



Heart & Hand

Center for Youth and Their Families

2018 ANNUAL REPORT
IMPACTING THE NEXT GENERATION



Future *pastry chef*

Heart & Hand supports the whole child by providing academic support, health and wellness education, social emotional learning, family engagement, and creative expression to Northeast Denver's under resourced youth.

Mission

By creating a nurturing community, Heart & Hand empowers all young people to realize their potential.

Vision

A world with no opportunity gap

The Heart & Hand Center is a registered 501(c)(3) organization. All donations are tax-deductible. 50% of your donation to Heart & Hand may also be refunded as a Colorado state income tax credit through the Colorado Child Care Contribution Credit.

Dear Heart & Hand family,

2018 was a monumental year for Heart & Hand; we reached 22% more students than in 2017, graduated 100% of our inaugural class of College & Career high school seniors, and were selected for our first ever federal grant - the prestigious 21st Century Community Learning Center award via the Colorado Department of Education.

In this report we celebrate milestones and share successes, while offering deeper insight into what Heart & Hand means to the young people we serve. On pages 3-4 we invite you to explore our whole child approach through our students' experiences. The impact of that work is on pages 5-6, and the amazing supporters who got us there are highlighted on pages 9-10.

As you peruse these pages, we hope that you will experience how Heart & Hand is so much more than an afterschool program. Heart & Hand provides security for 5th grader Jada's family when they have an opportunity to move into a safer apartment, but need the extra resources to cover an overlapping month of rent. Heart & Hand is a friend to mother Desi when she has an exciting new job, but doesn't have the money to buy the professional clothes it requires.

When you visit Heart & Hand, you can't help but notice what a uniquely nurturing community we've created. Our staff know and understand our students on a meaningful level. They know that A'lishaun's grandma is sick, that Carlos had a big soccer game over the weekend, and that Abel has a math talent that can be utilized to help his classmates who are struggling. Heart & Hand is a place where kids who have experienced unimaginable traumas can just be the beautiful, vibrant, valued, full of potential, young human beings that they deserve to be.

We are bringing Heart & Hand, and the impact our programs provide, to more kids and families. Last year we served 234 kids with daily afterschool and summer programs - making steady progress towards our goal of serving 300 kids by 2020.

So, thank you. Your participation makes it possible for Heart & Hand kids to feel safe, loved, nourished, and empowered to realize their potential. What you do matters, and our youth, our families, and the entire Heart & Hand team are truly thankful.

With gratitude,



Nikki Cady
Founder

A handwritten signature in black ink.



Paul Ford
Board Chair

A handwritten signature in black ink.



Mary Cipollone
Executive Director

A handwritten signature in black ink.

Afterschool Programming

Heart & Hand's afterschool programming utilizes the whole child model to structure a well rounded academic and enriching experience for students in grades two through eight.

College and Career Program

To ensure students realize their postsecondary goals, Heart & Hand provides high school students with one-on-one college and career support through two years after high school graduation.

Summer Camp

Heart & Hand runs eight weeks of full day summer programs geared to combat summer learning loss. Each week includes academics, enrichment activities such as swimming and dance, and field trips.



Who Heart & Hand Serves

96% of students qualify for free or reduced price lunch

68% of students live with one guardian

97% of families receive SNAP benefits

59% of families earn a combined household income of less than \$25,000

31% of students have a parent or guardian that has been incarcerated

37% of families list sticking together or unity as one of their strengths

20% of families list communication as one of their strengths

HEART & HAND CARES FOR THE WHOLE CHILD AND CULTIVATES A SENSE OF BELONGING, GROWTH, AND OPPORTUNITY FOR YOUNG PEOPLE.

Academic Enrichment

We work with students daily to improve academic performance and help them set big goals for their futures.

Elementary student, Luis is a quiet child with a large smile and observant eyes. His favorite subject is math, and Luis has been asking for more and more of it. He expressed that, "Heart & Hand academic time is when math is the most fun all day!"

Luis' program leader has differentiated math work for him and Luis has taken upon himself to tutor other Heart & Hand students in math. Through the intentional academic time that Heart & Hand provides him, Luis has found his niche as a scholar and as a leader.

Family Engagement & Support

We build deep, authentic relationships with students and families to understand where our students come from and what we can do to empower our families to better support their children.

