

-SANKEY'S-
MAINS

SANKEY'S SMOKE £18.50

HOUSE SMOKED HADDOCK IN A RICH LEEK MORNAY SAUCE ON A BED OF FRESH SPINACH. TOPPED WITH A POACHED EGG + SOURDOUGH TO DIP

SEAFOOD PAELLA GF DF £22.50

MONKFISH, CHICKEN, CHORIZO, SQUID, MUSSELS, PEAS & PRAWNS

250G FLAT IRON STEAK *SERVED MEDIUM RARE. GF DF* £19.95

ROCKET & RED ONION SALAD, FRIES

ADD PEPEERCORN SAUCE £2.50

SURF & TURF GF £49.00

A 250G FLAT IRON STEAK*, 1/2 NATIVE LOBSTER, SALAD & FRIES.

*SERVED MEDIUM RARE

LOUISIANA SEAFOOD BOIL GF £58.00

CREVETTES, MUSSELS, PRAWNS, 1/2 NATIVE LOBSTER, CRAB CLAWS.

SMOKED PORK RIBS, CORN, SERVED WITH SOURDOUGH & GARLIC MAYO.

-FISH & -
CHIPS

OUR HAKE IS CURED TO GIVE IT A FIRMER TEXTURE BEFORE WE SMOTHER IT IN A GORGEOUS GLUTEN FREE CIDER BATTER.

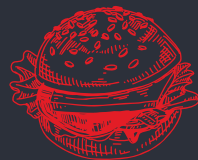
*WHEN HAKE ISNT AVAILABLE WE USE HADDOCK

PETERHEAD HAKE GF DF £18.50

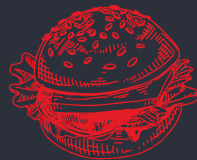
CHIPS, CRUSHED GARDEN PEAS, TARTAR SAUCE, WALLY.

PLANT BASED FISH & CHIPS VE GF DF £12.95

CHIPS, CRUSHED GARDEN PEAS, VEGAN TARTAR SAUCE, WALLY.



-THE-
BURGERS



CHEESE BURGER £12.00

DOUBLE FULLER'S BEEF PATTY, SHREDDED BABY GEM, BURGER SAUCE, AMERICAN CHEESE, BRIOCHE BUN

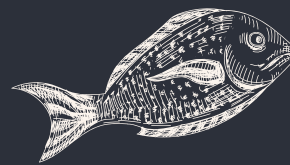
THE PO' BOY £12.00

PANKO KING PRAWNS, CHIPOTLE SAUCE, SHREDDED BABY GEM, FRESH LIME, BRIOCHE BUN.

KOREAN CHICKEN BURGER £12.00

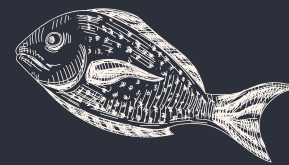
CRISPY FRIED CHICKEN BREAST, KOREAN GLAZE, KEWPIE MAYO, ICEBERG LETTUCE, BRIOCHE BUN.

ADD FRIES £4.00 | DIRTY FRIES £5.50 | TRUFFLE TATER TOTS £6.00



KIDS MENU
£8.50*

*FREE DURING KCC SCHOOL HOLIDAYS



CHOOSE ONE OF THE FOLLOWING:

FISH FINGERS DF GF

GRILLED CHICKEN BITEs DF GF

MOULES MARINIER GF

LITTLE FLAT IRON STEAK GF

CHEESE BURGER

MAC & CHEESE VG

PICK TWO SIDES

FRENCH FRIES DF GF

GARDEN PEAS DF GF

CARROT & CUCUMBER STICKS DF GF

TENDERSTEM BROCCOLI DF GF

FOR DESSERT:

