



B EQUALITY **YOND**

SCHOOL WORKSHOPS FOR PUPILS, TEACHERS PARENTS & STAFF

2023/2024



Engage

We use curiosity, games, stories, lively videos & visuals to create space for everyone



Educate

Learn about others experiences and challenge urban myths



Explore

Unpack biases, group and cultural norms that structure inequalities.



Embed

Our whole of school approach reinforces change



Equip

Practice simple techniques for making a difference everyday

Let's Rethink Masculinities

Founded by students from Oxford University, Beyond Equality is a UK not-for-profit specialising in working with men and boys towards gender equality, healthier relationships and more positive masculinities. We have worked across schools, universities, workplaces and with professional sports teams and have collectively reached over **100,000 boys and men**.

We combine expert facilitation with best practice from psychology, anthropology, philosophy, management and economics to deliver pragmatic, evidence-based training and workshops.

We're starting vital conversations within schools about the state of gender inequality and masculinities to help boys become aware of the issues, but crucially, to **make them part of the solution**.

We offer expert training and development for teachers and school staff and parents, as well as workshops for pupils. We work with all types of schools, at both primary and secondary, including mixed gender schools, all boys, state, grammar, independent and sixth forms.

Our School Offerings

Young men and boys need space to explore who they are and the influence that they want to have on their communities. We create open and interactive discussions so they can have an active part in preventing inequality and violence. Their behaviours and attitudes are not just individual but are formed through their relationships with their family and peers, and shaped in the context of their school experience.

We foster individual change by helping schools, teachers and parents to support and guide their young men through these explorations.



Teacher Training

Teachers and school staff explore masculine stereotypes, and the impacts on students. Together, we develop new approaches to working with young men and create whole school action plans.



Student Workshops

We guide important conversations that allow boys to question the stereotypes and expectations they face. We give them the tools to choose who they want to be and the confidence to become an ally.



Seminars & Parent Workshops

This is a starting point for conversations about masculinities for parents, educators and guardians. It provides guidance and valuable foundations for working with and raising young men and boys.



OUR TEACHER WORKSHOP

Rigid gender stereotypes impact everyone. They can have both short and long-term consequences for all genders on school performance, general well-being and can contribute to violence and bullying. Our teacher training addresses these pressures to conform to a singular version of masculinity.

We are not aiming to tell participants how to "fix boys" but instead, we provide staff with an opportunity to see the structural factors that can lead to negative behaviours as a result of attempts to appear "manly" or fit in.

WORKSHOP OUTCOMES

- Ability to recognise language and behaviours that create pressure to conform to rigid and harmful stereotypes
- Increased awareness of how and when to positively intervene and influence boys' experiences & behaviour
- Take-away activities for pupils during tutor time, PSHE lessons etc.
- Confidence to embed a whole school approach and action plan.

1500

Teachers and Staff Trained by Beyond Equality

OPEN TO: All school staff

RUN TIME: 3 hour session

PARTICIPANT SIZE: Minimum 15, maximum 30.

DELIVERY: In-person or Online. Ideal session for Inset Days, or Continued Professional Development throughout the year!



A SUPER INTERESTING CONVERSATION ABOUT WORKING WITH BOYS

TEACHER AND PARENT SEMINARS

SEMINAR MISSION

We firmly hold the belief that active participation from everyone is essential for a better, more equal future. Through our Teacher and Parent seminars, we seize the opportunity to initiate dialogues on the topic of masculinities with all staff, while also actively engaging parents in these discussions. The one-hour seminar, featuring an interactive question-and-answer follow up, offers flexible delivery methods, including online and in-person options.

TEACHER and PARENT SEMINAR

The shorter structure of this seminar has been carefully designed as an introductory session to core teacher training and deep-dive workshops.

We aim to have parents, staff, teachers and guardians come together to have urgent discussions that will support the development of boys and men both inside and outside of the classroom.

Our facilitators provide a background and professional insights into the issues boys face and cause in their communities. We follow-up with an open question session.

Brand New for 2023/24

OPEN TO: All school staff

RUN TIME: 1 hour + Q and A

DELIVERY: Online or in - person.

Ideal session for Inset Days, Twilight sessions, Parent evenings, or Continued Professional Development throughout the year!

89%

of pupils say our workshops help them to challenge negative masculine stereotypes

92%

of pupils say our workshops help them to understand how to build healthy relationships

97%

of pupils say our workshops help them understand Gender-Based Violence and what we can do to stop it.



OUR PUPIL WORKSHOPS

Our three-module pupil workshop series allows young men and boys to talk about the issues they're facing in school and beyond. Our trained facilitators will skillfully deliver the workshop to enable your students to open up, talk about sensitive topics, and learn from the experiences of each other.

Our workshops follow a spiral curriculum from KS3 to KS4/5, building pupils' understanding across three workshops. Each workshop explores a range of key themes, with tailored, age-appropriate content for each Key Stage.

Key Themes Include:

- Rethinking Masculinities
- Healthy Relationships
- Mental Health and Emotional Literacy
- Stereotypes, Discrimination and Objectification
- Consent

Gender inequality affects everyone, everywhere. Learning about it allows boys to be part of the movement for change. These workshops aren't for "problem schools" or "difficult children", they're for anyone who wants to help their boys be part of a growing movement for change.



The Three Modules

1. Intro to Masculinities, Privilege and Emotions

This module addresses the themes of masculinities, emotional repression, anger & violence, peer pressure and gender conformity. It provides boys space to talk about expectations, sharing emotions and learn about others' experiences.

2. Healthy Relationships, Sex and Sexuality

This module allows boys understand how they can form healthier relationships, platonic (KS3) and romantic (KS4&5). It challenges common masculine norms, harmful attitudes towards sex, and homophobia.

3. Preventing Gender Based Violence

This module promotes healthy, consensual relationships, by combatting sexism and sexual harassment/violence. It allows boys space to explore how they can be part of the solution, by giving them tools to co-create a safer society for women, girls and people of all genders.

*Each module has a scaffolded version for Key Stage 3 and 4/5, covering different topics, levels of conversation, and accounting for different levels of life experience and challenge.

FAQ

Size: Students will be split into groups of 20 or less.

Modules: Module 1 can be delivered as a standalone session.

Delivery: In-person

Time: Each workshop is 2 hours.

Year Groups: Year 8 to Year 13

Open to male-identifying students only.

Exercises: Games, interactive stand-up activities and discussions.

Facilitators: Led by an experienced facilitator trained by Beyond Equality



Workshop Outcomes for Pupils



A deeper understanding of the implications of gender stereotypes on themselves and others



Recognition of how their behaviours can have a significant impact on those around them



An interactive space to openly discuss the peer & social pressure that they face



An opportunity to establish themselves as a positive leader in their communities

What Schools Are Saying



How the concept of masculinity was dissected and discussed was fascinating and revelation"

Student Behaviour Head



'The single most relevant teacher training I have ever had in my career.'

Assistant Head Teacher



""Best Lesson Ever!""

Year 8 pupil

Who We've Worked With



CONTACT US TODAY



Teacher training: rosephine@beyondequality.org
School bookings: zuzana@beyondequality.org



[@beyond_equality](https://www.instagram.com/beyond_equality)



www.beyondequality.org