



ROLE MODEL BIO:

LEARNING GOALS:

- I will make connections between a role model's life experiences and my own

SUCCESS CRITERIA:

- I can identify 3 specific actions that helped Jacquie achieve her goals
- I can connect examples of these themes to my actions in my own life

IDENTIFY *Some of the themes below are discussed in the Fireside Chat with Jacquie Black*

*creative outlets
courage*

*self-care
continual growth*

belief

How have these themes have been present in Jacquie's life?

- Listen to the interview
- Record notes of relevant themes and examples

CONNECT *Reflect on your own journey. Where do these themes appear in your own life?*

Discuss with a friend or family member. Record your connections in writing, drawing or with music.

“Obstacles come in different forms for different people, but I always think there's a way to maneuver through them”

-Jacquie Black

EXTEND *Jacquie believes taking personal time is important in a balanced lifestyle.*

What can you do today to prioritize your self-care?