Sunday Monday **Tuesday** Wednesday **Thursday Friday** Saturday **10:00 WALMART OUTING** 10:30 CHAIR EXERCISE (AR) March 2024 10:30 CHAIR EXERCISE (AR) 11:00 WHEEL OF FORTUNE 11:00 BEANBAG TOSS 1:30 CHEF CONNECTION (AR) 2:00 WEIGHTLIFTING W/GEE 2:30 BINGO (DR) 3:30 SPA DAY AND NAIL 4:00 STRECHBAND EXERCISE **PAINTING** (AR) 9:45 CATHOLIC CHURCH 11:00 PIZZERIA TESTA OUTING 10:30 CHAIR EXERCISE (AR) 10:30 CHAIR EXERCISE (AR) 10:30 CHAIR EXERCISE (AR) 10:00 HEB OUTING 10:00 GATEWAY CHURCH **SERVICE IN THE CHAPEL** 11:00 WORD W/IN A WORD 11:00 CHICKEN FOOT 1:30 BIBLE STUDY (CH) 11:00 TENZIE (AR) 10:30 CHAIR EXERCISE (AR) **WORSHIP AND PRAYER (AR)** 10:30 GRACE CHURCH SERVICE 2:30 BINGO (DR) 2:00 ENTERTAINMENT 2:30 BINGO (DR) 2:30 BAKING IN BISTRO 2:30 BINGO (DR) 11:00 BRAIN FIT W/TRACIE IN THE ACTIVITY ROOM 3:30 PAINTING W/LONESTAR SOUND (DR) 3:30 LET'S LEGO! 4:00 BETHESDA WALKING CLUB 2:00 WEIGHTLIFTING W/GEE 3:15 CARD MAKING CLUB (AR) 3:30 SPA DAY AND NAIL 2:30 BINGO (DR) **PAINTING** 6:15 EVENING GAMES (AR) 10 16 9:45 CATHOLIC CHURCH 10:30 CHAIR EXERCISE (AR) 10:30 CHAIR EXERCISE (AR) 10:30 CHAIR EXERCISE(AR) 10:30 CHAIR EXERCISE (AR) 10:00 TEXAS TULIP OUTING **SERVICE IN THE CHAPEL** 10:30 CHAIR EXERCISE (AR) 11:00 WORD W/IN A WORD 11:00 CONNECT 4 11:00 CHICKEN FOOT 11:00 HEADBANZ (AR) 11:00 BRAIN FIT W/TRACIE 11:00 BALLOON BALL 1:30 RESIDENT COUNCIL **TOURNAMENT** 1:30 BIBLE STUDY (CH) **2:30 RUMIKUB** 10:30 GRACE CHURCH SERVICE 2:00 WEIGHTLIFTING W/GEE 2:30 BINGO (DR) IN THE ACTIVITY ROOM 2:30 BINGO (DR) 2:00 ENTERTAINMENT W/ JOE 4:00 BETHESDA WALKING CLUB 3:30 SPA DAY AND NAIL 2:30 BINGO 4:00 STRECHBAND EXERCISE 3:30 PAINTING 3:30 AROMA THERAPY HAND (AR) **PAINTING RAY** 2:30 BINGO (DR) (AR) 3:15 JEWELRY MAKING MASSAGE 6:15 TRIVIA GAME NIGHT (AR) Daylight Saving Time Begins 10:30 CHAIR EXERCISE (AR) 21 11:00 FAMILY EASTER EVENT 9:45 CATHOLIC CHURCH 10:30 CHAIR EXERCISE (AR) 10:30 CHAIR EXERCISE (AR) 10:30 CHAIR EXERCISE(AR) **SERVICE IN THE CHAPEL** 10:00 TARGET OUTING 11:00 WORD W/IN A WORD **11:00 YAHTZEE** 1:30 GOSPEL SING-A-LONG 11:00 COLORING PAGE DAY 11:00 TENZIE (AR) 10:30 CHAIR EXERCISE (AR) 1:30 BIBLE STUDY (CH) 2:30 BINGO (DR) 10:30 GRACE CHURCH 1:30 ACTIVITY CONNECTION 2:00 ENTERTAINMENT W/THE 2:30 BAKING IN BISTRO 11:00 BRAIN FIT W/ TRACIE (AR) **SUZETTES** 2:30 BINGO (DR) **4:00 BETHESDA WALKING CLUB** 4:00 STRECHBAND EXERCISE SERVICE IN THE ACTIVITY 2:00 WEIGHTLIFTING W/GEE 2:30 BINGO (DR) 3:30 EASTER BASKETS 3:30 EASTER EGG COLORING (AR) (AR) ROOM 3:30 SPA DAY AND NAIL 3:30 WINE BOTTLE PAINTING 6:15 EVENING GAMES (AR) **PAINTING (AR)** 2:00 ST. PATTIES SOCIAL W/CHANTEL St. Patrick's Day Spring Begins 24 9:45 CATHOLIC CHURCH 10:30 CHAIR EXERCISE (AR) 10:30 CHAIR EXERCISE (AR) 10:30 CHAIR EXERCISE (AR) 10:30 CHAIR EXERCISE (AR) 10:00 KOHL'S OUTING **SERVICE IN THE CHAPEL** 10:30 CHAIR EXERCISE (AR) **11:00 CUP PONG** 11:00 PARACHUTE GAME 11:00 PICK UP STICKS 11:00 BANANAGRAMS 10:30 CHAIR EXERCISE (AR) 11:00 WORD W/IN A WORD 10:30 GRACE CHURCH SERVICE 2:00 ENTERTAINMENT 1:30 BIBLE STUDY (CH) **2:30 RUMIKUB** 11:00 BRAIN FIT W/TRACIE 2:30 BINGO (DR) 2:30 BINGO (DR) 4:00 BETHESDA WALKING CLUB 2:00 WEIGHTLIFTING W/GEE 4:00 STRECHBAND EXERCISE IN THE ACTIVITY ROOM 3:30 JEWELRY MAKING 2:30 BINGO (DR) 3:30 PAINTING (AR) 3:30 AROMA THERAPY 2:30 BINGO (DR) 6:15 EVENING GAMES (AR) (AR) 3:30 SPA DAY AND NAIL (AR) **HAND MASSAGE** PAINTING (AR) Palm Sunday 9:45 CATHOLIC CHURCH 31 BIRTHDAYS: SERVICE IN THE CHAPEL PATRICIA B. 3/3 **MINNIE W. 3/8** 10:30 GRACE CHURCH **JOHN P. 3/21 SERVICE IN THE ACTIVITY CLIFTON M. 3/23** ROOM **BRENDA J. 3/25 SUSANNE M. 3/27 Easter Sunday**