

Wellington Low Cost/No Cost Activities Guide



Second Edition - September 2018

Loch Sport Primary School Public Art Bollard Project – Playground – Lake Street, Loch Sport - Photo provided by the Wellington Shire Council

Wellington Low Cost/No Cost Activities Guide

Introduction:

There are many things in Wellington Shire that everybody can do.
This booklet can help you plan fun activities that don't cost a lot of money.
Take a look inside! You will never be bored or have to spend a lot of money again.

About this Booklet:

The symbols below tell you about the basic cost for activities.
With some activities, if you want to do something extra,
it may cost more money.

The booklet tells you about this so you can make sure
you have enough money for that activity.

Transport and food costs are not included.

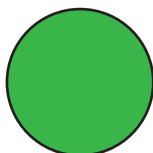
Some of the outdoor activities in this booklet may not be
accessible for people with mobility impairment.

This picture shows these areas.



Accessible Gippsland – Inspiring Visitor Experiences – for lots of
accessible activities in Wellington and across Gippsland you can go to this booklet.
Website: www.wellington.vic.gov.au/Living-in-Wellington/Your-Community/RuralAccess
or you can go to the Wellington Visitor Information centre.
To get your copy call: 1300 368 864

These pictures tell you about the cost:



Free



\$10 or Under



Over \$10

Wellington Low Cost/No Cost Activities Guide 2018


This booklet was developed by the Age-Friendly Project and RuralAccess Wellington Shire Council
with the support of the Wellington Primary Care Partnership.

Disclaimer: We have taken all possible care to ensure that the information in this guide is correct
at the time of publication. However, prices and other details change over time.
Please confirm your outing plans using the phone numbers and websites provided.

Wellington Map



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Camping

Some examples are listed below.

Other free and low cost camping can be found at Tourism Wellington website:
www.centralgippsland.com.au/yarram/attractions/item/free-and-low-cost-camping
or at your local Visitor Information Centre.

90 Mile Beach - Paradise Beach



Parks Victoria Camping can be found between Golden Beach and The Honeysuckles.

There may be a cost to camp at Paradise Beach depending on the season.

Free Honeysuckles to Golden Beach.

Hot showers are also available at Golden Beach.

Camp spots must be booked online at Website www.parkstay.vic.gov.au/book-your-stay

Ph: Parks Victoria on 13 1963

The Blue Pool – Briagolong



Freestone Creek Road, Briagolong
Long drop toilets, wood BBQs are available.

Bring firewood and check fire bans.

Ph: 1300 368 869

Website: www.campsight.com.au/catalogue/east-gippsland/blue-pool--briagolong-state-forest--north-briagolong

The Quarry Reserve (The Quarries)-Briagolong



Located in the foothills of the Great Dividing Range 7km north of Briagolong on the banks of the Freestone Creek.

Freestone Creek Road, Briagolong.

Facilities include toilets, BBQ shelter, fireplaces.

Ph: 1300 368 869

Willow Park – Rosedale



Approx. 1km north of Rosedale alongside Latrobe River. Space for Big Rigs, toilets available.

Ph: 1300 368 869

Fishing at Port Albert. Photo provided by Adam Troy



Reeves Beach Coastal Reserve



Ten kms south of Woodside. Access to campground via Woodside Beach Road, Balloong Road and Reeves Beach Road.

No mobile reception, toilet, pet friendly, bring water.

Ph: Parks Victoria 13 1963 Website: www.findacamp.com.au/camp-site.php?camp=64

McGaurans Beach



Twenty-one kms north-east of Woodside. North of the township, take Giffard Road off the South Gippsland Highway, after 9km, turn at the sign onto McGaurans Beach Road.

Ph: Parks Victoria 13 1963

Marlay Point



Toilets, nice grassy area (just near yacht club).

Approx. 18km from Sale on the Clydebank Road, turn off at sign to Marlay Point.

Ph: 1800 677 520

Lakes National Park Loch Sport



Loch Sport Emu Bight Campground.

The park has picnic areas, toilets and areas where you are allowed to camp. No pets.

You will find it at the eastern end of the township of Loch Sport, 63km east of Sale.

Ph: Parks Victoria on 13 1963 or Parks Victoria Loch Sport on 5146 0278 or go to websites:

www.centralgippsland.com.au/loch-sport/attractions/item/lakes-national-park

or www.parkweb.vic.gov.au/explore/parks/the-lakes-national-park

Events and Festivals

An event is something that happens or takes place for a special occasion or to celebrate something. It can be social, for fun and entertainment or for reasons like fundraising e.g. festivals, school fetes, Carols by Candlelight, Agricultural Shows, plays, music etc.

How can you find out about the events happening in Wellington?

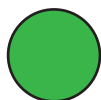
- Wellington Shire Facebook page: www.facebook.com/wellingtonshirecouncil
- The local paper: Gippsland Times, Yarram Standard and Latrobe Valley Express have information on things that are happening
- Wellington Shire Event Calendar: www.wellington.vic.gov.au/Lists/Event-Calendar
- Central Gippsland Tourism Events: www.centralgippsland.com.au/event

General Activities

Art Galleries, hobbies and museums are all free or low cost activities.

These are listed on the pages below. You can find out about activities like the Senior Citizen Clubs, University of the Third Age (U3A), church groups, music groups, choirs, historical societies etc. The Wellington Shire Events Calendar also has 'What's on', check the website: www.wellington.vic.gov.au/Lists/Event-Calendar

Port of Sale - The Wellington Centre



70 Foster Street, Sale Ph: 5142 3500

Situated at the Port of Sale, overlooking stunning waterways and parkland, the Wellington Centre includes the Gippsland Art Gallery, Dock 70 Cafe, the Gallery Shop, the Sale Library and Sale Visitor Information Centre. There is always plenty to see and do! Free WiFi.

Monday - Friday 9.00am - 5.30pm, Saturday - Sunday 10.00pm - 4.00pm

Accessibility features:



- Adult Change facility available



- Ambulant facility - specifically designed for people with ambulant disabilities (such as people with arthritis or those that use a walking frame)

Tinamba Food and Wine Festival – Photo provided by the Wellington Shire Council



Art Galleries

Gippsland Art Gallery (Sale) - Port of Sale

70 Foster Street, Sale Ph: 5142 3500

Every year the Gallery hosts around thirty exhibitions of local, national, and international significance, in addition to ongoing and evolving displays of the permanent collection. Housed in the Wellington Centre displays include painting, sculpture, drawings and prints, photographs, textiles, metalwork, woodwork, and indigenous and tribal art, and a dedicated showcase for the celebrated Sale-based textile artist Annemieke Mein OAM.

Email: gallerystenquiries@wellington.vic.gov.au

Web: www.gippslandartgallery.com/

Monday - Friday 9.00am - 5.30pm, Saturday - Sunday 10.00pm - 4.00pm

The Maffra Exhibition Space

150 Johnson Street, Maffra Ph: 5142 3372

This is an access gallery with a focus on artists from the Gippsland region.

