



JEAN SINISTIERRA

CENTRAL MIDFIELDER



DATA SHEET



LAST NAME	SINISTERRA ANGULO
FIRST NAME	JEAN CARLOS
DATE OF BIRTH	31/01/2000
NATIONALITY	COLOMBIA
CLUB	SC SÃO JOÃO DE VER
POSITION	CENTRAL MIDFIELDER
HEIGHT	186 CM
PREFERRED FOOT	RIGHT-FOOTED

CAREER



NATIONAL LEAGUES

Season	Team	Comp										
2022/2023	São João Ver	LI3	1407	21	16	5	7	0	0	5	1	1
2021/2022	Marinhense	CDP	2003	23	22	1	0	0	0	2	0	0
2020/2021	Marinhense	CDP	1985	24	22	2	4	0	0	5	0	0
2019/2020	Marinhense	CDP	868	11	10	1	7	0	0	6	0	0
2019	América de Cali	PRA	5	1	0	1	0	3	0	0	0	0
Total			6268	80	70	10	18	3	0	18	1	1

NATIONAL CUPS

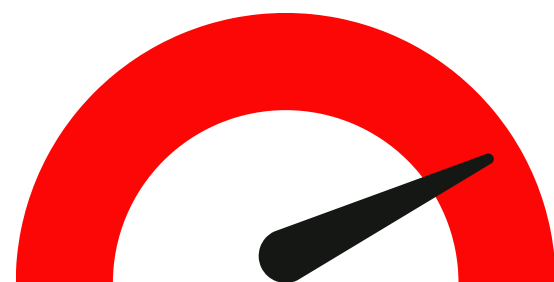
Season	Team	Comp										
2022/2023	São João Ver	TDP	100	2	1	1	1	1	0	1	0	0
2019/2020	Marinhense	TDP	180	2	2	0	0	0	0	0	0	0
2019	América de Cali	COC	270	3	3	0	0	1	0	2	0	0
Total			550	7	6	1	1	2	0	3	0	0



STATS IN PORTUGAL



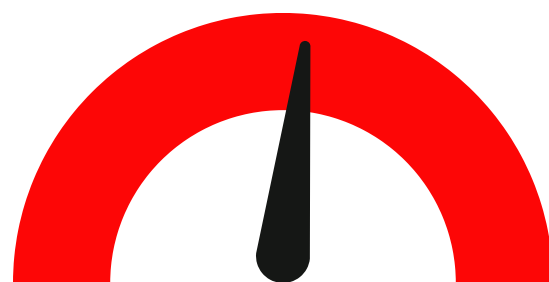
2022/23



83%

Passes / complete

2022/23



53%

Defensive duels / won

2022/23



66%

Dribbles / complete

2022/23



77%

Total actions / successful

HIGH PRESSURE

He is always active and committed to recover the ball when the opponent tries to build-up from the back. He has intensity and aggressiveness to regain the possession, which allows him to collect a high ball-recovery rate.



DISTRIBUTION OF PLAY

He has the ability of distributing in positional attacks and transitions into attack. He adapts to the situation. He shows understanding of the game in order to find width and depth.



DEFENSIVE POSITIONING

He has great positional awareness. He knows how to step to the ball to anticipate. He also understands how to hold the rivals when making coverages. Due to his great positioning, he is capable of winning many balls.



OFFENSIVE TRANSITIONS

When his team wants to play directly, he is one of the main tools. Due to his speed, driving ability and positional awareness after recovering the ball, he is always well-located to advance.



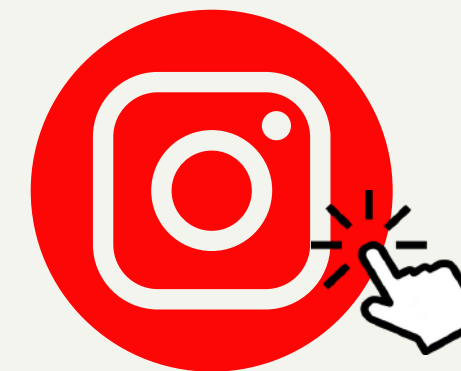
**Tactical
analysis**





La Pizarra del DT

Social media



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