

## **DISCUSSION GUIDE: Elissa Kixen**

(Comedian/Producer)

https://vimeo.com/418173564

**ROLE MODEL BIO:** Elissa Black Wolf Kixen is an Anishinaabe Two Spirit comedian/producer who's roots lay in Couchiching First Nation, Ontario. They have traveled across Canada and the USA as a comedian and improviser, using comedy as a tool in dealing with racism, homophobia and sexism. They are the co-founder/producer of WOKE Comedy Hour, featured on APTN's *The Laughing Drum*, co-produces Queer and Present Danger MB, and are the executive producer for Minogondaagan: the good voice podcast.

## **LEARNING GOALS:**

• I will make connections between a role model's life experiences and my own

## **SUCCESS CRITERIA:**

- I can Identify 3 specific actions that helped Elissa achieve their goals
- I can connect examples of these themes to my actions in my own life

**IDENTIFY** Some of the themes below are discussed in the Fireside Chat with Elissa Kixen

laughter as medicine performance mentorship community inclusion children and youth

How have these themes have been present in Elissa's life?

- Listen to the interview
- Record notes of relevant themes and examples

**CONNECT** Reflect on your own journey. Where do these themes appear in your own life?

Discuss with a friend of family member. Record your connections in writing, drawing or with music.

"I like to talk about subjects like racism, like sexism like depression, like poverty. You know all these things that I've definitely experiences and sort of bring it into the light and talk about it because a lot of times for a lot of people, it's the elephant in the room".

-Elissa Kixen

**EXTEND** Elissa values the reciprocity in learning. The differences between adults and youth are a strength for ideation and growth.

Where do you see yourself within this reciprocal learning relationship between generations? What knowledge, ideas or skills are you able to share with the adults in your life?