For any enquiries please contact the Gippsland Art Gallery

Email: gallerystenquiries@wellington.vic.gov.au

Monday 10.00am - 6.00pm, Tuesday Closed, Wednesday - Friday 10.00am - 6.00pm, Saturday 10.00am - 12.00pm, Sunday Closed

The Briagolong Art Gallery

Forbes Street, Briagolong. Ph: 5145 5439

Courthouse Gallery Inc. (Yarram)

9 Rogers Street, Yarram (Yarram Visitor information Centre) Ph: 5182 6553

Website: yarramcourthousegallery.com/index.php

Service Clubs



A service club or service organisation is a voluntary non-profit organisation where members meet regularly to perform charitable works either by direct hands-on efforts or by raising money for other organisations e.g. Lions Clubs, Rotary, Probus etc.

Website: www.wellington.vic.gov.au/Lists/Community-Directory

Hobbies

Many of Wellington's towns have community, hobby, or interest groups.

You can find out about these in your town's local newsletter: Briagolong Red Gum Review, The Bridge - Boisdale, Cowwarr Chronicle, Dargo Bush Bulletin, Heyfield News, Gormandale Community News, Letts Beach News, Loch Sport Link, Meerlieu & District Community Newsletter, Port Albert Tattler, Seaspray & District Newsletter, Stratford Town Crier, and The Drum Yarram.

There are some groups listed opposite as examples of what's on offer in Wellington.

Wurruk Pedestrian Bridge. Photo provided by Bernie Peach



Gippsland Woodcraft Group



843 Maffra / Rosedale Road (C487), Nambrook
Ph: 0437 510 950

Meetings held on 2nd and 4th Saturdays
of the month starting at 10.00am at the
Gippsland Woodcraft Group Hall.

Email: bluey@internode.net.au

East Gippsland Dog Obedience Club



Velodrome, off Inglis Street, Sale
First Sunday of the month 9.00am

Secretary - sec@egdoc.org.au

President - pres@egdoc.org.au

Web: www.egdoc.org.au/index.html

Friends of Sale Botanic Gardens

Sale Botanic Gardens, Guthridge Parade, Sale
Ph: 1300 366 244

Friends of Tarra-Bulga National Park

Tarra-Bulga National Park, Grand Ridge Road,
Balook Ph: 0488 035 314

Email: friendsoftarrabulga@gmail.com

Knit and Natter (Sale)



Held at Café 123, 123 Cunningham Street,
Sale Ph: 0428 443 205

Tuesday 1.30pm – 3.30pm

Relaxed conversation, knitting and afternoon
tea. Gold coin donation.

Merriman Creek Landcare Group

Stradbroke-Seaspray District
South Gippsland Highway, Stradbroke
Ph: 0437 640 635

Email: mel.ainsworth@me.com

Sale & District Family History Group

78 Macalister Street, Sale Ph: 0428 411 603

Email: heatherpocknall@hotmail.com

Sale & District Field Naturalists Inc.



116 Market Street, Sale

Ph: 5144 4224 or M: 0428 460 929

Meets Gwen Webb Activity Centre,
1st Friday at 7.30pm,
excursions on the 1st Sunday

Email: johndsteel@fastmail.fm

Sale & District Garden Club Inc



116 Market Street, Sale Ph: 0408 824 511

Gwen Webb Arts Activity Centre

Email: tradon@vic.australis.com.au

Sale Lacemakers



Market Street, Sale Ph: 0428 458 214

Gwen Webb Art Activity Centre, Social Group
of women who get together to teach and
learn the art of Bobbin Lace making

Email: salelacemakers@gmail.com

Sale Bridge Club



Masonic Lodge, 5-7 Marilyn Way, Sale

Ph: 0490 808 562

Monday 10.00am, Wednesday 10.30am,

Friday 7.00pm (please contact Ph: 5143 0031
if travelling from outside Sale to confirm

play) Email: salebridgeclub@bigpond.com

Website: www.bridgewebs.com/cgi-bin/bwok/bw.cgi?club=sale&pid=display_where

U3A Sale Inc.

(University of the Third Age)



Room 7, 55 Raymond Street, Sale

Ph: 5144 1563

Email: saleu3a@gmail.com

Website: u3asale.org.au

U3A of Yarram Inc.
(University of the Third Age)



322 - 340 Commercial Road, Yarram
Ph: 5182 6793
Website: u3aofyarram.org

**Wellington Community
Gardens Group**

Overend Crescent, Sale Ph: 0432 146 805
Email: wellingtoncommunitygardensgroup@gmail.com

Wellington Shire Heritage Network

Meetings held three months at different
Historical Societies/History Group venues
Ph: 0448 349 420
Email: dhmontague@bigpond.com

Senior Citizens Groups

The following towns have Senior Citizens groups, which can be contacted through the local neighbourhood house: Briagolong, Golden Paradise Beach, Heyfield, Loch Sport, Maffra, Rosedale, Sale, Seaspray, Stratford and Yarram.

Briagolong Senior Citizens

Briagolong Mechanics Institute
Ph: 5145 5253
9 – 11 Avon Street, Briagolong
Weekly activities Wednesdays at 1.30pm
Meetings on the 3rd Monday of each month

Heyfield Senior Citizens Centre

Davis Street, Heyfield Ph: 5148 3332
Activities on Monday, Wednesday, Friday

Loch Sport Senior Citizens

Loch Sport Community House/Loch Sport
Public Hall
National Park Road, Loch Sport
Ph: 5146 0796
3rd Monday of each month

Maffra Senior Citizens

11 Pearson Street,
(Corner Church Street) Maffra
Ph: 5147 2145
Tuesday and Thursday 1.30pm – 4.00pm

Photo provided by the Wellington Shire Council.



Paradise Golden Beach Seniors Citizens Club

Golden Beach Community Centre
Ph: 0408 352 556
Surf Edge Drive, Golden Beach
Meet every 2 – 3 months to plan activities

Rosedale Senior Citizens Club

Clubroom, The Hub, 2
– 8 Cansick Street, Rosedale
Ph: 5199 2245 or 0458 992 241
Activities Monday, Tuesday
and Saturday afternoons.
Meetings every two months, luncheon first
Saturday every month.

