



PROSPECTUS

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**GLOBAL INSTITUTE
OF SANOMENTOLOGY**



IPHM International Practitioners
of Holistic Medicine
APPROVED TRAINING PROVIDER

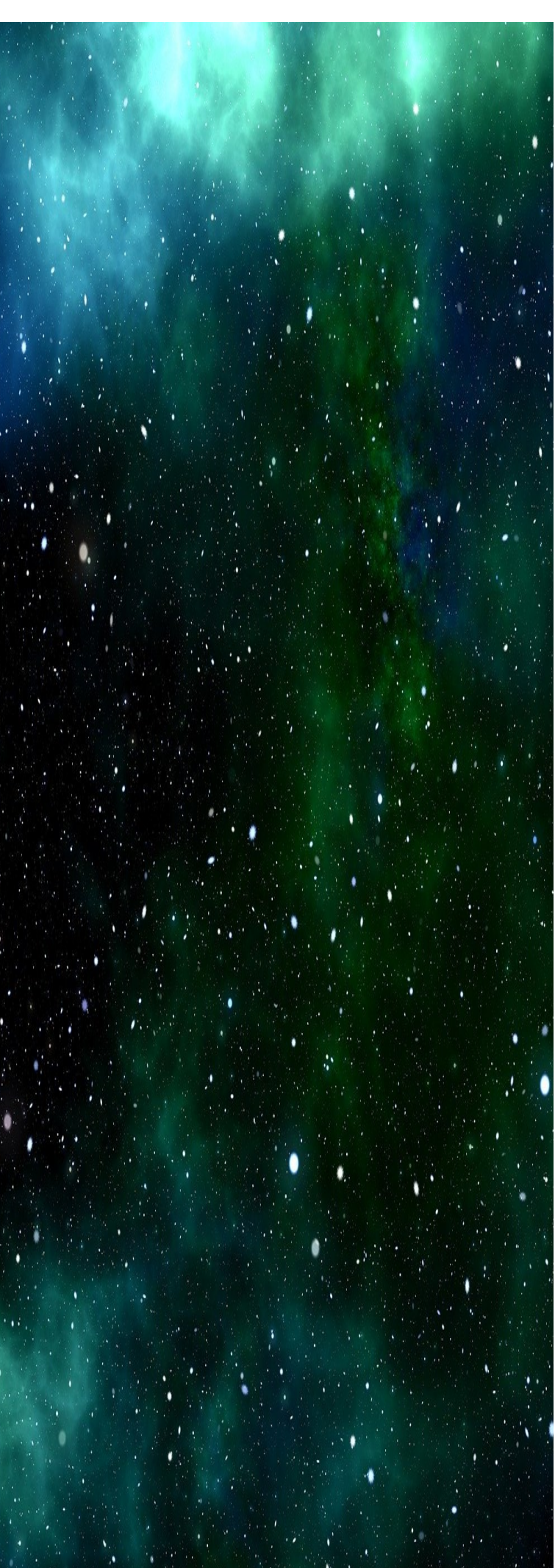
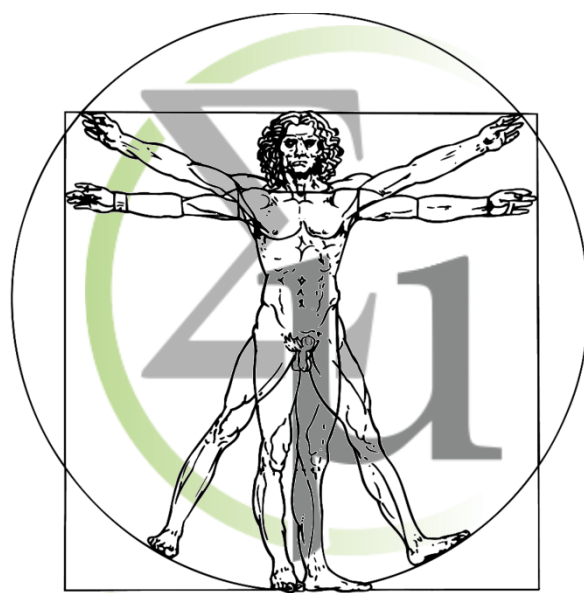


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SANOMENTOLOGY – WHAT IS IT?

Sanomentology and what it is in its simplest terms.

We use the power of the dream!

The ability to dream is the most powerful process we possess. The dream is the ultimate connecting medium between physical, mental and spiritual existence. It allows the Unconscious being to work without interference from the limiting and critical conscious mind.

