



Greetings from our Chief Operating Officer

After winter's record-breaking snowfall and cold temperatures, spring arrived not a moment too soon. It's wonderful to see New Englanders out and about celebrating the season at baseball games, flower festivals, antique shows and of course, the beloved Boston Marathon.

Spring is also a time when joint replacement surgeries are scheduled in anticipation of summer activities and vacations. As always, our teams of rehabilitative professionals are ready to care for you or a loved one following hip or knee replacement or other surgeries. All three of our facilities offer state-of-the-art clinical therapies and customized rehabilitation plans focused on restoring quality of life and independence.

We encourage you to ask your health care provider to refer you to Salter HealthCare should the need for rehabilitative care arise. We are right here in your neighborhood and ready to help get you back on the road to wellness!

In good health,

Robert F. Driscoll, COO, Salter HealthCare

Annual Physicians' Dinner

Salter HealthCare's Annual Physicians' Meeting and Dinner was held Wednesday, April 8, 2015 at The Bancroft restaurant in Burlington. This year's keynote speaker, Michael S. Jellinek, MD, CEO of Lahey Health Community Network, presented an overview of The Future of Lahey Health System's Post-Acute Services.



Pictured left to right: Bob Driscoll, Salter HealthCare COO, Dr. Joanne Mather Conroy, Lahey Hospital & Medical Center CEO, Dr. Jellinek and Richard Salter, Salter HealthCare Owner & CEO.

Proud to Recommit to Lahey Health!

For the eighteenth consecutive year, Salter HealthCare has committed to being a Lahey Health corporate sponsor. Salter HealthCare is proud to be this year's lead sponsor of the 10th Annual Lahey Health 5K Cancer Run & Walk, which will be held on Saturday, June 27 at Burlington High School. Salter's generous leadership gift will directly impact cancer services and the hospital's health initiatives towards offering the highest quality health care and providing best patient experiences and outcomes.



Rehab Gym Remodel Wraps Up!

Rehabilitation patients at our Woburn facility are enjoying our newly remodeled gym, which opened in March. The gym upgrades include new parallel bars, step bike, high-low mats and a fully-applianced model kitchen, which allows patients to practice activities of daily living before returning home following rehabilitative therapy. Make plans to stop by and take a tour of our new state-of-the-art rehab gym next time you're in Woburn!

Salter HealthCare

Aberjona | Winchester | Woburn

Rehabilitation and Nursing Center

P.O. Box 490, Winchester, MA 01890

Our Locations

Aberjona Rehabilitation & Nursing Center

184 Swanton Street
Winchester, MA 01890
(781) 729-9370

Winchester Rehabilitation & Nursing Center

223 Swanton Street
Winchester, MA 01890
(781) 729-9595

Woburn Rehabilitation & Nursing Center

18 Frances Street
Woburn, MA 01801
(781) 933-8175

www.SalterHealthCare.com

About Us

Proudly serving the North Shore and surrounding communities since 1956, Salter HealthCare operates three health care centers in Winchester and Woburn, MA: Aberjona, Winchester, and Woburn Rehabilitation & Nursing Centers.

Family-owned and operated, the Centers offer specialized rehabilitation programs, post-acute short-term care, sub-acute care, long-term care, skilled nursing, hospice, and respite services in supportive, gracious, homelike settings.

Salter's three centers are located just a short drive from Boston's world-renowned hospitals and top-notch physicians in the Longwood Medical area.

Staffed by talented health care professionals who are compassionate, dedicated and highly skilled, Salter's stellar reputation has been built on its commitment to excellence and tradition of exceptional care.

We Provide

- Orthopedic Rehab
- Physical, Occupational & Speech Therapy
- Stroke Rehab
- Cardiac Rehab
- Post-Surgical Rehab
- Intravenous Therapy
- Skilled Wound Management
- Pain Management
- Oncology Care
- Physiatry Services
- Total Parenteral Nutrition
- Nutrition Counseling
- Hospice Services

Insurance

We work with most health insurance plans to ensure that your health care needs are covered. We will be happy to discuss our billing and payment policies with you.

Admissions

For Admissions information, or to schedule a tour of our Centers, please call the **Salter HealthCare Central Admissions Line at: (781) 729-2200.**



GET TO KNOW OUR TEAM!

Healthy, Nutritious Food Is Always On Our Menu!

We recently welcomed two new Dining Services Directors and a new Registered Dietician to the Salter HealthCare team. Chris Sears is leading the culinary team at our Winchester Center and David Goulart is heading up dining services operations at our Woburn facility. Both are high-energy chefs with vast experience in health care environments. Marcie Mulcahy, RD, the new dietician at our Aberjona Center in Winchester, comes to us with extensive experience in nutrition and dietetic education in various health care settings. The new team members will be sharing their culinary talents and promoting health and nutrition in the local community. We feel very fortunate to have Chris, David and Marcie on board working with our dedicated dining staff. They will continue our tradition of serving healthy, delicious meals and making mealtime an experience our residents truly enjoy and look forward to every day!



Left to Right: Chris Sears, Marcie Mulcahy, and David Goulart