Sale Senior Citizens Centre

37-45 Desailly Street, Sale
Ph: 5144 4261 or 0407 680 380
Email: thems@live.com.au

Seaspray Senior Citizens – Seaspray Golden Oldies

Seaspray Public Hall,
Fletcher Street, Seaspray
Ph: 0415 180 943
Meet every Monday

Stratford Senior Citizens Centre

13 Dixon Street, Stratford
Ph: 5145 7107
Meet weekly

Yarram Senior Citizens Inc

Seniors Hall, 26 James Street, Yarram
Ph: 0408 168 323
Email: oggie@westnet.com.au

Movies/Cinema/Theatre



Sale Cinema

52 Cunninghame Street, Sale
Ph: 5144 6633 or see website for session
times: www.salecinema.com.au/MovieTimes

Stratford Courthouse Cinema and Theatre

66 Princes Highway, Stratford
Ph: 5145 6790
Website: www.stratfordcourthouse.com.au

The Wedge Performing Arts Centre

100 Foster Street, Sale
Ph: 5143 3200
Theatre, music, dance, comedy
Website: www.thewedge.com.au

Yarram Regent Theatre

210 Commercial Road, Yarram
Ph: 5182 5420
A wide variety of music, events and
performances
Email: enquiries@regenttheatre.com.au
Website: www.regenttheatre.com.au

Museums and Historical Societies

Gippsland Armed Forces Museum



West Sale Airport, Princes Highway, Fulham
Ph: 5144 5500 (during opening hours)
Adults - \$4, Children - \$1
Saturday, Sunday, Monday, 10.00am - 4.00pm
other times by appointment

Gippsland Vehicle Collection



1A Sale Road, Maffra Ph: 5147 3223
Concession \$8, adults \$10, members and
children (under 15) free
Friday - Monday 10.00am - 4.00pm
Anytime by appointment, OPEN ALL
SCHOOL HOLIDAYS

Heyfield and District Museum/ Heyfield & District Historical Society



1 Little Temple Street, Heyfield
Ph: 5147 3223
Saturday 10.00am - 12.00pm
Email: heyfieldhs@ausvic.net

Maffra Beet Museum - Maffra & District Historical Society Inc



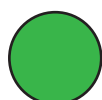
McMahon Drive, Maffra
Open on the first Sunday of every month
from 10.00am - 2.00pm. It is also available for
prior group bookings at any time.
Email: maffra@ausvic.net
Website: www.maffra.net.au/heritage

Port Albert Maritime Museum



Tarraville Road, Port Albert,
Open daily 10.30am - 4.00pm September to
May as well as weekends and school holidays
June to August.

Rosedale & District Historical Society



1-3 Cansick Street, Rosedale
P: 0432 579 757
Email: rosedaledhs@hotmail.com

Sale Historical Society and Museum



130 Foster Street Sale
Ph: (03) 5144 5994
Sunday and Wednesday 1.30pm - 4.00pm
Email: salehs3850@gmail.com
Website: www.centralgippsland.com.au/sale/attractions/item/sale-historic-museum

Stratford Historical Society Museum



Hobson Street, Stratford
PO Box 145, Stratford
Ph: 5145 6836
Tuesday 10.00am - 3.00pm
Email: stratfordhs@ausvic.net
Website: stratfordhs.blogspot.com.au

Wellington Shire Heritage Network



Meetings held three monthly at different
Historical Societies/History Group venues
50 Mathers Lane, Valencia Creek
Ph: 0448 349 420
Email: dhmontague@bigpond.com

Yarram and District Historical Society



Old South Gippsland Creamery Lab,
Carpenter Street, Yarram
PO Box 213, Yarram, 3971
Phone: 0431 240 724
Wednesday 11.00am – 3.00pm
\$2 entry
An extensive archive of local district history,
ephemera and other memorabilia covering
the Old Alberton Shire.
Website: home.vicnet.net.au/~ydhs

Yarram Genealogical Society



Old South Gippsland Creamery Lab 1,
Carpenter Street, Yarram
Ph: 0428 614 742
Friday 12.00pm – 3.00pm

Walks and Trails of Interest



Bataluk Trail

The Trail runs from Yarram to Cape Conran following routes that the Gunai and Monaro people have been travelling along for nearly 18,000 years. There are lots of interesting places to visit along the way including the Den of Nargun.

Website: www.centralgippsland.com.au/explore/arts-culture/heritage/item/bataluk-cultural-trail-2

Collect a brochure and trail guide from the Wellington Visitor Information Centre at 70 Foster Street, Sale.

Briagolong Historic Town Walk

Signs tell you about the historic buildings in this lovely township.

Go to the Riverstone Café in the middle of town to get a trail brochure.

Gippsland Plains Rail Trail

Extends 63km from Stratford to Traralgon.

There are stopping points along the way so that short distances can be walked or cycled.

The trail passes through high quality dairy country and offers panoramic views of the Great Dividing Range to the north and sweeping 3600 views across the Great Gippsland Plains.

Website: www.gippslandplainsrailtrail.com.au

Heyfield Wetlands

1A Macfarlane Street, Heyfield

Heyfield Wetlands walk, 800m easy gravel path. Approximately 25 mins around the path.

Macalister Wetland Reserve

Corner River and Laura Street, Maffra

Originally used for grazing, the Maffra Wetlands is now a haven for threatened bird species.

Shared path, Seats, Picnic tables.

Loch Sport Foreshore Pathway

Lake Victoria - Lake Street, (Barton Street to Basin Boulevard), Loch Sport

Port Albert - The Old Port Trail

Old Port Road, Port Albert

A ramble along the 5.7 km Old Port Trail from "Seabank" to Port Albert is to take a walk into the past. Port Albert is a beautiful coastal town with boat tours, fishing from the jetty and great fish and chips. Nearby Alberton and Tarraville are amongst Victoria's earliest settlements.

Website: www.centralgippsland.com.au/port-albert/attractions/item/the-old-port-trail

Sale – Heritage Walk (Drive)

Start Port of Sale, 100 Foster Street, Sale

Pick up a brochure at the Port of Sale. This will lead you on an easy 1.5-hour walk.

Website: www.centralgippsland.com.au/sale/attractions/item/sale-heritage-walk-drive

Sale - Port of Sale Heritage to Swing Bridge

A 15km walk from the Sale Canal to the Sale Wetlands.

Rosedale Historic Walk

The Rosedale Historic Walk is a stroll around town visiting 10 historic sites located along a 1.8km town loop. An information sheet describing the walk can be obtained from LJ Hooker, Prince Street, Rosedale, or the Rosedale Historical Society on Ph: 03 5199 2492.

Stratford Arts Trail

3km trail which winds its way through the charming township of Stratford. Information available from Stratford on the River Caravan Park or Segue Café at the Stratford Courthouse. (There is a cost for an MP3 tour.)

Tarra Trail (Great Southern Rail Trail)

Yarram to Alberton – start Lawler Street, Yarram and finish at Primary School Number 1, Alberton (7km). The trail follows the historic Great Southern Railway route through farmland with views of the Strzelecki Ranges and Wilsons Promontory. This easy to ride trail is perfect for young children and it's close to seaside Port Albert for a post-ride meal.
Website: www.centralgippsland.com.au/yarram/attractions/item/tarra-trail

Libraries



Website: www.wellington.vic.gov.au/Enjoying-Wellington/Libraries

Wellington Shire's libraries provide resources and activities for all people including the elderly, literacy students, print handicapped or those who are learning to read.

It's not just books. There are newspapers, magazines, DVDs, talking books and free classes on how to use your iPad or tablet. There are many free events for children and adults including story time, school holiday events, author and illustrator talks, workshops and exhibitions.

