



AGENT  
BENTANCOURT



La Pizarra del DT

*Report*

# DIEGO POLENTA

*Centre-back*



DATA SHEET

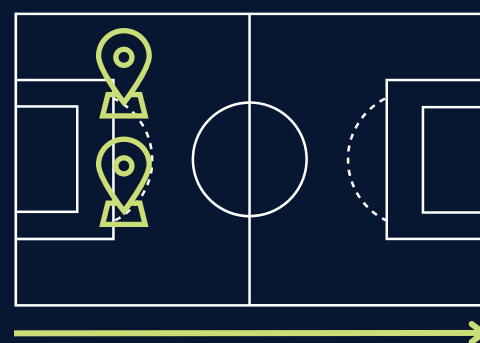


# DIEGO POLENTA

POLENTA MUSETTI DIEGO FABIÁN

NATIONALITY  
URUGUAY

DATE OF BIRTH  
06/02/1992



HEIGHT  
1.85M

CLUB  
NACIONAL



PREFERRED FOOT  
LEFT-FOOTED





# CAREER

## NATIONAL LEAGUES

Season	Team	Comp	🕒	🟢	👤	↶	↷	🚩	⚽	🟡	🔴	⚫
2023	Nacional	🇨🇵 PRD	2197	27	25	2	4	5	1	10	1	0
2022	Unión	🇨🇵 LPA	2422	30	25	5	0	8	2	9	0	0
2021	Nacional	🇨🇵 PRD	1236	14	14	0	1	0	0	5	0	0
2021	Olimpia	🇨🇵 DIP	180	2	2	0	0	0	0	1	0	0
2020	Olimpia	🇨🇵 DIP	1800	20	20	0	0	1	1	4	0	0
2019	LA Galaxy	🇺🇸 MLS	2700	30	30	0	0	0	1	11	0	1
2018	Nacional	🇨🇵 PRD	1235	14	14	0	1	0	0	6	1	0
2017	Nacional	🇨🇵 PRD	2791	32	32	0	1	1	5	14	1	1
2016	Nacional	🇨🇵 PRD	990	11	11	0	0	0	0	2	0	0
2015/2016	Nacional	🇨🇵 PRD	2430	27	27	0	0	1	2	6	0	1
2014/2015	Nacional	🇨🇵 PRD	2280	25	25	0	0	0	0	9	0	0
2013/2014	Bari	🇮🇹 SEB	2769	33	30	3	1	8	4	7	0	1
2013/2014	Genoa	🇮🇹 SEA	0	0	0	0	0	0	0	0	0	0
2012/2013	Bari	🇮🇹 SEB	3191	36	36	0	2	0	1	10	0	0
2011/2012	Bari	🇮🇹 SEB	1380	17	15	2	0	15	0	5	1	2
2010/2011	Genoa	🇮🇹 SEA	17	1	0	1	0	4	0	0	0	0
2009/2010	Genoa	🇮🇹 SEA	0	0	0	0	0	1	0	0	0	0
<b>Total</b>			<b>27618</b>	<b>319</b>	<b>306</b>	<b>13</b>	<b>10</b>	<b>44</b>	<b>17</b>	<b>99</b>	<b>4</b>	<b>6</b>

## NATIONAL CUPS

Season	Team	Comp	🕒	🟢	👤	↶	↷	🚩	⚽	🟡	🔴	⚫
2023	Nacional	🇨🇵 SUC	90	1	1	0	0	0	0	0	0	0
2022	Unión	🇨🇵 COA	180	2	2	0	0	0	0	1	0	0
2019	LA Galaxy	🇺🇸 UOC	123	2	1	1	0	1	0	0	0	0
2018	Nacional	🇨🇵 SUC	90	1	1	0	0	0	0	0	0	0
<b>Total</b>			<b>483</b>	<b>6</b>	<b>5</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>



