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**Art on boxes in Ruapehu P3**



**World rangers day P5**



**The mountains are calling P6**



**Sports abilities shared P8**

## ‘Wonderful winter camp’ for burns kids

A group of young burns survivors converged on the Ruapehu area recently for a camp with a difference – enjoying a winter get-together rather than their usual summer break.

Taylor Lodge at Pokaka was host to 26 young people and their supporters and staff from Burns Support Charitable Trust.

The Trust runs a number of camps and events for burns sufferers, including the youth camp, with the aim of providing a supportive experience where the group have all got experience with burns injuries.

“The camp is five days where the kids can develop relationships with others who share their experience – they realise they are not alone.

“They develop their confidence and self-esteem through these camps and they really flourish.”

During their camp they got to play in the snow at Whakapapa and take a ride in the Sky Waka gondola, visited the National Army Museum in Waiouru, the Dinosaur Museum in Raetihi, mountain biking on the Ohakune Old Coach Road, climbing at Vertigo Climbing Gym, and enjoy chocolate éclairs at Ohakune’s Skiers Inn.

One of the camp kids, Tom, said the best thing for him was the snow sledding and “chucking a few snowballs”. This was his fourth camp and he says they are a “good excuse to get away and do something different”.

His father, who is a volunteer on the camp, said it was a great way for the kids to get together and share experiences.

“Some of them are from pretty hard backgrounds and there’s a lot of things they would never get to do.”

**Turn to Page 2**

## Much mush in Karioi Forest



**MUSH! Chris Jolly mashes her huskies in a sled dog race in Karioi Forest on the weekend. Photo: Jess Gibb.**

Karioi Forest rang to the sound of ‘mushers’ encouraging their dogs to keep going, go faster, or sometimes slow down as they took part in the Great Northern Siberian Husky Club’s sled-dog event on the weekend.

Around 42 entrants and 60 dogs took part in a range of classes on Saturday afternoon and Sunday morning in the closed forest.

Laura Simpson, race co-ordinator, said they had to cut short the Sunday session thanks to snow in the forest. Despite the inconvenience, running huskies in the snow was a highlight for competitors.

She said competitors loved being out in the forest, not only to give their dogs the chance

to do what they do, but for their handlers to be in amongst the outdoors and enjoy the forest environment.

Classes included 3-wheel rigs, 2-wheel scooters, ‘cani-cross’ (a running class) and ‘bike jor’.

The mountain bikers and runners usually have one dog harnessed, with scooters using two dogs and the rigs running 2,3,4 or 6 dogs.

Laura said in general, the more experienced competitors run more dogs, but they can move up the classes pretty quickly as they compete.

As well as the Siberian huskies, dogs included Labradors, pointers, border collies and mixed breeds.

The rig classes ran a 6.9km course set out about 10km into the forest, while the others ran 4.6km.

Events are usually run over winter, from June to September every couple of weekends, spread around the country.

Included is a snow sled dog event held at Snow Park near Wanaka.

The event had been run in the Forest a couple of times in 2012-13, with a break and returning in 2017.

Laura Simpson thanked the community for giving up their weekend access to the Forest and to Keith Wood, the Karioi Forest manager, for his help for the organisers.

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# Kirton announces his housing plan

Ruapehu mayoral candidate Weston Kirton has announced his plan “to address snowballing housing, homelessness and rental issues in the Ruapehu District”.

He says he plans “a bonfire” of regulations and changing the District Plan to reduce building consent time and cost, and make it easy for home owners to subdivide.

He wants a complete change of mindset at Council to one of active support for ratepayers, including dedicated staffing resources.

Kirton also wants a new community housing trust to apply for Government funding for housing, using existing Council housing stock and land as equity.

He cites data that shows that less than 60 percent of Ruapehu residents now own their home – the lowest home ownership rates in the country.

Kirton says rentals are also less affordable or only short term, and there is a fundamental shortage of housing options and people are leaving the district because of it.

“We have a unique intersection of issues of being a tourism destination with lots of short-stay rentals, a highly seasonal job market, and high levels of deprivation,” said Kirton.

“This is impacting home ownership rates and making rentals unaffordable for people who want to move here for the winter or summer season, or live here permanently.”

He says his plans will unlock new housing developments, bring new residents into the area and improve the dire state of the local rental market.

“Council needs to get out of the way and make it really easy for existing land owners and home owners to build housing on their land or sub-divide the back section.

“If elected, I will go through every Council regulation line by line to make sure the Ruapehu District is one of the easiest and lowest cost places to build.”

“The Council administration will allocate dedicated staffing resources to assist mum and dad ratepayers who wish to subdivide, renovate, extend or build. We need the Council to move to a pro-housing, proactive and helpful stance when working with ratepayers.

Kirton says Council’s District Plan is part of the problem. The Plan was last reviewed and updated in 2014.

## Eating out in the Ruapehu District

### CYPRUS TREE

79 Clyde St, Ohakune

Ph: 06 385 8857

Check out our new summer menu. Kiwi craft beers, boutique wines and cocktails to quench that summer thirst. Playroom for the kids, foomball, air hockey and spaces to keep the kids entertained. Spectacular mountain views. A great place for casual get togethers or special occasions. Contactless takeaways available. Open 7 days, 5pm till late.

### KINGS BAR & RESTAURANT

3 Rimu St Ohakune Junction

Ph: 06 385 8648

Est in 1913, historic Kings offers an inviting menu by locally renowned chefs, a great selection of boutique wines and is the exclusive venue to offer Ruapehu Brewing Company beers on tap. See our Facebook page for what’s on. Wednesday – Friday from 4pm and Saturday and Sunday from 2pm.

### POWDERKEG

Bottom of the mountain road

Ph: 06 385 8888

The iconic Powderkeg gives you that warm alpine feel with large open fires, hot mulled wine and a great craft beer selection. With over 30 years’ commitment to service and good quality free range food. Follow us on instagram @powderkegbar for our weekly deals, parties and giveaways. Great breakfast and delicious brunch cocktails. Open Monday to Friday 7am – 11am and 3pm - late. Saturday & Sunday 7am - late. See you at The Keg.

