This Valentine’s Day try an engaging water-based activity your little ones will LOVE. Water play is packed with sensory opportunities. The water is always changing shape, has a distinct tactile feeling, and responds immediately to your child’s actions.

Valentine’s Day Soup

Gather materials:
- Big Clear Container
- Pink / Red Food Dye
- Kitchen Utensils: ladle, whisk, funnel, plastic cup
- Foam Hearts

Prepare your area – either outdoors or, if indoors, place towels under and around the container.

NOTE:
This activity involves a large container of water. We strongly recommend adult supervision. This is an activity best done outdoors. If you want to stay indoors, put down towels or a sheet you don’t mind getting wet!
Fill your large container a little over halfway with water.

Next, drop a few drops of pink or red food dye into your water and mix it around.

Then add your ingredients! Add the foam hearts, then add any other floating items you might want to play with – bath toys work well!

Finally, it’s time to play! You can try to ladle all the hearts from the soup, mix up the soup with the whisk, pour soup for your friends, or watch the soup pour from the funnel. Each activity engages eye/hand coordination, cause and effect, as well as imaginative play. Enjoy!