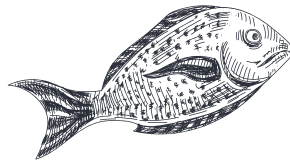


FRESH -MARKET- FISH



THE BEST FISH HANDPICKED FOR YOU,
SERVED WITH YOUR CHOICE OF SIDE.

ORANGE SPOTTED FLAT FISH. WITH A SWEET AND MILD FLAVOUR,
CAUGHT OFF SHORE ALL AROUND THE UK. LIKE MOST FLAT FISH
THIS IS BEST COOKED ON THE BONE.

□□□□□

JOHN DORY

AN OVAL FISH WITH A FLAT BODY AND SPINY HEAD. THE WHITE,
BONELESS, MEATY FLESH IS FIRM AND FLAVOURSOME. POPULAR
IN KITCHEN DUE TO ITS VERSATILITY. BEST COOKED ON THE
BONE.

□□□□□

MONKFISH

A UNIQUE, FIRM-TEXTURED AND MEATY WHITE FISH. MONKFISH
HAS AN EXTRAORDINARY APPEARANCE, WITH ONLY ONE CENTRAL
BONE ITS SUPER EASY TO EAT.

□□□□□

LEMON SOLE

NOT ACTUALLY A SOLE. NOR DOES IT TASTE OF LEMON. IT'S
ACTUALLY A FLOUNDER. THE FAMILY THAT INCLUDES TURBOT.
DELICATE, SOFT SWEET WHITE FLESH.

□□□□□

HAKE

DEEP SEA MEMBER OF THE COD FAMILY. QUITE A MILD FISH. WITH
A WHITE FLAKY TEXTURE AND A FLAVOUR THAT IS MORE SUBTLE
THAN THAT OF COD. WE CURE OUR HAKE IN BRINE TO FIRM IT UP.

□□□□□

CORNISH SOLE

REBRANDED MEGRIM SOLE. A DEEP WATER FLAT FISH. SIMILAR IN
FLAVOUR TO DOVER SOLE. PREVIOUSLY ENTIRE CATCH WAS SENT
TO SPAIN. NOT ANYMORE. FIRM WHITE FLESH. ALWAYS COOKED
ON THE BONE.

□□□□□

SEA BASS

A POPULAR ROUND FISH WITH SUPERB SWEET WHITE MEAT. WE
ONLY BUY WILD BASS. AND NOT THE GREEK OR TURKISH FARMED
BASS.

□□□□□

HALIBUT

THE LARGEST OF THE FLATS. CAN GROW UP TO 4 METERS LONG.
FIRM SLIGHTLY OILY MEAT IS DELICIOUS. FIRM TOO. OFTEN
COOKED AS STEAKS OR FILLETS.

□□□□□

DOVER SOLE

"THE BEST EATING FISH IN THE SEA" SAY BOTH MATTHEW & GUY
SANKEY. SLIPPER-LIKE FLAT FISH WITH VERY FIRM FLESH THATS
SUPERB DELICATE FLAVOUR THAT LOVES LASHINGS OF BUTTER.

□□□□□

SKATE

ACTUALLY RAY FISH WITH WINGS. NO BONES. JUST EASY TO EAT
AROUND CARTILIDGE. STRONG FLAVOURS WITH LONG FIBER LIKE
STRUCTURE. ANOTHER FISH THAT LOVES BUTTER.

□□□□□

COD

BRIGHT WHITE FLAKES WITH A SUBTLE FLAVOUR MAKE THIS THE
UK'S MOST POPULAR EATING FISH. OUR SCOTTISH COD IS NOT TO
BE CONFUSED WITH CHEAPER FROZEN RUSSIAN COD IN CHIPPIES.

□□□□□

SQUID

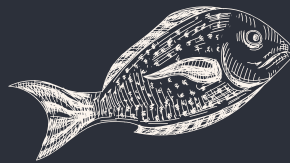
ACTUALLY A MOLLUSC. SOFT WHITE FLESH WITH A QUILL-LIKE
CENTRAL BONE. SQUID LIKES TO BE EITHER COOK FAST & HARD
OR GENTLY AND SLOWLY.

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ALL OUR FISH IS COOKED SIMPLY IN GARLIC BUTTER.