Some of the biggest life changing inventions and discoveries were made due to this innate power; the sewing machine, DNA, the periodic table, Einstein's theory of relativity, Google, the list could go on.

Dreams have also been accepted for thousands of years as the best healing process. Ancient Egypt, Ancient Greece and Persia all have records of a form of "Sleep Temple" where a person would be guided into a dream and then left to heal.

This is something that evolution has developed to help us, and other animals to make sense and deal with the world around us.

The problem today is the world has changed faster than evolution can keep up. In times when we lived in caves, we had a limited sense of purpose. Mankind had to look out for a small group of people in his tribe, and think about the basic needs. Dreams back then would have been focused and clear, dealing with the limited issues that were current.

Nowadays, people worry and fear too much. We are driven by the media and the world around us to fear, worry and stress over too much. The constant bombardment from social media and other platforms, and the sheer busyness of the world overloads our senses, and in turn our amygdala.

Television, films, video games and the like further this cataclysmic overload, the amygdala doesn't realise that zombies are not real, so it suddenly (in evolutionary terms) has a lot more perceived danger to filter and sort. It's not built for that level of information, so dreams become randomised, chaotic, confusing and muddled. The amygdala cannot do its job properly, and this leads to an increase in anxiety, fear, illness and other maladies.

This overload of information creates change in the brain, the Reticular Activating System and other elements start to raise the awareness of danger and threat, increasing the information that the amygdala has to filter, and we suddenly have a vicious cycle.

And this is where the magic of Sanomentology lies. Our protocols and processes all utilise this ancient ability that we all possess. It uses the power of the dream.

Rather than letting the dream run randomly as happens usually, Sanomentology carefully guides them, setting the scene and filtering out the unnecessary elements to allow the dream to systematically and methodically resolve each issue as it needs. The clients dreams are their own, and run in the best way to suit them safely, but we remove the muddled and confusional overload.

With this process, we can guide a person to heal, think clearly, resolve problems, and build their future in ways that are natural, effective and fast. Physical, mental and spiritual issues and problems can be resolved and cleared quickly. And as this happens, the amygdala clears out, allowing it to continue its job with clarity and purpose.

Sanomentology was born from an evolution in a series of therapeutic processes. The word comes from the Latin word Sano (to make whole and restore), Ment (of the mind) and Ology (the study and research of).

The logo for Sanomentology incorporated the Greek letters Σ and μ . Coincidentally (or not) these represent "the sum of" and "micro" which has fitted in as many of the processes look at the multitude of small things that accumulate to create bigger issues.

Sanomentology is a perfect blend of therapeutic processes, breaking down the barriers between Psychology, Philosophy, Science and Theology.

It is split into three paths, The Path to Deep Healing, The Path to Enhancement and The Path to Enlightenment.

The Path to Deep Healing is made up of a versatile, adaptable set of protocols that give fantastic results for physical pain, emotional pain, PTSD, addictions, weight management, phobias, anxiety, depression etc. You name it, one of our team has probably treated it successfully.

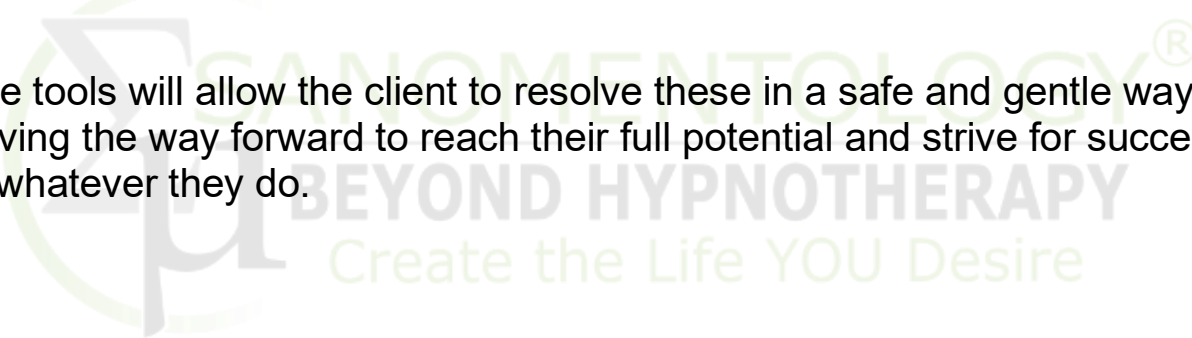
Working at a deep level in the mind Sanomentology gets to the root of the problem, untangles the issue and allows the mind to reroute its programming for the better.

