Speed Skating Alberta

Provincial Team Criteria 2021-2022 Season





TABLE OF CONTENTS

rovin	ncial Teams for the 2021-22 and 2022-23 Seasons	3
1.0	GENERAL	3
2.0	ELIGIBILITY	4
3.0	COMMITMENT	6
4.0	SHORT TRACK PERFORMANCE CRITERIA	6
5.0	LONG TRACK PERFORMANCE CRITERIA	9
6.0	SUPPORT AMOUNT	12
7.0	SUPPORT EXCEPTIONS (Due to Injury or Illness, Changing of Disciplines or School)	13
8.0	SUPPORT DISBURSEMENT	14
9.0	(ALBERTA) NATIONAL TEAM (NT) and NextGen SUPPORTED MEMBERS	14
10.0	0 PROVINCIAL TEAM MEMBER REQUIREMENTS	15
11.0	O MARKETING AND PROMOTION OF AASSA'S PROVINCIAL TEAMS	15
12.0	0 ALBERTA TEAM SKINSUITS	16
13.0	0 SKATER REPRESENTATIVE ELECTIONS	16
14.0	0 EVALUATION OF PROGRAMS AND AASSA SUPPORT	16
APF	PENDIX A: 2021-2022 Alberta Provincial Team Members	17
APF	PENDIX B: Time Standards for Use in 2021-2022	18
APF	PENCIX C: Use of 2019-2020 Competition Times	19

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Provincial Teams for the 2021-22 and 2022-23 Seasons

The 2021/22 list of Provincial Team members will remain intact as there were no competitions in the 2020-21 season.

1.0 **GENERAL**

The Skater Development Committee (SDC) will use the criteria set out in this manual to define how athletes can qualify for the 2022-23 Provincial long track and short track Teams, (the Provincial Teams), and how Provincial Team athletes will receive funding and/or support for the 2021-22 season. The objectives of the support for the Provincial Teams are:

- to help provide a pathway for club skaters to progress to the National Team; and
- to provide support based on the level and needs of each skater on the Provincial Teams so that they can progress to the National Team.

The Alberta Provincial Team consists of A (A1, A2, A3), B (B1, B2), and Development Teams in both Short Track (ST) and Long Track (LT). To assist with the determination of International Skating Union (ISU) age categories for the 2021-2022 team, please see the table below:

ISU Age Categories II (isu.org) (page 112)

ISU				
Jr A	17 & 18	Jr A2		18 on June 30, 2021 (DOB from 1/7/2002 to 30/6/2003)
		Jr A1		17 on June 30, 2021 (DOB from 1/7/2003 to 30/6/2004)
Jr B	15 & 16	Jr B2		16 on June 30, 2021 (DOB from 1/7/2004 to 30/6/2005)
		Jr B1	T2T15 (m)	15 on June 30, 2021 (DOB from 1/7/2005 to 30/6/2006)
Jr C	13 & 14	Jr C2	T2T14 (m,f)	14 on June 30, 2021 (DOB from 1/7/2006 to 30/6/2007)
		Jr C1	T2T13 (m,f)	13 on June 30, 2021 (DOB from 1/7/2007 to 30/6/2008)
Jr D	≤ 12		T2T12 (m,f)	12 on June 30, 2021 (DOB from 1/7/2008 to 30/6/2009)
Jr D	≤ 12		T2T11 (f)	11 on June 30, 2021 (DOB from 1/7/2009 to 30/6/2010

ISU: International Skating Union, age before July 1 preceding the competition (ISU Rule 108).

Females (f): Train to Train (T2T) ages 11-14 years.

Males (m): Train to Train (T2T) ages 12-15 years.

Note: Development Team (DEV T) skaters (orange cells) must be AASSA/SSC Jr A (1,2), Jr B (1,2) or C2 age.

The team is comprised of those skaters meeting the requirements in the following areas which are further detailed in sections 2.0 to 10.0 of this document.

- Eligibility
- Commitment



- Performance Criteria
 - Performance Level
 - Performance Improvement

For A and B Teams only: Skaters will maintain their level of support based on performance as long as they continue to progress over the long term at, or above a determined minimum rate. This rate will be measured by how many years they stay at the same performance level. (please see Section 4.2.4 (page 8) – Rate of Performance Improvement – for more details.)

2.0 **ELIGIBILITY**

In this section:

- "Team Year" is the skating year (Oct.1-Sept.30) during which the skater is a member of any Alberta Provincial Team or otherwise receives direct financial support from AASSA.
- "Qualifying Year" is the skating year immediately *preceding* the Team Year (Oct.1-Sept.30)
- Skater must be registered with an Alberta club and SSC for both the Qualifying Year and Team Year by October 1st of both those years.
- 2.1 To be eligible for any Provincial Team selection or support from AASSA a skater *must:*

Note: A skater must meet <u>all</u> of the requirements of 2.1.1 through 2.1.8.