# CAREER

## INTERNATIONAL CUPS

Season	Team	Comp	🕒	🟢	👤	↶	↷	🚩	⚽	🟡	🔴	🟠
2023	Nacional	🇨🇴 COL	630	7	7	0	0	0	1	0	0	0
2022	Unión	🇨🇴 COS	470	6	5	1	1	2	0	2	0	0
2021	Olimpia	🇨🇴 COL	168	2	2	0	1	1	0	1	0	0
2020	Olimpia	🇨🇴 COL	90	1	1	0	0	3	0	1	0	0
2019	LA Galaxy	🇺🇸 LC2	0	0	0	0	0	2	0	0	0	0
2018	Nacional	🇨🇴 COL	540	6	6	0	0	0	0	3	0	0
2017	Nacional	🇨🇴 COL	629	7	7	0	0	0	0	3	0	1
2016	Nacional	🇨🇴 COL	810	9	9	0	0	0	0	2	0	0
2015	Nacional	🇨🇴 COS	93	2	2	0	0	0	0	0	0	1
2015	Nacional	🇨🇴 COL	35	1	1	0	0	0	0	0	0	1
		<b>Total</b>	<b>3465</b>	<b>41</b>	<b>40</b>	<b>1</b>	<b>2</b>	<b>8</b>	<b>1</b>	<b>12</b>	<b>0</b>	<b>3</b>

## NATIONAL TEAM

Season	Team	Comp	🕒	🟢	👤	↶	↷	🚩	⚽	🟡	🔴	🟠
2018 Russia	Uruguay	🇨🇴 CWC	0	0	0	0	0	2	0	0	0	0
2016	Uruguay	🇺🇸 FRI	0	0	0	0	0	0	0	0	0	0
2012 London	Uruguay U23	🇺🇸 OLY	0	0	0	0	0	3	0	0	0	0
2011 Peru	Uruguay U20	🇨🇴 COU	810	9	9	0	0	0	2	2	0	0
2011 Co...	Uruguay U20	🇺🇸 FUW	270	3	3	0	0	0	0	1	0	0
2009 Ni...	Uruguay U17	🇺🇸 FUW	497	5	5	0	1	0	0	0	0	0
		<b>Total</b>	<b>1577</b>	<b>17</b>	<b>17</b>	<b>0</b>	<b>1</b>	<b>5</b>	<b>2</b>	<b>3</b>	<b>0</b>	<b>0</b>