We talk to the unconscious mind rather than at it. Clients are in control the whole way through, us as therapists help to steer the client through the framework and guidance with the only aim being that the client has a pleasant and positive experience.

By keeping our own egos and ideas out, the client is able to heal and respond faster.

The Path to Enhancement is made up of a set of tools, created and designed to resolve issues that may be holding a person back. These may range from fears of success or failure, ego issues, beliefs, and a multitude of other issues.

The tools will allow the client to resolve these in a safe and gentle way, paving the way forward to reach their full potential and strive for success in whatever they do.



The Path to Enlightenment takes everything to a deeper level, understanding the why and how of the therapeutic processes, taking knowledge from the ancient texts and modernizing it to fit today's society. The basic Laws are discussed, and the program teaches how to use these Laws to the advantage of the client.

This part of the program brings everything together in a way that gives the client and trainee true Mastery over their own lives.



THE VISION

The vision for the Sanomentology Program has two parts.

Firstly, we aim to provide the fastest, safest and most effective therapeutic service in the world. The protocols are designed in a way to allow the client's own unconscious mind to assess the problem or issue, and to use its own programming to resolve it.

The majority of the protocols are extremely content free, thus allowing the Unconscious Mind to resolve the root of the problem rather than the surface level. Its key task is to keep the client safe, so will therefore create its own metaphors and analogies to replace serious traumatic memories, reducing the risk of the trauma-based memories causing further distress.

Because we give the Unconscious Mind that freedom to perform and do what it does best, results with Sanomentology can be achieved in a fraction of the time that other therapies may take.

As we expand our global team of Sanomentologists, we aim for the therapy to be one that everyone turns to with confidence and trust when they suffer mental health issues.

The second element is the team aspect of the program.

As someone who has always been self-employed, I understand the trials of being a lone therapist. The mission of the Sanomentology program is to provide a team working environment similar to that of a large company, whilst still giving the freedom of self-employment.

The team are friendly, supportive and all work with the same goals. Any issues or problems, personal or professional can all be addressed in with the team. Personal growth and development can be achieved with the trading of sessions between team members helping everyone to work toward their full potential.

TRAINING

"I have trained with company x and am so confused, lost, and have no confidence in what I learnt."

Such a common message we receive from potential trainees.

That's where we tore up the whole training protocol. We want team members that can go out with the skills and confidence to represent the Sanomentology Brand in the way it deserves.

Therefore, we put no limits on the amount of training you can do. Apart from training in some of the deepest and most effective therapeutic methods in the world, once you have trained you become part of a community. As part of that community, you can attend training as often as you like, as well as having access to the video recordings of the training. You also get access to all future training as the brand grows and evolves, again all included in the membership.

All training is made available in person, via zoom, and as recorded videos to make it accessible to everyone at their convenience.



WHAT YOU WILL LEARN

Sanomentology Basics

These are the basic programs that carry forward across all three paths in the Sanomentology Program.

Basic Skills

Covering elements such as safety, moral and ethical practice, intent, confidence and other elements crucial for the effective therapist.

Communication

How to communicate quickly and effectively with the Unconscious Mind.

Mind Mediation

The key starting point for all Sanomentology practices, this covers how to mediate between the Conscious and Unconscious Minds to resolve conflicts between the two.

Dreamscaping

Made up of The Inner Journey and Interactive Lucid Dreaming, we use the ideas first recorded in Ancient Egypt and Greece of using guided dreams to resolve issues.



THE PATH TO DEEP HEALING

Rapid Pain Elimination Therapy

Undoubtedly one of the fastest and most effective ways to remove chronic emotional and physical pain. You will learn to adapt the protocols already taught to help clients suffering from all types of chronic pain.

G.O.S.H. (The Gift Of Self Healing)

This is a highly effective hypnotic process designed to place the body in the perfect state for physical and emotional healing. It comes in two versions, the Mind Pool and the Dance Edition.

T.I.M.E. (Total Integrated Mind Enhancement)

This is a deep process integrating 12 highly effective therapies into one free flowing narrative designed to work on many issues at multiple levels and layers to completely clear out the negative residual programs in the mind.

Conclusions

Many issues can be caused by “unfinished business” sat in the amygdala. Conclusions is part one of a series, and is a process to allow all unfinished business, no matter how small, to be resolved and removed, essentially resetting the amygdala.

