

PDC HEALTH HUB

Your comprehensive allied health team.

PDC Health Hub provides a comprehensive allied health team for GPs and endocrinologists to refer into. With our centralised booking system and our experienced team, we are able to provide high quality, patient-centred care for all people living with chronic health conditions.



DIABETES
EDUCATION



DIETITIAN



EXERCISE
PHYSIOLOGY &
PHYSIOTHERAPY



ACCREDITED
PHARMACISTS



PODIATRY



COUNSELLING /
PSYCHOLOGY

HQ: East Victoria Park, plus mobile locations:
Murdoch - Palmyra - Canning Vale - Joondalup - Kalamunda - Bedford

CONTACT US



DIABETES EDUCATION

- Type 1, Type 2, LADA, GDM and MODY support
- Newly diagnosed patients
- Insulin initiation & support
- Insulin pump starts
- Diabetes self-management
- Technology support & equipment upgrades
- Plans surrounding illness, travel & driving



DIETITIAN

- Diabetes support
- Carbohydrate counting
- Heart disease
- High cholesterol & high BP
- Coeliac Disease
- Food intolerances & allergies
- Gastrointestinal conditions
- Inflammatory Bowel Disease, IBS
- Shopping tours (individual/group)
- Weight loss & management



EXERCISE PHYSIOLOGY & PHYSIOTHERAPY

- Individualised, safe programs for diabetes, musculoskeletal, cardiovascular, respiratory & other chronic conditions
- Workers compensation
- ERAA & Strength for Life provider
- Monitored gym sessions
- Group exercise programs
- Injury management
- Chronic pain management



PODIATRY

- Diabetes foot assessment
- Photoplethysmography (PPG) & toe blood pressure
- Corn / callus removal
- General nail care
- Fungal nail treatment
- Ingrown toenail surgery
- Custom orthotics
- Plantar warts
- Assess leg, ankle and foot pain



COUNSELLING/PSYCHOLOGY

- Disordered eating
- Anxiety & depression
- Substance misuse / addiction
- Experienced in supporting people with chronic conditions
- Major life changes e.g. parenthood, career change or health



ACCREDITED PHARMACISTS

- Home Medicines Reviews (HMR)
- Prescriptions, medications and wellbeing items
- NDSS products
- Provide advice on medication safety