

# Culinary Arts Program



## Benefits of Program:

- Learn practical/theoretical knowledge and techniques
  - ◆ Prepare complete meals or individual dishes and food items
  - ◆ Plan menus
  - ◆ Estimate food requirements and costs
  - ◆ Monitor and order supplies
- Earn up to 8 high school credits
- Gain experience in our professional cafeteria and catering service
- Learn life skills
- Co-op opportunities
- Course is taught by a certified Red Seal Chef with recognized industry experience



## Requirements

- Be at least 18 years of age or older
- Have a passion for working in culinary arts
- No longer be attending a secondary school
- Working knowledge of mathematical concepts and principles
- Attend the program on a full-day basis
- Proof of Canadian citizenship or Landed Immigrant status

A limited number of spaces are available.

## Program Credits/ Certification

- Students earn 6 secondary school credits (in Hospitality, Tourism and Nutrition) as well as 2 Cooperative Education credits

## Location

150 East 5th Street  
(near Upper James & Fennell)

Phone: 905-577-0555

Email: [info@stcharles.ca](mailto:info@stcharles.ca)

Website: [www.stcharles.ca/chef](http://www.stcharles.ca/chef)

*Contact us*



Hamilton-Wentworth Catholic District School Board  
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