When talking to Lee's mother she said, "I'm in tears right now thinking about how your program saved our Thanksgiving. My daughter is actually in college by the support of your staff, because they did everything I, a working mother, couldn't do when she needed it the most."

Social Emotional Learning

We help students look toward the future while providing tools to cope with current situations.

Fourth grader, Jeremiah, works with a social work intern weekly to achieve set goals. Jeremiah is challenged to think about all of his positive traits and how valuable he is.

Not only is Jeremiah supported as he develops his self-concept, he is allowed the opportunity to learn from his mistakes. Jeremiah is learning how to express himself with the help of Heart & Hand staff.

Health and Wellness

We create a safe environment where we can provide health and wellness education from a place of acceptance and support.

Personal and reproductive health is a topic that is top of mind for many middle school students. Heart & Hand partners with professionals and creates space for a safe conversation.

Students like Tasha are able to have open discussion with adults they trust and receive reliable information to be better prepared to make responsible decisions and set healthy boundaries.



Creative Expression

We help students develop passions and creativity.

High school student, Baz has learned to cope with the many things going on in his world through art. While he gets lots of time to do that at his new school, Denver School of the Arts, Baz also knows that there is always space for him to express his creativity at Heart & Hand.

While Baz's focus at Heart & Hand this year has turned more to academics, Baz also knows that if he ever needs a space to create or supplies for art, he can always come to Heart & Hand.

The Whole Child Approach

"Heart & Hand staff members are always challenging us to be our best selves while letting us have tons of fun. I love it!"
-Heart & Hand student

IMPACT

BY THE NUMBERS

22%

growth in student program enrollment from 2017

100%

of families would recommend Heart & Hand to other families

92%

of students say Heart & Hand helps them try harder to be their best

24,985

meals served

Heart & Hand serves some of the most under resourced students in Denver. 97% of our students qualify for free and reduced price lunch as compared with 89% at our partner schools. Despite experiencing higher levels of poverty and the challenges associated with this, our students still outperform their peers academically.

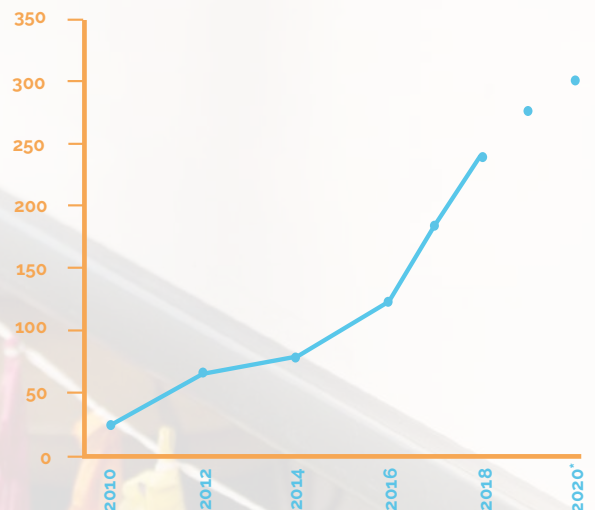
1.6 x

Elementary school students are 1.6 times as likely to be performing on grade level on math proficiency exams.



Elementary school students are more likely to be performing on grade level on reading and writing proficiency exams.

Students Served



*projected number of students served

TRUSTED ADULT CONNECTIONS

Research

Having supportive adults during childhood has a positive impact on mental health, physical health, and long term success.

Program Content

Heart & Hand builds deep and meaningful relationships with each child and family.

Impact

96% of students say they feel safe at Heart & Hand and have adults who care about them.

ACADEMICS

Research

Elementary students performing on grade level and with high attendance rates are more likely to graduate high school, enroll in college, and earn a post secondary degree.

Program Content

Heart & Hand students get one hour of homework help each day and partake in fun and educational workshops like STEM activities and creative writing.

Impact

89% of Heart & Hand students say Heart & Hand helps them put more effort into school. H&H elementary school students are 1.6 times as likely to be performing on grade level on math proficiency exams.

HEALTH & WELLNESS

Research

In addition to long-term physical health benefits, daily physical activity contributes positively to mental health and academic performance.

Program Content

Students play outside, eat healthy meals, and participate in active learning activities in addition to more formal health and wellness educational workshops.

Impact

92% of Heart & Hand students say Heart & Hand helps them to better understand how to make healthy choices.