See the Events Calendar for all these events - www.wellington.vic.gov.au/Lists/Event-Calendar

Heyfield Library

42 Macfarlane Street, Heyfield
Ph: 5148 2644
Parking and accessible parking, accessible path of travel, seating
Monday, Wednesday and Friday
10.00am - 12.00pm and 2.00pm - 6.00pm
Saturday 10.00am - 12.00pm

Maffra Library

150 Johnson Street, Maffra
Ph: 5147 1052
Parking and accessible parking, accessible path of travel, seating
Monday, Wednesday, Thursday and Friday
10.00am - 6.00pm
Saturday 10.00am - 12.00pm

Rosedale Library

6-8 Cansick Street, Rosedale
Ph: 5199 2547
Parking and accessible parking, accessible path of travel, seating
Tuesday and Friday 10.00am - 12.00pm and 1.00pm - 6.00pm
Thursday 1.00pm - 6.00pm, Saturday 10.00am - 12.00pm

Sale Library

70 Foster Street, Sale
Ph: 5142 3575
Monday - Friday 9.00am - 5.30pm
Saturday to Sunday 10.00am - 4.00pm
Open Public Holidays

Stratford Library

70 Tyers Street, Stratford Ph: 5145 6403
Parking and accessible parking, accessible
path of travel, seating
Monday, Wednesday and Friday
10.00am - 1.30pm and 3.00pm - 6.00pm
Saturday 10.00am - 12.00pm

Yarram Library

156 Grant Street, Yarram Ph: 5182 5135
Parking and accessible parking, accessible
path of travel, seating
Monday 10.00am - 6.00pm, Tuesday and
Wednesday 2.00pm - 6.00pm,
Friday 10.00am - 6.00pm, Saturday
10.00am - 12.00pm

Outreach Library Service

The **Outreach Library Service** visits the
smaller communities on a weekly basis.
Facilities available include returns box, free
internet PC's and photocopying for a fee. A
staff member is available to assist with online
resources and selection of materials from the
online catalogue to be delivered weekly.

Gormandale Community House:

Monday - 10.00am - 12.00pm

Briagolong Community House:

Wednesday - 1.45pm - 5.00pm

Loch Sport Community House:

Thursday - 1.00pm - 4.30pm

Golden Beach Community Centre:

Friday - 10.00am - 12.00pm

Website: [www.wellington.vic.gov.au/Lists/
Council-Facilities/Outreach-Library](http://www.wellington.vic.gov.au/Lists/Council-Facilities/Outreach-Library)

Wellington Toy Library



55 Raymond Street, Sale
Members can borrow three toys at a time for
up to two weeks.
Membership: Family \$75, Concession \$40,
10 Pass Borrower \$30,
Corporate i.e. kindergartens/playgroups -
\$130
Tuesday 10.00am - 1.00pm, Friday 2.30pm -
4.30pm
Email: wellingtontoylibrary@gmail.com

Yarram Toy Library



Yarram District Hub, 156 Grant Street, Yarram
P: 0488 058 172
Email: rgmorton1982@gmail.com

Yarram Library - Photo provided by the Wellington Shire Council



Local Town Parks

Find out more at www.wellington.vic.gov.au/Lists/Council-Facilities



Briagolong

ANZAC Park

Corner Cahill and Blundy Street, Briagolong
Parking and accessible parking, public and accessible toilets, BBQ area, playground, seating

Heyfield

Lions Park

George Street, Heyfield
Parking, public and accessible toilets, BBQ area, accessible path of travel, playground, seating, skate park

Heyfield Wetlands (and Interpretive Centre)

1A MacFarlane Street, Heyfield
Phone: 5148 3404

Licola

Licola Picnic Reserve

8 Jamieson-Licola Road
Public toilets and BBQ area adjacent to the hall.

Loch Sport

Lions Park

Lake Street, Loch Sport
Parking, public toilets, BBQ area, accessible path of travel, playground, seating

Longford

Recreation Reserve

Longford-Loch Sport Road, Longford
Toilets (locked - special use only), parking, seating, playground

Maffra

Bellbird Corner Riverside Reserve



Sandy Creek Road, Maffra Ph: 5147 1350
(approx. five kms from Maffra PO)
Email: Istafford@wideband.net.au

Island Reserve

McMahon Drive, Maffra
Parking, seating, skate park, parkfit (outdoor gym equipment)

Macalister River Regional Park

River Street, Maffra
Parking and accessible parking, public and accessible toilets, BBQ area, accessible path of travel, playground, seating

Mafeking Hill Reserve

Boisdale Street, Maffra
Parking, playground, seating

Victoria Park

Kent Street, Maffra
Parking, public and accessible toilets, BBQ area, accessible path of travel, playground, seating

Rosedale

Edward Crooke Park

Cansick Street, Rosedale
Parking, playground, seating

Prince Street Reserve

Prince Street, Rosedale
Parking, public and accessible toilets, BBQ area, accessible path of travel, playground, seating, skate park

Sale

Botanic Gardens

Guthridge Parade, Sale

Parking, public and accessible toilets, BBQ area, accessible path of travel, playground, seating

Lake Guthridge Reserve

Foster Street, Sale

Parking and accessible parking, public and accessible toilets, BBQ area, accessible path of travel, playground, seating

Lake Guyatt Environmental Playspace

Lake Guyatt Reserve, Sale

Parking, BBQ area, accessible path of travel, playground, seating

Lions Park Reserve

McLachlan Street, Sale

Parking, public and accessible toilets, BBQ area, playground

Little McMillan Park

McIntosh Drive, Sale

Parking and accessible parking, public and accessible toilets, BBQ area, playground, seating

Port of Sale Reserve

Canal Road, Sale

Parking and accessible parking, public and accessible toilets, BBQ area, accessible path of travel, seating, RV dump point, skate park

Victoria Park

Macalister and Marley Street, Sale

Parking, seating, beautiful historic rotunda, ornamental lake and historic water tower, flower gardens and mother and child sculpture feature.

Seaspray

Memorial Park

Bearup Street, Seaspray

Parking, BBQ area, playground, seating

Stratford

Apex Park

McMillan Street, Stratford

Parking, public and accessible toilets, BBQ area, accessible path of travel, playground, seating

Knob Recreation Reserve

Old Redbank Road, Stratford

Parking, public toilets, BBQ area, seating

Market Reserve

Hobson Street, Stratford

Parking, accessible path of travel, playground, seating, skate park

Soldiers Memorial Park

Tyers Street, Stratford

Parking, public toilets, BBQ area, playground, seating

Yarram

Memorial Park

Commercial Road, Yarram

Parking, public and accessible toilets, BBQ area, accessible path of travel, playground, seating

Tarra Trail Railway Reserve

Lawler and Station Streets, Yarram

Parking, accessible path of travel, skate park

Briagolong Playground - Corner Cahill and Blundy Street, Briagolong
- Photo provided by the Wellington Shire Council



Wellington's National Park

Tarra Bulga National Park

Grand Ridge Road, Balook (Visitors Centre)

The park has three distinct walking areas. From the Visitors Centre there is a walk designed to accommodate wheelchairs. The Tarra Valley 1km walk (30 minutes) leads to the Cyathea Falls and the Fern Gully Nature Walk includes a suspension bridge.

