

Faculty Profile for RMT-CEFAM (Updated as of January 2023)

Maria Cynthia Javier- Gavino, PhD.

Lecturer, Associate Professor of Family Ministries and Pastoral Counseling

Contact information

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Course

Pastoral Psychology and Counseling
Family Spirituality and Sexual Ethics

Areas of Interest

Families of Overseas Filipino Workers; Leadership and the Family; Pre-Marital & Marital Counseling; Professional Ethics in Counseling; Family Corporations

Background

Cyn Gavino is counselor and psychologist of the RMT-Center for Family Ministries, a family enrichment and healing ministry of the Society of Jesus. She handles individual, marital and family concerns. She is a resource person, trainer, and facilitator for CEFAM programs in personal growth, marital and family enrichment, and work-life balance seminar/workshops for corporations, schools, NGOs, and parishes.

Cyn Gavino holds a Bachelor of Science in Hotel and Restaurant Administration (*cum laude*) from the University of the Philippines (1978), a Master in Business Administration from the Ateneo de Manila University (1985), a Master in Pastoral Ministry and Family Counseling at the Loyola School of Theology, Ateneo de Manila (2002) and a Master in Psychology, University of the Philippines (2012). She holds a Doctorate in Philosophy (Psychology) at the University of the Philippines (2018). Her dissertation is on the "*Challenges and coping experiences of seafarer wives given their cyclical separation from their spouses*". She is an affiliate member of the Psychological Association of the Philippines (PAP). She also holds a Professional Diploma in Family Ministries from RMT-CEFAM and is a graduate of the Apprenticeship program.

Cyn Gavino was an adjunct faculty of the Asian Institute of Management where she taught *Family Theories, Dynamics and Genogram in Leadership* in the Master in Management, Master in Development Management and Managing Family Corporation Programs. She was also a guest lecturer of the University of the Philippines College of Home Economics, teaching Family Life and Societal Development. She has taught Business Ethics and Family Work Life Balance as a guest professor at the De La Salle University MBA program.

Cynthia is married to Jacinto C. Gavino, Jr. DPA. They have 3 children: Jacinto Lauro (1982), Jose Antonio (1985) and Sarah Olivia (1989)