

**ROLE MODEL BIO:** Regan Ratt-Misponas is a member of the Lac La Ronge Indian Band and grew up in Pinehouse, located in Northern Saskatchewan. He attends the University of Saskatchewan, enrolled in the Indian Teacher's Education Program (ITEP), where he plans to obtain his B.Ed. Growing up in the north, Regan was often involved in community leadership and served as Junior Mayor of Pinehouse at the age of 12. This instilled an interest in political involvement. While attending the U of S, Regan was elected President of the Indigenous Students' Council (ISC), serving from 2017-2019. He was then elected as President of the University of Saskatchewan Students' Union (USSU), being the fifth Indigenous person to serve in the role throughout the 110 year history of the organization. His term ended April 30, 2020. Despite colonization, Regan is a proud Nēhiyāw man living in Treaty 6 Territory and Métis Homeland today.

**LEARNING GOALS:**

- I will make connections between a role model's life experiences and my own

**SUCCESS CRITERIA:**

- I can identify 3 specific actions that helped Regan achieve their goals
- I can connect examples of these themes to my actions in my own life

**IDENTIFY** *Some of the themes below are discussed in the Fireside Chat with Regan Ratt-Misponas*

*self-discovery*

*identity*

*connection to community*

*patience*

*our collective journey*

How have these themes have been present in Regan's life?

- Listen to the interview
- Record notes of relevant themes and examples

**CONNECT** *Reflect on your own journey. Where do these themes appear in your own life?*

**Discuss with a friend or family member. Record your connections in writing, drawing or with music.**

**“Take a piece of your community that you love, that you value,  
and take it to other places that you find yourself in the future”.**

-Regan Ratt-Misponas

**EXTEND** *Reflect on the quote from Regan above.*

**What piece of your community will you bring with you on your journey? Why?**