### UTOPIA CAFE

47 Clyde St, Ohakune

Ph: 06 385 9120

Open 7 days from 7:30am – 3:30pm for all day breakfast and lunch. A cosy memorable atmosphere with a great range of cabinet food and beverages, including regional famous Volcanic coffee, Frappé and smoothies. Vegan/Gluten-free options for both savoury and sweet are available. Speedy free Wi-Fi! A perfect place for everybody!

## Deadline for all advertising bookings and copy is

# 5pm Fridays!

*It’s important that we get your ad booking and copy in on time, so that we have time to check it, plan the best layout and work on producing a better paper for you!*

“We need a District Plan that is reflective of our future, not decades ago.”

He says development contributions could be reduced with Council allowing smaller sections.

A community housing trust would support

those experiencing housing insecurity and reduce homelessness and social deprivation.

“A trust could apply for Government funding and partner with iwi and property developers to build on vacant land.”

“We could also expand the Mayor’s Taskforce for Jobs participants and UCOL building apprentices to create a win-win situation, where our young people learn new skills and our community benefits from more warm, dry houses.”

# ‘Wonderful winter camp’ for burns kids

From Page 1

Jovana, originally from Serbia, talks about her burns, which came from an exercise treadmill when she slipped off it and became trapped and the treadmill track kept going, causing third-degree burns to her leg.

The camp was a great place for the kids to share their stories in a fun and free place.

Michele Henry, events co-ordinator, said she wanted to tell the *Bulletin* how kind and supportive the community of Ohakune were regarding the Camp.

“The Taylor Lodge owners, Kylie and Ben were more than welcoming, at each activity the business owners or staff could not have been more accommodating, this was noticed by all the leaders, parents and myself,” said

At the Lodge, they enjoyed a quiz afternoon as well as an evening talent quest.

The Trust encourages parents not to attend the camp, to help with kids develop more independence, but they do make exceptions for newbies.

The Trust also runs retreats for women who have suffered burns as well as ‘men’s days out’

As well as thanking the support from the Waimarino community, Michele says there is the opportunity for people to sponsor a child to take part in camps. Readers can donate by going to [www.burns.org.nz](http://www.burns.org.nz) and clicking on the donate button.



**Wonderful winter camp kids at Kings in Ohakune. The camp provided the children a chance to spend time with others who also experience life after burns and subsequent surgeries.**



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## What’s on around Ruapehu

NZ Mountain Film Festival - Kings	4 August
Ohakune Snow Festival	24 July – 7 August

Ski, Board & Bike  
Cnr Ayr St & Goldfinch St, Ohakune  
06-385-8433, [tcbskiandboard.co.nz](http://tcbskiandboard.co.nz)

# T C B

Please email: [ads@rupahebulletin.co.nz](mailto:ads@rupahebulletin.co.nz) or call 06 385 8532 or if you have something to add to this column.

# New look for bowel screening kits



Katrina Kemp and Naomi Patterson with the new-look kits.

The Waimarino along with others in the Whanganui area will be among the first to receive the new-look bowel screening kits and from 1 August.

The bowel screening test is a free two-yearly test completed at home for anyone between 60 and 74 years and it is saving lives by picking up bowel cancer early, says Judy McIntyre, Bowel Screening co-ordinator at Te Whatu Ora Whanganui.

She says feedback on the original kit indicated it was unclear to many what the kit was when it arrived, some even throwing it out as they believed it was junk mail.

“However, that it doesn’t matter if you have one of the original kits as the content and kit inside is the same so you can still return this one, as long as it hasn’t expired.”

Katrina Kemp and Naomi Patterson are part of the Manaaki Te Whanau Team at Whanganui Regional Health Network and they are pleased they are one of the first to be receiving the new kits. They often find when they follow up people who haven’t returned kits that they have put them aside as they weren’t sure how to complete them.

Anyone with questions can phone Katrina or Naomi on 0800-775-001 or contact the National Bowel Screening Programme on 0800-924-432.

“Do the test as soon as possible. The test kit will expire in about six months. Post the completed test back on the same day or next day as delays could spoil your sample. If this happens you will be posted

a new kit,” says Judy.

The National Bowel Screening Programme aims to save lives by finding bowel cancer at an early stage when it can often be successfully treated. There may be no warning signs that you have bowel cancer.

The test can detect tiny traces of blood present in a small sample of your bowel motion (poo) – which may be an early warning sign that something is wrong with your bowel. Further investigation can also detect polyps (growths). These are not cancer, but they may develop into a cancer over a number of years. Most polyps can be easily removed, reducing the risk that bowel cancer will develop.

People are posted the bowel screening kit and do the test at home – it is quick and simple. They post the sample back to the lab and are advised of their results. A positive result may result in a colonoscopy being performed, which is also free.

The National Bowel Screening Programme is for those who have no symptoms of bowel cancer. If you have any of the following symptoms, or you are concerned about your bowel health, see your GP right away: a change in your normal bowel habit that continues for several weeks; blood in your bowel motion (poo).

For more information, visit the Time to Screen website, call the National Bowel Screening Programme on 0800 924 432, or talk to your doctor.

# Chorus and RDC bringing art to neighbourhoods

Calling all Ruapehu District artists: this is the first year Chorus is working with Ruapehu District Council to bring its cabinet art programme to the district and is calling for designs from local artists.

Chorus is working with RDC to transform four cabinets in the district, with one each in Ohakune, Taumarunui, Rangataua and Raurimu. Artists are encouraged to get their designs in before the deadline of 31 August.

Chorus community relations manager Jo Seddon says they are really pleased that RDC has answered the call to work with them.

“It is great to be working with local councils when it comes to choosing cabinets and designs as they know the area and what the community needs,” she says.

“RDC has nominated four cabinets in the region in need of a makeover and we’re really looking forward to seeing what local artists come up with.”

These cabinets become works of art in the street, often telling stories about the communities in which they are

located and help to discourage graffiti vandalism.