- **2.1.1** Be a paid-up member of an Alberta speed skating club and Speed Skating Canada during the **entirety of the Qualifying Year (Oct.1-Sept.30)**, *and*
- **2.1.2** Be a paid-up member of an Alberta speed skating club and Speed Skating Canada during the **entirety of the Team Year (Oct.1-Sept.30)**, **and**
- **2.1.3 Not** receive support during the Team Year as a member of the Speed Skating Canada National Team, National Development Team or be receiving Athlete Assistance Plan (AAP) funding from Sport Canada (otherwise known as carding), or be receiving covered coaching and facility access (i.e., RBC Athlete or equivalent), **and**
- **2.1.4** Be a permanent resident of Alberta, *unless*:
 - a) they reside in a neighboring province and the Alberta Speed Skating club in which they are a member is the nearest club to their home in that neighboring province, **and**
- **2.1.5** Be a Canadian citizen or permanent resident, *and*
- **2.1.6** Have resided in Alberta through the Qualifying Year and the skating year immediately preceding the Qualifying Year, *unless:*
 - a) The skater is new to the sport of speed skating in the last two seasons, **and**
 - Has not been registered as a skater in another province in Canada in the Qualifying Year or the skating year immediately preceding the Qualifying Year, and



- Have not been registered as a skater with another national speed skating body or branch
 or club of that body in the Qualifying year or the skating year immediately preceding the
 Qualifying Year, and
- **2.1.7** Not have received any direct development funding from any other provincial or national speed skating organization (other than Speed Skating Canada as a member of the National Team, National Development Team or Training Squad) in the Qualifying Year or the skating year immediately preceding the Qualifying Year, *and*

2.1.8 *Are NOT:*

- a) Still eligible to continue membership in another provincial or territorial speed skating body in Canada or in another national speed skating body other than SSC, *and*
- b) Still eligible, had they continued membership in another provincial or territorial speed skating body in Canada, to receive or qualify for direct development funding from that other provincial or territorial body or from that province or territory directly, *or*
- c) Still eligible, had they continued membership in another national speed skating body (besides Speed Skating Canada), to receive direct development funding from that other body or branch or club associated with that body.

2.2 Alberta Skaters Residing Outside the Province

Provincial A, B and Development Team skaters who are temporarily living outside of Alberta can remain a PT member and receive support if they:

- 2.2.1 Are registered as a member with an Alberta Club, and
- **2.2.2** Are following a training program appropriate for the level of the skater as determined by the Technical Director, *and*
- 2.2.3 Continue to meet the performance criteria outlined in this manual, and
- **2.2.4** Do not receive funding from another province, the Government of Canada or another country.

2.3 Alberta Skaters Returning to Alberta After Competing for Other Provinces/Countries

Athletes who have been skaters in Alberta and who have temporarily resided outside of Alberta where they have skated for other provinces/countries in competition, can be reinstated as an Alberta Skater, apply for funding, and become eligible for the Alberta PT *if*:

- **2.3.1** Their stay outside of Alberta was not more than 3 years, and
- **2.3.2** At the time of relocation, the skater was under the age of 18 years and relocated with their parents, *and*
- **2.3.3** They meet the required criteria for the Provincial Team (A, B, or Development).



3.0 COMMITMENT

Skaters will fulfill their commitment requirements when they follow a training program that is deemed appropriate for their age and development as determined by the skater's coach and the AASSA Technical Director. This must hold true for:

- the season during which they qualify for the Provincial Team, and
- the season during which they are to be supported by AASSA while on the Provincial Team.

For those athletes who, under special circumstances have commitments in a school program, that may affect their ability to follow a full-time training program, special requirements may be put in place in order for them to receive AASSA PT support or funding. See **Section 6** for details.

4.0 SHORT TRACK PERFORMANCE CRITERIA

*See APPENDIX B (PAGE 18)

4.1 Provincial Short Track A1, A2, A3, B1 and B2 Team

For selection to the 2021-22 Provincial Short Track A1, A2, A3, B1, and B2 Teams, the skaters may qualify in *two* ways:

4.1.1 Through results by times skated on the 111m track in each of the specified distances in any Provincial, SSC or ISU sanctioned Short Track competition which occurred between June 1, 2019 and May 31, 2020*, and that each result, when being calculated as a percentage, will be done by comparing the result to the Canadian Senior Record** on the 111m track that stand at the end of the 2019-20 season*. For T2T-level skaters who may race mostly on the 100m track, the time for the 400m distance completed on a 100m track can be converted to a time for the 500m distance (111m track) using the following conversion factor:

$$Y = ((X - 3.5)/4)*4.9 + 3.5$$

X = 400m time (sec) on 100m track, and Y is the time conversion to 500m (111m track).