# NATIONAL TEAM

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U17, U20 & U23

2012 OLYMPIC GAMES (U23 - LONDON)

2011 FIFA WORLD CUP (U20 - COLOMBIA)

2009 FIFA WORLD CUP (U17 - NIGERIA)

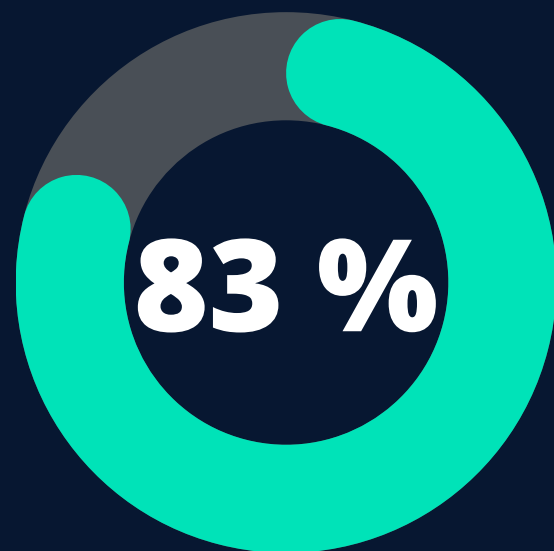
CAPTAIN IN U20 NATIONAL TEAM



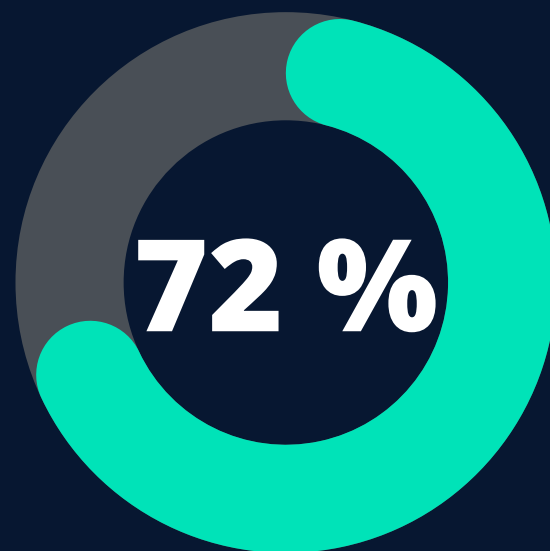


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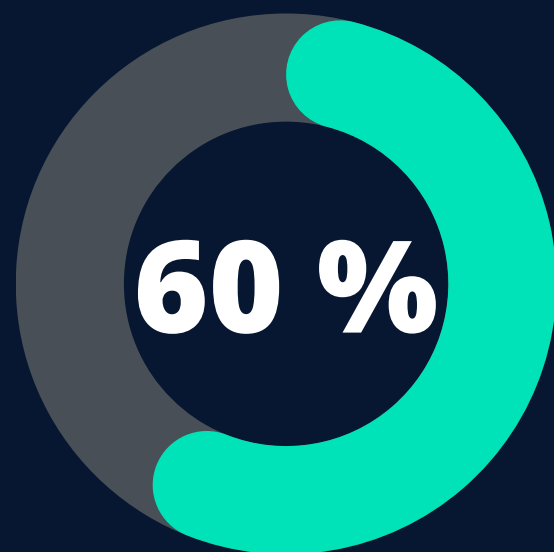
2023