Community relationships and wellbeing manager Candice McNaught will be co-ordinating designs and artists this year and is excited to be working with Chorus on this initiative.

“This programme is great opportunity for our community. Not only do we get fantastic artworks in our streets, but it also provides work and promotes our local artists,” she says.

Requests for designs are now open and the winning design for each cabinet will be chosen from entries received.

Information can be found on the Chorus dedicated webpage: <https://www.chorus.co.nz/community/cabinet-art-programme>

All finished art will be included on the Chorus website and will be considered for the 2023 Chorus Cabinet Art calendar, copies of which are sent around the world.

Existing murals can be seen here: <https://www.chorus.co.nz/blog/cabinet-art-gallery/>



A Chorus cabinet that has become a canvas for a local artist in another part of the country.

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Tony Brett 027 491 7700

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CLAAS

Harvest Centre

# Waimarino cat shelter still needs help

The Waimarino’s cat shelter has received some donations to help with their efforts to look after stray cats and kittens, but still need more, says Maxine and Paul Franny, who operate the White Windmill Animal Sanctuary.

The Sanctuary has a Givealittle donations page, with around 10 donations made since the beginning of July.

However, the couple are concerned that some readers may have gotten the wrong impression from the Bulletin article ‘Waimarino cat shelter needs help’ (13 July 2022).

The Sanctuary doesn’t yet have full registered charitable status, but is an incorporated charitable trust, having gained that status in February 2021.

The couple are concerned that people might be put off making donations if they did not understand this.

The Sanctuary takes in stray and unwanted cats and kittens and has all cats desexed and micro-chipped, as soon as their

weight and condition allows.

They charge an adoption fee of \$80 for kittens and \$60 for adult cats, which is much less than the fee charged by city adoption services (some up to \$200).

The Givealittle campaign is still running and therefore plenty of opportunity for people in the community still to donate.

People who would like to support it can go to Givealittle.co.nz and search for White Windmill Animal Sanctuary.



**Soooo cute! But they need care and attention, which Waimarino's shelter is providing but needs help. Photo: RSCPA South Australia.**

## THE NZ CROSSWORD 1892

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### Across

1. Perfect world (6)
5. Native tree with yellow flowers (6)
9. Watcher (6)
10. Snare (6)
11. Food shop (abbr) (4)
12. Rugby league club captained by Roger Tuivasa-Sheck (8)
14. Native spider (6)
16. Thinly spread (6)
19. Weekly magazine first published in 1939 (8)
21. Distantly (4)
22. One of a kind (6)
23. Relating to horses (6)
24. Annoyance (6)
25. Wobble (6)

### Down

2. Singer and musician who died in 1985, 'Prince' \_\_\_\_ (3,4)
3. Welcome ceremony on a marae (7)
4. Historic goldmining town (9)
6. Proprietor (5)
7. A sheltered anchorage for ships (7)
8. Deadlock (7)
13. Revive (9)
14. Central Wellington suburb (7)
15. Sampling event (7)
17. Usually (2,1,4)
18. Bush shirt (colloq) (7)
20. Matched (5)

### Previous solution

**Across:** 1. Caper, 4. Escape, 9. Cake Tin, 10. Zilch, 11. Dart, 12. Unclear, 13. Gas, 14. NIWA, 16. Titi, 18. Opo, 20. Lanolin, 21. Manu, 24. Elbow, 25. Out to it, 26. Tie-dye, 27. Muted.

**Down:** 1. Cicada, 2. Piker, 3. Rata, 5. Suzy Cato, 6. Ailment, 7. Exhort, 8. Anzus, 13. Galloway, 15. Ignoble, 17. Client, 18. Onion, 19. Busted, 22. Aloft, 23. Atom.

# Ian McKelvie’s youth MP speaks



**Ex-Raetihi student Daisy Tuataroa was inspired by her time around the tables in the Youth Parliament recently.**

Ruapehu’s Member of Parliament Ian McKelvie presents his Youth MP’s report:

• Last year I selected Daisy Tuataroa to be my Youth MP. Youth Parliament was held in Wellington last month and Daisy, who is currently a Y13 student at Taumarunui High School, did Rangitikei and herself proud. Here’s a report written by Daisy about her experience.

On 18 July 2022 I was blessed to be able to attend the 10th Youth Parliament of New Zealand. Youth Parliament is held every three years and gives rangitahi the opportunity to learn first-hand about our democracy, influence Government decision-making and ensure our voices are heard.

Before Youth Parliament took place in Wellington, I was added into a group chat with other Youth MPs in the Waikato area, so it was great to finally meet them all in person. I enjoyed being with them as we were serious when we needed to be, but still managed to have a few good laughs.

Leading up to the event, it was also great to spend a few days shadowing Ian McKelvie out and about in the electorate. I enjoyed meeting some of the locals and getting a closer look around our district.

Youth Parliament was truly inspiring. I will never forget it. During the two-day event I met some amazing leaders of tomorrow, listened to their empowering speeches, participated in select committee meetings – and scored a selfie with Jacinda Ardern. I also spoke in the debating chamber to the mock bill, which was about abolishing

the starting out wage. I stood in support of the bill. We passed it in the Youth Parliament and handed it to the Government to action.

Coming from the small town of Raetihi, I am so thankful I was able to represent my whanau, friends, hometown and the Rangitikei with pride. I enjoyed sharing my experience from a rural point of view, including talking about problems our rangitahi face and how I believe the government can and should help us.

I have never felt so inspired before, and can’t wait to see our future politicians of Aotearoa. I would like to thank Ian for this amazing opportunity. I hope to see the Parliament Buildings again soon– and one day as a real Member of Parliament!