Example Calculation

X = 38.90 on 100m track ((38.90-3.5)/4 = 8.85 8.85*4.9=43.365 43.365+3.5=46.865 Y=46.865

4.1.2 The other way to qualify for ST PT is by ranking from National Short Track events.

Both ways of qualifying are detailed in the Performance Level table in section 4.2.1 (below).

**(Electronic and manual times will be used with manual times having 0.2 seconds added to them. Further time adjustments may be made as detailed in section 4.3)



4.2 Provincial Short Track Development Team (Juniors only)

In addition to the eligibility requirements listed in Section 2.0, to be eligible for the Alberta Development Team skaters must be Junior A, B or C2* ISU age *in the season that they qualify* for the Provincial Development Team.

Exceptions for minimum age may be made if skaters younger than C2 ISU age meet the minimum time standards. In such cases, training and competition data would need to be provided to the *Technical Director* to back up this request for age exemption. The *Technical Director* will then review the data and present it to the members of the Skater Development Committee (SDC) for approval.

For selection to the 2021-22 Provincial Short Track Development Team, the skaters must use results skated on the 111m track in each of the specified distances in any Provincial, SSC or ISU sanctioned Short Track competition which occurred between June 1, 2019 and May 31, 2020*, and that each result will be judged based on a percentage to the Canadian Junior ISU Record on the 111m track that stands at the end of the 2019-20 season*.

4.2.1 Performance Levels

*ISU Junior C2 skaters are T2T 14 skaters.

The following criteria will qualify the skater for the outlined Team Level for the 2021-22 season. Percentages are an average of percentages from their 2019-20* season's **best two distances** including 500m <u>and</u> the 1000m or the 1500m. The cumulative time for the two distances (500m+1000m or 500m+1500m) will be determined, and then the percentage reached will be determined based on that cumulative time. At the National level this approach is used and it sets the precedent with which our provincial criteria align. See Appendix B for 2021-2022 time standards.

**Times can come from different competitions.

Performance Levels

Level	By times	By Event results in 2019-20 Season*
A1	under 106%	Top 24 in 2020-21 Final Senior Ranking*
A2	under 108%	Top 16 at Can Jun Champ or Final Jun Ranking or top 32 in Final Sen Ranking
A3	under 110%	Top 24 at Can Jun Champ or Final Jun Ranking or top 40 in Final Sen Ranking
B1	under 112%	Qualifying for Can Junior ST Championships
B2	under 115%	
DT	under 115%*	*using Junior Can ST records

4.2.2 For 2020-2021 only, only Junior Championships will be considered, as the Canada Cup final was cancelled due to COVID-19. In a normal year, the Canada Cup Final would determine the Senior ranking.

4.2.3 Example Calculation

An example of the appropriate way to calculate the cumulative time is given below using a male skater "Skater A" who has a 500m time of 43.707 s and a 1500m time of 2:15.964 min. (See Appendix B for 2019-20 times).

Canadian ST Record times: 500m is 39.845; 1500m is 2:06.565 The percentage level reached for the 500m is: 109.693% The percentage level reached for the 1500m is: 107.426% Cumulative average is (109.693 + 107.426)/2 = 108.560%



Therefore, for Skater A, Provincial Team Level = A3 (over 108% but less than 110%)

4.2.4 Rate of Performance Improvement

A1 Team Level:

Skaters can maintain their A1 level team ranking as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than *5 seasons* in total at the A Performance Level without being named to the National Team or being carded by Sport Canada, beyond which their funding will be cut to 50% of the full funding for Level A1. After the first season of reaching Level A1, any subsequent seasons spent at a lower level will count towards the 5 years allowed for Level A1. Seasons that are exempt from counting towards the 5 years are described in section 7.

A2, A3, B1 and B2 Team Levels:

Skaters can maintain their level of support for these levels as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 3 seasons in total at any one level beyond which their funding will be cut to 50% of the full funding for that Level. After the first season of reaching a new level, any subsequent seasons spent at a lower level will count towards the 3 years allowed for the higher level. Seasons that are exempt from counting towards the 3 years are described in section 7.

4.2.5 Using Times skated outside Calgary – Short Track

To use times skated by Alberta skaters on slower and faster ice surfaces outside of the Calgary Olympic Oval Short Track Facility, the SDC will use the following approach to adjust times skated on other ice surfaces for comparison to the Canadian Records for the purpose of Provincial Team Qualification.

The 500m times of the 10 skaters with the best 500m times from the non-Calgary competition who also skated in the most recent Calgary competition in the current season will be averaged and then compared to the averaged times of those same skaters best 500m times from the Calgary competition. The comparison will provide an adjustment ratio to apply to the Canadian Record for the slower (or faster) ice outside of Calgary that can be used to provide an adjusted record. This adjusted record will be used to determine the percentages skated at that competition. The same adjustment ratio calculated from the 500m will be used to adjust all times for all distances at that competition.