More details and map from:

parkweb.vic.gov.au/__data/assets/pdf_file/0008/315647/Park-note-Tarra-Bulga-National-Park.pdf

Markets and Auctions

Markets can have everything from clothing, furniture, toys, jewellery, bric a brac, arts and crafts, baking, plants, fresh local food and some machinery or equipment.

Some of the regular markets and auctions are listed below.

For all markets see Central Gippsland Event Calendar: www.centralgippsland.com.au/event

Heyfield Market

John Greaves Memorial Park, Temple Street,
Heyfield Ph: 5148 5679

1st Saturday of the month from 8.00am

Loch Sport Community House and Red Cross Markets

Loch Sport Public Hall, National Park Road,
Loch Sport Ph: 5146 0145

Sunday before Melbourne Cup and Labour
Day Sunday and Queen's Birthday weekend
8.00am - 2.00pm

Maffra - Rotary Club of Maffra Community Market

Island Reserve - McMahon Drive, Maffra
Ph: 0419 533 680

1st Sunday of month, 8.00am - 12.30pm

Port Albert Market

Port Albert Hall, Victoria Street, Port Albert
Ph: 0437 247 242

Usually the 4th Sunday of the month but
sometimes varies
9.00am - 1.00pm

Rosedale Country Market

Prince Street Reserve, Rosedale
Ph: 5143 0090

2nd Sunday of month 8.00am - 1.30pm

Sale Charity Market

Thompson River Canal Reserve, Sale
Phone: 0409 574 253

3rd Sunday of the month 7.00am - 1.00pm

Sale Producers Market

Sale Showgrounds Ph: 0429 344 675

3rd Saturday of the month, 8.00am - 12.00pm

Over winter market is indoors in the horse
pavilion. All home grown, handmade
produce, no re-sellers.

Stratford Market

Memorial Park, Princes Highway, Stratford
Ph: 0407 046 499

4th Sunday of the month 8.00am - 12.30pm

Yarram Courthouse Market

Yarram Courthouse Gardens,
9 Rogers Street, Yarram
Ph: 5182 6553 or 0428 825 503

Friday 10.00am - 1.00pm

Men's Sheds

Golden Paradise Beach Men's Shed Inc.



Lot 1 Shoreline Drive, Golden Beach Ph:
0422 512 746

Third Friday of each month from 5.00pm

Heyfield



5 George Street, Heyfield Ph: 5148 2100
Wednesday and Thursday 8.30am – 3.00pm
Email: heyfieldresource@wideband.net.au

Loch Sport Men's Shed

11 Charlies Street, Loch Sport
Monday - Thursday 9.30am – 3.00pm
Ph: 0412 325 186

Maffra Men's Shed



19 Gibney Street, Maffra
Ph: 0419 312 373 or 0412 387 102
Tuesday and Thursday 9.00am – 1.00pm

Sale Botanic Gardens, Guthridge Parade, Sale - Photo provided by the Wellington Shire Council



Rosedale



Duke Street, Rosedale Ph: 5199 2595
Email: rosedale.shed@gmail.com

Sale



30 Desailly Street, Sale Ph: 0419 150 620
Tuesday and Friday 9.00am - 2.00pm
Email: sale.mens.shed@live.com.au

Stratford



13 Dixon Street, Stratford Ph: 0401 151 187
Monday and Friday 9.00am - 12.00pm
Email: pdvranek@bigpond.com

Yarram Men's Shed/Yarram Community Learning Centre



22 Bland Street, Yarram Ph: 5182 5218
Tuesday 12.00pm - 3.30pm
Wednesday 9.00am - 3.30pm
Email: yclc@dcsi.net.au

Stratford Apex Park Walking and Cycling Path, Stratford - Photo provided by the Wellington Shire Council



Neighbourhood Houses and Learning Centres

A friendly place to meet people, learn new things and find out about what to see and do in your area. Neighbourhood Houses are places where people of all abilities, backgrounds and ages are welcome.

Briagolong Community Centre

9-11 Avon Street, Briagolong (In Mechanics Institute) Ph: 5145 5425
Monday 9.00am - 12.00pm, Tuesday, Wednesday and Friday 9.00am - 4.00pm,
Thursday 9.00am - 1.00pm
Email: bch@briagolong.com.au Website: www.briagolong.com.au/house

Dargo Community House

Lind Avenue, Dargo Ph: 5140 1333 Tuesday - Thursday 11.00am - 3.00pm
Email: dnh333@bigpond.com

Gormandale Community House

32-34 Main Street, Gormandale Ph: 5197 7264
Monday - Thursday 9.00am - 3.00pm, Friday 9.00am - 12.30pm
Email: gormandalech2@bigpond.com Website: www.gch.org.au

Heyfield Community Resource Centre

5 George Street, Heyfield Ph: 5148 2100
Monday - Friday 8.30am - 4.30pm. Closed during school holidays
Email: heyfieldresource@wideband.net.au Website: www.heyfield.net

Loch Sport Community House

National Park Road, Loch Sport (In the Public Hall) Ph: 5146 0145
Monday, Tuesday, Friday 9.30am - 3.00pm
Email: lsch@netspace.net.au Website: www.lochsport.org.au

Maffra Neighbourhood House

48 Kent Street, Maffra Ph: 5147 1487 Monday - Friday 9.30am - 4.00pm
Email: office@maffraneighbourhoodhouse.com.au Website: maffranh.wixsite.com/maffranh

Rosedale Neighbourhood House

6-8 Cansick Street, Rosedale Ph: 5199 2595 Monday - Thursday 7.30am - 6.00pm
Email: rosedalenh@wideband.net.au

Sale Neighbourhood House

19 Leslie Street, Sale Ph: 5144 5747
Monday - Thursday 9.00am - 4.30pm, Friday 9.00am - 12.00pm
Email: office@snh.net.au Website: snh.customer.netspace.net.au

Segue Community Hub – Stratford

66 Princes Highway, Stratford Ph: 0413 647 557
Open seven days a week 9.30am - 2.30pm
Email: segueinstratford@gmail.com Website: www.facebook.com/SegueInStratford

Op (Opportunity) Shops

Heyfield

Vinnies Heyfield

47 Temple Street, Heyfield
Ph: 5148 2358
Monday - Friday 9.00am - 4.00pm
Saturday 9.00am - 12.00pm

Heyfield Twice Blessed Opportunity Shop



41 Temple Street, Heyfield
Monday - Friday 10.00am - 4.00pm
Saturday 9.00am - 12.00pm
Ph: 5148 2394 or 5148 2780
Not fully accessible, steps at entry