## Community and Emergency Services

**Alzheimers Whanganui Inc**  
Email admin@alzheimerswhanganui.org.nz or for support phone 06-345 8833

**Budget Advice**  
Email waimarinobudgetservices@gmail.com or phone 06-385-3253 and leave a message.

**CCS Disability Action (Whanganui)**  
Sheryl Brightwell 0800-789-654

**Child, Adolescent and Sexual Health Nurse**  
06-385-5019

**Child Youth and Family Service**  
0508-326 459

**Churches**  
Anglican, 06-385-4957. Baptist, a/h 06-385-3100. Catholic, 06-385-8858 or 027 606 5186. Gospel Chapel, 06-385-8453. Presbyterian, 06-388-0675 or 06-385-8708. Waiouru – duty chaplain 06-387-5599 ext 7031 or 021-493-692

**Civil Defence**  
Andrew Chambers 07 895 8188, 021 247 7340

**CLAW community free legal advice**  
Whanganui 06-348-8288

**Doctors: In an emergency call 111**  
Ruapehu Health Ltd 06-385-4211

**Information Centres**  
Ohakune 06-385-8427, Raetihi 06-385-4805

**Ngati Rangī Community Health Centre**  
06-385-9580

**Plunket Society**  
Plunket Nurse 06-385-5019

**Police and Search & Rescue Emergency, call 111**  
Ohakune 06-385-0100, Raetihi 06-385-4002, Waiouru 06-387-6884, Military Police 0800-50-11-22

**Red Cross**  
0800 RED CROSS (0800 733 27677)

**Rotary Club Raetihi - Ohakune**  
0210 434 161

**Ruapehu REAP**  
0800 00 REAP (0800 007 327)

**Ruapehu Maori Wardens**  
Email: ruapehumaoriwardens@gmail.com

**St John**  
In an emergency call 111

**Taumarunui Counselling Services**  
For confidential counselling in Waimarino phone 07-895-6393

**Victim Support Contact Centre**  
0800 842 846

**Waimarino Cancer Society**  
Co-ordinator 06 348 7402 or Kerri Dewson-Pratt 022 196 7355

**Waimarino Health Care Centre**  
Raetihi 06-385-5019

**Waimarino Community Toy Library**  
waimarinotoylibrary@hotmail.com

**Women’s Refuge**  
0800-REFUGE 0800 73384

**Ruapehu Mayor**  
Don Cameron, 021 202 7629

**National Park Community Board**  
Board members: Simon O’Neill 021-661-159; Peter Zimmer 027 479 1926; Mark Bolten 021 191 5385; Clark McCarthy 027 475 0561. RDC rep, Murray Wilson 07-892-2774.

**Taumarunui/Ohura Ward Committee**  
07-893-8575; Graeme Cosford, 07-895-7572; Karen Ngatai, 07-896-6658; Kim Wheeler 027-229-1527; Adie Doyle 027-495-3308; Robyn Gram 027 389 1912; Lyn Neeson 07 895 7803

**Waimarino-Waiouru Community Board**  
John ‘Luigi’ Hotter, 06-385-8193; Allan Whale, 06-385-9139; RDC reps Rabbit Nottage, 021 111 6514, Vivienne Hoeta 022-65-88-320, Janelle Hinch 022 385 8683. Other ward councillors Elijah Pue 027 740 6253

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# World Rangers Day focussed on natural heritage

Ruapehu area conservation department rangers were the focus of celebrations on Sunday – part of ‘World Rangers Day’.

Department of Conservation Tongariro called for people to “celebrate our strong team of rangers here in the Tongariro district”.

“They are the smiling face you first talk to in the Visitor Centre, or the ranger who asked you about your footwear on the Tongariro Alpine Crossing.

“They could also be less visible, scrambling through bushes to find an elusive kiwi or targeting pest plants that threaten the landscape.

“Covering a beautiful and diverse area of Aotearoa the team use their varied skills to deliver critical work on the front-line for conservation.

“Thank you to all of them for their relentless commitment to their Mahi.”

Around the globe, park rangers are on the front line in the fight to protect natural heritage.

It’s estimated there are more than 100,000 reserves, parks and protected areas around the world. World Ranger Day was created by the International Ranger Federation and was first held in 2007.

# Climate change challenging whio

The latest whio count shows climate change is affecting the iconic rapids-riding blue ducks’ habitat but the hard work of humans is helping build their resilience.

A count earlier this year found 694 whio pairs in monitored areas where trapping is done, compared with 862 pairs in the same areas in 2021.

DOC Whio Recovery group leader Andy Glaser says some of the decline may be due to last year being a full census year (done every five years). Counts on non-census years are less exhaustive and not all rivers are covered.

“What we’re really seeing, however, is the impact of climate change. We’re getting more severe weather events. Those combined with an already fragile landscape and increased water runoff mean changes to water quality and habitat in the catchments where whio live.

“Torrential rainstorms earlier this year, in places such as Kahurangi National Park, meant really wet cold conditions for young ducklings. Duckling survival numbers have halved over the past two years.

“Storms can also split whio families and reduce their ability to feed at a crucial time in their growth. Flooding washes away invertebrates such as insects and worms, limiting their food supply. The combined effect can be catastrophic.

“It’s definitely not all doom and gloom though. Our protected pair numbers are still high, which means the whio population is robust and in a good position for the coming breeding season.”

Last week (25–29 July) was Biosecurity Week 2022. The theme of changing landscapes is particularly apt for whio, says

Andy Glaser.

“On the one hand landscapes are changing due to climate change, including the habitat for whio, which rely on high quality waterways. On the other hand, landscapes are being changed positively for whio, and other species, by community efforts such as predator trapping and weed busting.”

It underlines the importance of national trapping efforts in maintaining the gains in whio populations and holding the line to protect breeding pairs, he says.

Genesis Energy has partnered with DOC on the Whio Forever Recovery Programme for the past 10 years, providing resources and expertise to enhance the survival of whio nationwide.

Genesis’ chief operations officer Rebecca Larking says the company is proud to continue to help whio thrive.

“Whio need us more than ever, and we need them. Healthy whio populations mean healthy river environments, so the more we can do to help this kind of biodiversity the better for all of us.”

Andy Glaser says the efforts of countless volunteers, community groups, iwi and schools in trapping for whio, and wildlife organisations that run breed-for-release programmes, are key to its success.

