# Faculty Profile for RMT-CeFaM and LST websites (updated: March 3, 2021)

## Fr Arsenio A Lumiqued Jr MSC, Ph.D., R.G.C.

Lecturer, Associate Professor of Family Ministries and Pastoral Counseling

### **Contact information**

RMT-Center for Family Ministries Foundation Ateneo de Manila University Loyola Heights, Quezon City Tel. (63 2) 8426-4289 to -4292 / (63) 915 419-1636

#### Courses

Principles of Supervision in Pastoral Counseling and Spiritual Care; Assessment, Diagnosis and Clinical Theology; Cognitive Behavioral Therapy for Depression and Anxiety; Cognitive Behavioral Therapy for Substance Abuse; Family Dynamics and Counseling Approaches; Practicum in Marital and Family Counseling; and Pastoral Group Process & Counseling.

#### Areas of Interest

Marital and family pastoral psychotherapy, gestalt therapy, altered states of consciousness, cognitive behavioral therapy and positive psychology. Systemic approaches to marital and family pastoral psychotherapy applied to Asian setting.

## Background

Fr Arsie is a Missionary of the Sacred Heart (M.S.C.), a registered guidance counselor (R.G.C.), and a board member of the Philippine Guidance and Counseling Association (PGCA).

He has a Professional Diploma in Family Ministries from RMT-Center for Family Ministries and M.A. in Sacred Theology from the Loyola School of Theology, Ateneo de Manila University; a post graduate studies on Human Potentials Development at University of the Philippines; a Ph.D. in Educational Management from Angeles University; and done with the academic units for a Ph.D. in Counseling Psychology minus the dissertation at De La Salle University.

He took RISE UP, a Clinical & Counseling Supervision Training (accredited by American Counseling Association, ACA). He went for a Cognitive Behavior Therapy training at the Beck Institute in Philadelphia, USA under Dr Judith Beck and Dr Aaron Beck. He also attended the 2019 ACA Conference & Expo at New Orleans, LA. At present, Fr Arsie is a senior faculty member and a marital & family counselor at the RMT-Center for Family Ministries (RMT-CEFAM), Ateneo de Manila University. He also teaches at the following schools: Maryhill School of Theology; De La Salle University; Miriam College Graduate School; and the East Asian Pastoral Institute, AdMU where he is a spiritual accompany-er and counselor.