American Academy of Pediatrics-OC Chapter, Bikers Against Child Abuse-OC Chapter, Boys & Girls Club of Anaheim-Cypress, County of Orange Social Services Agency, Downtown FRC, Higher Ground Youth & Family Services, Junior League of OC, Latino Healthy Access, OC Department of Education, OC Fire Authority, OC Sheriff's Department, Palm Lane Elementary Charter School, Student Reps. (College, High School), Parent Rep., and led by The Raise Foundation

2021 Blue Ribbon Youth Art Contest: Elementary Category Winners



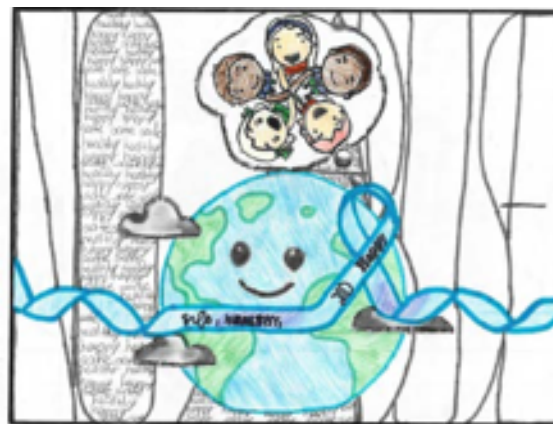
Arna R.
5th Grade, Age 11
Canyon Vista Elementary
School, Aliso Viejo



Yaitza A.
5th Grade, Age 10
Latino Health Access,
Tustin



Elizabeth B.
2nd Grade, Age 8
Thomas Edison Elementary
School, Anaheim



Mira B.
5th Grade, Age 11
Stonegate Elementary
School
Jamboree Housing,
Anaheim



Marwah N.
3rd Grade, Age 9
Orange Crescent School,
Garden Grove



2021 Blue Ribbon Youth Art Contest: Middle School Category Winners



Yojana H.
8th Grade, Age 14

Villa Fundamental
Intermediate School,
Santa Ana

Minnie Street FRC,
Santa Ana



Alexis M.
6th Grade

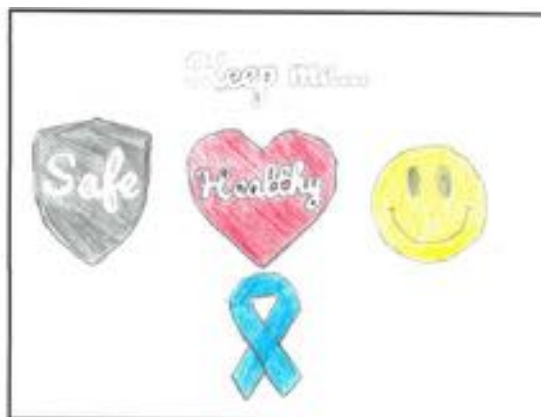
Horace Mann
Elementary School,
Anaheim



Ximena G.
6th Grade, Age 12

Bernice Ayer Middle
School, San Clemente

ELV Head Start,
San Juan Capistrano



Alan G.
7th Grade, Age 13

Newport Mesa FRC,
Newport Beach/Costa
Mesa



Edwin N.
6th Grade, Age 11

Thomas Edison
Elementary School,
Anaheim



2021 Blue Ribbon Youth Art Contest: High School Category Winners



Rebecca H.
11th Grade, Age 17

Ocean View High School,
Huntington Beach



Jessica H.
10th Grade, Age 16

Cypress High School,
Cypress



Chelsea J.
10th Grade, Age 15

Aliso Niguel High School,
Aliso Viejo



Taylor B.
10th Grade, Age 15

Capo Valley High School,
Mission Viejo



Angela B.
9th Grade, Age 14

Aliso Niguel High School,
Aliso Viejo



2021 Blue Ribbon Youth Art Contest: **First Place Winners**



Elementary School Category

Arna R.
5th Grade, Age 11

Canyon Vista Elementary School, Aliso Viejo

“Blue Ribbon Month means for me to be an upstander and help others to reach their finish line. In my artwork, I am taking the Blue Ribbon Month to the next level by setting examples. It is definitely possible with my will power and creativity as shown with colored balloons and the support of amazing people around me as shown in different clouds. People of different color, race, and age show the unity in diversity and if we are determined and work together like connected clouds, we can make the world a Happy, Healthy, and Safe place.”



Middle School Category

Yojana H.
8th Grade, Age 14

Villa Fundamental Intermediate School, Santa Ana

Minnie Street FRC,
Santa Ana

“To me, Blue Ribbon is the month where it focuses on child abuse awareness and preventing it. My artwork represents that during these hard times we want safety for ourselves and others, which is why there is a girl wearing a face mask. It is also important to stay healthy and most importantly, staying happy by having those who you love and care about.



High School Category

Rebecca H.
11th Grade, Age 17

Ocean View High School, Huntington Beach

“Blue Ribbon Month means advocating for the prevention of child abuse and celebrating the importance of accomplishing this goal as a community. My artwork represents Blue Ribbon Month by presenting a child at peace in the safety of his parents’ hands. By working together, we can keep children safe, healthy, and happy by making each piece of the puzzle count.”