“All these people are involved in their own awa, caring for these taonga species. They help build resilience in the population so population numbers can grow within the productive seasons. This shows what can be achieved when we all focus on a simple action such as trapping.”

Background information

With an estimated nationwide popula-


Turn to Page 4




Whio – blue duck – are under threat from not only introduced predators, but also climate change.




Local rangers Luke Easton and Steve Cox attach a tracking device on a kiwi. Photo, Daniel Jacques.






nztrealstate









NEW LISTING



 63 Shannon Street, Ohakune

This 1.25 hectare lifestyle property really has everything that one could want in a property. It has location. It has mountain views. It has a modern four bedroom home. It has a stream. It has a large barn and above all – it has PRIVACY.

Lifestyle properties such as this, that really offer so much, so close to the Ohakune township, do not often come to the market place. All in all a stunning property that is not expected to remain on the market for long.

4  2  2  2 

Web [www.nzt.nz/RX 3314099](http://www.nzt.nz/RX 3314099)

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RUAPEHU BULLETIN 3 August 2022 • 5



**Ô'Parizad features a group who's goal is to ski an 8000m Himalayan giant.**

# NZ MOUNTAIN FILM FESTIVAL NATIONAL TOUR



NZ Mountain Film Festival

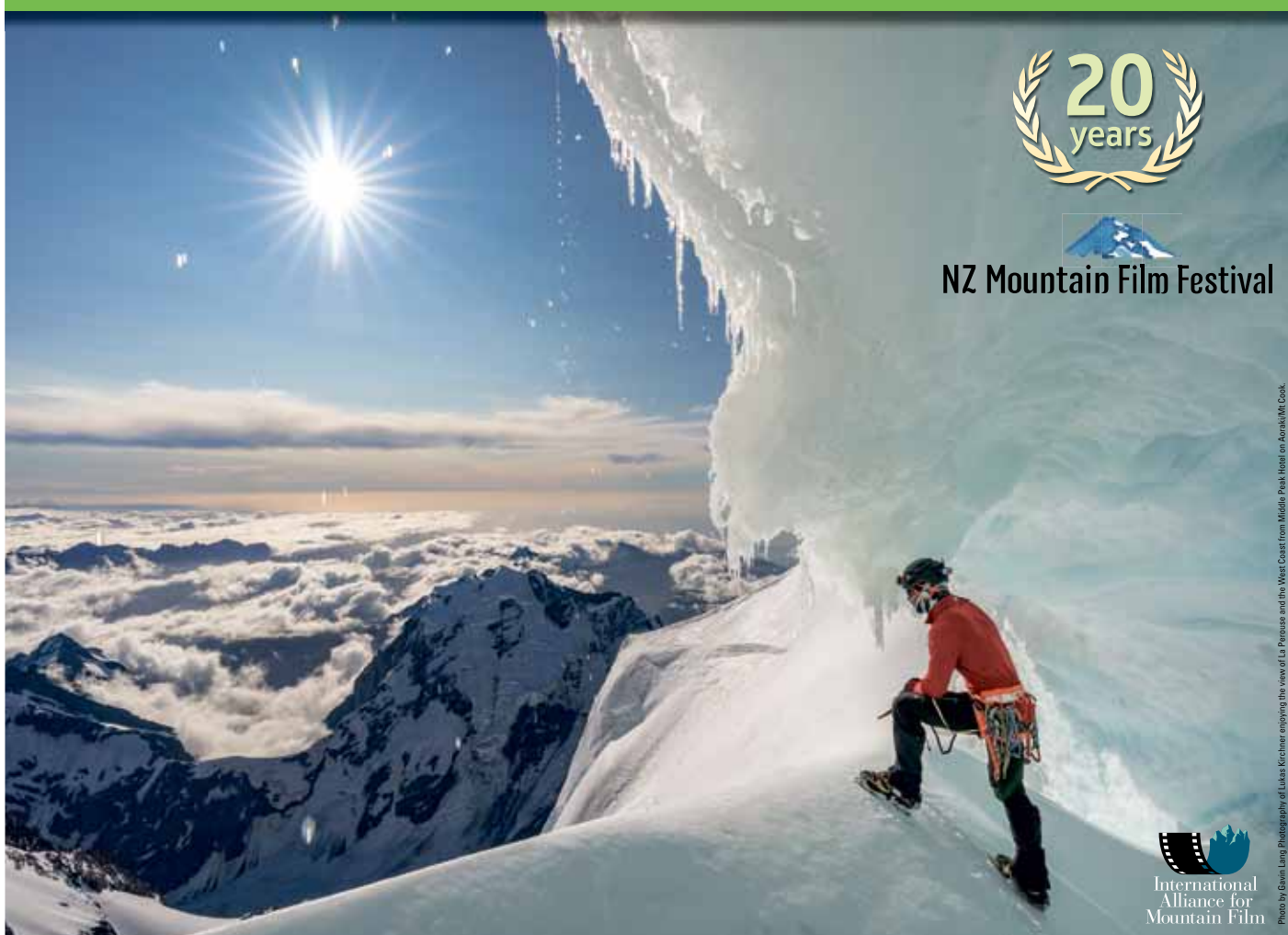


Photo by Gavin Lane Photography of Lukas Kirchner enjoying the view of Mt. Parnassus and the West Coast from Middle Peak Hotel on Aoraki/Mt. Cook.

## Kings, Ohakune – 4 August 7pm

Tickets \$20 available from Ruapehu Bulletin office or on the door  
Proceeds to Ohakune William Pike Challenge



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www.mountainfilm.nz

## Mountains are calling and I must go – to the movies

The first of two showings of the New Zealand Mountain Film Festival is on this Thursday (see advertisement).

The tour selection includes two award-winning films – *Traversing the Night*, which won the prize for the best New Zealand-produced film; and *House of The Gods*, which won the overall film festival prize.

Directed by Matt Pycroft, UK, the latter features the “great northern prow of Mount Roraima soars from the depths of the Amazon rainforest like the prow of a gigantic ship, shrouded in cloud, drenched by torrential rain and guarded by vertical jungle, deep mud and overhanging cliffs”.

