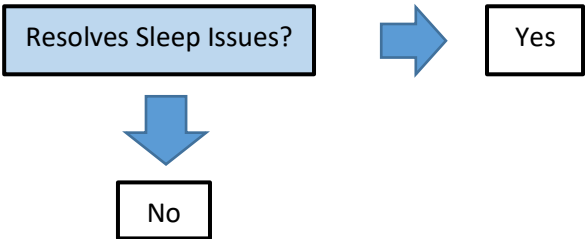


Referral Pathway for Sleep Support for Children and Young People with Special Educational Needs or a Disability in Northamptonshire

Stage 1

<p>NHS Live Well advice for parent of children and young people NHS Live Well Link</p>	<p>Strong Start for parents of pre-school children – Strong Start West Northants Strong Start North Northants</p>	<p>Sleep Right Northamptonshire for children aged 2 to 18 years Link for Online Support from Scope</p>
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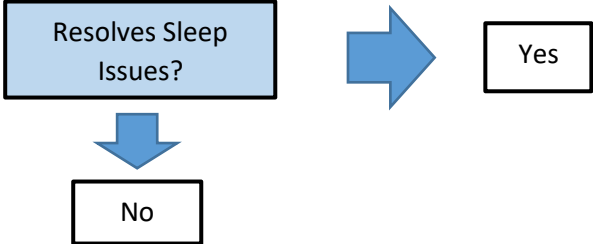


Stage 2


Health Visitors, Nurseries, SENCo, School Nurses, Children & Family Support Service, Strong Start, Family Support Workers, GP

Early help Professionals are able offer support to help children and young people with sleep routines using a range of tools and techniques.

Training and materials are available from Sleep Right Northamptonshire for you to support the family directly at an early stage to avoid needs escalating. For more information e-mail sleepright.northamptonshire@scope.org.uk or telephone 07875 575377



Stage 3
 Referral to be made to Sleep Right Northamptonshire by the Practitioner


 Professional Referral Form -Scope

Children and young people with a diagnosis for ADHD, Autism or are children in care should speak to their health or social care professional to refer to Sleep Right Northamptonshire for stage 3 service

Range of support methods offered including an Introductory Session and 1:1 sessions

On Line Information – Self Help
 Support from an early help Professional
 Support from Sleep Right Northants