IN A CONE

VANILLA, CHOCOLATE, STRAWBERRY OR HONEYCOMB ICE CREAM

ELDERFLOWER, RASPBERRY OR LEMON SORBET

DON'T FORGET TO CHECK OUT OUR KIDS ACTIVITY BOOK

OFFERS

OYSTER HAPPY HOUR

BUY ONE GET ONE FREE OYSTERS

EVERY FRIDAY

4 TO 5PM

MID WEEK MOULES £38

2 KILOS OF MUSSELS + A BOTTLE OF WINE = SAVE £20

WEDNESDAY

ALL DAY

KIDS EAT FREE

1 FREE KIDS MEAL WITH EVERY ADULT MAIN

SCHOOL HOLIDAYS

KCC LISTED HOLIDAYS

THIRSTY THURSDAY

BEER FROM £4, WINE FROM £20 A BOTTLE

EVERY THURSDAY

ALL DAY, NO CATCHES

EXPRESS MENU

LUNCH MENU FROM £8

WEEKDAY LUNCHEs

12 TO 3PM

SCAN HERE FOR FREE WIFI



SEAFOOD KITCHEN & BAR

39, MT EPHRAIM, TUNBRIDGE WELLS, TN4 8AA

SANKEYS@SANKEYS.CO.UK

01892 511 422 | WWW.SANKEYS.CO.UK


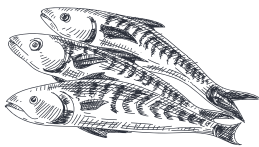


 -APPETISERS-  NIBBLES		
HOUSE SOURDOUGH		£4.00
- WITH MACKEREL PATE		£8.50
- WITH DEVILLIED ANCHOVIES		£8.95

 -SOMETHING FOR-  STARTERS		
JERSEY ROCK OYSTERS	GF DF	£4.50 EA
DIRECT FROM JERSEY. SERVED NATURAL WITH A MIGIONETTE DRESSING.		
OYSTER HAPPY HOUR		
FRIDAY'S 4-5 PM BUY ONE GET ONE FREE		
*RAW OYSTERS ARE CONSUMED AT CUSTOMERS OWN RISK.		

FISH SOUP		£7.50
SOURDOUGH TOAST, ROUILLE. *CONTAINS SHELLFISH		
KEDGEREE SCOTCH EGG	DF	£9.50
CURRY MAYONNAISE		
PRAWN COCKTAIL	DF	£8.50
GREENLAND PRAWNS, MARIE ROSE SAUCE, SHREDDED BABY GEM.		
DEVILLIED WHITEBAIT	DF	£7.50
LEMON MAYO		
KING PRAWN & 'NDUJA NACHOS	GF	£9.50
TORTILLAS, SOURED CREAM, MOZZARELLA, TOMATO & CORIANDER SALSA.		
SCOTTISH MUSSELS		£9.50
STARTER SIZE, SOURDOUGH, MARINIERS OR THAI STYLE		
SALT & PEPPER CALAMARI	GF	£9.50
HOUSE FERMENTED SWEET CHILLI SAUCE.		
BUFFALO WINGS	GF	£7.50
CRISPY CHICKEN WINGS WITH SANKEY'S BUFFALO SAUCE CAULIFLOWER VEGETERIAN VERSION AVAILABLE		

SERVICE CHARGE: 112.5% SERVICE CHARGE IS ADDED TO ALL TABLES. THIS IS DISCRETIONARY & DIVIDED BETWEEN ALL STAFF MEMBERS.