*Traversing the Night*, directed by Maddy Whittaker, features four “New Zealand Alpine Kids” (as they called themselves) setting off from Arthur’s Pass. The dream was to traverse the spine of the Southern Alps for the next three months until they reached Fiordland. The mountains are wonderful, beautiful and healing – but they are also healing because they make us confront things that get drowned out in regular civilisation.

The other films are:

*We Don’t Usually Have Ice Creams* with not “your average pensioner walking group” who don’t believe in tracks or bridges. They scale untracked ridges, ford or swim rivers, scramble up waterfalls, abseil over bluffs and seldom get home before dark.

*The Great Alpine Highway* is a film following local skiers as they pile into Rongo – a converted school bus – and explore some of New Zealand’s best terrain.

*The Long Way Home* is about three Kiwi women living in Switzerland who decide to skip the airplane and take the long way home – by bicycle. They set out on two wheels to cover the 20,000km through Europe, Asia and the length of New Zealand.

*Follow The Light* shows sunsets over dramatic landscapes to the illumination of hot air balloons and the warm ambience of the Middle East

*Ô’Parizad*: In the 70’s, the pioneers explored the most breath-taking mountains in the Alps and Himalayas; 45 years later, the same passion has remained intact and skiers and their goal is to ski an 8000m Himalayan giant.

*Link Sar* is the compelling story of the gruelling first ascent of a massive unclimbed mountain in Pakistan’s Karakoram range, Link Sar. Standing 7041m tall, the mountain had been attempted unsuccessfully nine times before.

*Legacy On The Muir*: Tom Herbert revisits his father’s footsteps on his famous El Capitan route The Muir Wall.

Tickets are \$20, available at the Ruapehu Bulletin office, 45 Clyde Street, and at the door at Kings.

## Power scholarships offered

School leavers from around the King Country and Central Plateau are being encouraged to apply for a scholarship from a local electricity company to help pay their study fees.

In August, The Lines Company’s (TLC) fourth round of its TLC Inspiring Local Minds Scholarship programme will open to school leavers who live or have gone to school locally.

Three scholarships of \$2000 for each year of study are available, for a maximum of three years. Applications open on 1 August, with application forms are available online at thelinescompany.co.nz and from high schools throughout the King Country and Central Plateau.

The scholarships are not just focused on academic achievement – they are designed to “provide financial support to rangatahi who have the right attitude, share TLC values and want to bring their newly learned skills home to the King Country region”.

As well as financial support, the Scholarship could provide recipients with mentoring or work experience opportunities during holidays.

Scholarship applications close on Friday 31 August. All short-listed applicants will attend a face-to-face interview during September with a selection panel. Three scholarship winners will be announced later this year.

# Minister moved by Māori mental health efforts

By Moana Ellis, Local Democracy Reporter

The impact of Māori mental wellbeing services and a community effort to prevent suicide in Whanganui, Rangitikei and Ruapehu left a visiting Minister “quite emotional”.

Peeni Henare, the Minister for Whānau Ora and Associate Minister for Health, visited Māori health provider Te Oranganui in Whanganui recently to hear first-hand how mental wellbeing services are developing following an injection of Government funding.

He heard personal stories from whānau who have been part of Korowaitia Te Puna Waiora, a new Kaupapa Māori primary mental health and addictions service.

Korowaitia Te Puna Waiora has been designed to provide a “Whanganui-centric” approach to mental wellbeing for whānau experiencing mild to moderate distress.

It is part of a three-year “whole of community, whole of systems” approach to the prevention of suicide, co-designed by Te Oranganui, Healthy Families Whanganui Rangitikei Ruapehu and the former Whanganui District Health Board (now Te Whatu Ora Whanganui).

Initiatives include tāne support group Band of Brothers and wāhine support group Māreikura, and kaupapa wānanga co-designed alongside whānau who are facing mental health challenges.

The Minister said the stories he heard



were powerful.

“Having an opportunity to listen to whānau talk about their challenges openly was quite emotional. It really did lift my heart – this is the power of what we’re doing.”

He said he was particularly interested to hear from kaimahi/mental health workers about the localised mātauranga approach to partnering with whānau to achieve their mental wellbeing aspirations and address systemic issues facing whānau.

“The cookie-cutter model doesn’t work,” he told the providers.

“I see the unique way you are supporting your whānau. It’s local, it’s unique and it has evolved.

“It is something quite special to see the mahi evolving. I see that the hard effort so many people are putting in is worth it. It is fantastic to see and I’m really excited about what’s next.”

The Government’s 2019 Wellbeing Budget invested more than \$450 million into creating new frontline services for mental health, suicide prevention and addiction.

Henare visited Whanganui as part of a national tour of new Kaupapa Māori

services set up to improve access for Māori experiencing mild to moderate mental wellbeing challenges.

He told Local Democracy Reporting those challenges had since been compounded by Covid-19.

“We haven’t fully realised the impact of Covid-19 on our communities. We know that the challenges and the im-

pacts – such as increased anxiety – continue to materialise.

“If we can intervene in a positive way earlier on, this may reduce the need around acute services, which is a challenge at the moment.”

Local Democracy Reporting is Public Interest Journalism funded through NZ On Air



**Mental health worker Lamoni Paranihi-Haami explains aspects of new mental health and addictions service Te Korowaitia Te Puna Waiora to Associate Health Minister Peeni Henare. Photo/Supplied.**



**Turns in freshies on Monday. Photo: Ballistics Wake and Snow.**

## Clean up after mountain storm: then freshies

The weekend storm clean-up was immense for the crews at Whakapapa and Tūroa, but provides promise of better days, says Ruapehu Alpine Lifts.

For the first this season RAL provided top to bottom riding at Tūroa, via the High Noon Express, with access from the Movenpick.

RAL says Monday’s unsung heroes “were our sparkies”.

“Overnight we experienced a power outage to the upper mountain, affecting the High Noon return station,” stated RAL on Sunday morning.