Maffra

Maffra Vigilance Society Op Shop

30 Foster Street, Maffra Ph: 5147 2205
Monday - Friday 10.00am - 3.30pm

St J's Op Shop Maffra

69 Johnson Street, Maffra Ph: 5141 1419
Monday - Friday 10.00am - 4.00pm
Saturday 9.00am - 12.00pm

St Vincent de Paul Garage Sale @ Jack Kelly Shed

28 Laura Street, Maffra
Ph: 0407 472 904
1st Saturday of the Month
from 9.00am - 10.30am

Rosedale

St Mark's Op Shop

Mechanics Hall, 39 Princes Highway,
Rosedale
Monday - Friday 10.00am - 4.00pm,
Saturday 10.00am - 2.00pm

Sale

Sale Red Cross

251 Raymond Street, Sale Ph: 5143 3198
Monday - Friday 9.00am - 4.30pm
Saturday 9.00am - 12.30pm

This and That Opportunity Shop

407 Raymond Street, Sale Ph: 5144 2433
Monday - Friday 9.00am - 4.30pm
Saturday 9.00am - 12.00pm

Vinnies Sale

192-194 York Street, Sale Ph: 5144 4183
Monday - Friday 9.00am - 5.00pm
Saturday 9.00am - 1.00pm

Lifeline Op Shop Sale

260 York Street, Sale Ph: 5144 7113
Monday - Friday 9.30am - 4.00pm
Saturday 9.00am - 12.00pm

Salvos Sale

193 Cunningham Street, Sale
Ph: 5143 3581
Monday - Friday 9.30am - 4.00pm
Saturday 9.00am - 12.00pm

Lions Opp Shop Sale

87 McArthur Street, Sale
Monday - Friday 9.00am - 5.00pm

Stratford

Trinity Treasures Op Shop

55 Tyers Street, Stratford
Monday - Friday 10.00am - 5.30pm
Saturday 10.00am - 2.30pm

Yarram

Yarram Guides and Scouts Opp Shop

Commercial Road, Victoria Arcade, Yarram

Yarram Twice Blessed

192 Commercial Road, Yarram
Monday - Friday 10.00am - 4.00pm,
Saturday 10.00am - 12.00pm

Physical Activity, Sport, Walks

Physical activity and exercise helps with everyone's health and wellness.

You can do sport alone or as part of a team. Some sports we play in Australia are tennis, cricket, badminton, football, netball, hockey and soccer. Sporting clubs have fun, casual, come and try activities.

There are plenty of activities and sports in Wellington. Many sports clubs are welcoming and inclusive clubs like Wellington Hockey Club, Sale Badminton Club, Maffra Gymnastics Club and Maffra Tennis Club.

There are lots of fun activities that you can do without being a part of a club i.e. parkfit outdoor gym equipment at Lake Guthridge, Sale and Maffra.

Neighbourhood Houses hold physical activities including yoga, line dancing and walking groups etc.

GippSport can help, they have a regular newsletter called 'Getting Active'. You can find out what sports clubs have to offer, give them a call and have a chat.

GippSport (Regional Sports Assembly)



Sale Office (Wellington Shire Area) based at
Gippsland Regional Sports Complex,
Cobains Road, Sale Ph: 5142 3193
Monday - Friday 8.30am - 4.30pm
Email: info@gippsport.com.au
Website: www.gippsport.com.au

Golden Beach – Fitness Classes (Seniors – 50+)



Golden Beach Community Hall
Thursday 1.00pm - 2.00pm
Ph: 0408 307 077
Email: gpbratepayers@gmail.com

Little Athletics - Sale



Sale Little Athletics Centre Inc.
Lions Park, McLachlan Street, Sale
Email: sale@lavic.com.au

Starfish Nippers All Abilities Program



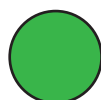
The Seaspray Surf Life Saving Club is excited to be offering the new Starfish Nippers program this year. Ph: 0487 213 536

Sale Keenagers Table Tennis



The Sale Keenagers table tennis program is social table tennis. The program is especially designed for people aged 50 and over.
Ph: 5144 5670
Email: salekeenagers@gmail.com

Sale Parkrun



Weekly free 5km timed run - it's you against the clock!
Saturday 8.00am
Email: saleoffice@parkrun.com or
if you can help: salehelpers@parkrun.com

Sale to Sea Kayak Challenge - March every year



The Sale to Sea Disability Kayaking Challenge involves a journey of 120km from the Port of Sale to Lakes Entrance through the iconic Gippsland Lakes over 4 days. The Challenge is not a race, but an adventure undertaken by individuals with various types of disabilities, to highlight victory over adversity and to promote a positive lifestyle.
Email: admin@saletosea.com
Website: saletosea.com/contact
Ph: 0407 471 539 or 0400 590 816

Pools in Wellington

Website: www.wellington.vic.gov.au/Enjoying-Wellington/Aqua-Energy/Swimming-Pools

Aqua Energy Leisure Centre - Sale



Swim



Gym/Fitness Classes



Living Longer Living Stronger

Brayakoloong Close, Sale

Aqua Energy has a gym and fitness program, a 50 metre outdoor pool with lap lanes, 25 metre heated indoor pool with lap lanes, program/hydrotherapy pool, leisure and learn to swim pool and sauna. For more details and enquiries regarding this facility please contact Aqua Energy on 5142 3700.

Heyfield Memorial Pool



May Street, Heyfield Ph: 5148 2330

Maffra Memorial Pool



Duke Street, Maffra Ph: 5147 1191

Rosedale Swimming Pool



Corner Hood and Albert Street, Rosedale
Ph: 1300 366 244.

Stratford Swimming Pool



McMillan Street, Stratford
Ph: 5145 6494

Yarram Swimming Pool



Grant Street, Yarram Ph: 5182 5521

Walks in Wellington



'Great Walks in Wellington' is a booklet that lists over 40 walks in Wellington Shire and is available from the Wellington Visitor Information Centre, Council's Service Centres and libraries.

Walking and Riding in Wellington:

Website: www.wellington.vic.gov.au/Enjoying-Wellington/Recreation/Walking-and-Cycling

Stratford Arts Trail

You can walk or ride this trail, for information contact or go to Segue Café/Stratford Courthouse Gallery, 66 Tyers Street, Stratford
Ph: 5145 6790

Walking Maps – Explore the World on Foot

More than 30 walks in Wellington Shire on the Victoria Walks 'Walking Maps'
Website: www.walkingmaps.com.au

Sale Botanic Gardens Sensory Garden

The Botanic Gardens are in Guthridge Parade Sale, with lots of free parking on site

Services/Organisations

This is a guide to help people find the services they might need.

Ageing and Aged Care Services

Ageing and Aged Care Services include health, accommodation and other types of support, including help with day-to-day living, intensive forms of care, and help to keep frail and ageing people living as independently as possible.

Baptcare Gippsland

2/107 Nicholson Street, Bairnsdale Ph: 1300 466 343

Monday - Friday: 8.30am – 5.00pm

Email: enquiries@baptcare.org.au Website: www.baptcare.org.au

Central Gippsland Health Service

155 Guthridge Parade, Sale Ph: 5143 8600

Monday - Friday 8.30am - 5.00pm

Email: information.intake@cghs.com.au Website: www.gha2.net.au/cghs

Latrobe Community Health Service

52 MacArthur Street, Sale Ph: 1800 242 696

Monday - Friday 8.30am - 5.00pm

Email: info@lchs.com.au Website: www.lchs.com.au

Uniting AgeWell

49 McCulloch Street, Bairnsdale Ph: 1300 783 435

Provides services across Gippsland.

