

CSSA Club Report to AASSA Season 2020-2021

Three to five highlights for the 2020-21 season

- Ability of coaching staff to adapt quickly to the changing platforms (zoom, in-person), locations (Oval, Seton, Winsport, Redwood Meadows), etc. due to Covid & equipment failure at Oval
- Training at the Redwood Meadows outdoor Oval (just outside Calgary)
- The strong participation in the Spring & Summer programs
- Being one of four finalists awarded \$2,500 for the Intact Insurance Club Excellence Award to help promote and develop the Seton location. This resulted in the growth of the Seton location which had almost 20 skaters by March.

List of activities and/or initiatives hosted by your club throughout the season

- Hosted outdoor Try Speed Skating sessions at Redwood Meadows
- Participated in the virtual Canadian Youth Challenge – Long-track
- Participated in the fall National ST challenge
- Invited skaters from other clubs to participate in our Zoom sessions. We had participants from Lethbridge & Grande Prairie join.
- Adults were given the opportunity to skate outdoors at Redwood Meadows.
- We followed Provincial COVID -19 protocols and had no incidents of skaters nor coaches contacting the virus during any of our training sessions.
- Further integrated Mike Hall's group within CSSA. They trained outdoors in Red Deer & Redwood Meadows as well as indoors at WinSport. Select skaters participated in the Salt Lake City International race in December 2020.
- Skaters improved tremendously technically and in their overall fitness by participating in the Zoom Training sessions, in addition to In-Line Training through Alien In-Line and on ice training when available at Seton, WinSport and Redwood Meadows. Participants ranged in age from 5-16 years old .

Board/Executive members of your club

Josie Daub, President
Bob Fenton, Vice-President
Bart Jorna, Treasurer
Jeremy Gizen, Registrar
Madeline Sonik-Henderson, VC Communications
Allison Hill, VC Competitions
Julie Egers, VC Development
Justin de Vlieg, VC Equipment
Heleen Erasmus, VC Marketing

Paul Chateau, VC Officials
Brad Gilbert, VC Volunteers

Membership numbers

108 members, including 27 high performance members

Number of coaches (and levels)

25+ coaches at various levels

Number of officials (and levels)

unknown