“Our maintenance team were on site from 5:30am, a generator sent up to the return to get the High Noon spinning, to start removing ice on

the haul rope, before chairs could be loaded.

“Quite the process, involving running the lift at 3 metres per second and spraying the rope. Once ice was clear of the rope and snow cleared from the doors at the return, the chairs were put on, parked again after a spacing issue (caused by ice), then put on again.

“Meanwhile, the team faced a tower derail fault on two towers, just to add to their mahi.”

Seven hours later, riders were treated to “some epic turns off the Noon”.

They managed a far smoother start to the day Monday, with the Noon expected to open from 9am.

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# Enrol now to make voting easy says EC

The Electoral Commission is urging people to “get a move on” and enrol now to make voting easy in the October local body elections.

“The local elections are held by a postal vote and you need to be enrolled at the correct address by Friday 12 August to receive your voting papers in the mail,” says Ross McPherson, Acting National Manager, Enrolment and Community Engagement.

“If you’ve already checked your enrolment details are up to date, then you’re all set to vote. If you haven’t checked, take a few minutes to do it now and it’ll make voting in the local elections much easier.”

At the start of July, enrolment update packs were sent to more than 3.5 million enrolled voters. Since then, more than 165,000 people have taken the opportunity to apply to enrol or update their details.

“We’ve also had about 100,000 packs sent back to us marked return to sender. If you’ve moved recently, make sure you change your address on the electoral roll so you don’t miss out on voting in the local elections,” says Ross McPherson.

People can enrol, check, or update their details online at [vote.nz](http://vote.nz) using their New Zealand driver licence, New Zealand passport, or RealMe verified identity. They can also call 0800 36 76 56 and ask for an enrolment form to be sent to them.

Anyone enrolling after 12 August will need to contact their local council to arrange a special vote.

Local councils will start sending out voting papers on 16 September and voting closes at midday on Saturday 8 October 2022.

More councils will have Māori wards and constituencies at this year’s elections. If a voter is on the Māori roll and their local council has Māori wards or constituencies, they will vote for candidates standing in the Māori wards or constituencies.

Go to [vote.nz](http://vote.nz) for information on enrolling to vote. More information on the local elections is available on the Taituarā and Local Government New Zealand website [www.votelocal.co.nz](http://www.votelocal.co.nz) or from your local council.

# Sports abilities lifted through Halberg Ohakune visit

Ohakune Primary School opened its doors for Sport Whanganui and the Halberg Disability Sport Foundation to deliver a Sport Ability Day in the region recently.

Students from Taumarunui High School and Owahango School joined in the action-filled morning.

The purpose of the day was to introduce inclusive, fun activities to students and schools.

John Sigurdsson, regional advisor for the Halberg Disability Sport Foundation, brought along equipment and an array of knowledge and ideas. The morning included a variety of games that are suited to the needs of a diverse range of participants and Ross Kinnerley, community activator – active recreation and disability at Sport Whanganui, was delighted with the outcome.

“We had a great time partnering with Halberg to deliver this opportunity to tamariki and rangatahi of the Ruapehu region.

“It was the first time we’ve offered this type of day in a region other than Whanganui and, with the enjoyment all participants got from it, it definitely won’t be the last.”

He thanked John and the schools who took up the offer.

The games introduced



Sampling golf with SNAG (starting new at golf) gear. Photo supplied.

involved ball and striking skills like golf, goalball, boccia and seated volleyball.

The key is using equipment such as SNAG (starting new at golf) gear, which is oversized and easy to use, and adjusting the games to suit the participants.

“The day was a great chance for students to express their determination and show everyone what they can do and take the focus off what they can’t do,” says Ross.

“There was also the added benefit of connecting people across the district and building relationships.”

Tash Carley, a junior teacher at Ohakune Primary School, understands the value of building relationships.

“It was great to see all the students and staff with such

big smiles on their faces, I really enjoyed watching them have success and their confidence grow. It was also great to have other schools join ... and build new relationships with the other schools as well at the Halberg Disability Sport Foundation.”

With over 20 students involved from across the region, the appetite and need for more sport ability days is clear, says Suni Tuckosh, Kea Centre manager at Taumarunui High School.

“We had an extraordinary day and have a huge thank you to you and your team for organising it and providing such a fun and well thought out day. Our students were all smiles all the way home.”



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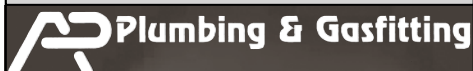
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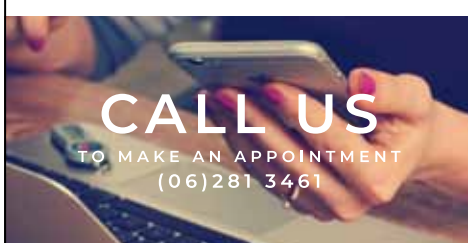
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CIV-2022-483-000018

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**Between:** **RUAPEHU DISTRICT COUNCIL**  
a local authority having its administration office at 59-63 Huia Street, Taumarunui

**Local Authority**

**And:** **JASWINDER PAL SINGH REKHI**

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When we are closed you can access our trusted after-hours virtual service. Week days 5pm to 10pm and weekends 8am to 8pm  
Go to [www.practiceplus.nz](http://www.practiceplus.nz)

Our team consists of highly skilled nurses, doctors and administrators. We also have a well-being team to support you with all your health needs.

**Key contacts:**

Tracy Mitchell – Clinical Service Manager  
Frances Hays – Administration Team Lead

**Our current practitioners:**

Amy Hina – Nurse Practitioner  
Dr Lee  
Dr Rory Kennelley  
Dr Iain Hague, minor surgery clinic

**Joining us soon:**

Dr J Schwartz – September 2022

To ensure appointments are available to those most in need when you phone for an appointment one of our experienced registered nurses will call you back to do a phone assessment. You may be offered a virtual appointment, a face to face appointment with a nurse or doctor or we may be able to help you with what you need over the telephone.

