



Welcome to the Counselors Corner @ ECS

All about the Counselors

MS. Amelia Rey: PreK and Elementary Grade Counselor

Welcome back! Most of you know me but I would like to introduce myself to all the new families that have started at Epiphany Catholic School. My name is Amelia R. Rey, but I'm better known as Mrs. Rey and I have been part of the Epiphany Community for many years.

Professionally, I'm a licensed clinical social worker in the State of Florida enjoying my 10th year working at Epiphany as the Pre K and Elementary school counselor. I visit the classrooms once a month and the students are introduced to a new Character trait, however if need be, I will return and discuss topics that might be occurring that need to be addressed at that specific time. Prior to working at Epiphany, I worked for Miami Dade County Public School System Special Education Dept as an EBD counselor for 22 years! My focus has been primarily in direct services with students and families, and I'm affiliated with the FIU Robert Stempel College of Public Health & Social Work Mentorship Program.

MS. Susan Millan: Middle School Counselor

I would like to take this opportunity to introduce myself to those who are new to Epiphany Catholic School. My name is Susan Galceran Millan and I am the Middle School Counselor. I want to welcome our new parents and our returning parents to the Epiphany School Family.

This year we will be working closing with ADOM and Mr. Rigg, Superintendent of Catholic Schools in creating a task force to enhance our efforts to support the mental and emotional health of our students in school.

Like MS. Rey, I'm a Licensed Social Worker in the State of Florida. I'm certified in Trauma Focused Cognitive Therapy and Brief Strategic Family Therapy from the University of Miami. What I love most about adolescents is that they are diverse and very interesting; they are like clay- Still impressionable. My primary responsibility will be to promote academic excellence and Social/Emotional development. I will be meeting with students individually and in groups, collaborating with teachers and staff to benefit and meet the needs of all the Epiphany students below are the Monthly Character Building Themes that we will be using in our curriculum both at an Elementary and Middle school level.

Monthly Character-Building Themes

As part of the curriculum, Ms. Rey and I will visit each classroom every month. Each month we focus on a different Character-Building Theme that stems from the Foundation for Social-Emotional Learning!

September: Responsibility
October: Random Acts of Kindness; Stop/Walk/Talk Approach
November: Gratitude
December: Giving and Hope
January: Self-awareness
February: Friendship
March: Coping Skills and Management
April: Making Healthy Decisions
May: Recap; Bucket List; Moving Forward

Parent Resources for Elementary School

Newsletter@ childmind.org

INFO @ FAMILY FIRE .COM

KERRY@ SELF-SUFFICIENTTKIDS.COM

WWW.YOUNGMINDS.ORG

WWW.COPINGSKILLSFORKIDS.COM

Parent Resources for Middle School

www.nasponline.org/resources-and-publication

childmind.org

samsha.gov

www.nimh.nih.gov

www.naeyc.org

Contact Us:

Feel free to send us an email:

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Ms. Millan: smillan@ecsmiami.org - 305-667-5251 ext.140

The mission of Epiphany Catholic School is centered on the Eucharist, aimed at academic excellence, and focused on outreach through service. Inspired by the Magi following the star toward Jesus, we educate our diverse learners to think critically, work collaboratively, and act globally