Email: Gippsland@unitingagewell.org Website: unitingagewell.org

Yarram & District Health Service

85 Commercial Rd, Yarram Ph: 5182 0222

Monday - Friday 8.30am - 5.00pm

Email: ydhs@ydhs.com.au Website: www.ydhs.com.au

Seaspray Beach – Photo provided by Lorraine Robinson



Disability

Disability Services provide a range of services for people living with intellectual, psychiatric, sensory or physical impairments, as well as people with cognitive impairments.

Some people have reduced capacity for communication, learning or mobility and require continuing support.

Department of Health and Human Services – Sale

150 York Street, Sale Ph: 5144 9100

Fax: 5144 7873

George Gray Centre/Wellington Community Connect

24 Foster Street, Maffra Ph: 5147 2221

Monday - Friday 8.30am - 4.30pm

Email: reception@georgegray.org.au

Website: www.georgegray.org.au

Latrobe Community Health Service

52 MacArthur Street, Sale Ph: 1800 242 696

Monday - Friday 8.30am – 5.00pm

Email: info@lchs.com.au

Website: www.lchs.com.au

Mirridong Services Inc

6 Church Road, Yarram Ph: 5182 5750

Monday - Friday 9.00am – 5.00pm

Email: info@mirridong.com.au

Website: www.mirridong.com.au

National Disability Insurance Scheme (NDIS)

Ph: 1800 800 110

Monday - Friday 8.00am – 11.00pm local

times Website: www.ndis.gov.au/index

Scope Australia

12 George Street, Warragul Ph: 5623 1033

Including the Regional Communication Service

Website: www.scopeaust.org.au

Uniting Care Gippsland

126 Raymond Street, Sale 3850

Ph: 5144 7777

Monday - Friday 8.30am - 5pm

Website: www.ucgipps.org.au

Vicdeaf Gippsland and deafaccess Gippsland

54 MacArthur Street, Sale

Ph: 5143 1537 or 0427 688 42152

Vicdeaf & deafaccess

Email: sale@vicdeaf.com.au

Monday - Friday 9.00am – 5.00pm

Website: www.vicdeaf.com.au/content.asp?cid=52&t=deafaccess-victoria

Wellington Disability Advocacy Resource Team

Ph: 5175 0444

A community volunteer group who advocate and assist people with a disability in the Wellington Shire.

Email: wellingtondart@yahoo.com or

administration@gdai.org.au

Facebook: www.facebook.com/wellingtonDART/

Yooralla

244 Flinders Street, Melbourne, 3000

Ph: 9666 4500 or

38-40 Horn Street, Leongatha

Ph: 5662 3344

Monday - Friday 8.30am – 5.00pm

Email: ooralla@ooralla.com.au

Website: www.yooralla.com.au

Health

Health services assess, maintain or improve people's health. Services diagnose or treat a person's illness, injury or disability or suspected illness, injury or disability.

Central Gippsland Health Service

155 Guthridge Parade, Sale

Ph: 5143 8600

Email: information.intake@cghs.com.au

Website: www.gha2.net.au/cghs

Latrobe Community Health Service

52 MacArthur Street, Sale Ph: 1800 242 696
Monday - Friday 8.30am – 5.00pm
Email: info@lchs.com.au
Website: www.lchs.com.au

Ramahyuck District Aboriginal Corporation

117 Foster Street, Sale Ph: 5143 1644
Monday - Friday 8.30 am - 5.00 pm
Website: www.ramahyuck.org

Yarram & District Health Service

85 Commercial Road, Yarram Ph: 5182 0222
Email: ydhs@ydhs.com.au
Website: www.ydhs.com.au

within Australia (formerly SNAP)

Level 1, 89 Raymond Street, Sale
PO Box 635, Bairnsdale
Ph: 1300 737 412
Monday - Friday 8.30am – 5.00pm
Email: info@withinaustralia.org.au
Website: www.withinaustralia.org.au

Support

Non-health services i.e transportation,
financial aid, support groups, homemaker
services, respite services, and other services

ACSO - Australian Community Support Organisation - AOD and Mental Health Referral and Assessment Service

3/35 Grey Street, Traralgon Ph: 1300 022 760
Monday - Friday 9.00am – 5.00pm
Website: www.acso.org.au

Central Gippsland Health Service

155 Guthridge Parade, Sale Ph: 5143 8600
Email: information.intake@cghs.com.au
Website: www.gha2.net.au/cghs

Department of Health and Human Services – Sale

150 York Street, Sale Ph: 5144 9100
Fax: 5144 7873

Domestic Violence Resource Centre

Ph: 1800 7377328 / 1800respect
Victorian Services - Rural Outreach Service
Gippsland
Website: www.dvrcv.org.au/about-us/contact-us or www.dvrcv.org.au/victorian-services-gippsland

Gippsland Disability Advocacy Inc

6 - 8 Grey Street, Traralgon Ph: 5175 0444
Monday - Friday 9.00am – 5.00pm
Email: administration@gdai.org.au
Website: www.gdai.com.au/index.html

Gamblers Help in Gippsland – Sale

52 MacArthur Street, Sale Ph: 1800 242 696
Monday - Friday 8.30am – 5.00pm
Website: www.responsiblegambling.vic.gov.au/getting-help/find-a-counsellor/latrobe-community-health-service

Gamblers Help Hotline 24 Hour Phone Service

Ph: 1800 858 858

Gamblers Help Youth Line

Ph: 1800 262 376

Gippsland Multicultural Services

100 - 102 Buckley Street, Morwell
Ph: 5133 7072
Monday - Friday 8.30am – 5.00pm
Webiste: www.gmsinfo.com.au/index.php/contactus

Gippsland Women's Health

56B Cunningham Street, Sale Ph: 5143 1600
Monday - Thursday 9.00am – 4.00pm
Friday 9.00am – 3.00pm
Website: <http://www.gwhealth.asn.au/pages/contact-us.html> www.gwhealth.asn.au/

GippSport (Regional Sports Assembly)

Sale Office (Wellington Shire Area) based at
Gippsland Regional Sports Complex,
Cobains Road, Sale
Ph: 5142 3193
Monday - Friday 8.30am – 4.30pm
Email: info@gippsport.com.au
Website: gippsport.com.au

Latrobe Community Health Service – Carer Respite

52 MacArthur Street, Sale
Ph: 1800 242 696
Monday - Friday 8.30am – 5.00pm
Email: info@lchs.com.au
Website: www.lchs.com.au

Maffra Carers Group

Ph: 5145 5417
Contact people: Pam Ph: 5145 5417
and Thelma Ph: 5145 1387
Meetings held February - November
providing information and support for
people in various caring roles

