WOMEN'S HISTORY MONTH

Mary Cassatt
Sensory Impressionist Painting

Mary Cassatt's work is part of the Impressionist movement, and she is referred to as one of the "les trois grandes dames" or Three Great Dames of Impressionism. She was the first woman, along with Elizabeth Jane Gardener, to exhibit her art at the Salon in Paris, which was "the" place to exhibit art during that time. She used her art to support the woman's suffrage movement and made changes to the restrictions on women in the arts. Impressionist artists use small brush strokes, and their paintings have an element of movement. Join us as we celebrate Mary Cassatt's work by creating a sensory-filled impressionist landscape using shaving cream!

1

Gather materials:
- Tempera Paint
- Shaving Cream
- Small Plates / Mixing Surface
- Popsicle Sticks / Fork / Other Utensils
- Cardstock
- Paper Towels

2

First mix up the paint by placing small dollops of shaving cream on your mixing surface.

3

Using different colors of tempera paint, add about a spoonful of paint to each dollop of shaving cream.

4

Use a popsicle stick to mix each color together with the shaving cream. Do not forget to wipe the popsicle stick clean when switching from color to color.

5

Time to paint! Using a sheet of cardstock, add paint to your landscape with either the popsicle sticks or a utensil like a fork or spoon.

6

Create impressionistic texture by trying different techniques with straight strokes, swirling the paint, or even using the popsicle sticks to make zig zags for more texture.

7

Add different colors on top of each other to create layers of paint. For example, after you paint your sky blue you can add yellow on top to create a sun. Be careful not to over mix or the colors will blend together, and your sun will be green!

8

After you are happy with your painting, try using the paint you have left to create another landscape. If you did a flowery garden, maybe this time try a beach or forest!

9

When you are done, set your painting to dry for a few hours and see how the texture changes over time!