

**Faculty Profile for RMT-CEFAM and LST websites
(updated: October 11, 2023)**

Myrna Joyce O. Sanchez, PhD, RGC

Lecturer, Associate Professor of Family Ministries and Pastoral Counseling

Contact information

RMT-Center for Family Ministries Foundation Ateneo de Manila University
Loyola Heights, Quezon City
Tel. (63 2) 8426-4289 to -4292 / (63) 915 419-1636

Courses

Marital and Premarital Dynamics and Counseling: A Psycho-Spiritual Approach;
Family Spirituality Practicum
Apprenticeship in Pastoral Care and Counseling
Supervision in Pastoral Counseling
Principles of Change

Areas of Interest

Marital and family psychology and spirituality; play therapy for children and older persons; expressive arts; grief and trauma; positive psychology; supervision of counselors; family and child welfare services; and group processes.

Background

Myrna Joyce O. Sanchez is a Senior Counselor of the RMT-Center for Family Ministries, a family and healing ministry of the Society of Jesus. She is the current head of Daluyan, the outreach program of the RMT-Center for Family Ministries and is also a faculty member of the Institute of Formation and Religious Studies.

She is a registered guidance counselor, holds a Master's Degree in Family Ministries with concentration in counseling from the Ateneo de Manila University, MA in Psychology and PhD in Psychology, major in Clinical Psychology and minor in Developmental Psychology, both from the University of the Philippines, Diliman.

Her professional affiliations include Philippine Guidance and Counseling Association, as a member; and Philippine Association for Child and Play Therapy as a Board Member.

Dr. Sanchez worked as an adoption professional for a number of years. She served as a Psychologist in the Inter-Country Placement Committee (ICPC) of the Inter-Country Adoption Board (ICAB), an attached agency of the Department of Social Welfare and Development. She provides training services for the Department of Social Welfare and Development (DSWD) and various NGOs in the areas of skills enhancement, personal growth, and mental health enrichment. She also taught for many years in St. Scholastica's College, Department of Psychology and Counseling.