The Schrödinger Protocol

When memories are stored, they have an emotion linked to them. This is the cause of issues such as PTSD, Phobia, Anxiety and other problems. The Schrödinger Protocol is part two of the series and allows the emotions to be adapted and the negative links removed. It works on the smallest issues that may accumulate to cause larger issues. It also brings in future pacing to allow the Unconscious Mind to plan the future programming.

Resolutions

This is the third part of the series that forms an agreement to not allow future events to reactivate or cause further issues.

The Resolute Pact (single Session)

The Resolute Pact is the single session blend of the trilogy of protocols, Conclusions, The Schrödinger and Resolutions.

FreeSpa (Freedom from Substance and Process Addictions)

The science behind substance and process addictions and how to deal with them in the most effective way.

Fears and Phobias

The reasoning behind phobias and fears, and how to deal with and eliminate them efficiently.

CREATE (Clearance and Resolution of Emotions After Traumatic Experiences) PTSD program

A tried and tested program to successfully treat the effects of PTSD.

YES (Your Esteemed Self) Weight Management Program

A workshop on the reasons of poor weight management, and the processes to help to deal with these to help someone to reach their Happy Weight.

Sleep

The reasons beyond anxiety for problems surrounding sleep, and how to adapt the programs to help a client to get the perfect nights sleep.

Anxiety and Depression

The difference between Anxiety and Depression, the causes, and how to quickly resolve this widespread issue.

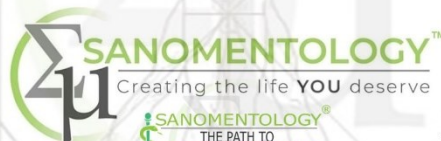
Illness and Healing (and other maladies)

How to work to resolve or remove many other issues including Allergies, Hay fever/Rhinitis, Intolerances, IBS/Krohn's and other digestive tract issues, MS, Diabetes/Thyroid issues, Eczema, Psoriasis, General healing from viral, infections, surgery etc and much more.



Diploma in Sanomentology
DEEP HEALING
is awarded to

*For the completion of 90 hours training in the protocols and workshops required for the Diploma in Sanomentology. The bearer is now licensed as a Sanomentologist and entitled to use the letters *DSM* after his or her name*



Signed _____

DATE: _____

Cert No: _____



THE PATH TO ENHANCEMENT

The Unity Process

It can be difficult for the Unconscious Mind and Conscious Mind to work together seamlessly trusting each other. The Unity is a process to form an understanding between the two and allow them to work together more harmoniously.

The Awakening

We have forgotten many skills and abilities throughout evolution and throughout our own lives. The Awakening is a process that allows these skills to be restored as needed, and potentially allows the client to gain more skills through the collective consciousness.

Love and Fear, and the Ego State

A section on the two base emotions of Love and Fear and how they impact the Ego and id. It includes the LAF process designed to work from the positive emotions rather than the negative, and to use the Ego in a beneficial way.

The BAC UP Plan (Belief And Confidence Upgrade)

This is all about why belief in self and confidence are lessened over time, and a protocol to boost or upgrade these key elements for a client's wellbeing.

Base 12 Architecture

Base 12 Architecture is a theoretical idea that works on the base consciousness of pure energy, and how there are 12 elements of collective consciousness. Working at the base energy levels can create results in ways other therapies cannot. Potentially this program, which includes the Connections Protocol, can work at all levels including the larger scale of communities, families, and even the whole planet.

M.Y.D.A.S. (Manifest your dreams and succeed)

This is the Sanomentology version of The Law of Attraction, which fills in the holes in the theories. It includes the protocol to help clients to manifest exactly what they truly desire.



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ENHANCEMENT
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SANOMENTOLOGY
THE PATH TO
ENHANCEMENT

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THE PATH TO ENLIGHTENMENT

This Path takes the Sanomentology program to a much deeper level of understanding. Crossing the planes of physical, mental and spiritual, and even further, taking knowledge from the ancients to a modern setting.

Introduction-The Beginning (and The End)?

Here we discuss the theories behind reality and our perception of it. We discuss the realms or planes that everything exists within, and how they progress from creation. We then discuss the seven fundamental Laws that govern all that exists.

Mentalism

All things are contained within the mind of Source, are a creation of Source, and therefore part of. Here we discuss the implications of this, and the deeper meanings.

