## MARTYR TRAINING SERVICES PTY LTD. ABN 46 606 648 748

Course Title:	Manual Handling
Course Code/s:	TLID1001 Shift Materials Safely Using Manual Handling Methods
Pre-requisite/s:	Nil
Location:	Martyr Training, 64 Duchess Road, Mount Isa, QLD, 4825
Duration:	Full Course: Approx. 2 hours (course will vary with numbers).
	Practical Only: Online learning and assessment (approx. 1 hour, conducted in your own
	time), followed by 1.5 hours of face-to-face practical training and assessment.

## **Course Description:**

This nationally recognised course will provide participants with the skills and knowledge to shift loads safely using manual handling methods.

In this course, participants will learn to:

- Assess the risks associated with manual handling, including risks associated with irregular loads
- Plan and prepare for the safe and effective relocation of a load
- Carry out the relocation of a load in accordance with workplace health and safety standards

Upon successful completion of your training and assessment, you will receive a Nationally Recognised Statement of Attainment for HLTAID009, RIIERR205D, and RIIERR201E. You will be required to achieve full competency in this unit to receive a statement of attainment.

## **Important Information:**

- There are no pre-requisites for this course, however participants must have sufficient literacy and numeracy skills to skills to successfully complete the training this includes being able to read and write **Standard Australian English at a Year 8 level**.
- Participants must bring **photo ID** and **USI** (unique participant identification number) to all face-to-face sessions, including assessment.
- Courses are conducted in a simulated work environment. Participants must be attired appropriately with **enclosed shoes**. Participants wearing sandals or thongs will not be allowed into the course.
- To allow time for registration, **please arrive 15 minutes prior to the commencement of your course**. Participants who arrive late will not be allowed into class.
- Participants will be required to undertake practical training and assessments at floor level and light
  manual handling, such as bending, twisting, kneeling, dragging, lifting light objects at waist or shoulder
  height. If you have poor mobility or a current injury, please discuss this with us prior to booking.

RTO Number: 31279