FUTURES

Research

Setting specific goals leads to improved academic performance among youth.

Program Content

Heart & Hand students create personal goals, and are given opportunities for new experiences to realize their potential, including career exposure and college field trips.

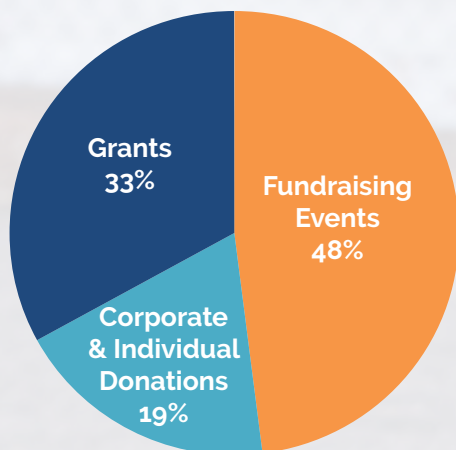
Impact

88% of Heart & Hand students say Heart & Hand helps them think about life after high school. 100% of our 2018 high school grads enrolled in postsecondary education.

FINANCIALS

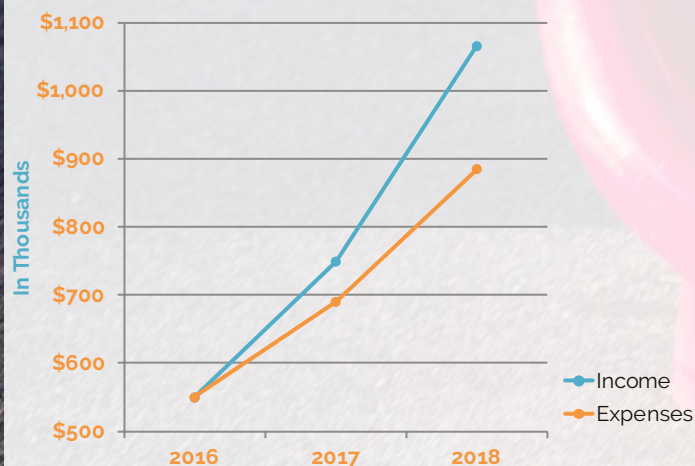
FISCAL YEAR:
09/2017 - 08/2018

INCOME SOURCES



**Colorado Child
Care Contribution Credit**
For every \$1,000
donated to Heart & Hand,
you may receive approximately
\$673 in tax benefits.

GROWTH



DISTRIBUTION

Income:
1,065,424

Expenses:
885,113

Assets:
268,120

COMPANY ENGAGEMENT

Did you know?

A well-designed corporate social responsibility (CSR) program can increase productivity by 13% and reduce turnover by 50% (Project ROI).

A corporate partnership with Heart & Hand could benefit your company in many ways, providing:

- Team-building through volunteering and events
- Networking opportunities at events
- Community connections to support business goals
- Staff development through practicing professional skills
- A chance to make an impact in your community
- Demonstrating social value to your employees

Impact your community by partnering with Heart & Hand today! Email us at info@heartandhandcenter.org, or visit www.heartandhandcenter.org/corporate-involvement for more info.

EVENTS

I Heart Camp

Our new event, I Heart Camp was a hit. With local and Grammy winning musicians and fun games, guests relived their childhoods while raising almost \$75,000 for Heart & Hand's Summer Camp.



Night in Lights Gala

Presented by Lockton Heart and Hand's annual gala, Night in Lights, is our largest fundraising event bringing together a dynamic and generous community. We raised \$343,000 for Denver kids.



This year we were thrilled to honor founding board chair, Chuck McDaniel who has dedicated so much of his life to Heart & Hand and making a difference in our community.





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\$5k-\$10k

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Robert Huntington
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Congrats Class of 2018!

Heart & Hand's College and Career Program meets the needs of students as they enter into high school and beyond. This program focuses on individualized postsecondary planning to promote success as students write their next chapter.

In 2018 we celebrated our first ever College and Career Program graduating class. With 100% of our high school seniors graduating and moving on to postsecondary education, we cannot be more proud!

Heart & Hand is excited for this, and future classes!



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www.heartandhandcenter.org | 303.757.2368 | info@heartandhandcenter.org
2758 Welton St. Denver, CO 80205