Correspondence

For all things to manifest, be manifested, or even exist, there must be correspondence, harmony and agreement across all of the planes. Here we look at the art of perfect correspondence across these planes.

Vibration

Everything vibrates, has a frequency. This part of the program discusses the vibration within ourselves and the universe, and how to use it to create the best possible life.

Polarity

Or opposites. Everything that has ever been, and will ever be manifested, on all planes comes with 2 poles, a pair of opposites, with varying degrees between the two. The exercise here is to use Mental Transmutation to move ourselves and others from one pole to the other.

Rhythm

Rhythm is linked to the Law of Polarity, with the pendulum heading from the negative to the positive, then back again continuously. But using vibration we can avoid the backswing by rising above the plane that the swing exists.

Cause and Effect

Nothing is left to chance, everything has a Cause and an Effect. Luck does not exist except in the half wise mind of the bearer. Even the result from a roll of a dice is caused by lots of deciding factors, the spin, the surface it hits, even the atoms within the impacting areas. The deeper understanding outlined in this section allows blame to be eliminated and true forgiveness to happen.

Gender

Everything in the Universe, across all Planes has a masculine and feminine element to it. Generally speaking (and proof to the rule of men in past society) the negative charge, negative particle etc is feminine, and the positive is masculine. Taking the idea of the Conscious and Unconscious to another level of the I (male) and Me (female) we can learn to truly influence ourselves and those around us.



SUPPORT

Once you have joined the team and started the training, you will get access to the private Licensed Sanomentology group on Facebook. This is a friendly and supportive group where the rule is that no question is silly, and every member is treated with utmost respect. Within this group you can ask any questions concerning clients, protocols, training, and anything else you need.

You can also message myself and other members of the team to ask privately if needed.

Throughout your journey with us to become a Sanomentologist, you will never be left to struggle, we will be right behind you all the way.

WHAT THE TEAM SAY

“The best training ever and is suitable for anyone entering into the therapy providing world and equally for the already trained therapist. Your toolbox holds no limits. No questions left unanswered. The results speak for themselves” – Paula Pearson

“The information and techniques you will learn will change your life forever, and your clients will receive therapy that will change their life in minutes” – Neil Edwards

“Cannot recommend Martin’s training highly enough. Could not be involved with a better team. So excited for the future” – Carol Williams

“I cannot believe the value that Martin has packed into this Sanomentology course. One of the best decisions I have made is taking this training. Martin is a very gifted trainer and a very original thinker. If you can take the course you will I’m sure find it life changing both for you and your future clients” – Paul Kay

THE FUTURE

The Sanomentology Program is constantly growing and expanding, both in its team of practitioners globally, and its protocols and ideas.

We are currently working on a number of theories and ideas to add to the training, with further protocols and masterclasses planned.

We also continue to assess current protocols for their effectiveness and adapt and better them as needed to ensure the best possible service for you and your clients.

Your participation and passion in the group and team will directly link to what you get from it.

ABOUT THE FOUNDER



"Hi there! I am Martin Rothery, Sanomentologist, Hypnotist, Pain Eliminator and Law of Attraction Practitioner.

I am a deep thinker with interests across the fields of science, theology, psychology and philosophy.

I have developed the Sanomentology program, (Sano - Restore, repair, Ment - the mind, Ology - the study and research of) by breaking down the barriers between the different elements. The protocols and processes within the program help to resolve the many issues that plague our every day lives.

I live in Chesterfield, UK with my beautiful wife and have 5 fantastic children. They are the driving force behind my passion.

This passion is what is going to make the Sanomentology Program the most effective and diverse therapy process in the world."

HOW TO JOIN US

Join our public Facebook page here

<https://www.facebook.com/groups/2289807704652075/>

Or send a message to me at

<https://www.facebook.com/martin.rothery.3>

to discuss the three Paths and how you'd like to proceed.

Alternatively contact us directly via the details on the back page of this prospectus.

FAQ

I have no prior training in therapy, is this course suitable for me?

Yes, absolutely. The training is designed in a way to suit everyone, irrelevant of prior experience and training. You will be taught everything you need to go out and work with clients straight away.

Is the training accredited with any professional body?

Currently the training is approved by the IPHM (International Practitioners of Holistic Medicine) and it is in the process of getting accreditation by the IICT (International Institute of Complementary Therapy). This also helps with gaining insurance to practice.

Can I get insurance as a Sanomentologist?

“Yes. Because we are an accredited training provider insurance is easily gained.

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