YOU CAN CHOOSE TO ADD THE FOLLOWING SAUCES FOR £2.50

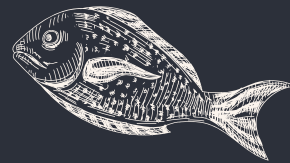
BEURRE BLANC | CHIMMICHURRI | WILD MUSHROOM CREAM | CAPER BEURRE NOISETTE



KIDS MENU

£8.50*

*FREE DURING KCC SCHOOL HOLIDAYS



CHOOSE ONE OF THE FOLLOWING:

HAKE GOUJONS	DF GF
GRILLED CHICKEN BITEs	DF GF
MOULEs MARINIER	GF
CHEESE BURGER	
MAC & CHEESE	VG

AND PICK A SIDE

FRENCH FRIES	DF GF
GARDEN PEAS	DF GF
CARROT & CUCUMBER STICKs	DF GF
TENDERSTEM BROCCOLI	DF GF

FOR DESSERT:

IN A CONE

VANILLA, CHOCOLATE, STRAWBERRY OR HONEYCOMB ICE CREAM
ELDERFLOWER, RASPBERRY OR LEMON SORBET

DON'T FORGET TO CHECK OUT OUR KIDS ACTIVITY BOOK

OFFERS

OYSTER HAPPY HOUR

BUY ONE GET ONE FREE OYSTERS

EVERY FRIDAY

4 TO 5PM

MID WEEK MOULEs £38

2 KILOS OF MUSSELS + A BOTTLE OF WINE = SAVE £18

WEDNESDAY

ALL DAY

KIDS EAT FREE

1 FREE KIDS MEAL WITH EVERY ADULT MAIN

SCHOOL HOLIDAYS

KCC LISTED HOLIDAYS

LOBSTER LOTTO

GET 10, 20, 50 OR EVEN 100% OF YOUR BILL IN JANUARY

NOVEMBER & DECEMBER

ALL DAY

THIRSTY THURSDAY

BEER FROM £4, WINE FROM £20 A BOTTLE

EVERY THURSDAY

ALL DAY, NO CATCHES

EXPRESS MENU

LUNCH MENU FROM £8

WEEKDAY LUNCHEs

12 TO 3PM

SCAN HERE FOR FREE WIFI



WELCOME TO
-THE-
SANKEY'S
SEAFOOD KITCHEN & BAR
MT. EPHRAIM
-RYL. TUN. WELLS-

Sankey's®
SEAFOOD KITCHEN & BAR

39, MT EPHRAIM, TUNBRIDGE WELLS, TN4 8AA
SANKEYS@SANKEYS.CO.UK

01892 511 422 | WWW.SANKEYS.CO.UK

<div>-APPETISERS-</div>		
NIBBLES		
HOUSE SOURDOUGH		£4.25
ADD MACKEREL PATE		£4.50
DEVILLED ANCHOVIES		£4.95
SMOKED MUSSELS		£4.95

-SOMETHING FOR-

SOMETHING FOR

STARTERS

COLCHESTER ROCK OYSTERS

GF DF £2.95 EA



DIRECT FROM TOM HAWARD. 9TH GENERATION OYSTER FISHERMAN.
SERVED NATURAL WITH A MIGIONETTE DRESSING.

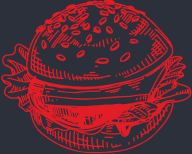
OYSTER HAPPY HOUR

FRIDAY'S 3-5 PM BUY ONE GET ONE FREE

*RAW OYSTERS ARE CONSUMED AT CUSTOMERS OWN RISK.

CRISPY LEMON WHITEBAIT	GF DF	£7.50
AIOLI, CHARRED LEMON.		
SHELLFISH GRATIN		£11.50
BAKED CRAB, LOBSTER, QUEENIE SCALLOPS, GREENLAND PRAWNS, CREME FRAICHE, BRIOCHE TOAST.		
THAI CRISPY BEEF	GF DF	£9.50
STRIPS OF BEEF RUMP IN STICKY TAMARIND SAUCE		
KING PRAWN & 'NDUJA NACHOS	GF	£9.50
CORN TORTILLAS, SOURED CREAM, MOZZARELLA, TOMATO & CORIANDER SALSA.		
BANG BANG CAULIFLOWER	VE GF DF	£6.50
STICKY KOREAN STYLE.		
SALT & PEPPER CALAMARI	GF	£9.50
HOUSE FERMENTED SWEET CHILLI SAUCE.		
BUFFALO WINGS	GF	£7.50
CRISPY CHICKEN WINGS WITH SANKEY'S BUFFALO SAUCE		