Example of ST Adjustment for non-Calgary Competition (example only, see Appendix B for current record values):

Calaami	Canadian Dagged		New Colors	Adimeted Decemb	
Calgary	Canadian Record	40.347	Non-Calgary	Adjusted Record	41.48
	Calgary meet times	%		time	%
Skater A	40.55	100.5	Skater A	41.87	100.95
Skater B	40.6	100.63	Skater B	41.98	101.21
Skater C	40.79	101.1	Skater C	42.11	101.53
Skater D	40.98	101.57	Skater D	42.22	101.79



Average	41.69		Average	42.86	
Skater O	42.88	106.28	Skater O	44.12	106.37
Skater N	42.68	105.78	Skater N	43.86	105.75
Skater M	42.56	105.48	Skater M	43.64	105.22
Skater L	42.4	105.09	Skater L	43.42	104.69
Skater K	42.35	104.96	Skater K	43.27	104.32
Skater J	42.29	104.82	Skater J	43.06	103.82
Skater I	41.71	103.38	Skater I	43.01	103.7
Skater H	41.65	103.23	Skater H	42.88	103.38
Skater G	41.45	102.73	Skater G	42.79	103.17
Skater F	41.23	102.19	Skater F	42.34	102.08
Skater E	41.22	102.16	Skater E	42.28	101.94

Adjusted record = $(40.347 \times 42.86) / 41.69 = 41.48$ (same ratio of 1.028 is used to adjust other distance records at the same competition for short track events).

The adjustment ratio for non-Calgary Competitions in 2018-2019 was 1.00188.

5.0 LONG TRACK PERFORMANCE CRITERIA

5.1 Provincial Long Track A1, A2, A3, B1 and B2 Team

*See APPENDIX C (PAGE 19)

For selection to the 2021-22 Provincial Long Track A1, A2, A3, B1 and B2 Teams, the skaters must use results skated in any Provincial, SSC, or ISU sanctioned Olympic Style competition which occurred between June 1, 2019 and May 31, 2020*, and that result* when compared to Canadian Senior Olympic Style Records that stand at the end of the 2019-20* season, must meet the criteria on the following page:

*(Electronic and manual times will be used with manual times having 0.2 seconds added to them. Further time adjustments may be made as detailed in section 5.3)

5.2 Provincial Long Track Development Team (Juniors only)

In addition to the eligibility requirements listed in section 10, to be eligible for the 2021-22 Alberta Development Team skaters must be Junior A, B or C2* ISU age in the season that they qualify for the Provincial Development Team. Skaters must skate under designated times using results skated in at least one of the specified distances in a Provincial, SSC or ISU sanctioned Olympic Style Event done between June 1, 2019 and May 31, 2020* and that any result, when being calculated as a percentage, will be done by comparing the result to the Canadian Senior ISU Olympic Style Record in that distance that stands at the end of the 2019-20 season.

5.2.1 Performance Level

Long track qualification is based on the Olympic Oval A and B time standards. The Oval A Time for each distance will act as midpoint for the model with 3 time standards above the A standard (A1, A2, A3) and



3 time standards between the A and B standards (B1, B2 and B3/Dev Team). The following criteria will qualify the skater for the outlined Team Level for the 2021-22 season. Percentages are an average of percentages from their 2019-20* season's best two distances including 500m, 1000m, 1500m, 3000m, 5000m for women and 500m, 1000m, 1500m, 5000m, 10000m for men. The cumulative time for the two distances will be determined, and then the percentage reached will be determined based on that cumulative time (calculation of cumulative time as per Short Track calculations in Section 4.2).

See Appendix B for a list of times that correspond to each level for this season.

Males	% to be under in each distance							
Team Level	500m	1000m	1500m	5000m	10000m			
A1	106%	106%	106%	106%	106%			
A2	108%	108%	108%	109%	109%			
A3	110%	110%	110%	112%	112%			
B1	113%	113%	113%	115%	115%			
B2	115%	115%	115%	118%	118%			
Dev	119%	119%	119%	121%	121%			

Females	% to be under in each distance							
Team Level	500m	500m 1000m 1500m 30		3000m	5000m			
A1	106%	106%	106%	106%	106%			
A2	108%	108%	109%	109%	109%			
A3	110%	111%	112%	112%	112%			
B1	113%	114%	115%	116%	116%			
B2	115%	116%	118%	119%	119%			
Dev	118%	120%	121%	122%	122%			

5.2.2 Rate of Performance Improvement

A1 Team Level

Skaters can maintain their A1 team level of support as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 5 seasons in total at the A1 Performance Level, beyond which their funding will be cut to 50% of the full funding for Level A1. After the first season of reaching Level A1, any subsequent seasons spent at a lower level will count towards the 5 years allowed for Level A1. Seasons that are exempt from counting towards the 5 years are described in section 7.



