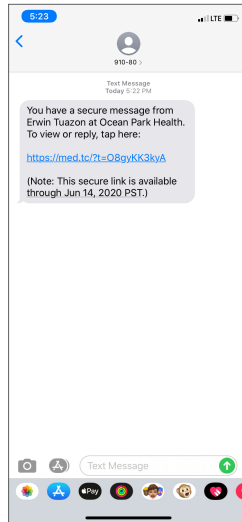


# Quick Reference Guide

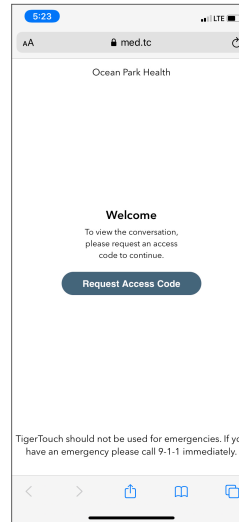
## Receiving Messages from your Healthcare Provider - iOS

Your healthcare provider will be able to send you secure messages safely to you and your contacts. To get started, all you need is the smart phone with the phone number you provided to their office. Follow the steps below to get started.

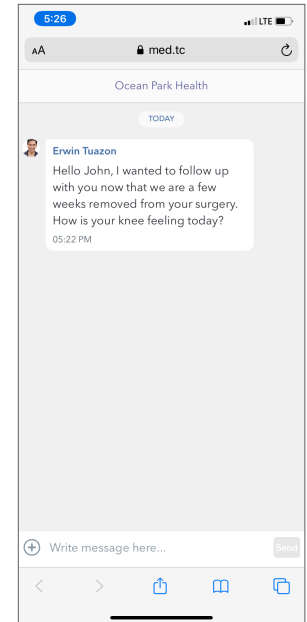
- 1 You will receive an SMS text from your provider. Tap the link to get started. *(save this number in your contacts)*



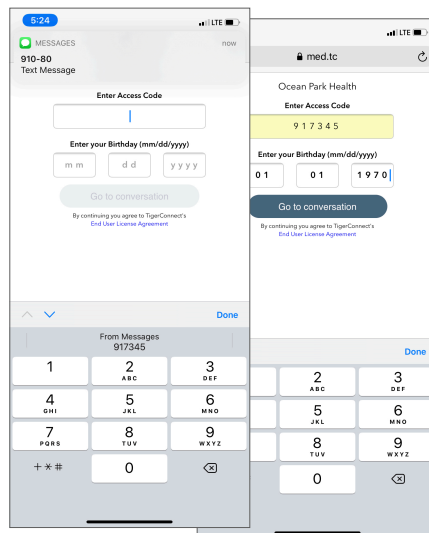
- 2 Tap Request Access code. This will send you a second SMS text message with an Access Code.



Your conversation will appear in the web browser of your iOS device. Tap on "Write message here" to compose a message and send. You can even attach a photo using the plus sign at the bottom left of the screen.



- 3a
1. Wait for the second message to appear at the top of your screen.
2. Tap on the Access Code field.
3. Wait until the Access Code smart fills into your browser (this usually takes about 5-10 seconds, depending on your wireless connection strength).
4. Enter your Date of Birth. Only Patients will be asked this, Patient Contacts will only require the Access Code.



- 3b
1. Switch back to your Messages
2. Remember the Access Code given in the second SMS text *(write this down if necessary)*
3. Switch back to your web browser
4. Enter the Access Code from the SMS text.
5. Enter your Date of Birth. Only Patients will be asked this, Patient Contacts will only require the Access Code.