 FRESH -MARKET- FISH 	
THE BEST FISH HANDPICKED FOR YOU. SERVED WITH YOUR CHOICE OF SIDE.	
PLAICE	ORANGE SPOTTED FLAT FISH. WITH A SWEET AND MILD FLAVOUR. CAUGHT OFF SHORE ALL AROUND THE UK. LIKE MOST FLAT FISH THIS IS BEST COOKED ON THE BONE.
JOHN DORY	AN OVAL FISH WITH A FLAT BODY AND SPINY HEAD. THE WHITE, BONELESS, MEATY FLESH IS FIRM AND FLAVOURSOME. POPULAR IN KITCHEN DUE TO ITS VERSATILITY. BEST COOKED ON THE BONE.
MONKFISH	A UNIQUE, FIRM-TEXTURED AND MEATY WHITE FISH. MONKFISH HAS AN EXTRAORDINARY APPEARANCE, WITH ONLY ONE CENTRAL BONE ITS SUPER EASY TO EAT.
LEMON SOLE	NOT ACTUALLY A SOLE. NOR DOES IT TASTE OF LEMON. IT'S ACTUALLY A FLOUNDER. THE FAMILY THAT INCLUDES TURBOT. DELICATE, SOFT SWEET WHITE FLESH.
HAKE	DEEP SEA MEMBER OF THE COD FAMILY. QUITE A MILD FISH. WITH A WHITE FLAKY TEXTURE AND A FLAVOUR THAT IS MORE SUBTLE THAN THAT OF COD. WE CURE OUR HAKE IN BRINE TO FIRM IT UP.
CORNISH SOLE	REBRANDED MEGRIM SOLE. A DEEP WATER FLAT FISH. SIMILAR IN FLAVOUR TO DOVER SOLE. PREVIOUSLY ENTIRE CATCH WAS SENT TO SPAIN, NOT ANYMORE. FIRM WHITE FLESH, ALWAYS COOKED ON THE BONE.
SEA BASS	A POPULAR ROUND FISH WITH SUPERB SWEET WHITE MEAT. WE ONLY BUY WILD BASS. AND NOT THE GREEK OR TURKISH FARMED BASS.
HALIBUT	THE LARGEST OF THE FLATS. CAN GROW UP TO 4 METERS LONG. FIRM SLIGHTLY OILY MEAT IS DELICIOUS. FIRM TOO. OFTEN COOKED AS STEAKS OR FILLETS.
DOVER SOLE	"THE BEST EATING FISH IN THE SEA" SAY BOTH MATTHEW & GUY SANKEY. SLIPPER-LIKE FLAT FISH WITH VERY FIRM FLESH THATS SUPERB DELICATE FLAVOUR THAT LOVES LASHINGS OF BUTTER.
SKATE	ACTUALLY RAY FISH WITH WINGS. NO BONES. JUST EASY TO EAT AROUND CARTILIDGE. STRONG FLAVOURS WITH LONG FIBER LIKE STRUCTURE. ANOTHER FISH THAT LOVES BUTTER.
COD	BRIGHT WHITE FLAKES WITH A SUBTLE FLAVOUR MAKE THIS THE UK'S MOST POPULAR EATING FISH. OUR SCOTTISH COD IS NOT TO BE CONFUSED WITH CHEAPER FROZEN RUSSIAN COD IN CHIPPIES.
SQUID	ACTUALLY A MOLLUSC. SOFT WHITE FLESH WITH A QUILL-LIKE CENTRAL BONE. SQUID LIKES TO BE EITHER COOK FAST & HARD OR GENTLY AND SLOWLY.

 -CRABS &-  LOBSTERS	
BROUGHT DIRECT FROM CORNWALL. SENT UP OVERNIGHT. OUR CHEFS PREPARE OUR CRABS & LOBSTERS EACH MORNING.	

DRESSED COCK CRAB	GF* DF*	£25.00
WEVE DONE ALL THE HARD WORK. YOU JUST GET TO DEVOUR IT. WITH HOUSE SOURDOUGH, MAYO & DRESSED SALAD.		
NATIVE LOBSTER	GF DF*	HALF £34.00
7/800 GRAMS IN SIZE. YOU CAN HAVE THEM HALF OR WHOLE.		WHL £68.00
CHOOSE FROM: GARLIC & HERB BUTTER GARLIC CHILLI BUTTER CHILLED WITH MAYONNAISE		
SERVED WITH SALAD OR FRIES		
LOBSTER MAC & CHEESE		£36.00
1/2 LOBSTER IN A GLORIOUSLY INDULGENT MAC & CHEESE		

-SHELLFISH- MUSSELS

SCOTTISH MUSSELS

GF* DF*

£16.50

DIRECT FROM THE SHETLAND'S OUR MUSSELS ARE MSC CERTIFIED &
ROPE GROWN. SERVED WITH SOURDOUGH. CHOOSE FROM:

MARINIERS | THAI STYLE

MID WEEK MOULES £38 - EVERY WEDNESDAY
2KG OF MUSSELS, BOTTLE OF WINE - SAVE £18

 -SOMETHING ON-  THE SIDE	
FRENCH FRIES	£4.00
DIRTY FRIES	£5.50
MUSHROOM, LENTILES & CARROTS	£4.50
STEAMED TENDER STEM, OLIVE OIL, SEASALT	£4.50
CHARRED SUGAR SNAPS, PEAS, BOK CHOI	£5.00
MIXED GREEN SALAD, HONEY MUSTARD DRESSING	£4.50
CREAMED LEEKS & SAMPHIRE	£4.50
SMOKED PAPRIKA ROAST CARROTS	£4.50

DIETRY REQUIREMENTS: PLEASE MAKE US AWARE OF ANY FOOD ALLERGIES. VE: VEGAN | GF: GLUTEN FREE | DF: DAIRY FREE | GF* OR DF* INDICATES CAN BE GF OR DF WITH ALTERATIONS. PLEASE ASK.