A2, A3, B1, B2 Team Levels

Skaters can maintain their level of support for these levels as long as they continue to meet eligibility and commitment requirements and as long as they do not spend more than 3 seasons in total at any one level, beyond which their funding will be cut to 50% of the full funding for that Level. After the first season of reaching a new level, any subsequent seasons spent at a lower level will count towards the 3 years allowed for that level. Seasons that are exempt from counting towards the 3 years are described in section 7.

5.2.3 Using Times skated outside Calgary – Long Track

To fairly allow times skated by Alberta Skaters on ice surfaces outside of the Calgary Olympic Oval Facility, the SDC will use the following approach to adjust times skated on other ice surfaces for comparison to the Canadian Records for the purpose of Provincial Team Qualification. Example of LT Adjustment for non-Calgary Competition (example only, see Appendix B for current record values):

	Canadian			adjusted record	
	Record:	01:13.11		**	01:19.66
				non-Calgary	
	Calgary time	%		time	%
skater A	01:18.60	107.51	skater A	01:24.29	105.82
skater B	01:19.11	108.21	skater B	01:25.07	106.80
skater C	01:19.56	108.82	skater C	01:26.54	108.64
skater D	01:20.16	109.64	skater L	01:26.71	108.86
skater E	01:20.50	110.11	skater D	01:26.86	109.04
skater F	01:20.71	110.40	skater E	01:26.89	109.08
skater G	01:20.88	110.63	skater J	01:27.64	110.02
skater H	01:20.88	110.63	skater F	01:28.47	111.07
skater I	01:21.06	110.87	skater G	01:28.86	111.56
skater J	01:21.65	111.68	skater H	01:28.88	111.58
skater K	01:21.68	111.72	skater K	01:29.52	112.38
skater L	01:22.25	112.50	skater N	01:30.70	113.87
skater M	01:22.50	112.84	skater I	01:30.74	113.92
skater N	01:23.36	114.02	skater M	01:32.16	115.70
skater O	01:23.83	114.66	skater O	01:32.33	115.91
Average	01:21.12		Average	01:28.38	

^{**} Adjusted record = $(1:13.11 \times 1:28.38) / 1:21.12 = 1:19.66$ (same ratio of 1.0899 is used to adjust other distance records at the same competition for long track events).

The times in each distance of the top skaters (minimum of 10 results used) who skated at the non-Calgary competition and also competed in the same distance in the most recent Calgary competition in the current



season will be averaged and then compared to the average times of those same skaters for those same distances in the Calgary competition. The ratio of this comparison will be used to adjust the Canadian Record by the same ratio in that distance. This adjusted Canadian Record will then be used to determine the percentages skated in that distance in the non-Calgary competition. This same calculation and adjustment process will be applied separately for each distance as ice conditions can change from distance to distance and day to day.

6.0 SUPPORT AMOUNT

- **6.1** The amount of support, including funding, provided to each Provincial Team member in a specific year depends on the number of qualifying skaters and the budget available. In general, and unless noted otherwise, funding and support from AASSA to its members is to be considered as an award as opposed to a reimbursement. The funding allocation will be distributed equally between the two disciplines (Long Track and Short Track speed skating). Then, each discipline will distribute the funding in accordance with Section 6.2 below.
- **6.2** All skaters who are named to, and continue to meet the eligibility and criteria for, the Provincial Team (A1, A2, A3, B1, B2, or Development) will receive the following:
 - **6.2.1** A subsidized Alberta team racing skin suit (skaters can purchase a racing suit for \$100). Racing suits will be provided at the subsidized rate every 2 years. The intention is to have suits available for new team members by September unless funds are not available to order on that timeline.
 - **6.2.2** The option to purchase the following:

Additional AB Team racing suits (full price if before 2-year lifespan of suit)

AB Team long track Lycra training suit

AB Team Warm-up jacket and pants

AB Team apparel

Please contact the AASSA office for ordering any of these items. (before **July 15** if you wish to receive the clothing before the racing season).

6.3 Funding based on the following:

Each Team level is weighted to determine the funding level. The total amount of available funding is divided among the skaters based on this weighting.

Assigned weighting funding for 2021-22 are as follows:

A1 Team Performance Level 5
A2 Team Performance Level 4
A3 Team Performance Level 3
B1 Team Performance Level 2
B2 Team Performance Level 1

Note: For 2021-22, the total Provincial team Subsidy budget is not yet finalized. Once finalized the dollar amounts based on the above weighting will be known and announced.



Development Team receives a subsidized racing suit and jacket in lieu of funding.

Note: If any skater receives any funding in the form of cash from AASSA, it is up to the skater to ensure that such funding is properly reported on their income tax return for the year in which the funding is received. AASSA assumes no liability whatsoever for any penalties imposed upon the skater or their parents for failure to comply with Canada Revenue Agency requirements.

