## DISCUSSION GUIDE: Shania Petit

## ROLE MODEL BIO:

Shania Petit, a registered nurse, is a proud Métis woman, born and raised in Northern Saskatchewan. She is originally from Buffalo Narrows. However, she moved to La Ronge at a young age so her mom could further her education. Shania considers both places home and is very thankful for her upbringing being raised around strong female Indigenous leaders.

## LEARNING GOALS:

- I will make connections between a role model's life experiences and my own


## SUCCESS CRITERIA:

- I can Identify 3 specific actions that helped Shania achieve her goals
- I can connect examples of these themes to my actions in my own life

IDENTIFY Some of the themes below are discussed in the Fireside Chat with Shania Petit

> strong Indigenous female role models financial responsibility
> risk taking $\quad$ supportive relationships

How have these themes have been present in Shania's life?

- Listen to the interview
- Record notes of relevant themes and examples

CONNECT Reflect on your own journey. Where do these themes appear in your own life?
Discuss with a friend of family member. Record your connections in writing, drawing or with music.
> "It's never too late to try again, to continue"

-Shania Petit

EXTEND As a nurse, Shania had to complete prerequisite high school courses that she wasn't confident in.
What university, college or trades programs are you interested in pursuing in the future? What high school courses do you need to complete?
Make a list and research any student support services that can help you succeed. Share your plan with a teacher or guidance counsellor.