Covid19 and influenza vaccines are available now so please call the clinic to make an appointment.

Rapid antigen tests – RATs are available through the testing tent – please go to [requestrats.covid19.health.nz](http://requestrats.covid19.health.nz) to get an order number.

# Local newspaper advertising is alive and well right here in Ruapehu

There is a lot of talk about the demise of newspapers, following the explosion of on-line media. But local community newspapers like the **Ruapehu Bulletin** reach as many people as they always did. With the cacophony of information through electronic media, our readers like to pick up their **Bulletin** and read about the people and places in their community.

You can by-pass the confusing and eye-watering number of websites (last count, well over half a billion) and talk directly with your customers by advertising each week in the **Ruapehu Bulletin**.

**Your stories,  
your people,  
your community,  
your newspaper,  
your place to  
reach your  
customers**



**Contact Jude today  
for details of our  
\*Starter Pack on 06 385 8532  
Email [ads@ruapehubulletin.co.nz](mailto:ads@ruapehubulletin.co.nz)**



# Extra Covid support: where to get it

A flu season that has seen case numbers the highest they have been in many years and a resurgence in COVID-19 has seen winter off to a rough start for many.

"With these increases we are also seeing an increase of pressure on Health care across the board-from Rest Homes to Hospital, staffing shortages due to sickness and increased admissions are creating concern," says Te Whatu Ora Whanganui (the entity that replaces the Whanganui District Health Board).

They provide the following advice on Covid-19 and winter influenza (flu):

There are some changes happening that will help keep you and your family well over the next months.

Increased access to antiviral medication for those most at risk

- It will be easier to access antiviral medication for those most likely to end up in hospital.

- Antiviral medications can reduce the seriousness of COVID-19 meaning fewer people

need to be hospitalised, so we are making these more widely available as pharmacy-only medications.

- Te Pātaka Whaioranga - Pharmac has confirmed that it is further widening access to the three antiviral treatments it funds for treating early COVID-9 to more than 400,000 more New Zealanders if they get the virus.

- Anyone over 75 who has tested positive for COVID-19 or anyone who has been admitted previously to an Intensive Care Unit directly as

a result of COVID-19, is now eligible to access antivirals through their GP.

- To speed up access to antivirals, GPs can now provide back pocket prescriptions, which means at-risk patients for acute respiratory illnesses can be preapproved and have their prescription ready should they become unwell and need the medicine immediately

RATs and masks are provided free for individuals and households

- We are encouraging everyone who needs extra RATs or masks to head to a COVID-19 testing site or other location and collect a free pack for you and your whānau. There are no criteria, you don't need to be unwell or have symptoms.

- Wearing masks can reduce new cases of the virus by as much as 53 per cent. We are asking New Zealanders to keep up tried and tested measures: wearing a high quality mask, strong vaccine and booster uptake, antivirals and testing, which are highly effective and will put us in the best position to get through what is one of the toughest winters we've faced.

- 10 million child-size masks are available for year 4-7 students in New Zealand and up to 30,000 masks a week for all other students and school staff, alongside extra funding to support better ventilation over winter.

We are asking our community to think safe. If you feel unwell-take a RAT test, if you think you have been around someone who may have COVID-take a RAT test, if you have been at a gathering-take a RAT test. There is no restriction on RAT tests, if you need them you can collect them free of cost with no criteria needing to be met.

We are asking if you are visiting our hospital for an appointment or to visit a loved one that you wear a mask-and if you have any symptoms, feel unwell or have been around COVID positive people please RAT test before you come in. You can collect RAT tests from the entrance of the hospital if you need them. If you test positive, please stay home.

You can collect free RATs and masks from the Whanganui Race Course pop up clinic 19 Purnell Street or Te Rito Clinic on Wicksteed Street. For more information on where to get RAT tests from in the community check out [www.wdwb.org.nz](http://www.wdwb.org.nz)

## Ohakune Squash

A new interhouse competition started last Thursday. Team seven took the early overall lead by beating team four 113-100, team five beat team three 110-98 and team two beat team six 110-91 whilst team one picked up 100 points for the bye. This week at 5pm, team seven plays team six, at 6:30 team five plays team one, at 8pm team two plays team three and team four has the bye.

Team seven helps with kitchen duties for the first half 5:00 until 7:15 and team three is on the second half from 7:15 to 9:30.

**Deadline for all advertising bookings and copy is 5pm Fridays!**

*It's important that we get your ad booking and copy in on time, so that we have time to check it, plan the best layout and work on producing a better paper for you!*

## Protect yourself, your whānau and community Vaccination Clinic



**Where**

**Winstone Pulp International Ltd**

**When**

**18 August 2022**

**All welcome 5 and over  
(16 and over for boosters)**

**10am - 3pm**

*Or book your vaccination for  
a day and time that suits you*

**Flu Vaccinations also available**

**First Boosters are for 16 and over.**

**Second boosters are for high risk and 50 and over.**

**Note: if you have had covid you'll need to wait three months before you can have your vaccination.**

**Flu  
vaccinations  
too**



**Book My Vaccine**

**0800 28 29 26**  
**BookMyVaccine.nz**

**Unite  
against  
COVID-19**

**WHANGANUI  
DISTRICT HEALTH BOARD**  
Te Whatu Ora Whanganui

**stronger together...**



**NZR Central have recently broken the tradition of real estate in the area by deciding to join as a team.**

The philosophy behind this is that by sharing all listings and commissions equally and working collaboratively, every NZR customer and client has the benefit of knowing that they have the entire sales team working as one on their behalf to ensure a positive and successful outcome is achieved.

Combining our individual experience, knowledge and skill set as well as true open communication between each member of the team, gives us that extra edge over other agencies and gives our clients and customers the certainty that nothing else stands in our way of ensuring they are provided with the best experience that they deserve.

With already proven sales success we pride ourselves on our honesty and integrity which is evidenced by the testimonials received.

**We would love for you to join us and see what we can all achieve together!**

**Polly Ingles**  
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**Kath Campbell**  
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