7.0 SUPPORT EXCEPTIONS (Due to Injury or Illness, Changing of Disciplines or School)

- **7.1** The SDC may provide the same level of support from the previous season in cases where a skater's performance levels or drops off from the season before *if*:
 - **7.1.1** The skater had an injury or illness that is judged to have affected their ability to produce their best or normal results by season's end. The SDC will make this judgement based on performance results, input from the skater's coach and a report of the injury or illness identified by the skater as the reason for their failure to produce their best or normal level of results for the season. This report must be from a medical doctor or other qualified professional in a related field (i.e. Physiotherapist) and must be provided if the skater's request is to be considered. AASSA has the right to ask for additional medical documentation if the report received is insufficient for AASSA to make a decision, **and**;
 - **7.1.2** The skater continues to fulfill the requirements of Commitment and Eligibility during the season for which they will receive the funding. This means that the skater must make appropriate efforts to rehabilitate and get back to normal training and competition levels as expected with their level of support.
 - **7.1.3** If a skater does fulfill the requirements listed in 7.1.1 and 7.1.2 then the season in which their performance remained level or dropped off will **not** count towards the maximum numbers of seasons allowed at each level.
- **7.2** A skater may continue to receive support, earned through performance from the season before, even while injured if the skater demonstrates a need (supported by the skater's coach) for training support even if injured. For example, this could be in the form of physiotherapy treatments or rehabilitation, or for training expenses if the athlete can still train but not perform at normal levels.
- **7.3** If a skater is changing disciplines for the upcoming season, they may still receive the funding for that season based on their performance in the discipline they are leaving.

For example:

A skater earned B1 level status in the previous season in short track and is switching to long track for the coming season they can still receive B1 funding for the coming season if switching to long track. This is to support and recognize training and work they have done and to assist those who may be looking to switch disciplines and to help keep these skaters in the sport. The skater must continue to fulfill the requirements of Commitment and Eligibility during the season for which they will receive the funding.



The funding allocation comes from the discipline to which the skater is moving to. In the above example, the skater receives funding allocation from the LT budget. If a skater qualifies for the AB team in both LT and ST, the skater receives funding allocation for the highest team criteria earned (LT or ST), **not for both**.

7.4 The skaters subsequent PT level status, will be based on the performance of the skaters' first full season (transition season) in the discipline they have switched to.

For example: If a skater switches to LT and held an A1 ST Level, they will skate their first LT transition season as A1. The next season, their level will be determined based on the performance of the transition year.

7.5 An Alberta Provincial Team skater's level of support for a season may have to be based on their performance for that **same season** even if they had qualified for a certain level from the previous season if they are not able to meet the training commitment in that they cannot train full time or at an appropriate level for that season due to school, or other commitments.

For example:

A skater qualified for the A1 Team in Long Track for 2020-21 based on their performance during the 2019-20 season but cannot train full time during the 2020-21 season due to school requirements, then their support level for 2020-21 must be backed up in the funding year and will be based on their performance during the 2020-21 season.

8.0 SUPPORT DISBURSEMENT

A skater will receive the first half of their support funding by *October 1 of the 2021-22 season*, if the funds are available, once they have:

- 1. Enrolled in an appropriate level program for speed skating, (Oval Program or club)
- 2. Fulfilled the requirements for Commitment in **Section 1.0**
- 3. Have handed in their signed AB Athlete Code of Conduct.

They will receive the second half of their funding *after* they have fulfilled their volunteer requirements for the 2021-22 season *and* once the funds are available.

9.0 (ALBERTA) NATIONAL TEAM (NT) and NextGen SUPPORTED MEMBERS

Alberta skaters who receive AAP funding from Sport Canada for the season will not be eligible to receive Alberta Provincial team funding. Alberta skaters (i.e., NextGen) who do not receive carding but receive partial support from SSC such as free coaching, IT support or subsidized travel to competitions may receive partial or complete PT funding. Alberta skaters who lose a place on the NT/NDT or Training Squad at the end of a season will be eligible to qualify for funding and support based on their performance from that previous season for the next season under the same criteria as the other Provincial Team members. Any previous years at PT Level A1 would count towards the 5 years limit allowed at level A.



10.0 PROVINCIAL TEAM MEMBER REQUIREMENTS

All Provincial Team members *must*, for the season for which they receive funding or support by AASSA:

- 10.1 Complete any required documents which include the following items:
 - A. Skater profiles
 - B. Alberta Health Care numbers
 - C. AASSA Member Code of Conduct
 - D. Medical forms

Required documents to be completed and returned to the AASSA office <u>within two weeks</u> of having received the official letter of invitation to Provincial Team membership.