<div>-SANKEY'S-</div>		
MAINS		
SANKEY'S SMOKIE		£18.50
SMOKED HADDOCK IN A RICH LEEK MORNAY SAUCE ON A BED OF FRESH SPINACH, TOPPED WITH A POACHED EGG + HOUSE SOURDOUGH TO DIP		
SEAFOOD PAELLA	MIN 2 PER\$ GF DF	£16.50P/P
CHICKEN, CHORIZO, SQUID, MUSSELS, PEAS & GREENLAND PRAWNS		
250G FLAT IRON STEAK	*SERVED MEDIUM RARE, GF DF*	£19.95
ROCKET & RED ONION SALAD, PEPPERCORN SAUCE, FRIES		
GOAN FISH CURRY	VE* GF DF	
MILD & TANGY, TOMATO, COCONUT, STEAMED RICE		
	1/2 LOBSTER	£34.00
	CREVETTES	£18.00
	MONKFISH	£19.50
	SMOKED TOFU	£14.00

-THE-

THE

BURGERS

CHEESE BURGER

£12.00

DOUBLE FULLER'S BEEF PATTY, SHREDDED BABY GEM,
BURGER SAUCE, AMERICAN CHEESE, BRIOCHE BUN

THE PO' BOY

£12.00

PANKO KING PRAWNS, CHIPOTLE SAUCE,
SHREDDED BABY GEM, FRESH LIME, BRIOCHE BUN.

PERUVIAN CHICKEN BURGER

£12.00



GRILLED CHICKEN BREAST, AJI AMARILLO MAYO, PICKLED RED ONION,
CORIANDER, ICEBERG LETTUCE, BRIOCHE BUN.

'UNCONVENTIONAL' VEGAN BURGER

VE £12.00

SLICED TOMATO, SHREDDED BABY GEM,
PICKLES, RELISH, VEGAN MAYO, VEGAN BUN.

<div>-FISH &-</div>		
CHIPS		
WE LOVE OUR FISH & CHIPS.		
WE CURE THE HAKE TO GIVE IT A FIRMER TEXTURE BEFORE WE SMOTHER IT IN A GORGEOUS GLUTEN FREE CIDER BATTER.		
PETERHEAD HAKE	GF DF	£16.50
CHIPS, CRUSHED GARDEN PEAS, TARTAR SAUCE, WALLY.		
VEGAN FISH & CHIPS	VE GF DF	£12.95
CHIPS, CRUSHED GARDEN PEAS, VEGAN TARTAR SAUCE, WALLY.		

-CRABS &-

CRABS &

LOBSTERS

BROUGHT DIRECT FROM CORNWALL. SENT UP OVERNIGHT, OUR CHEFS
PREPARE OUR CRABS & LOBSTERS EACH MORNING.

DRESSED COCK CRAB

GF* DF*

£25

WEVE DONE ALL THE HARD WORK, YOU JUST GET TO DEVOUR IT,
WITH HOUSE SOURDOUGH, MAYO & DRESSED SALAD.

NATIVE LOBSTER

GF DF*

HALF £34

7/800 GRAMS IN SIZE, YOU CAN HAVE THEM HALF OR WHOLE.

WHL £68

CHOOSE FROM:

GARLIC & HERB BUTTER | GARLIC CHILLI BUTTER | CHILLED WITH MAYONNAISE

SERVED WITH SALAD OR FRIES

SURF & TURF	GF	£49.00
A 250G FULLER'S FLAT IRON STEAK*, 1/2 NATIVE LOBSTER, SALAD & FRIES. *SERVED MEDIUM RARE		
LOUISIANA SEAFOOD BOIL	GF	£58.00
CREVETTES, MUSSELS, PRAWNS, 1/2 NATIVE LOBSTER, CRAB CLAWS & KNUCKLES, SMOKED SAUSAGE, CORN, SERVED WITH SOURDOUGH & GARLIC MAYO.		

-SHELLFISH-

SHELLFISH

MUSSELS

SCOTTISH MUSSELS

GF* DF*

500G £9.50

DIRECT FROM THE SHETLAND'S OUR MUSSELS ARE MSC CERTIFIED &
ROPE GROWN. CHOOSE FROM:

1KG £16.50

MARINIERES | THAI STYLE | A LA CREME | MARINARA

MID WEEK MOULES £38 - EVERY WEDNESDAY
2KG OF MUSSELS, BOTTLE OF WINE - SAVE £18

<div>-SOMETHING ON-</div>	
THE SIDE	
FRENCH FRIES	£4.00
DIRTY FRIES	£5.50
TRUFFLE TATER TOTS	£6.00
STEAMED TENDER STEM, OLIVE OIL, SEASALT	£4.50
CHARRED SUGAR SNAPS, PEAS, BOK CHOI	£5.00
MIXED GREEN SALAD, HONEY MUSTARD DRESSING	£4.50
CREAMED SPROUTS, BACON & APPLE	£4.50
SMOKED PAPRIKA ROAST CARROTS	£4.50