Quantum Support Services

56B Cunningham Street, Sale
Ph: 1800 243 455
Monday - Friday 8:30am - 5:00pm
Email: mail@quantum.org.au
Website: www.quantum.org.au

Ramahyuck District Aboriginal Corporation

117 Foster Street, Sale
Ph: 5143 1644
Monday - Friday 8.30am - 5.00pm
Website: www.ramahyuck.org

Sale Women's Support Group

Ph: 0447 008 43
Sale Neighbourhood House
19 - 23 Leslie Street, Sale
Email: salewomensgroup@gmail.com

Salvation Army

139 Cunningham Street, Sale
Ph: 5144 6374
Monday - Friday 9.30am – 4.00pm
Website: www.salvationarmy.org.au/sale

Uniting Care Gippsland

126 Raymond Street, Sale
Ph: 5144 7777
Monday - Friday 8.30am – 5.00pm
Website: www.ucgipps.org.au

Wellington Special Needs Network

Ph: 0413 010 047
Contact Rosemary 0413 010 047
or Anita: Ph: 5144 4408
Email: bennell@vic.australis.com.au
A group of parents of children and adult
children with disabilities who get together
over a coffee and supper to share knowledge
experience and information.

within Australia (formerly SNAP)

Level 1, 89 Raymond Street, Sale
PO Box 635, Bairnsdale
Ph: 1300 737 412
Monday - Friday 8.30am – 5.00pm
Email: sale@snap.org.au
Website: snap.org.au

Yarram & District Health Service

85 Commercial Road, Yarram Ph: 5182 0222
Email: ydhs@ydhs.com.au
Website: www.ydhs.com.au

Yarram Carers Support Group

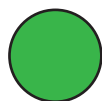
Ph: 0448 826 344

Youth In Search

Ph: (02) 9659 6122
Has a Community Coordinator in Gippsland

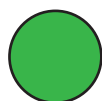
Social Meals

Monday Tucker - Sale



Your Local Community Kitchen
Socialise and Hot Meal
All Free - All Welcome
Sale Memorial Hall - enter from Bond Street
Monday 5.00pm - 6.00pm

Marley Street Hub Food Bank



Unit 2 81-83 Marley Street, Sale
Ph: 4141 4243
Available to anyone who can't afford to buy
food for themselves and/or their family.
Tuesday 1.30pm - 3.30pm

Salvation Army - Breakfasts and Lunch - Sale



Salvation Army Church Hall, 139 Cunningham Street, Sale Ph: 5144 6374 *Gold Coin*
Monday, Wednesday - Friday
Breakfasts 8.30am - 9.30am.
Tuesday Lunch 12.00pm - 1.30pm

Baptist Church Wednesday Lunch - Sale



Sale Baptist Church - Princes Highway, Sale
\$10 Lunch and Movie . Wednesdays 12.00pm

Heyfield Community Resource Centre Community Lunch



5 George Street, Heyfield Ph: 5148 2100
Every Wednesday, at 12.00pm during school terms. \$5 per person

747 Community Care Sale Seventh Day Adventist Church



53 Stawell Street, Sale Ph: 0407 430 638
7 grocery items for \$7
Wednesday 10.00am – 3.00pm
*Free cuppa, biscuit, cake

Mary's Kitchen - Lunch and Movie - Sale



St Mary's, 47 Foster Street, Sale Ph: 5144 4100
Gold Coin Thursday 12.00pm

Rosedale Community Lunch



Rosedale Community Hub, Senior Citizens Room, 2/8 Cansick Street, Rosedale
Ph: 5199 2595 *Gold Coin*
Community Lunch every second Friday
12.00pm

Christmas Lunch – Gippsland Grammar, Blackwood Hall - Sale



McGhee Street, Sale
Gold Coin
Socialise, meet people, and have a great Christmas Lunch
Lunchtime Christmas Day - 25 December

Sunday Dinner – Sale Uniting Church Hall



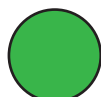
Cnr Raymond and Macalister Street, Sale
Ph: 5144 2051
Gold Coin
Third Sunday of month 5.00pm - 7.00pm
Singing Hymns, Stories, Poems

Community Kitchens - Sale Neighbourhood Houses



21 Leslie St, Sale Ph: 5144 5747
Monday Community Kitchen 11am - 1pm
Wednesday Community Kitchen 11am - 1pm
Both \$55 for an 11- week term = \$5 per meal

Yarram Monthly Men's Breakfast



Supper Rooms, Regent Theatre, Commercial Road, Yarram. Sponsored by the Yarram and District Uniting Church
Contact: Tom Reakes Ph: 5185 1413
Email: reakes@skymesh.com.au
Fourth Saturday of each month from 8.00am
Most months there is a guest speaker.
For blokes to get together, have a chat and fellowship

Volunteering in Wellington

Website: www.volunteeringinwellington.com.au

On this site you can search for volunteering opportunities in Wellington Shire.

Volunteering gives you a chance to make new friends and learn new skills, gain experience, or share your skills and expertise.

Here are just a few examples of volunteer organisations in Wellington; Landcare, Service Clubs such as Rotary and Lions, Animal Aid, CFA, SES and Meals on Wheels.

Paddling on The Canal, Sale - Photo provided by the Wellington Shire Council



More Information

Wellington Shire

Website: www.wellington.vic.gov.au/Living-in-Wellington/Your-Community

You can find a lot of information on the Wellington Shire Council website such as:

Recharge Points

A Recharge Point is a place where people can go to recharge their mobility scooter or motorised wheelchair when they are out in their community. People can be confident that they can recharge their battery when it is low and get home safely.

Mobility Maps

Easy Access Mobility Maps provide relevant information for people with limited mobility to enable safe and accessible paths of travel and effective travel planning when visiting our region. The maps include the central business area, accessible facilities and, where appropriate, tourist attractions, for 6 of Wellington's major towns: Heyfield, Rosedale, Maffra, Sale, Stratford and Yarram.

Transport

Talking Transport – Easy Read Bus Timetables for North and South Routes, Taxi Picture Communication Boards.

Information on travel assistance services including Travellers Aid Australia Medical Companion Service, Australian Red Cross Patient Transport, Angel Flight, Victorian Patient Transport Assistance Scheme.

Public Transport Victoria

The Public Transport Victoria (www.ptv.vic.gov.au) website provides public transport information and services for regional Victoria, including fares, services and timetables, as well as customer feedback facilities. It also contains a list of Regional Bus Services (www.ptv.vic.gov.au/location/view/122) that are available in Wellington Shire.

For any enquiries regarding Public Transport in Victoria please phone 1800 800 007.

Community Garden Marley Street - Photo provided by Robyn Salter





This Guide has been produced in partnership with people from the Wellington community and Community Service Organisations.

Thank you to:

- **The Marley Street Hub residents for their valuable advice and contributing their photos.**
- **All those who have been a part of the development of the guide.**

The Trinculo Shipwreck, Golden Beach - Photo provided by Jason Finger