- 10.2 Demonstrate their commitment, professionalism, respect and punctuality by attending all Alberta Provincial Team functions, attending all Provincial Team meetings, attending all sponsor recognition programs and wearing the Alberta team skin suits at all relevant competitions when possible. Team members may also be called on to provide support to AASSA staff and volunteers as well as providing information as requested.
- **10.3** Be proactive regarding the avoidance of banned substances. Provincial Team Members are expected to be informed and to attend the anti-doping seminars that are offered in their area when possible. They are also required not to take any banned substance identified on the list of banned substances published by the Canadian Centre for Ethics In Sport, (CCES).

 The Prohibited List | Canadian Centre for Ethics in Sport (cces.ca)
- **10.4** Wearing of Provincial Team Suits: Current PT members are encouraged to wear their provincial team skinsuit when competing in provincial (ie: Western Elite Circuit) or national (ie: ST/LT Canada Cups, Junior Championships) competitions. However, if the provincial team member is more comfortable wearing another skinsuit (ie: Oval skinsuit, National skinsuit, or club suit), this is ultimately up to the skater.
- 10.5 Volunteer for a total of 6 hours at an AASSA event. Some examples of volunteer hours are:

AASSA or AB Club Competitions, Casinos, Club Demos, fundraising, Provincial Team skater representative, office work (website contributions, data entering – contact the AASSA office to see what opportunities are available or if you have an idea of how you can help).

11.0 MARKETING AND PROMOTION OF AASSA'S PROVINCIAL TEAMS

Provincial Team members shall comply with all reasonable direction and instruction given to them by AASSA and its representatives in connection with the marketing and promotion of the Alberta Provincial Team. At this time and until a marketing policy is formalized, the following shall apply:



AASSA retains the right to determine all commercial markings to be worn on AASSA skin suits and warm-ups. All sponsorship details arranged privately by PT members must be approved through the AASSA Vice-President (Marketing). In the absence of a VP (Marketing), sponsorship details to be approved by the AASSA Board of Directors.

12.0 ALBERTA TEAM SKINSUITS

- **12.1** For Regional or National age class competitions Alberta skin suits will be loaned by AASSA to those skaters representing Alberta. Most of these suits do not have built in cut protection so these suits must be worn over cut resistant undergarments.
- **12.2** Alberta skin suits may be offered to those skaters who are supported by SSC that do not receive a National Team Suit.
- **12.3** AASSA budgets are based on a suit lasting *at least 2 seasons* which means that skaters should not wear the racing suits on a regular basis in training as this would cut the lifespan of the suit significantly. Additional Provincial Team Training suits will be made available for sale to all PT members. Contact the AASSA office for more information.

13.0 **SKATER REPRESENTATIVE ELECTIONS**

- **13.1** One skater representative for each of the LT and ST Provincial Teams will be elected to the AASSA Skater Development Committee by the Alberta Provincial Team they represent (time spent serving as representative will count towards volunteer hours)
 - **3.1.1** This will be done under the supervision of a designated AASSA Executive member by secret ballot. If any skaters are interested in serving as skater rep, please contact the AASSA office.
- **13.2** If a skater representative should resign during the season, then another election may be held at the next possible assembly of skaters.
- **13.3** If a skater representative cannot attend an SDC meeting, an alternate representative may be appointed by that skater representative.

14.0 EVALUATION OF PROGRAMS AND AASSA SUPPORT

An annual evaluation will be performed regarding the effectiveness of the coaching and support provided to Provincial Team members. This evaluation may be based on:

- **14.1** Progression of skaters relative to the national ranking and personal best times
- **14.2** An annual survey
- 14.3 NTC Program Evaluation Form; and
- 14.4 Personal interviews with PT members.



