

## Places to visit...

### Cowbridge Physic Garden

**Cowbridge CF71 7BB**  
Cowbridge Physic Garden has been created, planted and nurtured to give a true sense of physic gardens of old. It has the mix of plants, flowers and trees that would have been found in traditional herbalists' gardens; it is enclosed within high stone walls (parts dating back to the 13th century); and it offers a delightfully calm ambience. The garden is accessible to the public. Open everyday except Christmas Day. 10am-6pm Summer, 10am-4pm Winter.

### Old Hall Gardens

**Cowbridge High Street**  
This was the formal garden of Old Hall, the town house of the Edmonds family from about the 1740s. Located behind Old Hall and adjacent to the Physic Garden, this peaceful space is bounded on two sides by the longest surviving stretches of the splendid Town Walls. The garden is in the care of volunteers from Cowbridge Charter Trust who are working to revive neglected borders and encourage diversity of flora, feature, usage and wildlife and to create a place of beauty for the enjoyment of our community and its visitors. There

are new benches and a picnic table, a story space for children, a wildflower meadow, a habitat area, a pond and lots of bulbs, flowers and shrubs offering year-round interest. Always open.

### Glyndwr Vineyard

**Llanblethian, Cowbridge CF71 7JF**  
The oldest established and largest vineyard in Wales. In a beautiful setting it produces a range of award-winning wines and has a stunning B&B and self catering accommodation. Contact to book tour and wine tasting. Tel 01446 774564.

### St Quentin's Castle

**Llanblethian CF71 7JP**  
The impressive 14th century gatehouse at St Quentin's Castle, Llanblethian is now open to the public following restoration work by CADW. Tel: (01443) 336000

### Beaupre Castle

**Nr St Hilary CF71 7LT**  
Part castle, part-Elizabethan manor. Situated in fields south-east of Cowbridge on the River Thaw. CADW (01443) 336000

### Cowbridge Museum

**Cowbridge CF71 7AD**  
Housed in the cells of the former 'House of Correction' which became the Town Hall in 1830. The museum is open the first Saturday of every month.

### Coed Hills Rural Artspace

**St Hilary CF71 7DP**  
Wales' leading venue for art in the landscape. Situated on a 180-acre farm at St Hilary, near Cowbridge. Tel: (01446) 774084

### Plas Llanmihangel

**Nr Cowbridge CF71 7LQ**

16th century Elizabethan manor house with some parts dating back to the 12th century. Guided tours and Victorian teas for groups by arrangement. Bed and breakfast also available. 3 miles south of Cowbridge. Tel: 029 2059 3900

### South Wales Karting Centre

**Llandow CF71 7PB**

Over 1000 metres long and the

only fully floodlit outdoor Kart Circuit in Wales. A range of Karts

are available to suit both the novice and more experienced driver. Just off the main A48 near Penllyn near Cowbridge. Booking is essential. Tel: 029 2059 3900

### Holy Cross Church

**Cowbridge CF71 7BB**

The 'Cathedral of the Vale' in

Church Street is well worth a visit. Tel: (01446) 795568

**Amelia Trust Farm**

**Nr Bonvilston CF62 3AS**

160 acre working farm situated just off the A4226 to Barry. Woodlands,

ponds, wetland meadow, farm

animals and visitor centre selling

farm produce, souvenirs and refreshments. Tel: (01446) 782030

### Taskforce Paintball

**Penllyn CF71 7AQ**

South Wales' premier paintballing and outdoor activity centre offering an exciting range of activities including paintballing, laser tag (quasar outdoors), archery and teambuilding command tasks. 30 acre site and 12 different game fields/zones. Games for adults and juniors (low impact kids paintball for 8 years and above). Situated just off the main A48 at Penllyn near Cowbridge. Booking is essential. Tel: 029 2059 3328

### Dyffryn Gardens

**St Nicholas CF5 6SU**

Run by the National Trust, Dyffryn

Gardens are an exceptional

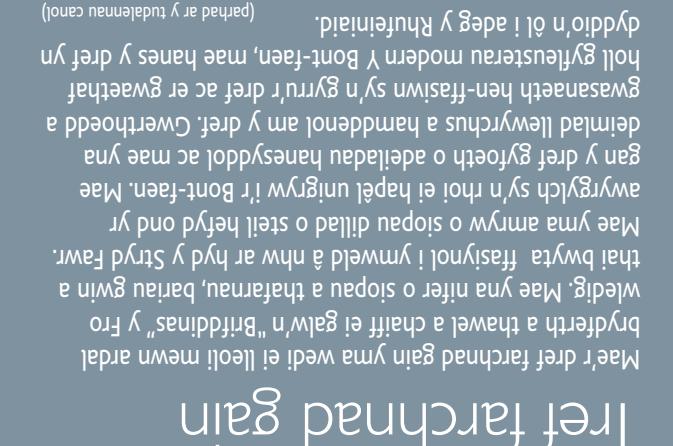
example of Edwardian garden

design, covering more than 55 acres featuring a stunning collection of intimate garden rooms, formal lawns and seasonal bedding. Within the gardens, Dyffryn House, a grand Victorian mansion overlooks the key aspects of the gardens. Significant parts of the ground and first floors have been restored to their Victorian splendour and are now open to the public. Situated 1 mile south of the A48 near St Nicholas. Tel: 029 2059 3328

[www.visitthevale.com](http://www.visitthevale.com)



3. High Street / Stryd Fawr  
2. Beautiful countryside surrounds  
1. High Street / Stryd Fawr



Tref Farchnad Gain

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Local attractions include the National Trust's Dyffryn Gardens and the historic market town of Cowbridge.

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