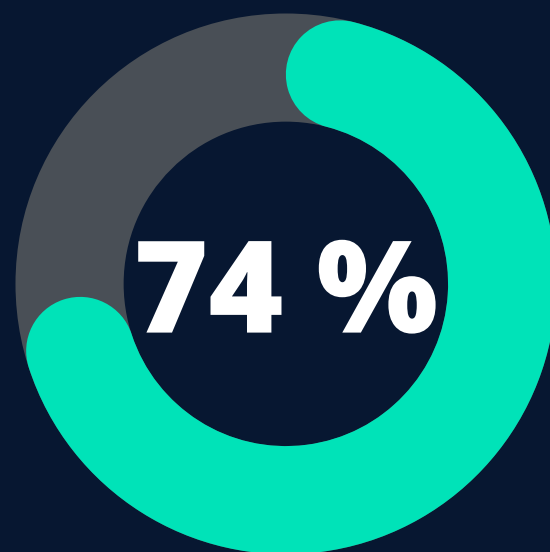
% ACCURATE  
PASSES



% DEFENSIVE  
DUELS WON



% ACCURATE  
LONG PASSES



% TOTAL ACTIONS  
SUCESSFUL



# STATS IN URUGUAY



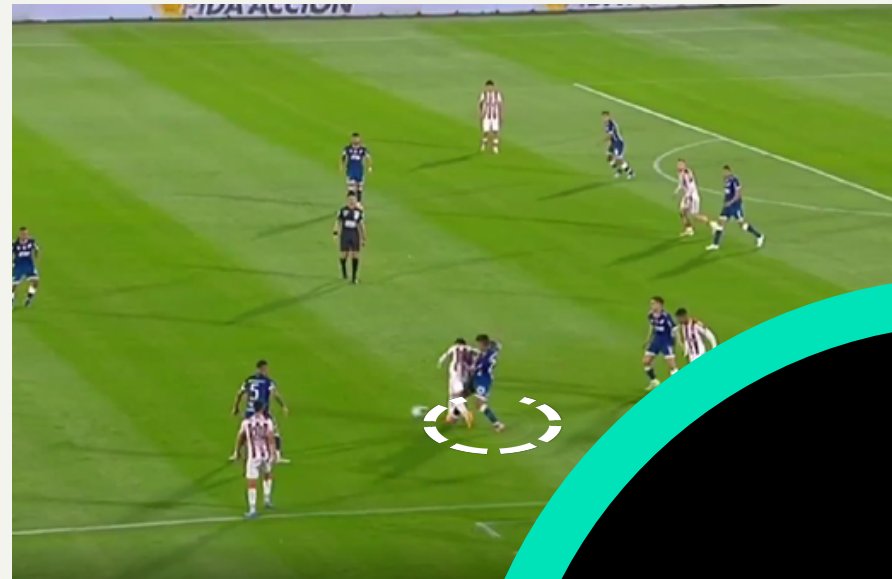
La Pizarra del DT

POWERED BY WYSCOUT



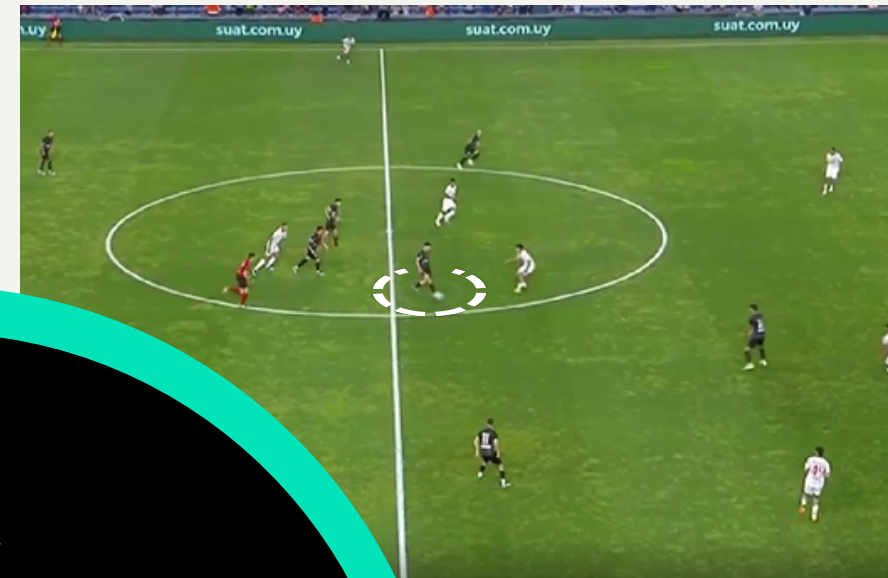
## 1V1 DEFENSIVE

Polenta has great biotype for his position. He is strong, quick and reads the defensive play well. All these aspects make him a key player for tackles, relays, anticipations and defensive duels. His defensive 1v1 technique in small-sided and long spaces is very good.



## TECHNICAL QUALITY

He has a great technical quality. He can even, while being pressed high, generate an offensive 1v1 and build-up from the back. His technical gestures allow him to open up from his position. He often takes risks but they are worth it.



## LONG PASSES

He shows accuracy for long-range passes. Even being marked on, he is capable of making a weighted pass for his teammates. He is useful to switch the play, surprise the opposing fullback, activate the weak side or play direct.



## STRENGTH

He is a determined defender. He uses his physical shape to win ground challenges and put the rival uncomfortable when trying to turn around and advance in behind him.



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# Tactical analysis



La Pizarra del DT

# MEDIA

 **decano**  @decanocom · 30 oct. ...  
**Diego Polenta:** En la marca ganó casi siempre, pero su mejor aporte es en salidas seguras y claras, con pases cortos, largos, cruzados. Jugó para quedarse con la titularidad 🇺🇾🇸🇪

#UnoXUno ante Potencia:

[decano.com/noticias/11704...](https://decano.com/noticias/11704...)




 **laabdon.com.uy**  @laabdon · 10 nov. ...  
© **Diego Polenta vs el CAP:**

1	6	clásicos jugados
5	ganados	✓
8	empates	—
3	derrotas	✗

2 goles 🏆🏆

¡Con todo Patrón! 🗣️



 **Diario de un futbolero**  
@uruguayo20\_10 ...

© Qué jugador que es Diego Polenta, no sólo es sólido en defensa, además tiene una gran precisión para los pases largos.

◆ De sus pies nacieron las jugadas de los dos goles tricolores. Jugadas idénticas, posiblemente ensayadas, que sin su técnica no habrían sido efectivas.







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# Social media



[@DIEGPOLENTA92](#)