APPENDIX A 2021-2022 Alberta Provincial Team Members

LT

Laura

SSC Supported	t						
(National Tear	m or NextGen Atl	nletes)	B1 Level (continued)				
(names below	TBC from SSC fo	r 2021-22)	Peterson	Cassidy	LT		
Bloeman	Ted-Jan	LT	Poulin	Max	ST		
Junio	Gilmore	LT	Witkowski	Kaeden	LT		
Howe	Connor	LT	Young	Abbey	LT		
Irvine	Kaylin	LT	_	-			
McDougall	Brooklyn	LT	B2 Level				
Muller	Kaleb	LT	Hall	Daniel	ST		
Pearman	Maddison	LT	Sbeiti	Ahmed	ST		
Roth	Frank	LT	Toblan	Logan	LT		
			Wilz	Lili	ST		
			Conrad	Jessica	LT		
Alberta Provin	ncial Team		Development 1	eam Level (Junio	or Only)		
			Borstmayer	Finn	ST		
A1 Level			Doan	Jalen	ST, LT		
Coderre	Paul	LT	Eaves	Mikka	ST		
Halyk	Max	LT	Farquharson	Jared	LT		
Thomas	Neithan	ST	Lueders	Maya	ST		
Son	Hee Won	LT	Lueders	Zoe	LT		
Pederson	Matej	ST (LT:B1)	Miller	Cody James	ST		
			Padbury	Erin	ST		
A2 Level			Pelkey	Caitlin	LT		
Bathe	Mathias	LT	St Rose	Ryan	ST		
Bere	Cezara	ST	Varnasooriya	Sandeep	ST		
Goplen	Victoria	ST (LT: DEV)	Virani	Arman	ST		
Hathaway	Josh	LT					
Miller	Cody	LT					
Zhao	Yankun	ST (LT: B1)	Alberta Provinc	cial & National Te	eam Skaters retiring from		
			competitive sk	ating, 2021:			
A3 Level							
Bell	Hayleigh	LT	Hillis	Keil	ST		
Bourgeois	Anna	LT	Johnston	Annika	ST		
Deibert	Jack	LT	Kellough	Elliot	ST		
Holzer	Hobbes	LT	Nedeljakova	Zuzana	LT		
Lacroix	Zachary	LT	O'Brien	Wesley	ST		
Seal	David	ST	Son	Hee Won	Retired from ST		
			Yamada	Brendan	ST		
B1 Level			Volstad	Alexandra	ST		

Hall



APPENDIX B

Time Standards for Use in 2021-2022

AB ST and LT Team qualification is based on the average percentage from any 2 distances. Skaters are not required to have both distances under 115%.

All times (LT and ST) are based on Calgary ice (times skaters outside Calgary will be adjusted).

SHORT TRACK CRITERIA

The Provincial Team is selected based on percentages of the Canadian senior record: 106% (A1). 108% (A2), 110% (A3), 112%(B1) and 115% (B2). The Development Team standard is 115% of the Canadian Junior record. Skaters qualify using the average percentage of any two distances.

F/M	Distance	CDN Jr ISU	CDN REC	Provincial Team Performance Levels					
	(m)	Rec		A1 Team	A2 Team	A3 Team	B1 Team	B2 Team	Dev Team
Male	500	41.204	39.845	42.50	43.30	44.10	44.90	46.10	47.38
Male	1000	1:24.046	1:21.815	1:26.72	1:28.36	1:30.00	1:31.63	1:34.09	1:36.77
Male	1500	2:12.702	2:06.565	2:14.16	2:16.69	2:19.22	2:21.75	2:25.55	2:32.61
Female	500	43.922	42.441	44.98	45.83	46.69	47.54	48.81	50.51
Female	1000	1:30.192	1:27.895	1:33.17	1:34.93	1:36.68	1:38.44	1:41.08	1:44.18
Female	1500	2:23.525	2:16.635	2:24.83	2:27.57	2.30.30	2:33.03	2:37.13	2:45.05

LONG TRACK CRITERIA

Long track qualification is based on the Olympic Oval A and B time standards. The Oval A Time for each distance will act as midpoint for the model with 3 time standards above the A standard (A1, A2, A3) and 3 time standards between the A and B standards (B1, B2 and B3 - Dev Team). Skaters qualify using the average percentage of any two distances.

F/M	Distance	CND REC	Provincial Team Performance Levels					
	(m)		A1 Team	A2 Team	A3 Team	B1 Team	B2 Team	Dev Team
Male	500	34.03	36.07	36.75	37.43	38.45	39.13	40.49
Male	1000	1:06.72	1:10.72	1:12.06	1:13.39	1:15.39	1:16.73	1:19.40
Male	1500	1:42.01	1:48.13	1:50.17	1:52.21	1:55.27	1:57.31	2:01.39
Male	5000	6:01.86	6:23.57	6:34.42	6:45.28	6:56.13	7:06.99	7:17.85
Male	10000	12:36.30	13:21.68	13:44.36	14:07.06	14:29.74	14:52.43	-
Female	500	37.22	39.45	40.20	40.94	41.69	42.80	43.91
Female	1000	1:12.68	1:17.04	1:18.49	1:20.67	1:22.86	1:24.30	1:27.21
Female	1500	1:51.79	1:58.50	2:01.85	2:05.20	2:08.56	2:11.91	2:15.27
Female	3000	3:53.34	4:07.34	4:14.34	4:21.34	4:30.67	4:37.67	4:44.67
Female	5000	6:48.97	7:13.50	7:25.77	7:38.04	7:54.40	8:06.67	8:18.94



APPENDIX C

Use of 2019/20 Competition times for both Short Track and Long Track

For the asterisk (*) noted in:

4.0 Short Track Performance Criteria (pages 6 & 7) 5.0 Long Track Performance Criteria (page 9)

The 2019/20 competition results, skated on the 111m/400m track in each of the specified distances in any Provincial, SSC, or ISU sanctioned ST or LT competition, will be used for 2021/22, as there were no competitions in the 2020/21 season, due to the COVID-19 pandemic.