

# Diabetes & pregnancy clinic at PDC



## Preconception

counselling  
and support

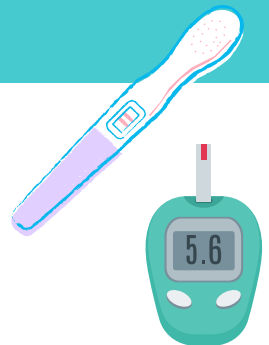
## Support

for existing diabetes  
(T1 & T2), and  
gestational diabetes

## Preparing

for a healthy  
baby and  
pregnancy

Enjoy continuity of care and expert knowledge from our highly experienced Credentialed Diabetes Nurse Practitioner and our Credentialed Diabetes Educator Dietitian, who specialise in diabetes and pregnancy care.



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**F** (08) 9355 5718

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# Existing diabetes

**If you live with any type of diabetes, PDC Health Hub can assist you with:**

- Specific dietary requirements and advice related to pregnancy and diabetes
- Regular review of self-monitoring before, during and after pregnancy
- Support and help with insulin adjustment and initiation before, during and after pregnancy

# Gestational diabetes

**If you are diagnosed with diabetes in pregnancy, we know this can be a daunting and stressful time.**

**We are here to help with:**

- Registration with the National Diabetes Services Scheme (NDSS) to access diabetes supplies
- Understanding and providing education about gestational diabetes
- Specific dietary requirements and advice for pregnancy and diabetes
- Blood glucose self-monitoring equipment
- Regular review of self-monitoring during and after pregnancy
- Support and help with insulin adjustment and initiation



# Engaging in our services is easy

**To access PDC Health Hub services:**

- Your GP can refer you
- Your OB/specialist can refer you
- Self-refer



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